

## **Social story - Putting only food in the mouth**



**We eat food. Food is tasty and it gives us energy.**



**The things that we can keep in our mouth are Edible. It could be different kinds of food like vegetables, fruits, chocolates, etc.**



**The things that we cannot eat are inedible. These could be things like pencils, clothes, shoes, hair etc.**



**When food falls down, it becomes dirty. So, it becomes inedible.**



**When food spoils or goes bad, we cannot eat it. It becomes inedible.**



**If we keep inedible things in the mouth, we get infections and we fall sick. We feel irritated when we are sick.**



**We must take medicines to get well from sickness. We can take help from our parents and a doctor.**



**We must use clean spoon, fork and straws to eat as we keep them in our mouth.**



**We must keep only edible things in our mouth.**