46	I run away when people bother me a lot
47	When I promise something to someone, I make sure that I fulfill it
48	I think twice before I say something
49	I feel like giving up under pressure but I don't give up
50	I choose to stick to my words despite challenging situations
	Tr
51	I manage stress without loosing my cool
52	I get angry easily
53	I breakdown when someone yells at me
54	I find it dififcult to think clearly when I hear bad news
55	I handle my emotions well
56	I need a quiet atmosphere to work
57	I can take up tasks even with a little bit of guidence
58	I can learn new skills faster now than before
59	I adjust myself in any situation
60	I can multitask

31	I like to face challenges	
32	I believe in myself	
33	I am confident about the technical skills required to perform tasks in an interview	
34	I know what to speak in an Interview	
35	I say "I Don't know" if I don't know what to respond	
36	I like to explore new things in life	
37	I like surprises	
38	I ask a lot of questions	
39	I listen to people without judging them	
40	I listen carefully when someone talks to me about things that I don't know	
41	I get upset when things don't happen my way	
42	I want perfection from others	
43	The only thing I look for in a job is the CTC	ty
44	I expect people to behave positively	0
45	I don't like criticism	



1 2 3 4 5	I respond to situations or questions based on my previous experience
2	I maintain eye contact with people when I speak to them
3	I clarify my doubts before I answer questions
4	When someone talks to me, I focus on listening and understanding what they say without getting distracted
5	I interact with my instructors, faculty and peers in the cohort only in English, although I am more comfortable talking in my mothertongue
-	To a discount the consistence of an department it would be four combine for the Tab
7	I go through the requirement and understand it well before applying for the Job
8	I practice what I learned in the class without anyone asking me to do so  I set short term goals and works towards achieving them
9	I prepare minimum 30 to 60 minutes every day for the interview
10	I research the company and job role before going for the interview
10	I research the company and job fore before going for the interview
11	I was de English navymanam / heales
12	I read English newspapers / books  I use the Internet to get information about things I do not know
13	
14	After my class hours, I read related content to deepen my knowledge  I discuss the subject with others to get a better understanding  I take the initiative to do activities in the areas where I am weak
15	I take the initiative to do activities in the areas where I am weak
13	Trake the initiative to do activities in the areas where I ain weak
16	I take some time out to think about my day and work
17	
	I keep thinking about my failures
18	I take time to track my achievement
19	I record my day's activities in some form, like writing them in a diary
20	I share my mistakes and learning with others
21	I skip my food to complete my task
22	I take few minutes break to rejuvanate myself between my regular activities
23	I spend quality time with my friends / family
24	I know when I need a break and I take it them
25	I do extra curicular activities (Painting, Dancing, Swimming, Singing etc)
26	I am scared even though I have prepared well for the Interview Start Stop Reset
27	How often do you ask people to talk about your capabilities?
28	I get upset or irritated when I fail to succeed
29	I expect motivation from others
30	I shy away when people appreciate me
30	II- sity-away when people appreciate life