

Daniel Farrell B.Sc., CAT(C)

Profile

I am a certified athletic therapist who is very passionate about health and wellness. I am a quick learner who adapts easily in new environments. Having played team sports my entire life, I thrive while working as part of a team. I have enjoyed my experiences working in clinics, gyms and on the field as an athletic therapist and I am now looking for a new challenge.

Experience

Certified Athletic Therapist, Ekinox Physiothérapie; Vaudreuil-Dorion, QC – August 2022-Present

I primarily work with student athletes at both the high school and CEGEP level. With a team of therapists we provide practice and game coverage mainly for football and hockey teams. We ensure that the student athletes follow proper protocols in their return to sport. I am responsible for the clinic location at CEGEP Gerald Godin, evaluating and treating the student athletes there.

Certified Athletic Therapist, Self-Employed; Kirkland, Qc – November 2021-Present

As a self-employed Athletic Therapist, I pick up contracts for a variety of sports when the opportunity arises. Some of my bigger contracts have been with AS Laval, Club de Soccer de Saint-Laurent and Lakeshore Soccer Club, covering their AAA soccer teams during the summer season. I have also worked with CEGEP and high school hockey teams, Première Ligue de Futsal du Quebec (PLFQ), Soccer Quebec (PIP Camps) providing emergency care coverage at games, events, and tournaments.

Athletic Therapy Consultant, PROstudioMTL; LaSalle, Qc – December 2020-Present

With ProstudioMTL I work at the Action Sport Physio LaSalle clinic. At the clinic I perform injury assessments and evaluations as well as guide clients through the injury rehabilitation process. I have also worked with the AS Pierrefonds AAA soccer teams at all their age groups, providing pre-match and emergency care during games.

Personal Trainer, Klub 20 West Island Gym; Beaconsfield, Qc – January 2020-Present

Working as a personal trainer in the gym I design workouts for clients of all ages and physical fitness levels. With my background in athletic therapy my clients tend to have injury or health issues but are looking to stay active. I am responsible for building appropriate workouts that are safe but challenging for them. I also give small group personal training classes.

Education

Concordia University, Montreal, Qc – Bachelor of Science (BSc); Athletic Therapy, 2020

Skills & Certifications

- Canadian Athletic Therapists Association - Certified Athletic Therapist
- Canadian Red Cross: Sports First Responder
- Heart & Stroke Certified CPR: Basic Life Support (BLS) Provider
- Microsoft Office

Languages

- English: Mother Tongue
- French: Fluent
- Italian: Basic