

Daniel Farrell B.Sc., CAT(C)

Profile

I am a dedicated professional transitioning to a career in Full Stack Web Development. I bring a strong foundation in the health and wellness field, coupled with a proven ability to adapt quickly in diverse environments. Having played team sports my entire life, I thrive while working as part of a team. I am now seeking new challenges in the field of web development.

Education

Concordia University, Montreal, Qc – Bachelor of Science (BSc); Athletic Therapy, 2020

Concordia University Bootcamps, Montreal, Qc – Full Stack Web Development Diploma, 2023

Skills & Certifications

- Full Stack Web Development (In Progress)
- Canadian Athletic Therapists Association - Certified Athletic Therapist
- Canadian Red Cross: Sports First Responder
- Heart & Stroke Certified CPR: Basic Life Support (BLS) Provider

Experience

Personal Trainer, Klub 20 West Island Gym; Beaconsfield, Qc – January 2020 - Present

Working as a personal trainer in the gym I design workouts for clients of all ages and physical fitness levels. With my background, my clients tend to have injury or health issues and I am responsible for building appropriate workouts that are safe and challenging. I also give small group personal training classes that are geared more toward strength and conditioning and weight loss.

Certified Athletic Therapist, Self-Employed; Kirkland, Qc – November 2021 - Present

As a self-employed Athletic Therapist, I have contracts for different sports and events. I have had contracts with AS Laval, Club de Soccer de Saint-Laurent, Lakeshore Soccer Club and Pointe-Claire Soccer covering their AAA soccer teams. I have also worked with CEGEP and high school hockey teams, Première Ligue de Futsal du Quebec (PLFQ), Soccer Quebec (PIP Camps) providing emergency care coverage at games, events, and tournaments amongst many other sports and events.

Athletic Therapist, Ekinox Physiothérapie; Vaudreuil-Dorion, QC – August 2022 - October 2023

I primarily worked with student athletes at both the high school and CEGEP level. With a team of therapists we provided practice and game coverage mainly for football and hockey teams. We ensured that the student athletes followed proper rehabilitation and return to play protocols. I was responsible for the clinic location at CEGEP Gerald Godin, evaluating and treating all the student athletes. I was also responsible for the athletic therapy of the Club de Soccer Saint-Lazare/Hudson winter sessions.

Athletic Therapy Consultant, PROstudioMTL; LaSalle, Qc – December 2020 - September 2023

With ProstudioMTL I worked at the Action Sport Physio LaSalle clinic. At the clinic I performed injury assessments and evaluations as well as guided clients through the injury rehabilitation process. I also worked with the AS Pierrefonds AAA soccer teams at all their age groups, providing pre-match and emergency care during games.

Languages

- English: Mother Tongue
- French: Fluent
- Italian: Basic