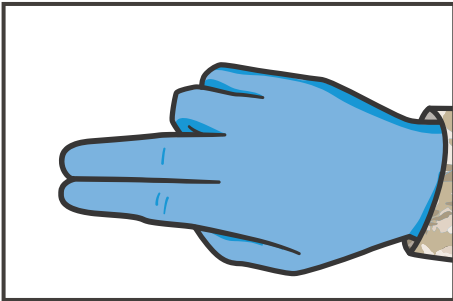


DORSALIS PEDIS PULSE ASSESSMENT



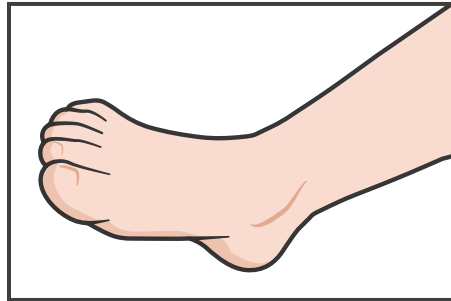
CONSIDER body substance isolation.

NOTE: If a Combat Lifesaver is available, direct them to assist.



01 REMOVE the casualty's boot and sock.

02 ALIGN the middle and index fingers of your dominant hand.



03 Have the top of the casualty's **FOOT FACING UP.**

NOTE: In this position, you should see an elevated arch underneath the skin on the top of the foot.



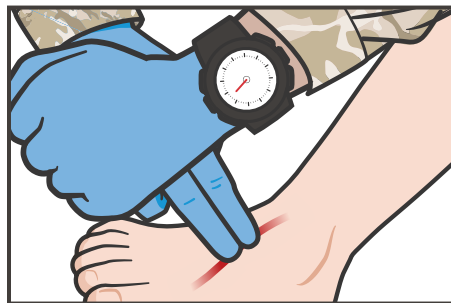
04 PLACE fingers just lateral to the extensor tendon (the firm ridge formed by the extensor tendon) of the great toe.

STEP 4 NOTE: A hollow soft spot should be felt.

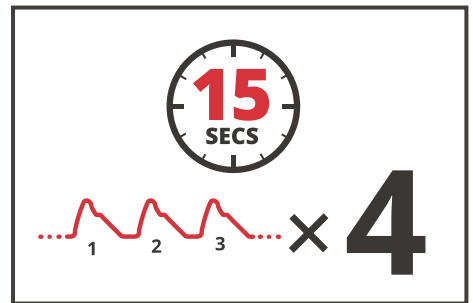
STEP 4 NOTE: If you cannot feel a pulse, move fingers more laterally until they reach a softer area.



05 PRESS your fingers into the hollow space to feel the dorsalis pedis artery beneath the skin.



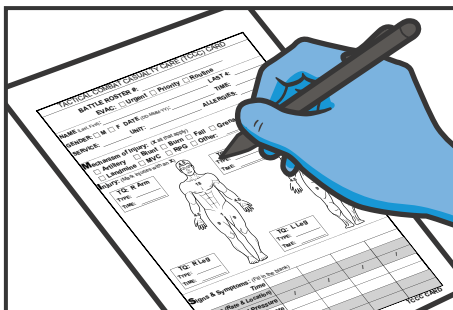
06 With a timing device, **COUNT** the beats of the pulse for 15 seconds.



07 MULTIPLY that number by four and you will have the casualty's pulse rate (in beats/minute).

STEP 5 NOTE:

- (a) If you cannot feel the pulse, press a little harder, being careful not to hurt the casualty.
- (b) If you are still having trouble locating the dorsalis pedis artery, slide your fingers up and along the ligament until you reach the base of the ankle.
- (c) At the point where the hollow space meets the foot bones, the pulse is easier to feel.
- (d) Press your fingers into the hollow space to feel the dorsalis pedis artery beneath the skin.



08 DOCUMENT all findings and treatments on a DD Form 1380 TCCC Casualty Card and attach it to the casualty.