

# ONE-PERSON DRAG/CARRY

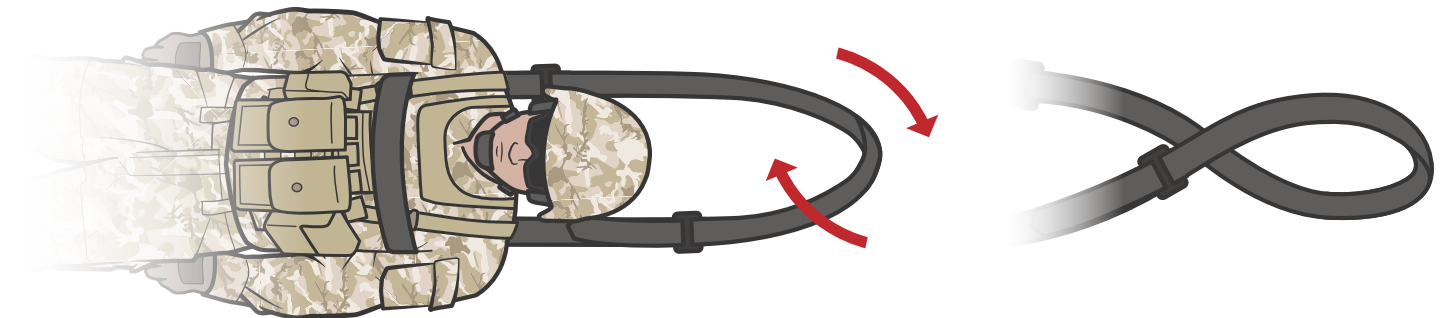
## BELT DRAG INSTRUCTION

**01 EXTEND** two pistol belts to their full length and join them together to make one large loop.

**02 POSITION** the casualty on their back.

**STEP 1 NOTE:** Other materials such as a rifle sling or two cravats can be used if pistol belts are not available.

**STEP 1 NOTE:** In some cases, three pistol belts may be needed.



**03 SLIP** the bottom of the loop across the casualty's chest, threading under their armpits (behind their back and shoulders).

**NOTE:** The top of the loop should be above the casualty's head (see illustration).

**04 TWIST** the remainder of the loop to form a figure 8.

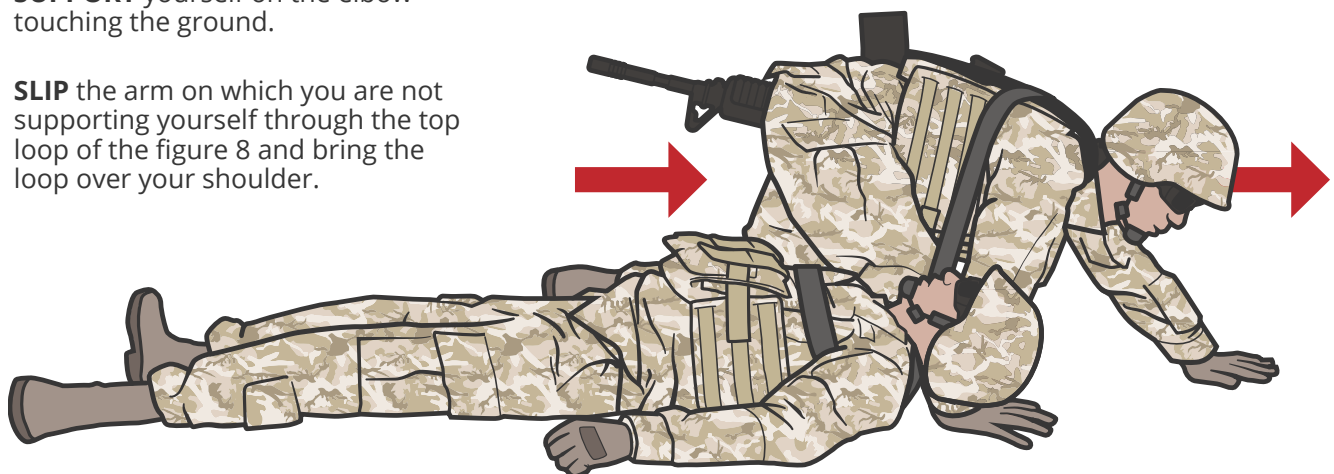
**05 ADJUST** the loops so that the buckles cross in the center of the figure 8.

**06 LIE DOWN** on either side of the casualty while facing them.

**NOTE:** You should be lying in the same direction as the casualty.

**07 SUPPORT** yourself on the elbow touching the ground.

**08 SLIP** the arm on which you are not supporting yourself through the top loop of the figure 8 and bring the loop over your shoulder.



**09 TURN OVER** into a prone position, lying on your abdomen.

**10 CRAWL**, dragging the casualty with you to cover.

**STEP 9 NOTE:** The sling is now across your chest and the loop is on the shoulder away from the casualty.

**STEP 9 NOTE:** The nonsupporting arm/shoulder will support the casualty's weight.

**STEP 9 NOTE:** The sling under your chest will help to keep the casualty from slipping out of the loop.