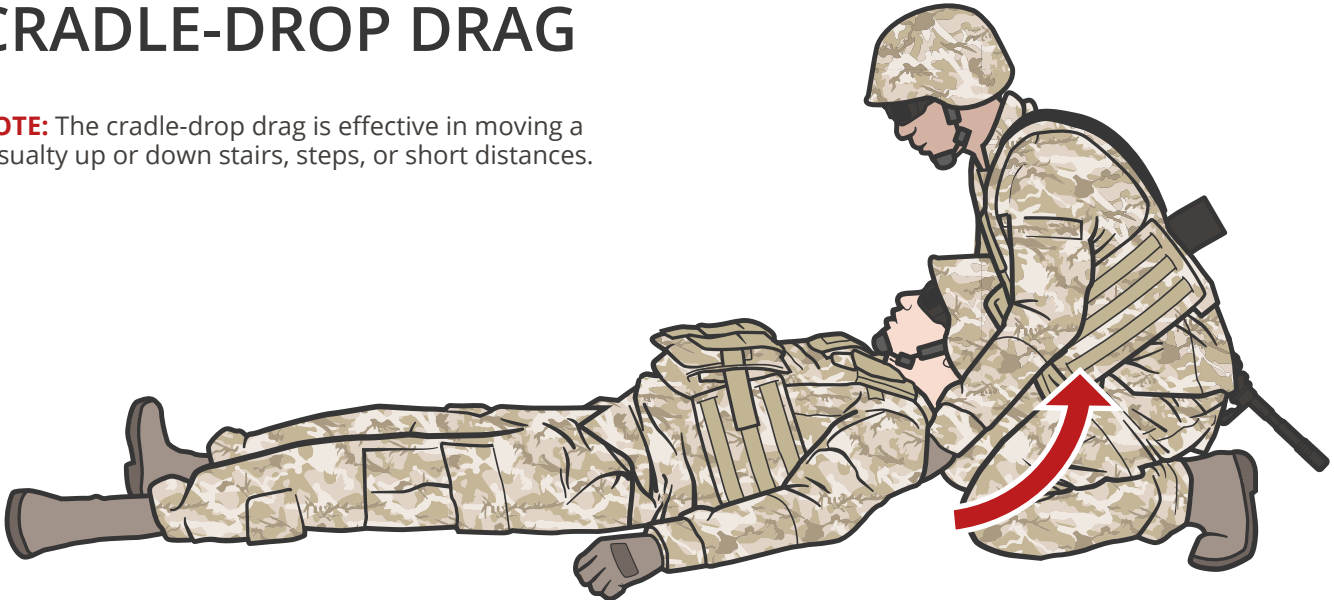


ONE-PERSON DRAG/CARRY

CRADLE-DROP DRAG

NOTE: The cradle-drop drag is effective in moving a casualty up or down stairs, steps, or short distances.



01 **KNEEL** at the casualty's head (with the casualty lying on their back).

02 **SLIDE** your hands, with palms up, under the casualty's shoulders, and get a firm hold under their axillae.

03 Partially **RISE**, supporting the casualty's head on one of your forearms.

NOTE: You may bring your elbows together and let the casualty's head rest on both of your forearms.



04 **RISE** and **DRAG** the casualty backwards.

NOTE: The casualty is in a semi-sitting position.

05 If backing down steps, **SUPPORT** the casualty's head and body and let their hips and legs drop from step to step.

NOTE: If the casualty needs to be moved up steps, use the same procedure.