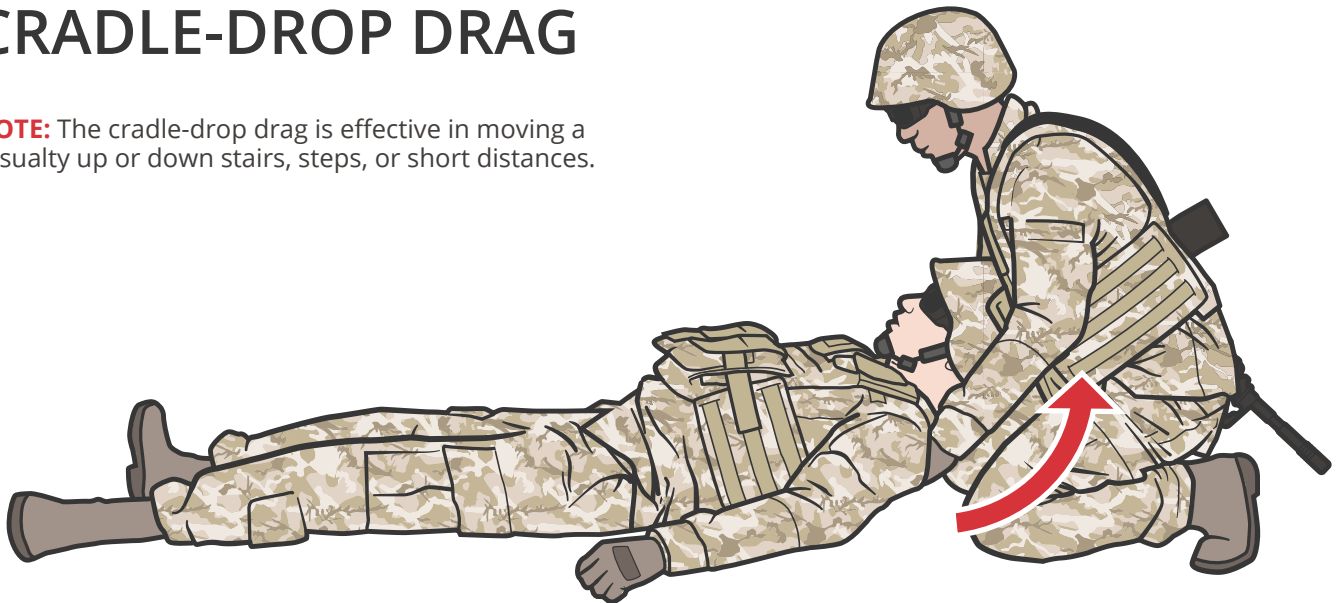


# ONE-PERSON DRAG/CARRY

## CRADLE-DROP DRAG

**NOTE:** The cradle-drop drag is effective in moving a casualty up or down stairs, steps, or short distances.



**01** **KNEEL** at the casualty's head (with the casualty lying on their back).

**02** **SLIDE** your hands, palms up, under shoulders and hold firmly under armpits.

**03** **RISE** (partially), supporting casualty's head on one of your forearms.

**NOTE:** You may bring your elbows together and let the casualty's head rest on both of your forearms.



**04** **RISE** and **DRAG** the casualty backwards.

**05** If backing down steps, **SUPPORT** the casualty's head and body and let their hips and legs drop from step to step.

**NOTE:** The casualty is in a semisitting position.

**NOTE:** If the casualty needs to be moved up steps, use the same procedure.