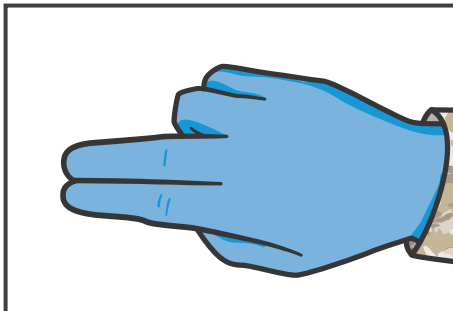


# POSTERIOR TIBIAL PULSE ASSESSMENT

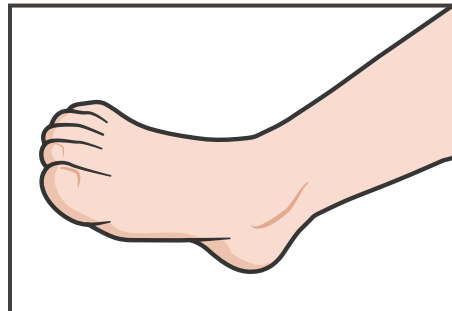


**CONSIDER** body substance isolation.

**NOTE:** If a Combat Lifesaver is available, direct them to assist.



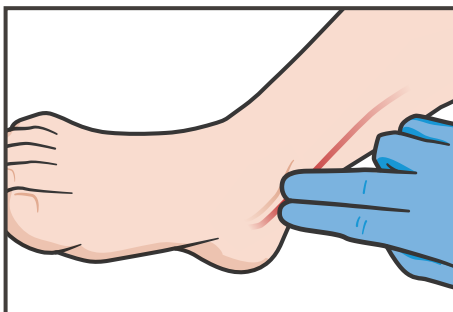
**01** **ALIGN** the middle and index fingers of your dominant hand.



**02** **SLIDE** your fingers down the inside of the casualty's boot behind the bony part of the ankle or remove the boot to expose the ankle.

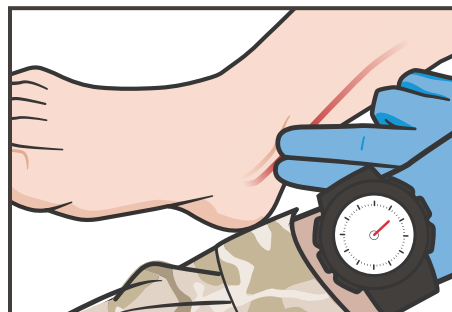


**03** **PLACE** your fingers, on the inside of the foot, between the bony part of the ankle bone and the Achilles tendon.

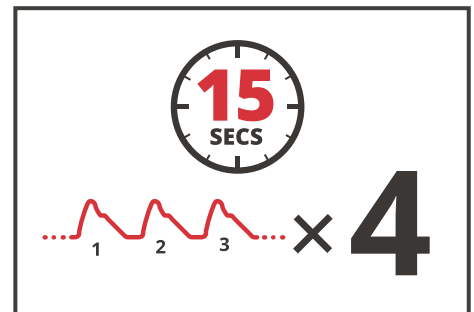


**04** **PRESS** your fingers into the hollow space to feel the posterior tibial artery beneath the skin.

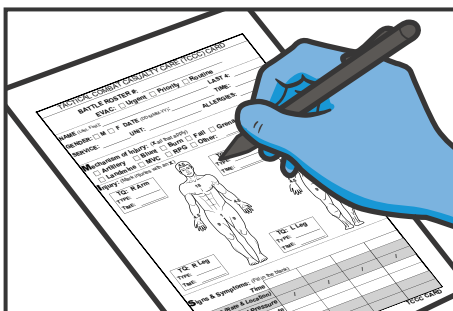
**NOTE:** If you cannot feel the pulse, press a little harder, being careful not to hurt the casualty.



**05** With a timing device, **COUNT** the beats of the pulse for 15 seconds.



**06** **MULTIPLY** that number by four and you will have the casualty's pulse rate (in beats/minute).



**07** **DOCUMENT** all findings and treatments on a DD Form 1380 TCCC Casualty Card and attach it to the casualty.