

"Protecting Routes" mean?



- It means restricting access to specific API routes.
- Only authorized users (like logged-in users or admins) can access them.



What are Guards ?



- Guards are classes that implement logic to decide whether a request is allowed or not.
- They implement the CanActivate interface and run before the route handler.
- Mostly used for authentication & authorization.



Why do we use Guards?



- To secure private routes.
- To avoid duplicating checks in every controller.
- To build role-based access control systems.

