

# Hypothetical Case Study Report

## Gastrointestinal Case Study

Patient: Michael Brown

Age: 45

Gender: Male

Doctor: Dr. Sarah Miller

Date: July 17, 2024

Chief Complaint: Abdominal pain and bloating

Physical Examination:

- Temperature: 98.7°F
- Blood Pressure: 125/85 mmHg

Laboratory Results:

- Stool Occult Blood Test: Positive
- Complete Blood Count: Normal
- Comprehensive Metabolic Panel: Normal
- Lactose Tolerance Test: Abnormal
- Celiac Disease Panel: Negative

Diagnosis: Lactose Intolerance

Treatment Plan:

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- Lactose-free diet
- Lactase enzyme supplements
- Follow-up in 3 months