

From: Dorothy Downes or Bob Raymond [mailto:bedrock@cnw.com]
Sent: Saturday, October 21, 2006 9:04 PM
To: bedrock@cnw.com
Subject:

Here is a nice letter of recommendation explaining what I did at the Navy in Oak Harbor, WA before "retiring" again.
Love,
D

20 October 2006

From: Fleet Surgeon, Military Sealift Command, 914 Charles Morris Court, SE, Washington Navy Yard, DC 20398-5540

To: Whomever It May Concern

Subj: LETTER OF RECOMMENDATION ICO MS. DOROTHY DOWNES

1. I am delighted to have the opportunity to submit this letter of recommendation on Ms. Dorothy Downes. Ms. Downes worked with me at Naval Hospital Oak Harbor for 10 months as the Department Head for Health Promotion (HP) and the coordinator for the hospital's Preventive Health Assessment (PHA) Program from September 2005 to July 2006. I was the Senior Medical Executive at Naval Hospital Oak Harbor during that time and am well acquainted with her performance. Of note, I was on the selection committee that chose Ms. Downes for her position and certainly she was by far the most qualified and most innovative person for the job. I can say without reservation that I was disappointed when I heard that her civilian position had been eliminated by the hospital due to the fact that the command had made a conscious decision to use active duty personnel to run her programs. Ms. Downes brought a unique and proactive perspective to her role in health promotion and had made great strides in developing and implementing the structured military rules governing the PHA Program. Many of her innovative ideas were used by Navy Medicine to help standardize the PHA Program across the Navy and Marine Corps. Ms. Downes can be and will be a very positive asset to any program that she works for.

2. As a professional, Ms. Downes was able to stand up a new Navy Medicine program (PHA) at Naval Hospital Oak Harbor with limited resources. She developed a comprehensive Plan of Action and Milestones and liaised with multiple military commands to ensure that over 3000 sailors assigned