



Institut Teknologi
Telkom
Purwokerto

TEKNIK PENGINTEGRALAN

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2. Integral Fungsi Trigonometri

Bentuk : $\int \cos^n x \, dx$ & $\int \sin^n x \, dx$

* Untuk n ganjil, Tuliskan :

$$\sin^n x = \sin x \sin^{n-1} x \text{ dan } \cos^n x = \cos x \cos^{n-1} x$$

dan gunakan identitas $\sin^2 x + \cos^2 x = 1$

* Untuk n genap, Tuliskan :

$$\sin^n x = \sin^2 x \sin^{n-2} x \text{ dan } \cos^n x = \cos^2 x \cos^{n-2} x$$

dan gunakan identitas $\sin^2 x = \frac{1 - \cos 2x}{2}$ dan $\cos^2 x = \frac{1 + \cos 2x}{2}$

Contoh

$$\sin^2 x + \cos^2 x = 1$$

$$\cos^2 x = 1 - \sin^2 x$$

$$\sin x \, dx = -d(\cos x)$$

$$\cos x \, dx = d(\sin x)$$

Hitung

1. $\int \sin^3 x \, dx$

2. $\int \sin^4 x \, dx$

$$\int \cos^3 x \, dx = \int \cos^2 x \, (\cos x \, dx)$$

$$= \int (1 - \sin^2 x) d(\sin x) \quad (1 - \cos^2 x) \quad (1 - \cos^2 x)$$

$$= \sin x - \frac{1}{3} \sin^3 x + C \quad 1 - \cos^2 x - \cos^2 x + \cos^4 x$$
$$1 - 2\cos^2 x + \cos^4 x$$

Jawab

1. $\int \sin^3 x \, dx = \int \sin^2 x \sin x \, dx = -\int (1 - \cos^2 x) d(\cos x) = -\cos x + \frac{1}{3} \cos^3 x + C$

$$\int \sin^5 x \, dx = \int \sin^4 x \cdot \sin x \, dx$$

$$= \int (\sin^2 x)^2 \cdot -d(\cos x)$$

$$= \int -(1 - \cos^2 x)^2 d(\cos x)$$

$$= \int -(1 - 2\cos^2 x + \cos^4 x) d(\cos x)$$

$$= \int -1 + 2\cos^2 x - \cos^4 x \, d(\cos x)$$

$$= -\cos x + \frac{2}{3} \cos^3 x - \frac{1}{5} \cos^5 x + C$$

Contoh

$$\sin^2 x = \frac{1 - \cos 2x}{2}$$

$$\cos^2 x = \frac{1 + \cos 2x}{2}$$

$$\frac{3}{4} + \frac{5}{4} = \frac{3+5}{4}$$

$$\sin^2 x = \frac{1}{2} - \frac{1}{2} \cos 2x \checkmark$$

$$= \frac{1 - \cos 2x}{2}$$

Hitung

1. $\int \sin^3 x dx$

2. $\int \sin^4 x dx$

Jawab

1. $\int \sin^3 x dx = \int \sin^2 x \sin x dx = -\int (1 - \cos^2 x) d(\cos x) = -\cos x + \frac{1}{3} \cos^3 x + C$

2. $\int \sin^4 x dx = \int \sin^2 x \sin^2 x dx = \int \left(\frac{1 - \cos 2x}{2} \right) \left(\frac{1 - \cos 2x}{2} \right) dx$

$$= \frac{1}{4} \int (1 - 2\cos 2x + \cos^2 2x) dx = \frac{1}{4} \left(\int dx - 2 \int \cos 2x dx + \int \frac{1 + \cos 4x}{2} dx \right)$$

$$= \frac{1}{4} x - \frac{1}{4} \sin 2x + \frac{1}{8} x + \frac{1}{32} \sin 4x + C = \frac{23}{88} x - \frac{1}{44} \sin 2x + \frac{1}{32} \sin 4x + C$$

$$= \frac{1}{4} \int 1 - 2\cos 2x + \cos^2 2x dx$$

$$= \frac{1}{4} \int 1 - 2\cos 2x + \frac{1 + \cos 4x}{2} dx$$

$$= \frac{1}{4} \int 1 - 2\cos 2x + \frac{1}{2} + \frac{1}{2} \cos 4x dx$$

$$= \frac{1}{4} \left(x - \frac{2}{2} \sin 2x + \frac{1}{2} x + \frac{1}{2} \cdot \frac{1}{4} \cdot \sin 4x \right) + C$$

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$$= \frac{3}{8} x - \frac{1}{4} \sin 2x + \frac{1}{32} \sin 4x + C$$

- Bentuk $\int \sin^m x \cos^n x dx$

a). Untuk n atau m ganjil, keluarkan $\sin x$ atau $\cos x$ dan

gunakan identitas $\sin^2 x + \cos^2 x = 1$

b). Untuk m dan n genap, tuliskan $\sin^m x$ dan $\cos^n x$

menjadi jumlah suku-suku dalam cosinus, gunakan

identitas $\cos 2x = 2 \cos^2 x - 1 = 1 - 2 \sin^2 x$

$$\sin^2 x = \frac{1 - \cos 2x}{2} \quad \cos^2 x = \frac{1 + \cos 2x}{2}$$

Contoh

$$\sin x \, dx = -d(\cos x)$$
$$\cos x \, dx = d(\sin x)$$

$$\begin{aligned}\int \sin^3 x \cos^2 x \, dx &= \int \sin^2 x \cos^2 x \sin x \, dx = -\int (1 - \cos^2 x) \cos^2 x \, d(\cos x) \\ &= -\int (\cos^2 x - \cos^4 x) \, d(\cos x) = -\left(\frac{1}{3} \cos^3 x - \frac{1}{5} \cos^5 x\right) + C \\ &= \frac{1}{5} \cos^5 x - \frac{1}{3} \cos^3 x + C\end{aligned}$$

$$\begin{aligned}\int \sin^3 x \cos^3 x \, dx &= \int \sin^2 x \cos^3 x \sin x \, dx \\ &= \int (1 - \cos^2 x) \cos^3 x \cdot -d(\cos x) \\ &= \int -(\cos^3 x - \cos^5 x) \, d(\cos x) \\ &= \int -\cos^3 x + \cos^5 x \, d \cos x \\ &= -\frac{1}{4} \cos^4 x + \frac{1}{6} \cos^6 x + C\end{aligned}$$

$$\begin{aligned}\text{atau} \quad &= \int \sin^3 x \cos^2 x \cdot \cos x \, dx \\ &= \int \sin^3 x (1 - \sin^2 x) \cdot d(\sin x) \\ &= \int \sin^3 x - \sin^5 x \, d(\sin x) \\ &= \frac{1}{4} \sin^4 x - \frac{1}{6} \sin^6 x + C\end{aligned}$$

Contoh

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$$(1 - \cos 2x)(1 + \cos 2x) = 1 + \cancel{\cos 2x} - \cancel{\cos 2x} - \cos^2 2x$$

$$\int \sin^2 x \cos^2 x dx = \int \frac{1 - \cos 2x}{2} \frac{1 + \cos 2x}{2} dx$$

$$= \frac{1}{4} \int (1 - \cos^2 2x) dx = \frac{1}{4} \left(\int 1 - \frac{1 + \cos 4x}{2} dx \right) = \frac{1}{4} \int 1 - \left(\frac{1}{2} + \frac{1}{2} \cos 4x \right) dx$$

$$\boxed{\sin 2x = 2 \sin x \cos x} = \frac{1}{8} \int dx - \frac{1}{8} \int \cos 4x dx$$

$$= \frac{1}{8} x - \frac{1}{32} \sin 4x + C$$

$$= \frac{1}{4} \int 1 - \frac{1}{2} - \frac{1}{2} \cos 4x dx$$

$$= \frac{1}{4} \int \frac{1}{2} - \frac{1}{2} \cos 4x dx$$

$$= \frac{1}{4} \left(\frac{1}{2} x - \frac{1}{2} \cdot \frac{1}{4} \sin 4x \right) + C$$

$$= \frac{1}{8} x - \frac{1}{32} \sin 4x + C$$

$$\int \sin^2 x \cos^2 x dx = \int (\sin x \cos x)^2 dx$$

$$= \int \left(\frac{1}{2} \sin 2x \right)^2 dx$$

$$= \int \frac{1}{4} \sin^2 2x dx = \int \frac{1}{4} \left(\frac{1}{2} - \frac{1}{2} \cos 4x \right) dx = \int \frac{1}{8} - \frac{1}{8} \cos 4x dx$$

$$= \frac{1}{8} x - \frac{1}{8} \cdot \frac{1}{4} \sin 4x + C$$

4. Substitusi Bentuk Akar

$$\int \frac{1}{x} = \ln |x|$$

$$\int x^{-1} \neq \frac{1}{0} x^0$$

Integran memuat $\sqrt[n]{ax+b}$, misal $u = \sqrt[n]{ax+b}$

Contoh Hitung $\int \frac{dx}{2+2\sqrt{x}}$

Jawab :

$$\int \frac{dx}{2+2\sqrt{x}}$$

Misal $u = \sqrt{x} \rightarrow u^2 = x$

Dengan turunan implisit

$$2u \frac{du}{dx} = 1 \rightarrow dx = 2u du$$

$$= \int \frac{2u du}{2+2u} = \int \frac{u}{u+1} du$$

$$= \int \frac{u+1-1}{u+1} du = \int \left(1 - \frac{1}{u+1}\right) du$$

$$= u - \ln(u+1) + C$$

$$= \sqrt{x} - \ln(1 + \sqrt{x}) + C$$

$$u^6 = x$$
$$6u^5 \frac{du}{dx} =$$

$$\frac{2u}{2+2u} = \frac{2u}{2(1+u)}$$

$$\frac{(u+1)-1}{u+1} = \frac{u+1}{u+1} - \frac{1}{u+1}$$

Contoh

Hitunglah :

1. $\int x \sqrt[3]{x+4} dx$

misal : $u = \sqrt[3]{x+4}$

$$u = (x+4)^{1/3}$$

$$u^3 = x+4 \rightarrow x = u^3 - 4$$

$$3u^2 \frac{du}{dx} = 1$$

$$3u^2 du = dx$$

$$\int x \sqrt[3]{x+4} dx$$

$$= \int (u^3 - 4) \cdot u \cdot 3u^2 du$$

$$= \int (u^3 - 4) 3u^3 du$$

$$= \int 3u^6 - 12u^3 du$$

$$= \frac{3}{7} u^7 - \frac{12}{4} u^4 + C$$

$$= \frac{3}{7} (x+4)^{7/3} - 3 (x+4)^{4/3} + C$$

$$= \frac{3}{7} \sqrt[3]{(x+4)^7} - 3 \sqrt[3]{(x+4)^4} + C$$

TUGAS

Hitunglah:

1. $\int 5xe^{2x} dx$

2. $\int \sin^4 x \cos^5 x dx$

3. $\int \cos^5 x dx$

4. $\int \frac{x^2+2x}{\sqrt{x+1}} dx$



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