select \* from status inner join profile\_follows\_profile pr

on status.regular\_profile\_email = pr.follower\_email

where pr.follower\_email="zain@abc.com"

union

select\* from status inner join profile\_follows\_page pa

on status.page\_email = pa.page\_email

where pa.regular\_profile\_email = "zain@abc.com"

select \* from status where

status.page\_email in (

select page\_email as email from profile\_follows\_page pa

where pa.regular\_profile\_email="zain@abc.com" )

union

select\* from status where status.regular\_profile\_email in(

select followed\_profile\_email as email from profile\_follows\_profile pr

where pr.follower\_email = "zain@abc.com")