







GWA



Home > Trainer

Courses you teach

| Course Name ▼ | Num of Trainees | Lesson n° |
|---------------|-----------------|-----------|
| Calistenics | 20 | 15 |
| Powerlifting | 17 | 5 |

| TIME | MON | TUE | WED | THU | FRI | SAT | SUN | |
|----------------|---------|---------|---------|---------|---------|-----|-----|---|
| 08:00 10:00 | | | | | | | | A |
| 10:00 12:00 | Caliste | | Caliste | | Caliste | | | |
| 12:00 14:00 | | Powerli | | Powerli | | | | |
| 14:00 16:00 | | | | | | | | |
| 16:00 18:00 | Powerli | | Powerli | | Powerli | | | |
| 18:00 20:00 | | Caliste | | Caliste | | | | |
| 20:00 22:00 | | | | | | | | |

Where to find us

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