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## Courses you teach

Course Name ▼	Number of Trainees	Lesson n°		
Calistenics	20	15		
Powerlifting	17	5		

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00 10:00							
10:00 12:00	Calistenics		Calistenics		Calistenics		
12:00 14:00		Powerlifing		Powerlifing			
14:00 16:00							
16:00 18:00	Powerlifing		Powerlifing		Powerlifing		
18:00 20:00		Calistenics		Calistenics			
20:00 22:00							▼