

# Facts on the tobacco industry, tobacco and health

# Impacts: Health (WHO).

- All forms of tobacco are harmful, and there is no safe level of exposure to tobacco.
- Tobacco kills up to half of its users, causing about 8 million deaths a year. This translates to one smoking-related death every five seconds. More than 7 million of those deaths are the result of direct tobacco use, while around 1.2 million are the result of non-smokers being exposed to second-hand smoke.
- An estimated half of all children worldwide regularly breathe air polluted by tobacco smoke in public places, and 65,000 die each year from illnesses attributable to second-hand smoke.
- Tobacco contributes to 25% of all cancer deaths. It is the primary cause of lung cancer and contributes to cancers of the bladder, blood, bone marrow, cervix, colon, oesophagus, kidneys, larynx, liver, mouth, pancreas, rectum, stomach, and throat.

#### The Tobacco Industry

- Thanks to effective interventions in many countries to curtail the sale of tobacco, smoking prevalence worldwide has declined by 27% for men and 38% for women since 1990.
- There are, however, still 1.3bn smokers globally. 80% of smokers are in low- and middle-income countries. (WHO).
- The industry produces six trillion cigarettes per year. (FCTC)
- There are more than 7,000 chemicals in tobacco smoke, of which more than 250 are known to be harmful, more than 69 are known to cause cancer, and 16 are classified as Group I carcinogens. (American Lung Association)
- The global tobacco market size was valued at USD 850 billion in 2021 and is expected to expand at a compound annual growth rate (CAGR) of 2.4% from 2022 to 2030.
- In 2018, the combined profits of the world's biggest tobacco companies exceeded USD 55 billion. This means a profit of nearly USD 7,000 for each person who dies due to tobacco.
- Now a leading cause of concern are new tobacco products (e-cigarettes, heated tobacco products) that are being sold as harm reduction tools but they are being marketed to a young generation of non-smokers, particularly vulnerable to nicotine addiction.
- Increasing evidence shows that novel tobacco products are also harmful to health.

- In 2019 alone, USD 8.2 billion was spent on advertising and promotion of cigarettes and smokeless tobacco in the USA – about USD 22.5 million every day, and nearly USD 1 million every hour.
- Big tobacco is also active on social media to reach youth.
- Child labour is used for the production of tobacco. (FCTC)
  - o In Malawi alone, there are about 78,000 children working on tobacco plantations. But child labour is also widespread in other countries such as Brazil, Indonesia, the USA and other countries.
  - Every year, the US Department of Labor publishes a List of Goods Produced by Child Labor or Forced Labor. In 2022, the list contained 17 countries growing tobacco using child labour.
- Farm workers, especially child labourers, minorities and migrant workers are at risk of nicotine toxicity (green tobacco illness), caused by handling tobacco leaves without protection during harvest and processing.

# Impacts: Environmental (WHO)

- Every year, in addition to lives lost, tobacco production costs 600 million trees,
  200 000 hectares of land, 22 billion tonnes of water and 84 million tonnes of CO<sub>2</sub>.
- Deforestation for tobacco growing has many serious environmental consequences including loss of biodiversity, soil erosion and degradation, water pollution and increases in atmospheric carbon dioxide.
- Tobacco growing usually involves substantial use of chemicals including pesticides, fertilisers and growth regulators. These chemicals may affect drinking water sources as a result of run-off from tobacco growing areas. Research has also shown that tobacco crops deplete soil nutrients by taking up more nitrogen, phosphorus and potassium than other major crops.
- With 6 trillion cigarettes manufactured annually, about 300 billion packages (assuming 20 cigarettes per pack) are made for tobacco products.
- This amounts to about 1,800,000 tonnes of packaging waste, composed of paper, ink, cellophane, foil and glue.
- Roughly 4.5 trillion cigarette butts are discarded every year, polluting oceans, rivers, city sidewalks, parks, soil and beaches. They are the most commonly discarded piece of waste globally and are the most frequent item of litter picked up on beaches and water edges worldwide.
- The weight of all tobacco-attributable non-biodegradable (filter) waste discarded annually is about 175,200 tonnes.
- The costs of cleaning up littered tobacco products fall on taxpayers, rather than the industry creating the problem. Each year, this costs China roughly USD 2.6 billion and India roughly USD 766 million. The cost for Brazil and Germany comes in at over USD 200 million.

# **FCTC** implementation

WHO Member States unanimously adopted the WHO Framework Convention on Tobacco Control (WHO FCTC). In force since 2005, it has currently 182 Parties covering more than 90% of the world's population.

#### **MPOWER**

In 2007, WHO introduced a practical, cost-effective way to scale up implementation of the main demand reduction provisions of the WHO FCTC on the ground: MPOWER. Each MPOWER measure corresponds to at least 1 provision of the WHO Framework Convention on Tobacco Control.

#### The 6 MPOWER measures are:

- Monitor tobacco use and prevention policies
- Protect people from tobacco use
- Offer help to quit tobacco use
- Warn about the dangers of tobacco
- Enforce bans on tobacco advertising, promotion and sponsorship
- Raise taxes on tobacco.

Tobacco taxes are the most cost-effective way to reduce tobacco use and health care costs, especially among youth and low-income people, while increasing revenue in many countries.

- The tax increases need to be high enough to push prices up above income growth.
- An increase of tobacco prices by 10% decreases tobacco consumption by about 4% in high-income countries and about 5% in low- and middle-income countries.

Despite this, introducing high tobacco taxes is the least implemented measure among the set of available tobacco control measures.

Implementation of the MPOWER measures has led to decline in smoking rates.

In 2022, more than 5.6 billion people – over 70% of the world's population– were covered by at least one tobacco control measure, and according to the WHO Report on the Global Tobacco Epidemic (2023), health warning laws and regulations at the highest level of achievement have now been adopted by 103 countries.

This means that 4.5 billion people (or 57% of the world's population) are now protected by large graphic pack warnings featuring all recommended characteristics, making it the MPOWER measure with both the highest population coverage and the most countries covered.

By the end of 2022, 22 countries had adopted legislation mandating plain packaging of tobacco products and had issued regulations with implementation deadlines.

Although tobacco advertising, promotion and sponsorship (TAPS) bans remain an underadopted measure, 2 billion people in 66 countries are protected by comprehensive bans on TAPS. Low- and middle-income countries have made particularly strong progress in TAPS

bans. thirteen countries that have adopted comprehensive TAPS bans are low-income countries (38 are middle-income countries and 15 are high-income .

The total number of countries that raised tobacco taxes to 75% or higher of the price of the most sold brand of cigarettes increased from 23 in 2008 to 41 in 2022, with a number of people protected by this level of tax reaching one billion.