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| S/N | FOOD LIST | AMOUNT | HOW IT`S SERVE |
| 1 | RICE | 300 (above) |  |
| 2 | BEANS | 200 (above) |  |
| 3 | SPAGHETTI | 100 (above) |  |
| 4 | PLANTAIN | 100 (above) |  |
| 5 | EGG | 250 |  |
| 6 | MEAT | 100 |  |
| 7 | POMO | 100 |  |
| 8 | FISH | 500 |  |
| 9 | EGUSI SOUP | 1000 | A plate (1 eba and 2 meat) |
| 10 | OKRA SOUP | 1000 | A plate (1 eba and 2 meat) |
| 11 | AFANG SOUP | 1000 | A plate (1 eba and 2 meat) |
| 12 | CAT FISH PEPER SOUP | 1,500 / 3000 | Full catfish |
| 13 | GOAT MEAT PEPER SOUP |  |  |
| 14 | FUFU or EBA |  |  |
| 15 | BREAD |  |  |
| 16 | TABLE WATER |  |  |
| 17 | OGBONO SOUP |  |  |
| 18 | SACHET WATER |  |  |
| 19 |  |  |  |
| 20 |  |  |  |
| 21 |  |  |  |