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Summary

Highly qualified licensed psychotherapist, program administrator and educator with extensive background in clinical counseling, supervision, public policy, and ethical considerations that impact the healthcare environments. A social advocate with excellent background in legislation, human rights, and the criticality of appropriate responses to a diverse and evolving social environment.

Skills

- Trauma-Informed Clinical Counseling
- Crisis Management
- Relationship Building

- Training & Development
- Supervision & Leadership

Experience

Fresh Oil Counseling, Inc.

Founder, CEO

8/2022 - Current

Talkspace & BetterHelp 3/2023 - Present

MASERVIC of MCA | White Marsh, MD Vice President 07/2022-06/2023 President 07/2023 - Current

Johns Hopkins University Baltimore, MD **Adjunct Faculty Instructor**

8/2022 - Current

African Methodist Episcopal Church | Nashville, TN

Content Writer

09/2018 - Current

African Methodist Episcopal Church | Upper Marlboro, MD

Pastor

04/2012 - Current

- Sole Proprietor of private practice offering professional clinical counseling through various modalities including individual, group, and couples counseling. Conduct workshops and educational forums.
- Provide clinical counseling services through telehealth platforms using various interventions including CBT, DBT, Solutions-Focused Therapy, Narrative Therapy.
- Provide leadership in offering training and other resources for counseling professionals in the state of Maryland.
- Provide technical expertise in the instruction of graduate level credit courses in Mental Health Counseling
- Performed in-depth research into topics and wrote clear, accurate, and insightful lessons for Christian and other religious education.
- Worked with church leaders, staff and ministry teams to achieve growth of church and to foster positive community impact.
- Managed all aspects of ministry.
- Visited, counseled and prayed with church members to provide pastoral care.
- Collaborated with staff and volunteers to administer pastoral care in times
 of celebration and grief for any member of the community.

University Of Maryland Medical System | Largo, MD

Program Administrator

11/2007 - 03/2022

- Directed the Domestic Violence and Sexual Assault Center that provided 24-hour crisis intervention, medical/forensic exams, clinical counseling services, community outreach, and advocacy support and resources for social, legal, and emergency services.
- Managed program operations and provided strategic leadership for workers.
- Hired and developed clinical staff.
- Secured grants, fundraising and other resources to successfully run programs.
- Spearheaded program planning and staff development to promote growth.
- Collaborated with stakeholders to support and execute internal and external communication efforts.
- Member of state and local boards and commissions to address sexual and domestic violence.
- Fostered community connections and networks, driving collaboration with local organizations and businesses.
- Facilitated educational forums for staff and community stakeholders.
- Established strategy for program using evaluation outcomes and research to set goals and direction.
- Generated short- and long-term strategic direction for program priorities to meet organizational objectives and metrics.

Heartland Hospice – Chaplain 2005 – 2007

U.S. General Services Administration 1982 – 2004

Provided pastoral counseling, emotional and psychological support services to patients and family members facing end-of-life experience.

Performed various functions in executive leadership and management including contract administration, facilities management, change agent, agency liaison to Congressional boards and commissions.

African Methodist Episcopal Church | Upper Marlboro, MD **Ordained Minister** 05/2003 - 04/2012

Heartland Hospice | Laurel, MD Hospice Chaplain 01/2005 - 02/2007

U.S. General Services Administration | Washington, DC **Director** 01/1991 - 08/2004

- Managed all aspects of ministry.
- Carried out church mission by planning and leading worship services, writing sermons and working with church leaders.
- Demonstrated effective leadership to church, including managing daily operations, developing and administering annual budget and promoting compassionate pastoral care to members and public.
- Led community outreach by supporting and expanding mission initiatives.
- Developed and cultivated professional relationships with various third parties, including county, state, and national officials, and civic groups to promote health communities and families.
- Led various groups in international missions to conduct medical missions and relief efforts.
- Served as Pastor and Associate Pastor in urban, rural, and suburban areas..
- Delivered high level of spiritual guidance, emotional support and practical assistance to residents, loved ones and employee teams.
- Provided pastoral assistance and support to both patients and loved ones during crisis situations.
- Sat with patients in need of companionship and emotional support.
- Led the Agency Liaison Program to provide critical administrative support
 to key senior boards and commissions to ensure needed support for hiring
 personnel, procurement of equipment and services, obtain needed office
 space and facilitate timely launch of new programs.
- Directed various departments to provide contract services to government agencies.

Education and Training

Virginia Union University | Richmond, VA **Doctor of Ministry** in Spirituality & Mental Health 05/2016

Capella University | Minneapolis, MN

Master of Science in Mental Health Counseling
12/2013

Wesley Theological Seminary | Washington, DC Divinity 05/2005

American University | Washington, DC **Master of Science** in Public Administration 05/1996

University of Maryland - College Park | College Park, MD **Bachelor of Science** in Human Ecology 05/1979