

Frances (Frannie) Westlake

4855 Fenwood Dr
frannie@thriverehab.net

Highlands Ranch, CO 80130

(720) 393-0438

EDUCATION

University of Pittsburgh Medical Center (UPMC) Pittsburgh, PA, Neurological Residency Program, November 2013

University of North Florida, Jacksonville, Florida, *Doctorate of Physical Therapy*, April 2012

University of North Florida, Jacksonville, Florida, *Bachelor of Science in Healthcare*

Leadership, Dec 2008

Seminole Community College, Lake Mary, Florida, *Associate of Science, Physical Therapist Assistant*, May 2005

LICENSURE

Physical Therapy License: Colorado 0013216

CERTIFICATIONS

Board Certified Oncologic Clinical Specialist – June 2019

Board Certified Neurological Clinical Specialist – June 2014

APTA-Certified Physical Therapy Clinical Instructor - November 2012 to present

Basic Life Support, expires 1/2024

EMPLOYMENT/POSITIONS HELD

PORi, Centennial, CO, **Lecturer**, April 2018 – Present

- Lecture a 3.5-day Chemotoxicity and Exercise Course
- Lecture a one-day Vestibular Course related to Cancer and Cancer treatments

University of Colorado, Aurora, CO, **Adjunct Faculty**, June 2016 – Present

- Neuromuscular PT I, II and III and Capstone: Laboratory assistant
- Guest Lecturer on Brain Tumors and Chemotherapy Induced Peripheral Neuropathy

Oncology Rehab, Centennial, CO, **Physical Therapist**, April 2015 – Present

- Director of Clinic Operations
- Director of Neuro-Oncology Program, actively direct and train 2 neurological physical therapists
- Staff Physical Therapist in an outpatient oncology clinic with focus on neuro-oncology rehab, balance and vestibular disorders and breast cancer manual therapy.
- Certified in Oncology Rehabilitation through PORi

UPMC Center for Rehab Services (CRS), Pittsburgh, PA, **Physical Therapist**, Nov 2013 – April 2015

- Floating staff physical therapist in 17 outpatient balance/vestibular and neurological clinics across Pittsburgh and surrounding regions

University of Pittsburgh DPT Program/ UPMC CRS, *Neurological Resident/ Adjunct Faculty*, Aug 2012 – Nov 2013

- Accepted into a competitive APTA-credentialed neurological residency program, one of only 25 nationally
- Received post-professional clinical training in advanced neurologic physical therapy while rotating through acute care, inpatient rehabilitation and outpatient balance and vestibular therapy settings
- Completed required patient care hours and didactic training to qualify for the American Board of Physical Therapy Specialties (ABPTS) Neurologic Specialist Certification (NCS) Examination; certified June 2014
- Guest lectured on gait rehabilitation, evaluation and management of patients with brain tumors and stroke
- Presented DPT grand rounds case study: Complex Regional Pain Syndrome vs. Postherpetic Neuralgia
- Neuromuscular PT I, II and III: Laboratory assistant and Coordinator for student open lab and study groups

Komen-Pittsburgh Funded Service Project, Pittsburgh, PA (Enhancing Multidisciplinary Supportive Care in Breast Cancer through Balance Screening and Fall Risk Education; PD: E Hile), *Project Assistant/Screening PT*, Jan 2013 – April 2014

- Provided balance screening, education, and rehab recommendations to breast cancer survivors on-site in medical and surgical oncology clinics, also during active chemotherapy treatment
- Assisted program director with expansion of the program to a third site (our first surgical oncology clinic)
- Responsible for developing and maintaining productive relationships with referring providers at all sites
- Assisted with outreach program at Cancer Caring Center, Gilda's Club, Komen Survivorship Events

Florida State College of Jacksonville PTA Program, Jacksonville, FL, *Adjunct Faculty*, April 2009 – July 2012

- Course Instructor for Basic Patient Care Skills – Summer Semester: PHT 1200C 5 Credit Hours
- Lab Assistant for Modalities, Kinesiology and Cardiopulmonary courses
- Guest Lectured on neuro-electrical stimulation

Brooks Rehabilitation Hospital, Jacksonville, FL, *Physical Therapist Assistant*, April 2007 – July 2012

- Specialized in rehabilitation of patients with stroke (CVA), brain injury (BI), spinal cord injury (SCI), after brain or spinal surgeries, and brain/spinal cancer survivors in neurological acute care setting
- Intervention therapist providing locomotor training intervention on the NIH/NINDS-funded clinical trial 'Locomotor Experience Applied Post Stroke (LEAPS)', PI: P. Duncan and A. Behrman

Florida Hospital, Orlando, FL, *Physical Therapist Assistant*, Aug 2005 – April 2007

- Provided physical therapy interventions in a hospital-based neurological outpatient setting to patients who had suffered from a CVA, BI, SCI and other degenerative neurologic disorders

- Practiced in acute care and inpatient rehabilitation hospital settings, focusing on cancer survivors and also patients after cardiac, neuro and orthopedic surgeries.

Florida Hospital, Orlando, FL, **Physical Therapy Technician**, Aug 2002 – Aug 2005

- Worked in the acute care hospital and inpatient rehabilitation units
- Assisted with lymphedema treatments for a patient population that included cancer survivors

PEER REVIEWED SCIENTIFIC AND PROFESSIONAL PRESENTATIONS

Refereed Journal Publications

Harrington SE, Gilchrist L, Lee J, **Westlake FL**, Baker A. Oncology Section EDGE Task Force on Cancer: A Systematic Review of Clinical Measures for Pain. *Rehabilitation oncology*. 2019

Textbooks

Westlake FL. Neurological Effects of Cancer and Cancer Treatments. *Oncology Rehabilitation* 1e Elsevier [In Press]

Invited Presentations

Harrington SE, Tuohy S, **Westlake F**. “Demystifying the patient with cancer – Using the evidence to provide outpatient physical therapy.” Presented at the American Physical Therapy Association Combined Sections Meeting, February 2017, San Antonio TX.

PROFESSIONAL MEMBERSHIPS

Member of the American Physical Therapy Association

- Current Vice President of the Academy of Oncologic Physical Therapy (2022 – Present)
- Current Research Chair for the Academy of Oncologic Physical Therapy (2018 – Present)
- Academy member of Neurology, Oncology and HPA

Member of Vestibular Disorders Association (VEDA)

CURRENT TEACHING RESPONSIBILITIES

Spring Semester

DPTR 5501: Neuromuscular Conditions I; Associated faculty/lab instructor

Fall Semester

DPTR 6503: Neuromuscular Conditions III; Associated faculty/lab instructor

DPTR 5151: Motor Control and Motor Learning; Associated faculty/lab instructor

Summer Semester

DPTR 6502: Neuromuscular Conditions II; Associated faculty/lab instructor

DPTR 7651 Clinical Reasoning Capstone: Associated faculty/lab instructor