

Andrea R. Cobbs
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Education

The University of Texas at Austin

- Coordinated Program in Dietetics
- Bachelor of Science in Nutrition

Graduation – May 2004

Graduation – May 2001

Experience

Post Acute Hospital Specialty of New Braunfels

Director of Nutrition/Lead Clinical Dietitian

June 2012-present

- Dual role as Director of Nutrition and Lead Clinical Dietitian
- Provide medical nutrition therapy for 40 bed hospital
- Manage 1 Food Service Supervisor, 6 Cooks, 2 Diet Clerks, 2 PRN Dietitians, and 1 Diet Aide
- Develop and maintain professional working relationships with hospital administration, staff, doctors and providers, patients and their families
- Facilitate open communication with patient and hospital staff to evaluate and improve customer satisfaction
- Help to maintain positive employee relations through education, communication, and teamwork
- Oversee daily budgets for staff labor as well as food costs; continuously exploring cost saving methods
- People leadership skills to include duties such as hiring, counseling, staff development and training, coaching, delegation, and termination
- Ensure compliance with all federal, state and local laws, with regards to health, food safety and HIPPA
- Participated in all federal, state and local health inspection surveys
- Menu planning and development to include a non-select menu for patients
- Oversee production of nutritious meals for patients with special diets and catering for the facility with a critical eye for food presentation and merchandising
- Developed Nutrition Program for our JCAHO Certified Respiratory Failure Program including Core Measures in Performance for Nutrition
- Member of multiple Interdisciplinary Teams including Leadership Team, Respiratory Failure Program, Wound Care Team, Employee Activities Committee, Patient Care Conference Team, QAPI Committee, Safety Committee, DRG Coding Team, and Patient Ambassador for We Care Program

Satellite Dialysis Clinic

March 2010-May2012

Renal Dietitian

- Provided medical nutrition therapy for 60 patients on Hemodialysis in clinic
- Educated patients on Phosphorus, Potassium, and Sodium Control through both Diet and Medications

- Daily rounds with Nephrologists for each patient
- Recommended appropriate medications to control Phosphorus
- Troubleshoot problems with nursing to provide correct blood flow to include correct needle size, etc.
- Weekly follow up notes on patient nutritional status for patient care conference

Consultant Dietitian

January 2010-March 2012

- Responsible for providing medical nutrition therapy to patients in multiple nursing homes
- Monitored trends in weights, wound care healing, and poor intake to identify high risk patients
- Developed and maintained professional relationships with CEO, MD, DON at multiple facilities

Contract Culinary Services, Luby's, Inc.

June 2007-Jan 2010

Culinary Services Director

- Dual role as Culinary Services Director and Clinical Dietitian
- Utilize time management skills while providing excellent patient services and functioning as the Culinary Services Director.
- Provide medical nutrition therapy for 60 bed hospital
- People leadership skills to include duties such as hiring, counseling, training and development of staff, coaching , delegation, and termination
- Menu planning and development
- Oversee production of nutritious meals for patients with special diets, retail for the cafeteria, and catering for the facility with a critical eye for food presentation and merchandising
- Develop and maintain professional working relationships with hospital administration staff and Luby's corporate staff
- Facilitate open communication with patient and hospital staff to evaluate and improve customer satisfaction
- Maintain daily budgets for cost control; continuously exploring cost saving methods
- Help to maintain positive employee relations through education, communication, and teamwork
- Manage food service employees and ensure compliance of facility and state policies and procedures and JCAHO requirements
- Member of Leadership Team and Patient Ambassador

Lead Clinical Dietitian- Cornerstone Hospital of Austin

March 2004-June 2007

- Use time management skills in providing patient services between two hospital sites
- Completes nutrition assessment, follow ups, and consults on patients with increased nutritional need, in accordance to facility's policies
- Document assessment of patient with nutritional goals and/or changes in the status in the medical record
- Work as a team member developing interpersonal professional relationships with doctors, nurses and staff in order to provide a complete plan of care for patients
- Provide nutrition education for patients, families, and staff
- Attend patient rounds on floors

Diet Technician-Seton Hospital

2001-2004

- Screen patients at high nutritional risk according to designated criteria

- Obtain patient food preferences within the prescribed diet order
- Provide nutrition education to patient and families

Volunteer Activities

- Preceptor of Dietetic Students from University of Texas in Austin - 1 year to present
- Kinetic Kids Swimming Volunteer for 3 seasons (2017-2018)
- Preceptor for Dietetic Internship Students from the University of Texas Coordinated Didactic Program (2017 –present)
- Preceptor for Dietetic Students from Texas State University (2019-present)

***REFERENCES AVAILABLE UPON REQUEST**