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# Four decades of water quality change in the upper San Francisco Estuary

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# Four decades of water quality change in the upper San Francisco Estuary

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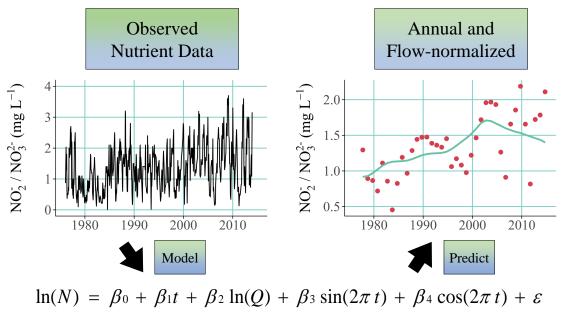
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1 Abstract

Recent methods for trend analysis have been developed that leverage the descriptive potential of multi-decadal monitoring data. We apply an estuarine adaptation of the Weighted Regressions on Time, Discharge, and Season (WRTDS) model to describe water quality trends over four decades in the Delta region of the San Francisco Estuary (SFE). Results from multiple stations in the Delta provided novel descriptions of historical trends and relationships between key species of dissolved inorganic nitrogen (ammonium, nitrate/nitrite, total). Trend analysis with WRTDS flow-normalized data demonstrated the potential to misinterpret changes using observed data that include flow effects, such that several trends with flow-normalized data had changes in magnitude and even reversal of trends relative to the observed. We further demonstrate use of WRTDS to provide insight into mechanisms of change with two case studies that 1) evaluate downstream changes in nitrogen following upgrades at a wastewater treatment

plant, and 2) interactions between biological invaders, chlorophyll, and flow in Suisun Bay. Overall, this analysis provides an ecological and management-based understanding of historical trends in the Delta as a means to interpret potential impacts of recent changes and expected trends.



# 18 Introduction

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Trend analysis is a broad discipline that has been applied to time series for the interpre-19 tation of environmentally-relevant changes. Direct evaluation of an observed time series 20 is often insufficient, given that a long-term change can be masked by variation at shorter 21 time scales or the observed variation represents the combined effects of many variables. <sup>1,2</sup> 22 As a practical approach for water quality evaluation, trend analysis of ecosystem response 23 indicators often focuses on tracking the change in concentrations or loads of nutrients over 24 many years. Response indicators can vary naturally with changing flow conditions and may also reflect long-term effects of management or policy changes. For example, chlorophyll 26 a (chl-a) concentration as a measure of phytoplankton response to nutrient inputs can fol-27 low seasonal patterns with cyclical variation in temperature and light changes throughout 28 each year, whereas annual trends can follow long-term variation in nutrient inputs to the

system.<sup>3,4</sup> Similarly, nutrient trends that vary with hydrologic loading also vary as a function of utilization rates by primary producers or decomposition processes.<sup>5-7</sup> Time series analysis of ecosystem response indicators must simultaneously consider effects of processes at multiple scales and interactions between variables of interest to develop a more comprehensive description of system change.

Appropriate methods for the analysis of change depend largely on the question of interest 35 and characteristics of the environmental dataset. Trend analyses for aquatic systems have 36 traditionally focused on comparisons between discrete periods of time to estimate direction 37 and magnitude of a trend using non-parametric tests. 8,9 Development of these conventional 38 approaches addressed limitations in historical monitoring datasets related to infrequent sam-39 pling and relatively few years of continuous data. Increased availability of multi-decadal 40 datasets, particularly for high profile environments, has accelerated development of trend 41 analysis methods that leverage the descriptive potential of long-term time series from continuous monitoring programs. 10,11 These methods are often data-driven where the parameterization of a simple functional model can change smoothly over time. The Weighted Regressions on Time, Discharge, and Season (WRTDS) approach was developed in this context and has been used to characterize decadal trends in running-water systems. 12-17 More recently, the WRTDS method was adapted for trend analysis in tidal waters, with a focus on chl-a trends in Tampa Bay 18 and the Patuxent River Estuary, 19 and tidally-influenced time series of dissolved oxygen from continuous sonde measurements. 20 These studies have demonstrated the potential of WRTDS for trend analysis in tidal waters. 50

The Sacramento - San Joaquin River Delta (hereafter 'Delta') is a mosaic of inflows upstream of the San Francisco Estuary (SFE) that receives and processes inputs from the larger watershed. Sediment export downstream of the Delta and wastewater treatment plant (WWTP) inputs are primary sources of nutrients for the larger Bay. Background nutrient concentrations in SFE often exceed those associated with excessive primary production, although ecosystem responses symptomatic of eutrophication have historically been

infrequent. Changes in response to additional stressors (e.g., variation in freshwater inputs/withdrawals, invasive species, climate change) suggests that recent conditions have not
followed past trajectories and more subtle spatial and temporal variation could provide clues
that describe underlying properties of this system. A comprehensive monitoring dataset
has been collected at several fixed locations in the upper estuary and Delta for the last four
decades. Moreover, nutrient dynamics in the Delta are inherently linked to flow variation
from inputs, withdrawal, impoundments, and downstream transport, suggesting that an
approach that explicitly considers flow effects is critical for trend analysis. To date, the
regional monitoring dataset for the northern SFE, including the Delta, is under-utilized and
a comprehensive analysis with WRTDS could facilitate an understanding of historical and
recent changes in water quality.

The goal of this study was to provide a comprehensive description of nutrient trends in
the northern SFE and Delta region to inform understanding of ecosystem response dynamics and potential causes of water quality change. We applied the newly-adapted method
of weighted regression for tidal waters to describe nitrogen trends in different spatial and
temporal contexts. The specific objectives were to 1) quantify and interpret trends over
four decades at ten stations in the Delta, including annual, seasonal, and spatial changes in
nitrogen analytes and response to flow variation, and 2) provide detailed descriptions of two
case studies in the context of conceptual relationships modeled with WRTDS. The second
objective evaluated two specific water quality stations as additional case studies to demonstrate complexities with nutrient response to flow, effects of nutrient-related source controls
on ambient conditions, and effects of biological invasion by benthic filter feeders on primary
production.

# Materials and Methods

# 81 Study system

The Delta region drains a 200 thousand km<sup>2</sup> watershed into the SFE, which is the largest 82 estuary on the Pacific coast of North America. The watershed provides water to over 25 million people and irrigation for 18 thousand km<sup>2</sup> of agricultural land. Water enters the SFE through the Sacramento and San Joaquin rivers that have a combined inflow of approximately 28 km<sup>3</sup> per year, with the Sacramento accounting for 84% of inflow to the Delta. The SFE system includes the Delta and subembayments of San Francisco Bay (Figure 1). Water dynamics in the SFE and Delta are governed by inflows from the watershed, tidal exchange with the Pacific Ocean, and water withdrawals for municipal and agricultural use. 21 89 Seasonally, inflows from the watershed peak in the spring and early summer from snowmelt, 90 whereas consumption, withdrawals, and export have steadily increased from 1960 to present, 91 but vary depending on inter-annual climate effects. 24 Notable drought periods have occurred 92 from 1976-1977, 1987-1992, and recently from 2013-2015. <sup>27</sup> 93 Orthophosphate  $(PO_4^{3-})$  and dissolved inorganic nitrogen (DIN) enter the Delta primarily 94 through the Sacramento and San Joaquin rivers and from municipal WWTP inputs. Annual 95 nutrient export from the Delta region has been estimated as approximately 30 thousand 96 kg d<sup>-1</sup> of total nitrogen (varying with flow <sup>26</sup>), with 90% of ammonium (NH<sub>4</sub><sup>+</sup>) originating 97 solely from the Sacramento Regional WWTP. 23 Although nitrogen and phosphorus inputs are considerable, primary production is relatively low and not nutrient-limited. 22,28 The resistance of SFE to the negative effects of eutrophication has historically been attributed 100 to its unique physical and biological characteristics, including strong tidal mixing that limits 101 stratification in the larger estuary 3,29 and limits on phytoplankton growth from high turbidity and filter-feeding by bivalve mollusks in the northern portion. <sup>29,30</sup> However, recent water quality trends have suggested that resilience to nutrient inputs is decreasing, 31-33 which has 104 been attributed to biological invasions 34 and departures from the historical flow record, 24,35

among other factors acting at global scales (e.g., variation in sea surface temperatures). <sup>32</sup>
The role of nutrients in stimulating primary production in SFE has been the focus of several recent investigations. <sup>36–38</sup>

#### 109 Data sources

Nutrient time series of monthly observations from 1976 to 2013 were obtained for ten sam-110 pling stations (Figure 1, http://water.ca.gov/bdma/meta/Discrete/data.cfm). 39 Sta-111 tions were grouped by location in the study area for comparison: peripheral Delta stations C3 112 (Sacramento inflow), C10 (San Joaquin inflow), MD10, P8; interior Delta stations D19, D26, 113 D28; and Suisun stations D4, D6, and D7. These stations were chosen based on continuity of 114 the water quality time series and significance of their geographic location for understanding regional trends. Time series were complete for all stations except for an approximate ten year gap from 1996-2014 for D19. Data were minimally processed, with the exception of 117 averaging replicates that occurred on the same day. The three nitrogen analytes that were 118 evaluated were ammonium, nitrite/nitrate, and DIN (as the sum of the former two). Less 119 than 3% of all observations were left-censored, although variation was observed between an-120 alytes and location. The ammonium time series had the most censored observations at sites 121 C10 (25.4% of all observations), MD10 (18.1%), D28 (17.8%), D19 (12%), and D7 (7.9%). 122 Daily flow estimates for the Delta region were obtained from the Dayflow software pro-123 gram. 40 The WRTDS models described below require a matched flow record with the appro-124 priate station to evaluate nutrient trends. Given the complexity of inflows and connectivity 125 of the system, only the inflow estimates from the Sacramento and San Joaquin rivers were 126 used as measures of freshwater influence at each station. Initial analyses indicated that 127 model fit was not significantly improved with flow estimates from locations closer to each 128 station, nor was model fit improved using lagged times series. As such, the Sacramento daily 129 flow time series was used to account for flow effects at C3, D19, D26, D28, and MD10, and 130 the San Joaquin time series was used for C10 and P8 based on station proximity to each 131

inflow. Salinity observations at D4, D6, and D7 in Suisun Bay were used as more appropriate
measures of freshwater variation, given the stronger tidal influence at these stations. Salinity
has been used as a tracer of freshwater influence for the application of WRTDS models in
tidal waters. 18

# 136 Analysis method and application

A total of thirty WRTDS models were created, one for each nitrogen analyte at each station.

The functional form of WRTDS is a simple regression <sup>12</sup> that models the log-transformed response variable as a function of time, flow, and season:

$$\ln(N) = \beta_0 + \beta_1 t + \beta_2 \ln(Q) + \beta_3 \sin(2\pi t) + \beta_4 \cos(2\pi t)$$
 (1)

where N is one of three nitrogen analytes, time t is a continuous variable as decimal time 140 to capture the annual or seasonal trend, and Q is the flow variable (either flow or salinity 141 depending on station). The WRTDS model is a moving window regression that fits unique 142 parameters at each observation point in the time series. Models applied herein were based 143 on a tidal adaptation of the original method <sup>18</sup> and were fit to describe the conditional 144 mean response using a weighted Tobit model for left-censored data. 41 All analyses used the 145 WRTDStidal package written by the authors for the R statistical programming language. 42,43 146 A hallmark of the WRTDS approach is the description of flow-normalized trends that 147 are independent of variation from freshwater inflows. 12 Flow-normalized trends for each 148 analyte at each station were used to describe long-term changes in different annual and 149 seasonal periods. Specifically, flow-normalized trends in each analyte were summarized as 150 both medians and percent changes from the beginning to end of annual groupings from 1976-151 1995 and 1996-2013, and seasonal groupings of March-April-May (spring), June-July-August 152 (summer), September-October-November (fall), and December-January-February (winter) 153 within each annual grouping. These annual and seasonal groupings were chosen for continuity

with similar comparisons in Ref. 25 and as approximate twenty year midpoints in the time series.

Trends in each annual and seasonal grouping were based on seasonal Kendall tests of the 157 flow-normalized predictions. This test is a modification of the non-parametric Kendall test 158 that accounts for variation across seasons in the response variable. 44,45 Results from the test 159 can be used to evaluate the direction, magnitude, and significance of a monotonic change 160 within the period of observation. The estimated rate of change per year is also returned 161 as the Theil-Sen slope and was interpreted as the percent change per year when divided by 162 the median value of the response variable in the period of observation. 23 Trends in annual 163 groupings were based on all monthly observations within relevant years, whereas seasonal 164 groupings were based only on the relevant months across years. Seasonal Kendall tests were 165 also used to describe trends in the observed data. These trends were compared with those 166 based on the flow-normalized trends to evaluate the improved ability of WRTDS to describe 167 trends that are independent of flow. 168

# 169 Results and Discussion

#### Observed Data

The observed time series for the ten Delta - Suisun Bay stations had substantial variation 171 in scale among the nitrogen analytes and differences in apparent seasonal trends (Figure 2). DIN for most stations was dominated by nitrite/nitrate, whereas ammonium was a smaller percentage of the total. However, C3 had a majority of DIN composed of ammonium and 174 other stations (e.g., P8, D26) had higher concentrations of ammonium during winter months 175 when phytoplankton assimilation is lower. <sup>26</sup> By location, observed concentrations of DIN for 176 the entire time series were higher on average for the peripheral stations (C3, C10, MD10, 177 P8; mean  $\pm$  s.e.: 1.04 $\pm$ 0.03 mg L<sup>-1</sup>) and similar for the interior (D19, D26, D28, 0.43 $\pm$ 0.01) 178 and Suisun Bay stations (D4, D6, D7, 0.44±0.01). Average concentrations were highest at 179

P8  $(1.63\pm0.05 \text{ mg L}^{-1})$  and lowest at C3  $(0.4\pm0.01)$  for DIN, highest at P8  $(0.28\pm0.02)$  and lowest at D28 (0.05±0.003) for ammonium, and highest at C10 (1.4±0.04) and lowest at C3 181  $(0.15\pm0.004)$  for nitrite/nitrate. Mean observed concentrations were also higher later in the 182 time series for all analytes. For example, average DIN across all stations was  $0.61\pm0.01$  mg 183  $L^{-1}$ for 1976-1995, compared to 0.7 $\pm$ 0.01 for 1996-2013. Seasonal changes across all years 184 showed that nitrogen concentrations were generally lower in the summer and higher in the 185 winter, although observed patterns were inconsistent between sites. For example, site MD10 186 had distinct seasonal spikes for elevated DIN in the winter, whereas other stations had less 187 prominent seasonal maxima (e.g., C3, D7, Figure 2). 188

### 189 Trends

Estimated trends from Seasonal Kendall tests on the observed data varied considerably between sites and analytes (Figure 3). Significant trends were observed from 1976-1995 for 191 eight of ten sites for DIN (seven increasing, one decreasing), eight sites for ammonium (six 192 increasing, two decreasing), and six sites for nitrite/nitrate (five increasing, one decreasing). 193 Decreasing trends were more common for the observed data from 1996-2013. Eight sites 194 had significant trends for DIN (four increasing, four decreasing), seven sites for ammonium 195 (five increasing, two decreasing), and eight sites for nitrite/nitrate (four increasing, four 196 decreasing). P8 had a relatively large decrease in ammonium (-8.3%) change per year for 197 the second annual period compared to all other sites (see next section). Trends by season were 198 similar such that increases were generally observed in all seasons from 1976-1995 (Figure S1) 199 and decreases were observed for 1996-2013 (Figure S2). Trends for the seasonal comparisons 200 were noisier and significant changes were less common compared to the annual comparisons. 201 Relationships between flow and observed water quality are complex and can change signif-202 icantly through space and time. 12,17 These principles have been demonstrated for monitoring 203 data in the Delta region. 23,25,26 suggesting that trend analyses using the observed time series are confounded by flow effects. As such, a comparison of flow-normalized results from 205

WRTDS relative to observed data identified changes in the magnitude, significance, and direction of trends. For all sixty trend comparisons in Figure 3 (flow-normalized values in Table 207 S1) regardless of site, nitrogen analyte, and time period, thirteen comparisons had trends 208 that were insignificant with the observed data but significant with flow-normalized results, 209 whereas only one trend changed to insignificant. This suggests that time series that include 210 flow effects had sufficient noise to obscure or prevent identification of an actual trend of a 211 water quality parameter. Further, changes in the magnitude of the estimated percent change 212 per year were also apparent for the flow-normalized trends, such that fourteen comparisons 213 showed an increase in magnitude (more negative or more positive) and twenty five had a 214 decrease (less positive or less negative) compared to observed trends. Eleven comparisons 215 showed a trend reversal from positive to negative estimated change, nine sites went from no 216 change to negative estimated change, and one site went from no change to a positive trend for 217 the flow-normalized results. Differences by season in the observed relative to flow-normalized 218 trends from WRTDS were also apparent (Figures S1 and S2 and Tables S2 and S3). The 219 most notable changes were an overall decrease in the estimated trend for most sites in the 220 summer and fall seasons for 1996-2013, including an increase in the number of statistically 221 significant trends. 222

Differences in apparent trends underscore the importance of considering flow effects in the interpretation of environmental changes, particularly if trend evaluation is used to assess the effects of nutrients on ecosystem health or the effectiveness of past nutrient management actions. Our results demonstrated the potential to misinterpret trends if flow effects are not considered, where the misinterpretation could vary from a simple change in the magnitude and significance of a trend, to more problematic changes where the flow-normalized trend could demonstrate a complete reversal relative to the observed (e.g., DIN trends for all Suisun stations from 1996-2013, Figure 3). A more comprehensive evaluation of flow in the Delta demonstrated that flow contributions of different end members vary considerably over time at each station.<sup>26</sup> For example, flow at MD10 represents a changing percentage by season

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of inputs from the Sacramento, San Joaquin, Cosumnes, Mokelumne rivers, and agricultural returns. For simplicity, water quality observations in our analyses were matched with large-scale drivers of flow into the Delta where most sites were matched to Sacramento or San Joaquin daily flow estimates. Given that substantial differences with flow-normalized results were apparent from relatively coarse estimates of flow contributions, more precise differences could be obtained by considering the influence of multiple flow components at each location. Output from the Dayflow software program <sup>40</sup> provides a complete mass balance of flow in the Delta that could be used to develop a more comprehensive description.

# 241 Selected examples

#### 242 Effects of wastewater treatment

Significant efforts have been made in recent years to reduce nitrogen loading from regional WWTPs given the disproportionate contribution of nutrients relative to other sources. <sup>26,46</sup> Several WWTPs in the Delta have recently been or are planned to be upgraded to include tertiary filtration and nitrification to convert biologically available ammonium to nitrate. 246 The City of Stockton WWTP was upgraded in 2006 and is immediately upstream of station P8, 25 which provides a valuable opportunity to assess how nutrient or nutrient-related source controls and water management actions have changed ambient concentrations downstream. 249 A modal response of nutrient concentrations at P8 centered around 2006 is expected as a 250 result of upstream WWTP upgrades, and water quality should exhibit 1) a shift in the ratio 251 of the components of DIN from the WWTP before/after upgrade, and 2) a flow-normalized 252 annual trend at P8 to show a change concurrent with WWTP upgrades. 253

Effluent measured from 2003 to 2009 from the Stockton WWTP had a gradual reduction in ammonium concentration relative to total DIN (Figure S3). Ammonium and nitrate concentrations were comparable prior to 2006, whereas nitrate was a majority of total nitrogen after the upgrade, with much smaller percentages from ammonium and nitrite. As expected, flow-normalized nitrogen trends at P8 shifted in response to upstream WWTP upgrades (Fig-

ure 4a), with ammonium showing an increase from 1976 followed by a large reduction in the 2000s. Interestingly, nitrite/nitrate concentrations also showed a similar but less dramatic 260 decrease despite an increase in the WWTP effluent concentrations following the upgrade. 261 Percent changes from seasonal Kendall tests on flow-normalized results showed that both 262 nitrogen species increased prior to WWTP upgrades (2% per year for nitrite/nitrate, 2.8% 263 for ammonium), followed by decreases after upgrades (-1.9% for nitrite/nitrate, -16.6% for 264 ammonium, Table 1). Seasonally, increases prior to upgrades were highest in the summer 265 for nitrite/nitrate (2.4%) and in the fall for ammonium (4.9%). Similarly, seasonal reduc-266 tions post-upgrade were largest in the summer for nitrite/nitrate (-4.3%) and largest for 267 ammonium in the winter (-26.7%). 268 Relationships of nitrite/nitrate with flow described by WRTDS showed an inverse flow 269 and concentration dynamic with flushing or dilution at higher flow (Figure 4b). Seasonal vari-270 ation was even more apparent for ammonium, although both nitrite/nitrate and ammonium 271 typically had the highest concentrations at low flow in the winter (January). Additionally, 272 strength of the flow/nutrient relationship changed between years. Nitrite/nitrate typically 273 had the strongest relationship with flow later in the time series (i.e., larger negative slope), 274 whereas ammonium had the strongest relationship with flow around 2000 in January. A general conclusion is that ammonium reductions were concurrent with WWTP upgrades, but the reduction was most apparent at low-flow in January. These dynamics are difficult 277 to characterize from the observed time series, and further, results from WRTDS can be 278 used to develop additional hypotheses of factors that influence nutrient concentrations at 279 P8. For example, estimated ammonium concentrations in July were low for all flow lev-280 els which suggests either nitrogen inputs were low in the summer or nitrogen was available 281 and uptake by primary consumers was high. Seasonal patterns in the relationship between 282

flow and nitrite/nitrate were not as dramatic as compared to ammonium, and in particular,

low-flow events in July were associated with higher concentrations. This could suggest that

ammonium concentrations at P8 are driving phytoplankton production at low flow during

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warmer months, and not nitrite/nitrate given the higher estimated concentrations in July
at low flow. As such, these simple observations provide quantitative support of cause and
effect mechanisms of nutrient impacts on potentially adverse environmental conditions as
they relate to nutrient-related source controls upstream.

#### 290 Effects of biological invasions

Invasion of the upper SFE by the Asian clam Potamocorbula amurensis in 1986 caused severe 291 changes in phytoplankton abundance and species composition. Reduction in phytoplankton 292 biomass has altered trophic networks in the upper SFE and is considered an important 293 mechanism in the decline of the protected delta smelt (Hypomesus transpacificus) and other 294 important fisheries. 47,48 Changes in the physical environment have also occurred, particu-295 larly increased water clarity from a reduction of particle transport and erodible sediment 296 supply, <sup>23,24,49</sup> although decreases in phytoplankton by clam biofiltration may have also in-297 creased clarity. 48 The clams are halophilic such that drought years are correlated with an 298 increase in biomass and further upstream invasion of the species. <sup>24,50</sup> We hypothesized that 299 results from WRTDS models would show 1) a decline in annual, flow-normalized chlorophyll 300 concentrations over time coincident with an increase in abundance of invaders, and 2) varia-301 tion in the chlorophyll/clam relationship through indirect or direct controls of flow. Although 302 the relationship between phytoplankton and clams have been well described in SFE, 51 we 303 use WRTDS to develop additional evidence that an increase in DIN was facilitated in part 304 by clam invasion. 305

Invasion in the 1980s showed a clear reduction of *Corbicula fluminea* and increase of *P. amurensis* (Figure 5a), where biomass of the latter was negatively associated with flow from the Sacramento river (Figure 5b). The increase in clam abundance was associated with a notable decrease in annually-averaged chl-*a* from WRTDS results (Figure 5c), as expected if WRTDS is adequately capturing flow variation and identifying the well-established phytoplankton decrease beginning in the 1980s. A seasonal shift in the flow-normalized results was

also observed such that chl-a concentrations were generally highest in July/August prior to invasion, whereas a spring maximum in April was more common in recent years (Figure 5f). An increase in annually-averaged silicon dioxide (Figure 5e) was coincident with the chl-a 314 decrease, with the largest increases occurring in August (Figure 5g). These relationships 315 suggest that diatoms were the dominant genera early in the time series, particularly in late 316 summer, whereas the spring peak observed in later years represents a shift to an earlier 317 seasonal maxima. This supports past research that showed a decrease in silica uptake by 318 diatoms following invasion.<sup>3,52</sup> Further, DIN trends were similar to silicon-dioxide in both 319 annual and seasonal changes (i.e., Figures 5e and 5h compared to 5d and 5g), such that an 320 increase in both nutrients earlier in the time series corresponded with the decrease in chl-a. 321 Overall, these results suggest that a nontrivial portion of the DIN increase could be related 322 to the decrease in a major 'sink', i.e., decreased DIN uptake by phytoplankton due to top 323 down grazing pressure from *P. amurensis*. 324

The relationship of chl-a with clam biomass was significant (Figure 5i), with lower chl-a325 associated with higher biomass, confirming results from earlier studies. 29,53 However, the 326 effect of flow on both clams and phytoplankton as a top-down or bottom-up control changed 327 throughout the time series. The chl-a/flow relationship showed that increasing flow (de-328 creasing salinity) was associated with a slight increase in chl-a followed by a decrease early in the time series (Figure 5j), whereas overall chl-a was lower but a positive association with flow (negative with salinity) was observed later in the time series. In the absence of benthic 331 grazing prior to invasion, this dynamic suggests that chl-a production may be limited at low 332 flow as less nutrients are exported from the Delta, stimulated as flow increases, and reduced 333 at high flow as either nutrients or phytoplankton biomass are exported to the larger bay. 334 Following clam invasion, chl-a concentrations were reduced by grazing but showed a positive 335 and monotonic relationship with increasing flow. The increase in clam abundance was con-336 current with decline in chl-a concentration, although variation in abundance between years 337 was also observed. Clam abundance was reduced during high flow years in the late 1990s, 338

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2006, and 2011 (5a). In the same years, WRTDS predictions for chl- a were higher than the flow-normalized component (Figure 5c), which further suggests a link between increased flow 340 and phytoplankton production. As such, chl-a production in early years is directly related 341 to flow, whereas the relationship with flow in later years is indirect as increased flow reduces 342 clam abundance and releases phytoplankton from benthic grazing pressure. These relation-343 ships have been suggested by others, <sup>23,50,53</sup> although the precise mechanism demonstrated by 344 WRTDS provides a quantitative description of factors that drive water quality in the Delta. 345 As demonstrated by both case studies and the overall trends across all stations, water 346 quality dynamics in the Delta are complex and driven by multiple factors that change through 347 space and time. At a minimum, WRTDS provides a description of change by focusing on 348 high-level forcing factors that explicitly account for annual, seasonal, and flow effects on trend 349 interpretations. We have demonstrated the potential for imprecise or inaccurate conclusions 350 of trend tests that focus solely on observed data and emphasize that flow-normalized trends 351 have more power to quantify change. Moreover, trends in nutrient loads from point sources in 352 the Delta have previously been described, e.g., Sacramento WWTP increases <sup>23</sup> and exports 353 to Suisun Bay. 54 The results from WRTDS demonstrating these changes are not unexpected, 354 and consequently, we are not detracting from the potential implications of such increases. 355 The important conclusion is that the physical/hydrological and biogeochemical factors that influence nutrient cycling and ambient concentrations in the Bay-Delta, and changes to those 357 factors, are substantial enough that they can be comparable in magnitude to anthropogenic 358 load increases or comparable to the effects of management actions to decrease nutrient levels. 359 Therefore, methods that adjust for the effects of these factors are critical when studying long-360 term records to assess the impacts or effectiveness of load increases or management actions, 361 respectively. 362 Combined with additional data, WRTDS results can support hypotheses that lead to a 363 more comprehensive understanding of ecosystem dynamics. Additional factors to consider 364

include the effects of large-scale climatic patterns, more detailed hydrologic descriptions,

and additional ecological components that affect trophic interactions. For example, a more rigorous matching of flow time series with water quality observations at each station that 367 considers varying source contributions over time could provide a more robust description of 368 flow-normalized results. Alternative methods for time series analysis could also be used to 369 address a wider range of questions, particularly those with more generic structural forms 370 that can explicitly include additional variables (e.g., generalized additive models). 19 Overall, 371 statistical interpretations of multiple factors can provide a basis for quantitative links be-372 tween nutrient loads and adverse effects on ecosystem conditions, including the identification 373 of thresholds for the protection and restoration of water quality. 374

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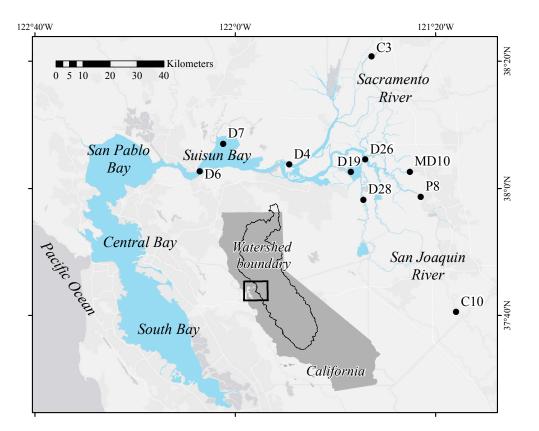


Figure 1: The San Francisco Estuary and Delta region with monitoring stations used for analysis. The Delta drains the combined watersheds of the Sacramento and San Joaquin rivers (inset). All data were obtained from the Interagency Ecological Program website (http://water.ca.gov/bdma/meta/Discrete/data.cfm). 39

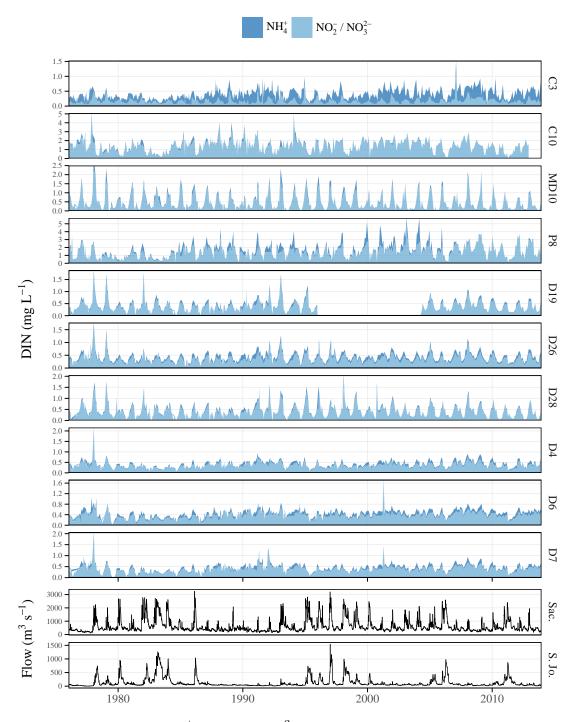


Figure 2: Observed DIN (NH $_4^+$  + NO $_2^-$ /NO $_3^{2-}$ ) from ten stations in the upper SFE Delta and flow from the Sacramento and San Joaquin rivers. Data were collected monthly and evaluated with WRTDS models using daily flow estimates from 1976 to 2013. Note different y-axis scales. See Figure 1 for station locations.

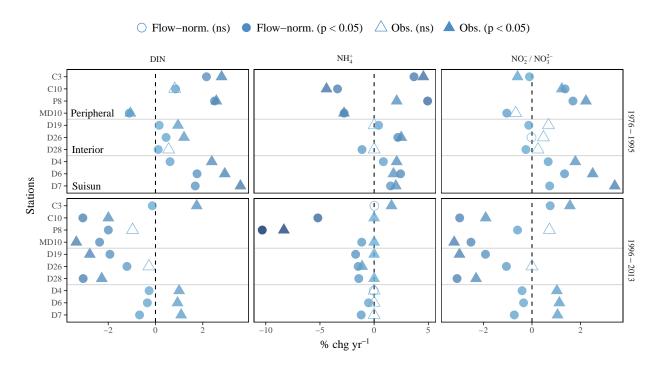


Figure 3: Results from seasonal Kendall tests on observed data (triangles) and flow-normalized predictions (circles) from WRTDS for nitrogen analytes. Results are shown as the percent change per year as the estimated Theil-Sen slope divided by the median for a given aggregation period (significance evaluated at  $\alpha = 0.05$ , based on  $\tau$ ). Trends are shown separately for different annual groupings. See Figures S1 and S2 for seasonal groupings.

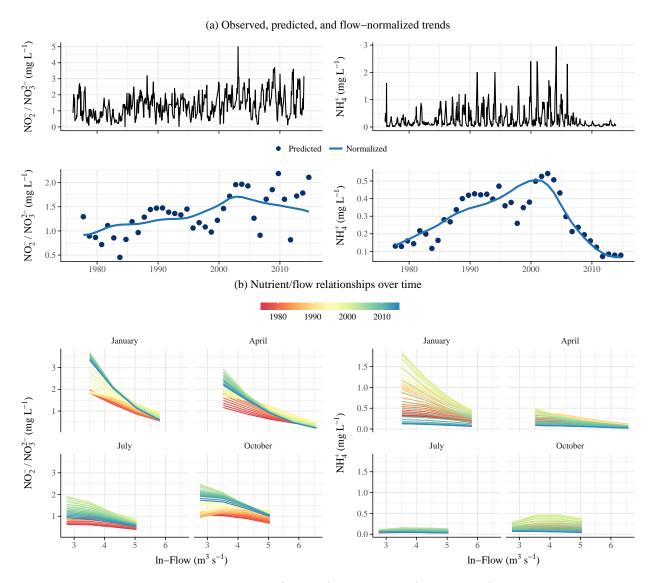


Figure 4: Nitrogen trends at P8 as (a, top) observed, (a, bottom) predicted and flow-normalized estimates from WRTDS, and (b) relationships with flow over time from WRTDS. Nitrite/nitrate trends are on the left and ammonium trends are on the right. Wastewater treatment plant upgrades at the City of Stockton (San Joaquin County) were completed in 2006 (Figure S3).

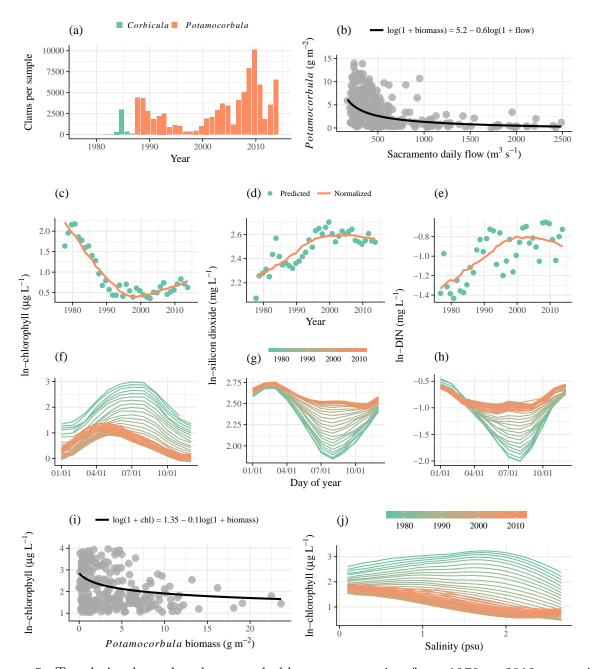


Figure 5: Trends in clam abundance and chl-a concentration from 1976 to 2013 at station D7 in Suisun Bay. Invasion by Potamocorbula amurensis clams in the late 1980s and reduction of Corbicula fluminea was shown by changes in clam density (a, annual means), with biomass linked to salinity (b). A decrease in chl-a concentration was also observed by changes in annual (c) and seasonal trends (f) based on WRTDS results. Reductions in chl-a concentration were coincident with an increase in  $SiO_2$  and DIN concentrations (d, e), with the greatest increases in August (g, h). A significant (p < 0.001) relationship between clam biomass and chl-a concentration is shown in subfigure (i). Flow relationships with chl-a concentration shown by WRTDS have also changed over time (j, observations from June).

Table 1: Summaries of flow-normalized trends in nitrite/nitrate and ammonium (mg L<sup>-1</sup>) concentrations before and after WWTP upgrades upstream of station P8

Period	$\mathrm{NO_2^-/NO_3^{2-}}$		$\mathbf{NH}_4^+$	
	Median	% change	Median	% change
Annual				
1976-2006	1.3	2**	0.2	2.8**
2007-2013	1.4	-1.9**	0.1	-16.6**
Seasonal, pre				
Spring	1.2	1.6**	0.2	<i>1.4</i> **
$\operatorname{Summer}$	1	2.4**	0.1	$3.3^{**}$
Fall	1.3	2.2**	0.2	<i>4.9</i> **
Winter	1.5	<i>2.1</i> **	0.7	4.8**
Seasonal, post				
$\operatorname{Spring}$	1.3	-1.6**	0.1	-16.2**
Summer	0.9	-4.3**	0.1	-15.7**
Fall	1.5	-1.7**	0.1	-19.3**
Winter	2.2	-0.8**	0.2	-26.7**

Upgrades were completed in 2006 at the City of Stockton WWTP (San Joaquin County, Figure S3). Summaries are medians and percent change per year in parentheses (increasing in bold-italic). Changes and significance estimates are based on seasonal Kendall tests of flow-normalized results within each time period. Increasing values are in bold-italics. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF. \*p < 0.005; \*\*p < 0.005