Four decades of water quality change in the upper San Francisco Estuary[†]

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1 Abstract

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Recent methods for trend analysis have been developed that leverage the descriptive potential of multi-decadal monitoring data. We apply an estuarine adaptation of the Weighted Regressions on Time, Discharge, and Season (WRTDS) model to describe water quality trends over four decades in the Delta region of the San Francisco Estuary (SFE). Results from multiple stations in the Delta provided novel descriptions of historical trends and relationships between key species of dissolved inorganic nitrogen (ammonium, nitrate/nitrite, total). Trend analysis with WRTDS flow-normalized data demonstrated the potential to misinterpret changes using observed data that include flow effects, such that several trends with flow-normalized data had changes in magnitude and even reversal of trends relative to the observed. We further demonstrate use of WRTDS to provide insight into mechanisms of change with two case studies that 1) evaluate downstream changes in nitrogen following upgrades at a wastewater

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treatment plant, and 2) effects of biological invasion on chlorophyll dynamics in Suisun

Bay. Overall, this analysis provides an ecological and management-based understand
ing of historical trends in the Delta as a means to interpret potential impacts of recent

changes and expected trends.

18 1 Introduction

Trend analysis is a broad discipline that has been applied to time series for the interpretation 19 of environmentally-relevant changes. Direct evaluation of an observed time series is often insufficient given that a long-term change can be masked by variation at shorter time scales 21 or the observed variation represents the combined effects of many variables. 1,2 Climate, local, regional, and historical effects may act individually or together to impose a change on time 23 series, such that methods that account for variation at different scales have been used for trend analysis.³⁻⁶ As a practical approach for water quality evaluation, trend analysis of 25 eutrophication endpoints often focuses on tracking the change in concentrations or loads of nutrients over many years. Indicators of eutrophication can vary naturally with changing flow conditions and may also reflect long-term effects of management or policy changes. For example, chlorophyll a (chl-a) concentration as a measure of phytoplankton response to nutrient inputs can follow seasonal patterns with cyclical variation in temperature and 30 light changes throughout each year, whereas annual trends can follow long-term variation 31 in nutrient inputs to the system.^{7,8} Similarly, nutrient trends that vary with hydrologic 32 loading also vary as a function of utilization rates by primary producers or decomposition 33 processes. 9-11 Time series analysis of water quality indicators must simultaneously consider 34 effects of processes at multiple scales and interactions between variables of interest to develop 35 a more comprehensive description of system change. 36 Appropriate methods for the analysis of change depend largely on the question of inter-37 est and on characteristics of the environmental dataset. Trend analyses for aquatic systems

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have traditionally focused on comparisons between discrete periods of time to estimate a

direction and magnitude of a trend using non-parametric tests. 12,13 Development of these conventional approaches addressed limitations in historical monitoring datasets related to infrequent sampling and relatively few years of continuous data. Increased availability of multi-decadal datasets, particularly for high profile environments, has accelerated develop-43 ment of trend analysis methods that leverage the descriptive potential of long-term time series from continuous monitoring programs.^{6,14} These methods are often data-driven where the 45 parameterization of a simple functional model can change smoothly over time given that relationships between water quality variables and potential drivers are dynamic. The Weighted Regressions on Time, Discharge, and Season (WRTDS) approach was developed under this context and has been used to characterize decadal trends in running-water systems. 15-19 This method has the potential to provide a spatially and temporally robust description of trends 50 by fitting a dynamic model with parameters that change relative to the domain of interest. 51 More recently, the WRTDS method was adapted for trend analysis in tidal waters, with a focus on chl-a trends in Tampa Bay²⁰ and the Patuxent River Estuary,²¹ and tidally-influenced time series of dissolved oxygen from continuous sonde measurements.²² These studies have demonstrated the potential of WRTDS for trend analysis in tidal waters and further application to alternative datasets could provide additional insight into eutrophication dynamics in aquatic systems.

most prominent and culturally significant estuaries in the western hemisphere. ²³ Background nutrient concentrations in the Bay often exceed those associated with excessive primary production, although eutrophication events have historically been infrequent. Recent changes in response to additional stressors (e.g., variation in freshwater inputs/withdrawals, invasive species, climate change) suggests that Bay condition has not followed past trajectories and more subtle spatial and temporal variation could provide clues that describe underlying properties of this system. ²⁴ The unique ecological and social context of the Bay provides a

The San Francisco Estuary (SFE) on the Pacific Coast of the United States is one of the

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valuable opportunity to gain insight into ecosystem properties of estuaries that define water

quality dynamics at different scales. The Delta region of SFE in particular is a mosaic of inflows that receives and processes inputs from the larger watershed to the lower Bay. ^{25–27} A comprehensive monitoring dataset has been collected at several fixed locations in the Delta for the last four decades. ²⁸ Morever, nutrient dynamics in the Delta are inherently linked to flow variation from inputs, withdrawal, impoundments, and downstream transport, ²⁹ suggesting an approach that explicitly considers flow effects is critical for trend analysis. To date, the Delta monitoring dataset is an under-utitilized data source and a comprehensive analysis with WRTDS could facilitate an understanding of historical and recent changes in SFE water quality.

The goal of this study was to provide a comprehensive description of nutrient trends in 76 the Delta to inform understanding of eutrophication dynamics and potential causes of water 77 quality change in the larger Bay. We applied the newly-adapted method of weighted regres-78 sion for tidal waters to describe nitrogen trends in different spatial and temporal contexts. The specific objectives were to 1) quantify and interpret trends over four decades at ten stations in the Delta, including annual, seasonal, and spatial changes in nitrogen analytes 81 and response to flow variation, and 2) provide detailed descriptions of two case studies in the context of conceptual relationships modelled with WRTDS. The second objective evaluated two specific water quality stations in the Delta to demonstrate complexities with nutrient response to flow, effects of nutrient-related source controls on ambient conditions, and effects of biological invasion by benthic filter feeders on primary production. Although quantitative descriptions of change can be ends in themselves, the results provide a means to more detailed understanding of ecosystem properties. Products derived from WRTDS can be used to inform additional analyses, such as water quality response after removing annual, seasonal, or flow effects.

91 2 Materials and Methods

92 2.1 Study system

The SFE drains a 200 thousand km² watershed and is the largest bay on the Pacific coast of 93 North America. The watershed provides drinking water to over 25 million people, including irrigation for 18 thousand km² of agricultural land in the Central Valley. Water enters 95 the Bay through the Sacramento and San Joaquin rivers that have a combined inflow of approximately 28 km³ per year, with the Sacramento accounting for 84% of inflow to the Delta. The SFE system is divided into several sub-bays, including Suisun Bay immediately downstream of the Delta, San Pablo Bay to the north, South Bay, and the Central Bay that drains to the Pacific Ocean through the Golden Gate. Water dynamics in SFE are 100 governed by inflows from the watershed, tidal exchange with the Pacific Ocean, and water 101 withdrawals for municipal and agricultural use.²⁵ Seasonally, inflows into SFE peak in the 102 spring and early summer from snowmelt in the upper watershed, whereas consumption, 103 withdrawals, and export have steadily increased from 1960 to present but vary considerably 104 depending on inter-annual climate effects.²⁴ The system is mixed mesotidal and significant 105 exchange with the ocean occurs daily, although the extent of landward saltwater intrusion 106 varies with inflow and annual water use patterns. Notable drought periods have occurred 107 from 1976-1977, 1987-1992, and recently from 2013-2015. 23 Oceanic upwelling and climatic 108 variation are also significant external factors that have influenced water quality dynamics in 109 the Bay. 30 110

Nutrient loading in SFE is comparable to other large estuaries that exhibit symptomatic effects of cultural eutrophication (e.g., Chesapeake Bay). 31 Orthophosphate (PO $_4^{3-}$) and dissolved inorganic nitrogen (DIN) enter the Bay primarily through riverine sources in the north and municipal wastewater treatment plant (WWTP) inputs in the densely-populated area immediately surrounding SFE. Annual nutrient export from the Delta region has been estimated as approximately 30 thousand kg d⁻¹ of total nitrogen (varying with flow²⁹), with

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90% of ammonium (NH₄⁺) originating solely from the Sacramento Regional WWTP. ²⁷ Although nitrogen and phosphorus inputs are considerable, primary production is relatively low 118 and not nutrient-limited. 26,32 The resistance of SFE to the negative effects of eutrophication 119 has historically been attributed to the unique physical and biological characteristics of the 120 Bay, including strong tidal mixing that limits stratification^{7,33} and limits on phytoplankton 121 growth from high turbidity and filter-feeding by bivalve mollusks. 33,34 However, recent water 122 quality trends have suggested that resistence of the system to nutrient inputs is decreasing 123 given documented changes in chlorophyll biomass, 30 increased occurrence of hypoxic con-124 ditions, 35 and increased abundance of phytoplankton species associated with harmful algal 125 blooms. 36,37 These recent changes have been attributed to variation in global sea surface 126 temperatures associated with climate change, 30 biological invasions, 38 and departures from 127 the historical flow record. 24,39 The role of nutrients in stimulating primary production in 128 SFE has been the focus of several recent investigations. 40-42 129

The Delta region is of particular interest for understanding historical patterns and po-130 tential trajectories of water quality response to nutrient inputs into the Bay (Figure 1). The 131 Delta is a mosaic of linked channels or tracts that receive, process, and transport inflows from 132 the Sacramento and San Joaquin rivers. ^{25,27,29} Quantitative descriptions of nutrient dynamics 133 in the Delta are challenging given multiple sources and the volume of water that is exchanged through the system with natural and anthropogenic processes. A comprehensive evaluation 135 using mass-balance models to describe nutrient dynamics in the Delta demonstrated that 136 nitrogen enters the system in different forms and is processed at different rates before export 137 or removal.²⁹ For example, a majority of ammonium entering the system during the summer 138 is nitrified or assimilated, whereas a considerable percentage of total nitrogen load to the 139 Delta is lost. Although, the focus of our analysis is not to quantify sources or sinks of nitro-140 gen species, a quantitative evaluation of long-term trends will provide a more comprehensive 141 historical interpretation to hypothesize the effects of future changes in the context of known 142 dynamics. Nutrients in the Delta also vary with seasonal and annual changes in the delivery 143

of water inflows, including water exports directly from the system.^{25,27} Our analysis also explicitly accounts for the effects of flow changes on nutrient response to better understand variation both within the Delta and potential mechanisms of downstream transport.

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147 2.2 Data sources

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Multi-decadal time series of nutrients and flow records were used to develop a quantitative 148 description of nitrogen trends in the Delta. The Interagency Ecological Program (IEP) is a 149 consortium of state and federal agencies that have maintained the Environmental Monitoring 150 Program (EMP) in the Delta region since 1975. 43 The EMP collects monthly water quality 15: samples at 19 stations in the Delta, Suisun Bay, and northeastern San Pablo Bay. Water 152 samples were collected using a Van Dorn sample, a submersible pump, or a flow through system depending on site. All samples were processed with standard QA/QC at the California Department of Water Resources Bryte Laboratory in Sacramento. 43 Nutrient time series were 155 obtained from the IEP website (http://water.ca.gov/bdma/meta/Discrete/data.cfm) at 156 ten discrete sampling stations from 1976 through 2013 (Figure 1). Stations were grouped 157 by location in the study area for comparison: Delta stations C3 (Sacramento inflow), C10 158 (San Joaquin inflow), MD10, P8; middle stations D19, D26, D28; and Suisun stations D4, 159 D6, and D7. These stations were chosen based on continuity of the water quality time series 160 and geographic location for understanding trends. Time series were complete for all sta-161 tions except for an approximate ten year gap from 1996-2014 for D19. Data were minimally 162 processed with the exception of averaging replicates that occurred on the same day. The 163 three nitrogen analytes that were evaluated were ammonium, nitrite/nitrate, and DIN (as 164 the sum of the former two). Less than 3% of all observations were left-censored, although 165 variation was observed between analytes and location. The ammonium time series had the 166 most censored observations at sites C10 (25.4% of all observations), MD10 (18.1%), D28 167 (17.8%), D19 (12%), and D7 (7.9%).

Daily flow estimates for the Delta region were obtained from the Dayflow software pro-

gram that provides estimates of average Delta outflow. 44 Because of the complexity of water inflow, exports, and outflows from the Delta, the Dayflow program combines observations 171 with estimates based on mass balance to reconstruct historical and daily flow estimates. 172 The WRTDS models described below require a matched flow record with the appropriate 173 station to evaluate nutrient trends. Given the complexity of inflows and connectivity of the 174 system, only the inflow estimates from the Sacramento and San Joaquin rivers were used 175 as measures of freshwater influence at each station. Initial analyses indicated that model 176 fit was not significantly improved with flow estimates from locations closer to each station, 177 nor was model fit improved using lagged times series. As such, the Sacramento daily flow 178 time series was used to account for flow effects at C3, D19, D26, D28, and MD10, and the 179 San Joaquin time series was used for C10 and P8 based on station proximity to each inflow. 180 Salinity observations at D4, D6, and D7 in Suisun Bay were used as more appropriate mea-181 sures of freshwater variation given the stronger tidal influence at these stations. Salinity has 182 been used as a tracer of freshwater influence for the application of WRTDS models in tidal 183 waters.²⁰ 184

¹⁸⁵ 2.3 Analysis method and application

A total of thirty WRTDS models were created, one for each nitrogen analyte at each station.

The functional form of WRTDS is a simple regression 15 that models the log-transformed response variable as a function of time, flow, and season:

$$\ln(N) = \beta_0 + \beta_1 t + \beta_2 \ln(Q) + \beta_3 \sin(2\pi t) + \beta_4 \cos(2\pi t)$$
 (1)

where N is one of three nitrogen analytes, time t is a continuous variable as decimal time to capture the annual or seasonal trend, and Q is the flow variable (either flow or salinity depending on station). The seasonal trend is modelled as a sinusoidal component to capture periodicity between years. The WRTDS model is a moving window regression that fits

unique parameters at each observation point in the time series. A unique set of weights is used for each regression to control the importance of observations used to fit the model 194 relative to the observation at the center of the window. The weights are based on a scaled 195 Euclidean distance to estimate the differences of all points from the center in relation to 196 annual time, season, and flow. The complete model for the time series contains a parameter 197 set for every time step that considers the unique context of the data. As such, predictions 198 from WRTDS are more precise than those from more conventional models that fit a single 199 parameter set to the entire time series.^{20,45} The WRTDS model applied to the Delta time 200 series was based on a tidal adaptation of the original method.²⁰ The WRTDS models were 201 fit to describe the conditional mean response using a weighted Tobit model for left-censored 202 data. 46 Previous adaptations of WRTDS to tidal waters have used quantile regression to 203 describe trends in the conditional quantiles, such as changes in the frequency of occurrence 204 of extreme events. The application to the Delta data focused only on the conditional mean 205 models to establish a baseline response which has not been previously quantified. All analyses 206 used the WRTDStidal package written by the authors for the R statistical programming 207 language. 47,48 208

A hallmark of the WRTDS approach is the description of flow-normalized trends that 209 are independent of variation from freshwater inflows. Although variation in nutrients can be 210 caused by the combined effects of several variables acting at different temporal and spatial 211 scales, flow-normalization provides a basis for further exploration by removing a critical 212 confounding variable that could affect the interpretation of trends. A flow-normalized value 213 is the average of predictions at a given observation using all flow values that are expected 214 to occur for the relevant month across years in the record. Flow-normalized trends for each 215 analyte at each station were used to describe long-term changes in different annual and 216 seasonal periods. Specifically, flow-normalized trends in each analyte were summarized as 217 both medians and percent changes from the beginning to end of annual groupings from 1976-218 1995 and 1996-2013, and seasonal groupings of March-April-May (spring), June-July-August 219

(summer), September-October-November (fall), and December-January-February (winter) within each annual grouping. These annual and seasonal groupings were chosen for continuity with similar comparisons reported in Ref. 28 and as approximate twenty year midpoints in the time series.

Trends in each annual and seasonal grouping were based on seasonal Kendall tests of the 224 flow-normalized predictions. This test is a modification of the non-parametric Kendall test 225 that accounts for variation across seasons in the response variable. 49 Results from the test 226 can be used to evaluate the direction, magnitude, and significance of a monotonic change 227 within the period of observation. The estimated rate of change per year is also returned 228 as the Theil-Sen slope and was interpreted as the percent change per year when divided by 229 the median value of the response variable in the period of observation.²⁷ Trends in annual 230 groupings were based on all monthly observations within relevant years, whereas seasonal 231 groupings were based only on the relevant months across years. Seasonal Kendall tests were 232 also used to describe trends in the observed data. These trends were compared with those 233 based on the flow-normalized trends to evaluate the improved ability of WRTDS to describe 234 trends that are independent of flow. Functions in the EnvStats package in R were used for 235 the seasonal Kendall tests. 50 236

237 3 Results and Discussion

$_{238}$ 3.1 Observed Data

The observed time series for the ten Delta stations had substantial variation in scale among
the nitrogen analytes and differences in apparent seasonal trends (Figure S1). In general,
long-term (inter-annual) trends were not easily observed from the raw data. DIN for most
stations was dominated by nitrite/nitrate, whereas ammonium was a smaller percentage of
the total. However, C3 had a majority of DIN composed of ammonium and other stations
(e.g., P8, D26) had higher concentrations of ammonium during winter months when phyto-

plankton assimilation is lower.²⁹ By location, observed concentrations of DIN for the entire time series were higher on average for the upper Delta stations (C3, C10, MD10, P8; max-246 imum likelihood estimation of mean \pm standard error: 1.04 \pm 0.03 mg L⁻¹) and similar for 247 the middle (D19, D26, D28, 0.43 ± 0.01) and Suisun Bay stations (D4, D6, D7, 0.44 ± 0.01). 248 Average concentrations were highest at P8 $(1.63\pm0.05 \text{ mg L}^{-1})$ and lowest at C3 (0.4 ± 0.01) 249 for DIN, highest at P8 (0.28 ± 0.02) and lowest at D28 (0.05 ± 0.003) for ammonium, and 250 highest at C10 (1.4±0.04) and lowest at C3 (0.15±0.004) for nitrite/nitrate. Mean observed 251 concentrations were also higher later in the time series for all analytes. For example, av-252 erage DIN across all stations was $0.61\pm0.01~{\rm mg~L^{-1}for~1976\text{-}1995}$, compared to 0.7 ± 0.01 253 for 1996-2013. Seasonal changes across all years showed that nitrogen concentrations were 254 generally lower in the summer and higher in the winter, although observed patterns were 255 inconsistent between sites. For example, site MD10 had distinct seasonal spikes for elevated 256 DIN in the winter, whereas other stations had less prominent variation between years (D6, 257 D7, Figure S1). 258

259 3.2 Trends

Application of seasonal Kendall tests to evaluate trends in observed data provided explicit in-260 formation on the direction, magnitude, and statistical significance of changes between years. 261 Trends estimated from the observed data for 1976-1995 and 1996-2013 varied considerably 262 between sites and analytes (Figure 2). Significant trends were observed from 1976-1995 for 263 eight of ten sites for DIN (seven increasing, one decreasing), eight sites for ammonium (six 264 increasing, two decreasing), and six sites for nitrite/nitrate (five increasing, one decreasing). 265 More sites had decreasing trends for the observed data from 1996-2013. Eight sites had 266 significant trends for DIN (four increasing, four decreasing), seven sites for ammonium (five 267 increasing, two decreasing), and eight sites for nitrite/nitrate (four increasing, four decreas-268 ing). Trends by location (upper Delta, middle, and Suisun stations) were not apparent, suggesting individual sites had trends that differed independent of relative location. For 270

example, P8 had a relatively large decrease in ammonium (-8.3% change per year) for the second annual period compared to all other sites. Trends by season were similar such that increases were generally observed in all seasons from 1976-1995 (Figure S2) and decreases were observed for 1996-2013 (Figure S3). Trends for the seasonal comparisons were noisier and significant changes were less common compared to the annual comparisons.

Relationships between flow and observed water quality are complex and can change signif-276 icantly through space and time. 15,19 These principles have been demonstrated for monitoring 277 data in the Delta region, ^{27–29} suggesting that trend analyses using the observed time series 278 are confounded by flow effects. As a proof of concept, Figure 3 demonstrates use of WRTDS 279 to isolate a flow-normalized time series from the observed DIN data at C10. Raw data are 280 presented in Figure 3a and the annual results by water year (October through September) 281 from WRTDS are shown in Figure 3b. In addition to removing the seasonal component, 282 Figure 3b shows the flow-normalized component (solid line) independent of the model pre-283 dictions. The difference between predicted and flow-normalized results is shown in Figure 3c, 284 such that years with predictions greater or less than the flow-normalized values correspond 285 with long-term trends in flow shown in Figure 3d. For example, 1984 is a period of high 286 flow and a large, negative difference between prediction and flow-normalized concentration, 287 suggesting a dilution effect of increased flow on nutrients. Further, Figure 3e shows WRTDS 288 estimates of seasonal variation in the relationships of DIN with flow throughout the period 289 of record. Increases in flow (y-axis) were associated with an increase in DIN (colors) for flow 290 values within the observed range. Seasonal patterns also differed throughout the time period 291 with a wider range of DIN within a growing season in the early 2000s relative to the 1980s, 292 which is potentially linked to long-term climatic patterns.³⁰ 293

A comparison of trends with flow-normalized results from WRTDS relative to observed
data is justified because flow and nutrient concentrations were linked at many of the stations
in the study area, similar to Figure 3. These comparisons are made to identify changes in the
magnitude, significance, and direction of trends, all of which have important implications

for decision-making. For all sixty trend comparisons in Figure 2 (flow-normalized values in Table S1) regardless of site, nitrogen analyte, and time period, thirteen comparisons had trends that were insignificant with the observed data but significant with flow-normalized 300 results, whereas only one trend changed to insignificant. This suggests that time series that 301 include flow effects have sufficient noise to obscure or prevent identification of an actual 302 trend of a water quality parameter. Further, changes in the magnitude of the estimated 303 percent change per year were also apparent for the flow-normalized trends, such that fourteen 304 comparisons showed an increase in magnitude (more negative or more positive) and twenty 305 five had a decrease (less positive or less negative) compared to observed trends. Eleven 306 comparisons showed a trend reversal from positive to negative estimated change and ten 307 sites went from no change to negative estimated trends for the flow-normalized results. 308 Differences by season in the observed relative to flow-normalized trends from WRTDS were 309 also apparent (Figures S2 and S3 and Tables S2 and S3). The most notable changes were 310 an overall decrease in the estimated trend for most sites in the summer and fall seasons for 311 1996-2013, including an increase in the number of statistically significant trends. 312

Differences in apparent trends underscore the importance of considering flow effects in 313 the interpretation of environmental changes, particularly if trend evaluation is used to assess the effects of nutrients on ecosystem health or the effectiveness of past nutrient management actions. Our results demonstrated the potential to misinterpret trends if flow effects are not 316 considered, where the misinterpretation could vary from a simple change in the magnitude 317 and significance of a trends, to more problematic changes where the flow-normalized trend 318 could demonstrate a complete reversal relative to the observed. A more comprehensive 319 evaluation of flow in the Delta demonstrated that flow contributions of different end members 320 vary considerably over time at each station.²⁹ For example, flow at MD10 represents a 321 changing percentage by season of inputs from the Sacramento, San Joaquin, Cosumnes, 322 Mokelumne rivers, and agricultural returns. For simplicity, water quality observations in 323 our analyses were matched with large-scale drivers of flow into the Delta where most sites 324

were matched to Sacramentao or San Joaquin daily flow estimates. Given that substantial differences with flow-normalized results were apparent from relatively coarse estimates of flow contributions, more precise differences could be obtained by considering the influence of multiple flow components at each location. Output from the Dayflow software program provides a complete mass balance of flow in the Delta that could be used to develop a more comprehensive description of flow-normalized trends that considers changing contributions over time.

332 3.3 Selected examples

Two stations were chosen to demonstrate use of WRTDS to develop a more comprehensive description of decadal trends in the Delta. The selected case studies focused on 1) effects of wastewater treatment upgrades upstream of P8, and 2) effects of biological invasion on nutrient dynamics in Suisun Bay using observations from D7. Each case study is built around hypotheses that results from WRTDS models were expected to support, both as a general description and for additional testing with alternative methods.

339 3.3.1 Effects of wastewater treatment

Significant efforts have been made in recent years to reduce nitrogen loading from regional 340 WWTPs given the disproportionate contribution of nutrients relative to other sources (e.g., 341 watershed agricultural load, sediment flux, etc.)^{29,51} Several WWTPs in the Delta have 342 recently been or are planned to be upgraded to include tertiary filtration and nitrification 343 to convert biologically available ammonium to nitrate. The City of Stockton WWTP was upgraded in 2006 and is immediately upstream of station P8 (Figure 1), 28 which provides 345 a valuable opportunity to assess how nutrient or nutrient-related source controls and water 346 management actions have changed ambient concentrations downstream. A modal response of nutrient concentrations at P8 centered around 2006 is expected as a result of upstream WWTP upgrades, and water quality should exhibit 1) a shift in nutrient contributions from the WWTP before/after upgrade, and 2) a flow-normalized annual trend at P8 to show a change concurrent with WWTP upgrades.

Effluent concentrations measured from 2003 to 2009 from the Stockton WWTP showed a 352 gradual reduction in ammonium concentration relative to the total (Figure S4). Ammonium 353 and nitrate concentrations were generally balanced prior to 2006, whereas nitrate was a ma-354 jority of total nitrogen after the upgrade with much smaller percentages from ammonium and 355 nitrite. As expected, flow-normalized nitrogen trends at P8 shifted in response to upstream 356 WWTP upgrades (Figure 4a), with ammonium showing an increase form 1976 followed by 357 a large reduction in the 2000s. Interestingly, nitrite/nitrate concentrations also showed a 358 similar but less dramatic decrease despite an increase in the WWTP effluent concentrations 359 following the upgrade. Percent changes from seasonal Kendall tests on flow-normalized re-360 sults showed that both nitrogen species increased prior to WWTP upgrades (2% per year 361 for nitrite/nitrate, 2.8% for ammonium), followed by decreases after upgrades (-1.9% for 362 nitrite/nitrate, -16.6% for ammonium, Table 1). Seasonally, increases prior to upgrades 363 were highest in the summer for nitrite/nitrate (2.4%) and in the fall for ammonium (4.9%). 364 Similarly, seasonal reductions post-upgrade were largest in the summer for nitrite/nitrate 365 (-4.3%) and largest for ammonium in the winter (-26.7%).

Relationships of nitrogen with flow described by WRTDS showed an inverse flow and con-367 centration dynamic with flushing or dilution at higher flow (Figure 4b). Seasonal variation 368 was more apparent for ammonium, although both typically had the highest concentrations 369 at low flow in the winter (January). Additionally, strength of the flow/nutrient relationship 370 changed between years. Nitrite/nitrate typically had the strongest relationship with flow 371 later in the time series (i.e., larger negative slope), whereas ammonium had the strongest 372 relationship with flow around 2000 in January. Using WRTDS, an empirical link is cre-373 ated between upstream changes and observed effects downstream that is characterized by 374 differences in analytes between years and season. A general conclusion is that ammonium 375 reductions were concurrent with WWTP upgrades, but the reduction was most apparent at 376

low-flow in January. These dynamics are difficult to characterize from the observed time series, and further, results from WRTDS can be used to develop additional hypotheses of factors that influence nutrient concentrations at P8. For example, estimated ammonium concentrations in July were low for all flow levels which suggests either nitrogen inputs were 380 low in the summer or nitrogen was available and uptake by primary consumers was high. 381 Seasonal patterns in the relationship between flow and nitrite/nitrate were not as dramatic 382 as compared to ammonium, and in particular, low-flow events in July were generally as-383 sociated with higher concentrations. This could suggest that ammonium concentrations at 384 P8 are driving phytoplankton production at low flow during warmer months, and not ni-385 trite/nitrate given the higher estimated concentrations in July at low flow. As such, these 386 simple observations from WRTDS provide quantitative support of cause and effect mecha-387 nisms of nutrient impacts on potentially adverse environmental conditions as they relate to 388 nutrient-related source controls upstream. 389

3.3.2 Effects of biological invasions

Invasion of the upper SFE by the Asian clam Potamocorbula amurensis in 1986 caused severe 391 changes in phytoplankton abundance and species composition. Reduction in phytoplankton 392 biomass has altered trophic networks in the Bay and is considered a primary mechanism 393 in the decline of the protected delta smelt (Hypomesus transpacificus) and other important 394 fisheries. 52,53 Changes in the physical environment have also occurred with the most notable 395 invasion effect being increased water clarity following a reduction of phytoplankton by biofil-396 tration. 53 The clams are halophilic such that drought years are generally correlated with 397 an increase in biomass and further upstream invasion of the species. 24,54 We hypothesized 398 that WRTDS models applied to water quality observations in the upper estuary would show 390 1) a decline in annual, flow-normalized chlorophyll concentrations over time coincident with 400 an increase in abundance of invaders, and 2) variation in the chlorophyll/clam relationship 401 through indirect or direct controls of flow. The application of WRTDS to water quality 402

observations at station D7 in Suisun Bay and comparison with clam abundance and biomass data (see Ref 34) provides an approach to assess the competing effects of climate variability, hydrology, and ecology on ambient conditions.

Results from WRTDS demonstrated complex relationships between clam abundance and 406 chlorophyll concentrations, which were further affected by flow changes over time (Figure 5). 407 Invasion in the 1980s showed a clear displacement of the native Corbicula fluminea with 408 establishment of P. amurensis (Figure 5a), where biomass of the latter was negatively as-409 sociated with flow from the Sacramento river (Figure 5b). The increase in clam abundance 410 was associated with a notable decrease in annually-averaged chl-a from WRTDS results 411 (Figure 5c). A seasonal shift in the flow-normalized results was also observed such that 412 chl-a concentrations were generally highest in July prior to invasion, whereas a spring maxi-413 mum in April was more common in recent years (Figure 5d). The relationship of chl-a with 414 clam biomass was significant (Figure 5e) with lower chl-a associated with higher biomass. 415 The chl-a/flow relationship changed over time such that increasing flow (decreasing salinity) 416 showed a slight increase in chl-a followed by a decrease early in the time series (Figure 5f), 417 whereas overall chl-a was lower but a positive association with flow (negative with salinity) 418 was observed later in the time series.

A general conclusion is that clam grazing reduced chl-a concentration throughout the 420 period of record, whereas the effect of flow as a top-down or bottom-up control on both was more dynamic. The relationship between flow and chl-a earlier in the time period suggested 422 a dilution effect at high flow and peak chl-a at moderate flows. In the absence of benthic 423 grazing prior to invasion, this dynamic suggests that chl-a production may be limited at 424 low flow as less nutrients are exported from the Delta, stimulated as flow increases, and 425 reduced at high flow as either nutrients or phytoplankton biomass are exported to the larger 426 bay. Following clam invasion later in the time series, chl-a concentrations were reduced by 427 grazing but showed a positive and monotonic relationship with increasing flow. The increase 428 in clam abundance was concurrent with decline in chl-a concentration, although variation in 429

abundance between years was also observed (5a). For example, clam abundance was reduced during high flow years in the late 1990s, 2006, and 2011 (Figure S1). In the same years, 431 WRTDS predictions for chl-a were higher than the flow-normalized component (Figure 5c), 432 which further suggests a link between increased flow and phytoplankton production. As 433 such, chl-a production in early years is directly related to flow, whereas the relationship 434 with flow in later years is indirect as increased flow reduces clam abundance and releases 435 phytoplankton from benthic grazing pressure. These relationships have been suggested by 436 others. 27,54,55 although the precise mechanism demonstrated by WRTDS provides a quanti-437 tative description of factors that drive water quality in the Delta. 438

As demonstrated by both case studies and the overall trends across all stations, water 430 quality dynamics in the Delta are complex and driven by multiple factors that change through 440 space and time. At a minimum, WRTDS provides a description of change by focusing on 441 high-level forcing factors that explicitly account for annual, seasonal, and flow effects on trend 442 interpretations. We have demonstrated the potential for imprecise or inaccurate conclusions of trend tests that focus solely on observed data and emphasize that flow-normalized trends 444 have more power to quantify change. Combined with additional data, WRTDS results can 445 support hypotheses that lead to a more comprehensive understanding of ecosystem dynamics. Still, additional sources of variability must be considered as explicit factors that influence observed trends and exploration of alternative time series analysis methods to address a wider range of questions should be the focus of further analyses. Additional factors to consider 449 include the effects of large-scale climatic patterns, more detailed hydrologic descriptions, and 450 additional ecological components that affect trophic interactions. Statistical interpretations 451 of multiple factors can provide a basis for quantitative links between nutrient loads and 452 adverse effects on ecosystem conditions, including the identification of thresholds for the 453 protection and restoration of water quality.

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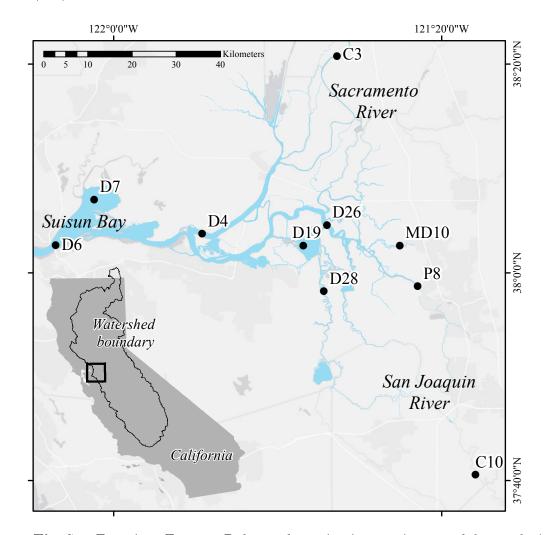


Figure 1: The San Francisco Estuary Delta and monitoring stations used for analysis. The Delta drains the combined watersheds of the Sacramento and San Joaquin rivers (bottom left). All data were obtained from the Interagency Ecological Program website (http://water.ca.gov/bdma/meta/Discrete/data.cfm). 43

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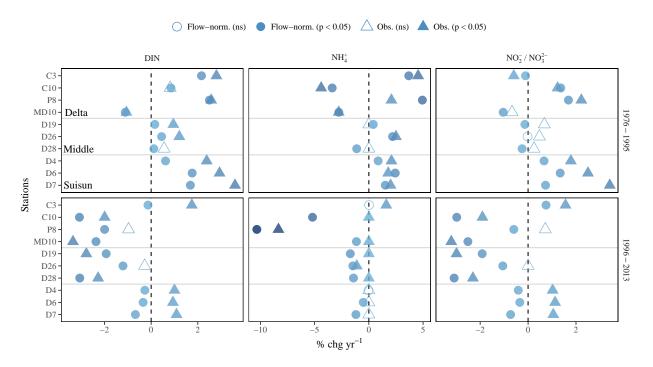


Figure 2: Results from seasonal Kendall tests on observed data (triangles) and flow-normalized predictions (circles) from WRTDS for nitrogen analytes. Results are shown as the percent change per year as the estimated Theil-Sen slope divided by the median for a given aggregation period (significance evaluated at $\alpha = 0.05$, based on τ). Trends are shown separately for different annual groupings. See Figures S2 and S3 for seasonal groupings.

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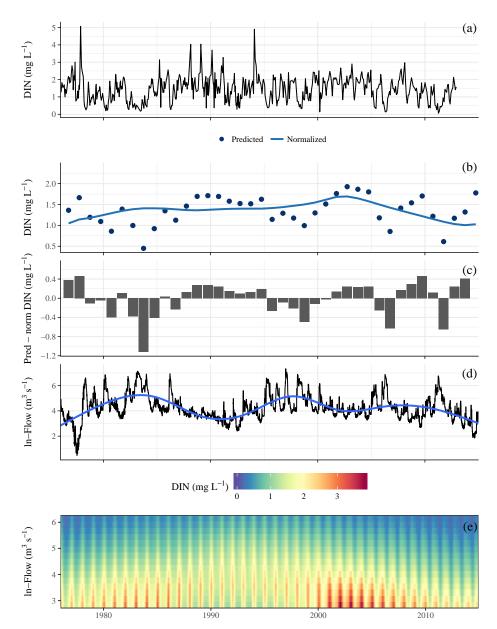


Figure 3: Time series of DIN and flow at station C10. Subfigure (a) shows the observed DIN time series and subfigure (b) shows the annual (water year starting in October) predictions from WRTDS for the conditional mean response. The points in subfigure (b) are predictions of observed DIN and the lines are flow-normalized predictions. Subfigure (c) shows the difference between the model predictions and flow-normalized predictions. Subfigure (d) shows the flow time series of the San Joaquin River with a locally-estimated (loess) smooth to emphasize the long-term trend. Subfigure (e) shows the modelled relationships between DIN, flow (5th and 95th percentiles), and time.

{fig:dinc10

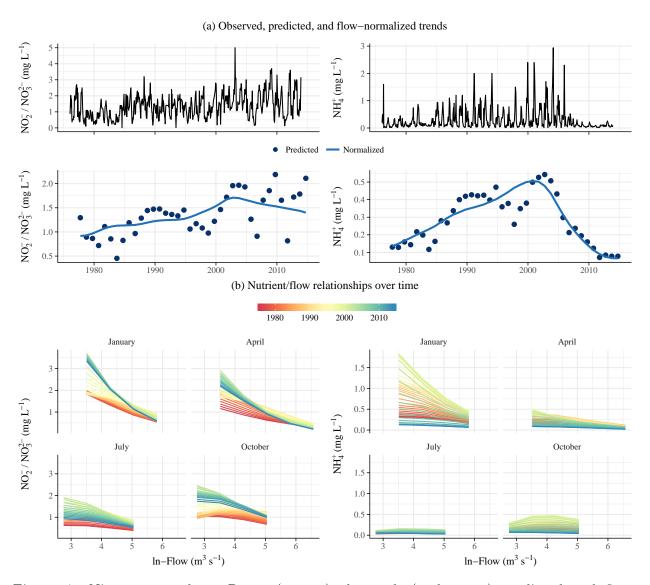


Figure 4: Nitrogen trends at P8 as (a, top) observed, (a, bottom) predicted and flow-normalized estimates from WRTDS, and (b) relationships with flow over time from WRTDS. Nitrite/nitrate trends are on the left and ammonium trends are on the right. Wastewater treatment plant upgrades at the City of Stockton (San Joaquin County) were completed in 2006 (Figure S4).

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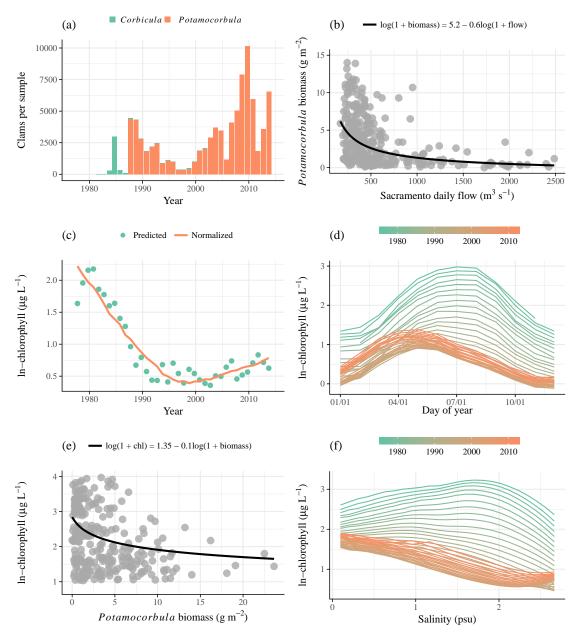


Figure 5: Trends in clam abundance and chl-a concentration from 1976 to 2013 at station D7 in Suisun Bay. Invasion by $Potamocorbula\ amurensis$ clams in the late 1980s and displacement of $Corbicula\ fluminea$ was shown by changes in clam density (a, annual means), with biomass linked to salinity (b). A decrease in chl-a concentration was also observed by changes in annual (c) and seasonal trends(d) based on WRTDS results. A significant (p < 0.001) relationship between clam biomass and chl-a concentration is shown in subfigure (e). Flow relationships with chl-a concentration shown by WRTDS have also changed over time (f, observations from June).

{fig:clmchl

Table 1: Summaries of flow-normalized trends in nitrite/nitrate and ammonium (mg L⁻¹) concentrations before and after WWTP upgrades upstream of station P8. Upgrades were completed in 2006 at the City of Stockton WWTP (San Joaquin County, Figure S4). Summaries are medians and percent change per year in parentheses (increasing in bold-italic). Changes and significance estimates are based on seasonal Kendall tests of flow-normalized results within each time period. Increasing values are in bold-italics. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF.

{tab:p8chg}

Period	$\mathrm{NO_2^-/NO_3^{2-}}$		\mathbf{NH}_{4}^{+}	
	Median	% change	Median	% change
Annual				
1976-2006	1.3	2 **	0.2	2.8**
2007-2013	1.4	-1.9**	0.1	-16.6**
Seasonal, pre				
Spring	1.2	<i>1.6</i> **	0.2	<i>1.4</i> **
Summer	1	2.4 **	0.1	3.3^{**}
Fall	1.3	2.2^{**}	0.2	<i>4.9</i> **
Winter	1.5	2.1**	0.7	4.8**
Seasonal, post				
Spring	1.3	-1.6**	0.1	-16.2**
Summer	0.9	-4.3**	0.1	-15.7**
Fall	1.5	-1.7**	0.1	-19.3**
Winter	2.2	-0.8**	0.2	-26.7**

p < 0.05; p < 0.005

Supporting Information Available

The following files are available free of charge.

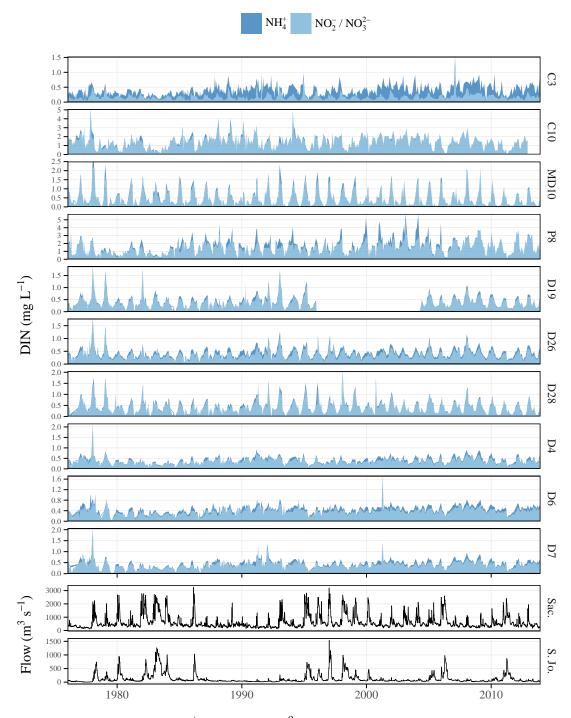


Figure S1: Observed DIN ($\mathrm{NH_4^+} + \mathrm{NO_2^-/NO_3^{2-}}$) from ten stations in the upper SFE Delta and flow from the Sacramento and San Joaquin rivers. Data were collected monthly and evaluated with WRTDS models using daily flow estimates from 1976 to 2013. Note different y-axis scales. See Figure 1 for station locations.

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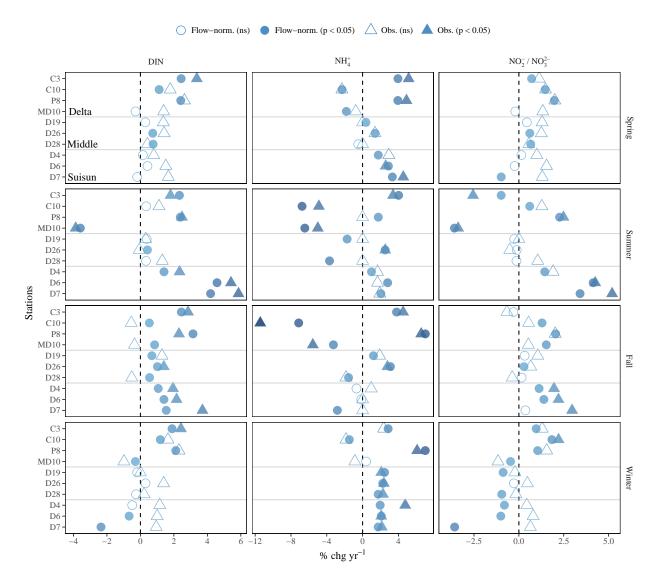


Figure S2: Results from seasonal Kendall tests on observed data (triangles) and flow-normalized predictions (circles) from WRTDS for nitrogen analytes. Results are shown as the percent change per year as the estimated Theil-Sen slope divided by the median for a given aggregation period (significance evaluated at $\alpha=0.05$, based on τ). Trends are shown separately for different seasonal groupings from 1976-1995. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF. See Figure 2 for annual comparisons.

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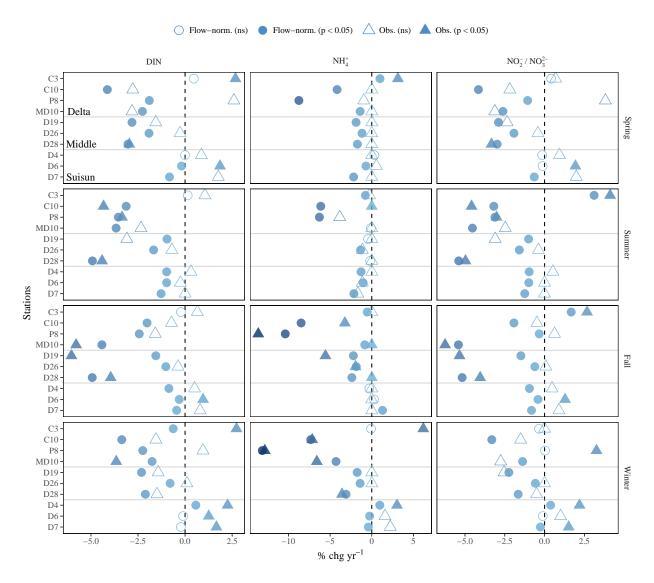


Figure S3: Results from seasonal Kendall tests on observed data (triangles) and flow-normalized predictions (circles) from WRTDS for nitrogen analytes. Results are shown as the percent change per year as the estimated Theil-Sen slope divided by the median for a given aggregation period (significance evaluated at $\alpha=0.05$, based on τ). Trends are shown separately for different seasonal groupings from 1996-2013. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF. See Figure 2 for annual comparisons.

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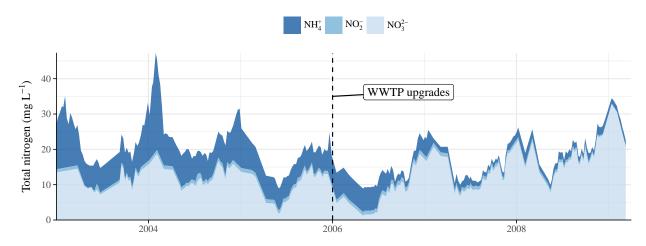


Figure S4: Nitrogen concentration measurements (mg $\rm L^{-1}$) from the City of Stockton Wastewater Treatment Plant, San Joaquin County. Wastewater discharge requirements were implemented in 2006 for nitrification/denitrification and tertiary filtration to convert ammonium to nitrate.

{fig:stock}

Table S1: Summaries of flow-normalized trends in nitrogen analytes for all stations and annual aggregations. Summaries are medians (mg L^{-1}) and percent change per year in parentheses (increasing in bold-italic). Changes and significance estimates are based on seasonal Kendall tests of flow-normalized results within each time period.

{tab:trndsa

Analyte/Station	Annual		
,	1976-1995	1996-2013	
DIN			
C10	1.3 (0.8)**	1.4 (-3.1)**	
C3	0.3 (2.2)**	0.5 (-0.1)**	
D19	0.4 (0.2)**	0.4 (-1.9)**	
D26	0.4 (0.4)**	0.5 (-1.2)**	
D28	0.4 (0.1)**	0.4 (-3.1)**	
D4	0.3 (0.6)**	0.4 (-0.3)**	
D6	0.4 (1.8)**	0.5 (-0.3)**	
D7	0.4 (1.7)**	0.5 (-0.7)**	
MD10	0.4 (-1.1)**	0.3 (-2.4)**	
P8	1.3 (2.5)**	1.7 (-2)**	
$\overline{\mathrm{NH_4^+}}$			
C10	0.1 (-3.4)**	0 (-5.2)**	
C3	0.2 (3.7)**	0.3 (0)	
D19	0 (0.4)**	0 (-1.7)**	
D26	0.1 (2.2)**	0.1 (-1.5)**	
D28	0 (-1.1)**	0 (-1.4)**	
D4	0 (0.9)**	$0.1 \; (0)$	
D6	0.1 (2.4)**	0.1 (-0.5)**	
D7	$0.1 \; (1.5)^{**}$	0.1 (-1.2)**	
MD10	0.1 (-2.8)**	0 (-1.1)**	
P8	0.2 (4.9)**	0.1 (-10.3)**	
$\overline{\mathrm{NO_2^-/NO_3^{2-}}}$			
C10	1.2 (1.4)**	1.4 (-3)**	
C3	0.1 (-0.1)**	0.2 (0.7)**	
D19	0.4 (-0.1)**	0.4 (-1.9)**	
D26	$0.3 \ (0)$	0.4 (-1.1)**	
D28	0.4 (-0.2)**	0.4 (-3.1)**	
D4	0.3 (0.7)**	0.3 (-0.4)**	
D6	0.3 (1.3)**	0.4 (-0.3)**	
D7	0.4 (0.7)**	0.4 (-0.7)**	
MD10	0.4 (-1)**	0.3 (-2.5)**	
P8	1.2 (1.7)**	1.5 (-0.6)**	

p < 0.05; *p < 0.005

Table S2: Summaries of flow-normalized trends in nitrogen analytes for all stations and seasonal aggregations from 1976-1995. Summaries are medians (mg L^{-1}) and percent change per year in parentheses (increasing in bold-italic). Changes and significance estimates are based on seasonal Kendall tests of flow-normalized results within each time period. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF.

{tab:trndsh

Analyte/Station	Seasonal, 1976-1995			
	Spring	Summer	Fall	Winter
DIN				
C10	1.2 (1.1)**	1.2 (0.3)	1.3 (0.5)**	1.7 (1.2)**
C3	0.3 (2.4)**	0.3 (2.3)**	0.4 (2.4)**	$0.4 \ (\textbf{1.9})^{**}$
D19	$0.5 \; (0.3)$	0.2 (0.4)	0.3 (0.7)**	0.7 (-0.2)
D26	0.4 (0.7)**	0.3 (0.4)*	0.4 (1)**	0.6 (0.3)
D28	$0.5 \ (\textbf{0.8})^*$	$0.2 \; (0.3)$	0.3 (0.5)*	0.8 (-0.3)
D4	$0.4 \ (\textbf{0.2})$	0.3 (1.4)**	0.3 (1.1)**	0.5 (-0.5)
D6	$0.4 \; (\textbf{0.4})$	0.3 (4.6)**	0.4 (1.4)**	0.5 (-0.7)*
D7	0.4 (-0.2)	0.3 (4.2)**	0.4 (1.5)**	0.6 (-2.4)**
MD10	$0.6 \ (-0.3)$	0.2 (-3.6)**	0.3 (0.8)**	1.3 (-0.3)*
P8	1.3 (2.4)**	0.9 (2.4)**	1.3 (3.1)**	1.9 (2.1)**
$\overline{\mathrm{NH_4^+}}$				
C10	0.1 (-2.3)**	0 (-6.8)**	0.1 (-7.1)**	0.3 (-1.5)**
C3	0.2 (3.9)**	0.2 (4)**	0.3 (3.8)**	0.2 (2.9)**
D19	0.1 (0.4)*	0 (-1.7)**	0 (1.2)**	0.1 (2.5)**
D26	0.1 (1.4)**	0.1 (2.5)**	0.1 (3.1)**	0.1 (2.3)**
D28	0.1 (-0.5)	0 (-3.7)**	0 (-1.6)**	0.1 (1.7)**
D4	0.1 (1.7)**	0 (1)**	0 (-0.7)	0.1 (2)**
D6	0.1 (2.9)**	0.1 (2.8)**	0.1 (-0.1)	0.1 (2.1)**
D7	0.1 (3.3)**	0 (2)**	0.1 (-2.8)**	0.1 (1.7)**
MD10	0.1 (-1.8)**	0 (-6.5)**	0 (-3.3)**	0.2 (0.4)
P8	0.2 (3.9)**	0.1 (1.8)**	0.2 (7)**	0.6 (7)**
$\overline{\mathrm{NO_2^-/NO_3^{2-}}}$				
C10	1.1 (1.5)**	1.2 (0.6)**	1.2 (1.3)**	1.5 (1.8)**
C3	0.2 (0.7)**	0.1 (-1)**	0.1 (-0.3)	0.2 (1)**
D19	$0.4 \; (\textbf{0.4})$	0.2 (-0.3)	0.3 (0.3)	0.6 (-0.9)*
D26	$0.4 \; (\textbf{0.6})^*$	0.2 (-0.1)	0.3 (0.3)*	0.5 (-0.3)
D28	$0.5 \ (\textbf{0.7})^*$	0.2 (-0.1)	0.3 (0.2)	0.7 (-1)**
D4	0.3 (0.1)	0.3 (1.4)**	0.3 (1.1)**	0.4 (-0.8)*
D6	0.4 (-0.2)	0.3 (4.1)**	0.3 (1.4)**	0.4 (-1)**
D7	0.4 (-1)*	0.3 (3.4)**	$0.4 \; (\textbf{0.4})$	0.4 (-3.6)**
MD10	0.5 (-0.2)	0.2 (-3.6)**	0.2 (1.5)**	1.2 (-0.5)*
P8	1.2 (2)**	0.9 (2.3)**	1.1 (2)**	1.4 (1)**

p < 0.05; *p < 0.005

Table S3: Summaries of flow-normalized trends in nitrogen analytes for all stations and seasonal aggregations from 1996-2013. Summaries are medians ($\operatorname{mg} L^{-1}$) and percent change per year in parentheses (increasing in bold-italic). Changes and significance estimates are based on seasonal Kendall tests of flow-normalized results within each time period. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF.

{tab:trndsa

Analyte/Station	Seasonal, 1996-2013			
11110113 00/ 20001011	Spring	Summer	Fall	Winter
DIN	1 0			
C10	1.1 (-4.1)**	1.3 (-3.1)**	1.6 (-2)**	1.7 (-3.4)**
C3	$0.5 \; (0.5)$	0.4 (0.1)	0.6 (-0.2)	0.5 (-0.6)**
D19	0.5 (-2.8)**	0.2 (-1)*	0.3 (-1.6)**	0.7 (-2.3)**
D26	0.5 (-1.9)**	0.3 (-1.7)**	0.4 (-1)**	0.6 (-0.8)**
D28	0.5 (-3)**	0.2 (-4.9)**	0.2 (-4.9)**	0.7 (-2.1)**
D4	0.4 (0)	0.4 (-1)**	0.4 (-0.9)**	0.5 (0.6)**
D6	0.5 (-0.2)*	0.5 (-1)**	0.5 (-0.3)*	0.5 (-0.1)
D7	0.5 (-0.8)**	0.4 (-1.3)**	0.4 (-0.4)**	0.6 (-0.2)
MD10	0.4 (-2.3)**	0.2 (-3.7)**	0.2 (-4.4)**	1 (-1.8)**
P8	1.5 (-1.9)**	1.2 (-3.5)**	1.8 (-2.4)**	2.7 (-2.2)**
$\overline{\mathrm{NH}_{4}^{+}}$				
C10	0 (-4.2)**	0 (-6.1)**	0 (-8.5)**	0.1 (-7.3)**
C3	0.3 (1)**	0.3 (-0.8)*	0.4 (-0.5)*	0.2 (-0.1)
D19	0 (-1.9)**	0 (-0.4)	0 (-2.2)**	0.1 (-1.8)**
D26	0.1 (-1.2)**	0.1 (-1.3)**	0.1 (-1.9)**	0.1 (-1.4)**
D28	0 (-1.7)**	0 (-0.2)	0 (-2.4)**	0.1 (-3.1)**
D4	$0.1 \; (0.3)$	0 (-1.3)**	0.1 (-0.3)	0.1 (1)**
D6	0.1 (-0.7)**	0.1 (-1)**	$0.1 \; (0.3)$	0.1 (-0.3)**
D7	0.1 (-2.2)**	0 (-2.1)**	0.1 (1.3)**	0.1 (-0.4)*
MD10	0 (-1.4)*	0 (-0.1)	0 (-0.8)**	0.1 (-4.3)**
P8	0.2 (-8.7)**	0.1 (-6.3)**	0.2 (-10.4)**	0.5 (-13.1)**
$\mathrm{NO_2^-/NO_3^{2-}}$				
C10	1.1 (-4.2)**	1.2 (-3.2)**	1.6 (-1.9)**	1.6 (-3.3)**
C3	0.2~(0.4)	0.1 (3.1)**	0.2 (1.7)**	0.2 (-0.4)
D19	0.4 (-2.9)**	0.2 (-1)*	0.3 (-1.5)**	0.6 (-2.2)**
D26	0.4 (-1.9)**	0.2 (-1.6)**	0.3 (-0.6)*	0.5 (-0.6)**
D28	0.5 (-3)**	0.2 (-5.4)**	0.2 (-5.2)**	0.7 (-1.7)**
D4	0.3 (-0.1)	0.3 (-1)**	0.3 (-1)**	0.4 (0.4)**
D6	0.4 (-0.1)	0.4 (-1)**	$0.4 (-0.4)^*$	0.4 (-0.1)
D7	0.4 (-0.6)**	0.4 (-1.2)**	0.4 (-0.8)**	$0.4 (-0.3)^*$
MD10	0.4 (-2.6)**	0.1 (-4.5)**	0.2 (-5.4)**	1 (-1.4)**
P8	1.3 (-1.1)**	1.1 (-3.1)**	1.6 (-0.3)*	2.2 (0)

p < 0.05; *p < 0.005