Four decades of water quality change in the upper San Francisco Estuary[†]

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1 Abstract

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Recent methods for trend analysis have been developed that leverage the descriptive potential of multi-decadal monitoring data. We apply an estuarine adaptation of the Weighted Regressions on Time, Discharge, and Season (WRTDS) model to describe water quality trends over four decades in the Delta region of the San Francisco Estuary (SFE). Results from multiple stations in the Delta provided novel descriptions of historical trends and relationships between key species of dissolved inorganic nitrogen (ammonium, nitrate/nitrite, total). Trend analysis with WRTDS flow-normalized data demonstrated the potential to misinterpret changes using observed data that include flow effects, such that several trends with flow-normalized data had changes in magnitude and even reversal of trends relative to the observed. We further demonstrate use of WRTDS to provide insight into mechanisms of change with two case studies that 1)

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evaluate downstream changes in nitrogen following upgrades at a wastewater treatment plant, and 2) interactions between biological invaders, chlorophyll, and flow in Suisun Bay. Overall, this analysis provides an ecological and management-based understanding of historical trends in the Delta as a means to interpret potential impacts of recent changes and expected trends.

18 1 Introduction

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Trend analysis is a broad discipline that has been applied to time series for the interpretation of environmentally-relevant changes. Direct evaluation of an observed time series is often 20 insufficient, given that a long-term change can be masked by variation at shorter time scales 21 or the observed variation represents the combined effects of many variables. 1,2 Climate, lo-22 cal, and regional environmental effects may act individually or together over time to impose 23 a change on time series, such that methods that account for variation at different scales 24 have been used for trend analysis.³⁻⁶ As a practical approach for water quality evaluation, 25 trend analysis of ecosystem repsonse indicators often focuses on tracking the change in con-26 centrations or loads of nutrients over many years. Response indicators can vary naturally 27 with changing flow conditions and may also reflect long-term effects of management or policy 28 changes. For example, chlorophyll a (chl-a) concentration as a measure of phytoplankton response to nutrient inputs can follow seasonal patterns with cyclical variation in temperature 30 and light changes throughout each year, whereas annual trends can follow long-term varia-31 tion in nutrient inputs to the system.^{7,8} Similarly, nutrient trends that vary with hydrologic 32 loading also vary as a function of utilization rates by primary producers or decomposition processes. 9-11 Time series analysis of ecosystem response indicators must simultaneously consider effects of processes at multiple scales and interactions between variables of interest to develop a more comprehensive description of system change.

Appropriate methods for the analysis of change depend largely on the question of interest and characteristics of the environmental dataset. Trend analyses for aquatic systems

have traditionally focused on comparisons between discrete periods of time to estimate direction and magnitude of a trend using non-parametric tests. 12,13 Development of these conventional approaches addressed limitations in historical monitoring datasets related to infrequent sampling and relatively few years of continuous data. Increased availability of 42 multi-decadal datasets, particularly for high profile environments, has accelerated develop-43 ment of trend analysis methods that leverage the descriptive potential of long-term time series from continuous monitoring programs.^{6,14} These methods are often data-driven where the parameterization of a simple functional model can change smoothly over time given that relationships between water quality variables and potential drivers are dynamic. The Weighted 47 Regressions on Time, Discharge, and Season (WRTDS) approach was developed under this context and has been used to characterize decadal trends in running-water systems. 15-20 This method has the potential to provide a spatially and temporally robust description of 50 trends by fitting a dynamic model with parameters that change relative to the domain of interest. More recently, the WRTDS method was adapted for trend analysis in tidal waters, with a focus on chl-a trends in Tampa Bay²¹ and the Patuxent River Estuary,²² and tidally-influenced time series of dissolved oxygen from continuous sonde measurements.²³ These studies have demonstrated the potential of WRTDS for trend analysis in tidal waters. Application to additional datasets could provide further insight into environmental dynamics of aquatic systems. 57

The San Francisco Estuary (SFE) on the Pacific Coast of the United States is one of the most prominent and culturally significant estuaries in the western hemisphere. ²⁴ Background nutrient concentrations in the Bay often exceed those associated with excessive primary production, although ecosystem responses symptomatic of eutrophication have historically been infrequent. Recent changes in response to additional stressors (e.g., variation in freshwater inputs/withdrawals, invasive species, climate change) suggests that recent conditions have not followed past trajectories and more subtle spatial and temporal variation could provide clues that describe underlying properties of this system. ²⁵ The unique ecological and social

context of the region provides a valuable opportunity to gain insight into ecosystem properties that define water quality dynamics at different scales. In particular, the Sacramento San Joaquin River Delta (hereafter 'Delta') is a mosaic of inflows upstream of the SFE that
receives and processes inputs from the larger watershed SFE. 26-28 A comprehensive monitoring dataset has been collected at several fixed locations in the upper estuary and Delta for
the last four decades. 29 Moreover, nutrient dynamics in the Delta are inherently linked to
flow variation from inputs, withdrawal, impoundments, and downstream transport, 30 suggesting that an approach that explicitly considers flow effects is critical for trend analysis.
To date, the regional monitoring dataset for the northern SFE, including the Delta, is an
under-utitilized data source and a comprehensive analysis with WRTDS could facilitate an
understanding of historical and recent changes in water quality.

The goal of this study was to provide a comprehensive description of nutrient trends in 77 the northern SFE and Delta region to inform understanding of ecosystem response dynamics and potential causes of water quality change. We applied the newly-adapted method of weighted regression for tidal waters to describe nitrogen trends in different spatial and 80 temporal contexts. The specific objectives were to 1) quantify and interpret trends over 81 four decades at ten stations in the Delta, including annual, seasonal, and spatial changes in nitrogen analytes and response to flow variation, and 2) provide detailed descriptions of two case studies in the context of conceptual relationships modelled with WRTDS. The second objective evaluated two specific water quality stations as additional case studies o demonstrate complexities with nutrient response to flow, effects of nutrient-related source controls on ambient conditions, and effects of biological invasion by benthic filter feeders on primary production. Although quantitative descriptions of change can be ends in them-88 selves, the results provide a means to more detailed understanding of ecosystem properties. 89 Products derived from WRTDS can be used to inform additional analyses, such as water quality response after removing annual, seasonal, or flow effects.

₉₂ 2 Materials and Methods

$_{ ext{ iny 3}}$ 2.1 Study system

The Delta region drains a 200 thousand km² watershed into the SFE, which is the largest 94 estuary on the Pacific coast of North America. The watershed provides drinking water to over 25 million people, including irrigation for 18 thousand km² of agricultural land from the Central Valley watershed. Water enters SFE through the Sacramento and San Joaquin rivers that have a combined inflow of approximately 28 km³ per year, with the Sacramento accounting for 84% of inflow to the Delta. The SFE system is divided into several sub-bays including the Delta, with Suisun Bay immediately downstream of the Delta, 100 San Pablo Bay to the north, South Bay, and the Central Bay that drains to the Pacific Ocean 101 through the Golden Gate (Figure 1). Water dynamics in the SFE and Delta are governed by 102 inflows from the watershed, tidal exchange with the Pacific Ocean, and water withdrawals 103 for municipal and agricultural use. 26 Seasonally, inflows from the watershed peak in the 104 spring and early summer from snowmelt, whereas consumption, withdrawals, and export 105 have steadily increased from 1960 to present, but vary depending on inter-annual climate 106 effects.²⁵ Notable drought periods have occurred from 1976-1977, 1987-1992, and recently 107 from 2013-2015.²⁴ 108

Orthophosphate (PO₄³⁻) and dissolved inorganic nitrogen (DIN) enter the Delta primarily through the Sacramento and San Joaquin rivers and from municipal wastewater treatment plant (WWTP) inputs. Annual nutrient export from the Delta region has been estimated as approximately 30 thousand kg d⁻¹ of total nitrogen (varying with flow³⁰), with 90% of ammonium (NH₄⁺) originating solely from the Sacramento Regional WWTP.²⁸ Although nitrogen and phosphorus inputs are considerable, primary production is relatively low and not nutrient-limited.^{27,31} The resistance of SFE to the negative effects of eutrophication has historically been attributed to its unique physical and biological characteristics, including strong tidal mixing that limits stratification in the larger estuary^{7,32} and limits on phyto-

plankton growth from high turbidity and filter-feeding by bivalve mollusks in the northern portion. 32,33 However, recent water quality trends have suggested that resistence to nutrient inputs is decreasing given documented changes in chlorophyll biomass, 34 increased occur-120 rence of hypoxic conditions, 35 and increased abundance of phytoplankton species associated 121 with harmful algal blooms. 36,37 These recent changes have been attributed to biological in-122 vasions 38 and departures from the historical flow record, 25,39 among other factors acting at 123 global scales (e.g., variation in sea surface temperatures).³⁴ The role of nutrients in stimu-124 lating primary production in SFE has been the focus of several recent investigations. 40-42 125 Quantitative descriptions of nutrient dynamics in the Delta are challenging given multiple 126 sources and the volume of water that is exchanged with natural and anthropogenic processes. 127 A comprehensive evaluation using mass-balance models to describe nutrient dynamics in the 128 Delta demonstrated that nitrogen enters the system in different forms and is processed at 129 different rates before export or removal.³⁰ For example, a majority of ammonium entering 130 the system during the summer is nitrified or assimilated, whereas a considerable percentage 131 of total nitrogen load to the Delta is exported. Although, the focus of our analysis is not to 132 quantify sources or sinks of nitrogen species, a quantitative evaluation of long-term trends will 133 provide a more comprehensive historical interpretation to hypothesize the effects of future 134 changes in the context of known dynamics. Nutrients in the Delta also vary with seasonal and annual changes in the delivery of water inflows, including water exports directly from the system. 26,28 Our analysis also explicitly accounts for the effects of flow changes on nutrient 137 response to better understand variation both within the Delta and potential mechanisms of 138

Data sources

downstream tranport.

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Multi-decadal time series of nutrients and flow records were used to develop a quantitative description of nitrogen trends in the northern SFE region. The Interagency Ecological Program (IEP) is a consortium of state and federal agencies that have maintained the

Environmental Monitoring Program (EMP) in the Delta region since 1975. 43 The EMP collects monthly water quality samples at 19 stations in the Delta, Suisun Bay, and north-145 eastern San Pablo Bay. Water samples were collected using a Van Dorn sample, a sub-146 mersible pump, or a flow through system depending on site. All samples were processed 147 with standard QA/QC at the California Department of Water Resources Bryte Labora-148 tory in Sacramento. 43 Nutrient time series were obtained from the IEP website (http: 149 //water.ca.gov/bdma/meta/Discrete/data.cfm) at ten discrete sampling stations from 150 1976 through 2013 (Figure 1). Stations were grouped by location in the study area for 151 comparison: peripheral stations C3 (Sacramento inflow), C10 (San Joaquin inflow), MD10, 152 P8; interior stations D19, D26, D28; and Suisun stations D4, D6, and D7. These stations 153 were chosen based on continuity of the water quality time series and geographic location for 154 understanding trends. Time series were complete for all stations except for an approximate 155 ten year gap from 1996-2014 for D19. Data were minimally processed, with the exception of 156 averaging replicates that occurred on the same day. The three nitrogen analytes that were 157 evaluated were ammonium, nitrite/nitrate, and DIN (as the sum of the former two). Less 158 than 3% of all observations were left-censored, although variation was observed between an-159 alytes and location. The ammonium time series had the most censored observations at sites C10 (25.4% of all observations), MD10 (18.1%), D28 (17.8%), D19 (12%), and D7 (7.9%). Daily flow estimates for the Delta region were obtained from the Dayflow software pro-162 gram that provides estimates of average Delta outflow. 44 Because of the complexity of water 163 inflow, exports, and outflows from the Delta, the Dayflow program combines observations 164 with estimates based on mass balance to reconstruct historical and daily flow estimates. 165 The WRTDS models described below require a matched flow record with the appropriate 166 station to evaluate nutrient trends. Given the complexity of inflows and connectivity of the 167 system, only the inflow estimates from the Sacramento and San Joaquin rivers were used 168 as measures of freshwater influence at each station. Initial analyses indicated that model 169 fit was not significantly improved with flow estimates from locations closer to each station, 170

nor was model fit improved using lagged times series. As such, the Sacramento daily flow time series was used to account for flow effects at C3, D19, D26, D28, and MD10, and the San Joaquin time series was used for C10 and P8 based on station proximity to each inflow. Salinity observations at D4, D6, and D7 in Suisun Bay were used as more appropriate measures of freshwater variation, given the stronger tidal influence at these stations. Salinity has been used as a tracer of freshwater influence for the application of WRTDS models in tidal waters.²¹

$_{178}$ 2.3 Analysis method and application

A total of thirty WRTDS models were created, one for each nitrogen analyte at each station.

The functional form of WRTDS is a simple regression ¹⁵ that models the log-transformed response variable as a function of time, flow, and season:

$$\ln(N) = \beta_0 + \beta_1 t + \beta_2 \ln(Q) + \beta_3 \sin(2\pi t) + \beta_4 \cos(2\pi t) \tag{1}$$

where N is one of three nitrogen analytes, time t is a continuous variable as decimal time 182 to capture the annual or seasonal trend, and Q is the flow variable (either flow or salinity 183 depending on station). The seasonal trend is modelled as a sinusoidal component to capture 184 periodicity between years. The WRTDS model is a moving window regression that fits 185 unique parameters at each observation point in the time series. A unique set of weights 186 is used for each regression to control the importance of observations used to fit the model 187 relative to the observation at the center of the window. The weights are based on a scaled 188 Euclidean distance to estimate the differences of all points from the center in relation to 189 annual time, season, and flow. The complete model for the time series contains a parameter 190 set for every time step that considers the unique context of the data. As such, predictions 191 from WRTDS are more precise than those from more conventional models that fit a single 192 parameter set to the entire time series. 21,45 The WRTDS model applied to the Delta time series was based on a tidal adaptation of the original method. ²¹ The WRTDS models were fit to describe the conditional mean response using a weighted Tobit model for left-censored data. ⁴⁶ Previous adaptations of WRTDS to tidal waters have used quantile regression to describe trends in the conditional quantiles, such as changes in the frequency of occurrence of extreme events. The application to the Delta data focused only on the conditional mean models to establish a baseline response which has not been previously quantified. All analyses used the WRTDStidal package written by the authors for the R statistical programming language. ^{47,48}

A hallmark of the WRTDS approach is the description of flow-normalized trends that 202 are independent of variation from freshwater inflows. Although variation in nutrients can be 203 caused by the combined effects of several variables acting at different temporal and spatial 204 scales, flow-normalization provides a basis for further exploration by removing a critical 205 confounding variable that could affect the interpretation of trends. A flow-normalized value 206 is the average of predictions at a given observation using all flow values that are expected 207 to occur for the relevant month across years in the record. Flow-normalized trends for each 208 analyte at each station were used to describe long-term changes in different annual and 209 seasonal periods. Specifically, flow-normalized trends in each analyte were summarized as both medians and percent changes from the beginning to end of annual groupings from 1976-211 1995 and 1996-2013, and seasonal groupings of March-April-May (spring), June-July-August 212 (summer), September-October-November (fall), and December-January-February (winter) 213 within each annual grouping. These annual and seasonal groupings were chosen for continuity 214 with similar comparisons reported in Ref. 29 and as approximate twenty year midpoints in 215 the time series. 216

Trends in each annual and seasonal grouping were based on seasonal Kendall tests of the
flow-normalized predictions. This test is a modification of the non-parametric Kendall test
that accounts for variation across seasons in the response variable. 49 Results from the test
can be used to evaluate the direction, magnitude, and significance of a monotonic change

within the period of observation. The estimated rate of change per year is also returned as the Theil-Sen slope and was interpreted as the percent change per year when divided by 222 the median value of the response variable in the period of observation.²⁸ Trends in annual 223 groupings were based on all monthly observations within relevant years, whereas seasonal 224 groupings were based only on the relevant months across years. Seasonal Kendall tests were 225 also used to describe trends in the observed data. These trends were compared with those 226 based on the flow-normalized trends to evaluate the improved ability of WRTDS to describe 227 trends that are independent of flow. Functions in the EnvStats package in R were used for 228 the seasonal Kendall tests. 50 229

230 3 Results and Discussion

3.1 Observed Data

The observed time series for the ten Delta stations had substantial variation in scale among 232 the nitrogen analytes and differences in apparent seasonal trends (Figure 2). In general, long-233 term (inter-annual) trends were not easily observed from the raw data. DIN for most stations 234 was dominated by nitrite/nitrate, whereas ammonium was a smaller percentage of the total. 235 However, C3 had a majority of DIN composed of ammonium and other stations (e.g., P8, 236 D26) had higher concentrations of ammonium during winter months when phytoplankton 237 assimilation is lower.³⁰ By location, observed concentrations of DIN for the entire time 238 series were higher on average for the peripheral stations (C3, C10, MD10, P8; maximum 239 likelihood estimation of mean \pm standard error: 1.04 ± 0.03 mg L⁻¹) and similar for the 240 interior (D19, D26, D28, 0.43 ± 0.01) and Suisun Bay stations (D4, D6, D7, 0.44 ± 0.01). 241 Average concentrations were highest at P8 $(1.63\pm0.05 \text{ mg L}^{-1})$ and lowest at C3 (0.4 ± 0.01) 242 for DIN, highest at P8 (0.28 ± 0.02) and lowest at D28 (0.05 ± 0.003) for ammonium, and 243 highest at C10 (1.4 \pm 0.04) and lowest at C3 (0.15 \pm 0.004) for nitrite/nitrate. Mean observed 244 concentrations were also higher later in the time series for all analytes. For example, average 245

DIN across all stations was 0.61 ± 0.01 mg L⁻¹for 1976-1995, compared to 0.7 ± 0.01 for 1996-247 2013. Seasonal changes across all years showed that nitrogen concentrations were generally 248 lower in the summer and higher in the winter, although observed patterns were inconsistent 249 between sites. For example, site MD10 had distinct seasonal spikes for elevated DIN in the 250 winter, whereas other stations had less prominent seasonal maxima (e.g., C3, D7, Figure 2).

251 3.2 Trends

Application of seasonal Kendall tests to evaluate trends in observed data provided explicit in-252 formation on the direction, magnitude, and statistical significance of changes between years. 253 Trends estimated from the observed data for 1976-1995 and 1996-2013 varied considerably 254 between sites and analytes (Figure 3). Significant trends were observed from 1976-1995 for 255 eight of ten sites for DIN (seven increasing, one decreasing), eight sites for ammonium (six increasing, two decreasing), and six sites for nitrite/nitrate (five increasing, one decreasing). Decreasing trends were more common for the observed data from 1996-2013. Eight sites 258 had significant trends for DIN (four increasing, four decreasing), seven sites for ammonium 259 (five increasing, two decreasing), and eight sites for nitrite/nitrate (four increasing, four de-260 creasing). P8 had a relatively large decrease in ammonium (-8.3%) change per year) for the 261 second annual period compared to all other sites, which is described in detail in the next 262 section. Trends by season were similar such that increases were generally observed in all 263 seasons from 1976-1995 (Figure S1) and decreases were observed for 1996-2013 (Figure S2). 264 Trends for the seasonal comparisons were noisier and significant changes were less common 265 compared to the annual comparisons. 266

Relationships between flow and observed water quality are complex and can change significantly through space and time. ^{15,20} These principles have been demonstrated for monitoring data in the Delta region, ^{28–30} suggesting that trend analyses using the observed time
series are confounded by flow effects. As such, a comparison of flow-normalized results from
WRTDS relative to observed data identified changes in the magnitude, significance, and

direction of trends. For all sixty trend comparisons in Figure 3 (flow-normalized values in Table S1) regardless of site, nitrogen analyte, and time period, thirteen comparisons had trends that were insignificant with the observed data but significant with flow-normalized results, whereas only one trend changed to insignificant. This suggests that time series that 275 include flow effects had sufficient noise to obscure or prevent identification of an actual trend 276 of a water quality parameter. Further, changes in the magnitude of the estimated percent 277 change per year were also apparent for the flow-normalized trends, such that fourteen com-278 parisons showed an increase in magnitude (more negative or more positive) and twenty five 279 had a decrease (less positive or less negative) compared to observed trends. Eleven compar-280 isons showed a trend reversal from positive to negative estimated change, nine sites went 281 from no change to negative estimated change, and one site went from no change to a posi-282 tive trend for the flow-normalized results. Differences by season in the observed relative to 283 flow-normalized trends from WRTDS were also apparent (Figures S1 and S2 and Tables S2 284 and S3). The most notable changes were an overall decrease in the estimated trend for most 285 sites in the summer and fall seasons for 1996-2013, including an increase in the number of 286 statistically significant trends. 287

Differences in apparent trends underscore the importance of considering flow effects in 288 the interpretation of environmental changes, particularly if trend evaluation is used to assess 289 the effects of nutrients on ecosystem health or the effectiveness of past nutrient management 290 actions. Our results demonstrated the potential to misinterpret trends if flow effects are not 291 considered, where the misinterpretation could vary from a simple change in the magnitude 292 and significance of a trends, to more problematic changes where the flow-normalized trend 293 could demonstrate a complete reversal relative to the observed (e.g., DIN trends for all Suisun 294 stations from 1996-2013, Figure 3). A more comprehensive evaluation of flow in the Delta 295 demonstrated that flow contributions of different end members vary considerably over time 296 at each station.³⁰ For example, flow at MD10 represents a changing percentage by season 297 of inputs from the Sacramento, San Joaquin, Cosumnes, Mokelumne rivers, and agricultural 298

returns. For simplicity, water quality observations in our analyses were matched with largescale drivers of flow into the Delta where most sites were matched to Sacramento or San
Joaquin daily flow estimates. Given that substantial differences with flow-normalized results
were apparent from relatively coarse estimates of flow contributions, more precise differences
could be obtained by considering the influence of multiple flow components at each location.
Output from the Dayflow software program ⁴⁴ provides a complete mass balance of flow in
the Delta that could be used to develop a more comprehensive description of flow-normalized
trends that considers changing contributions over time.

307 3.3 Selected examples

Two stations were chosen to demonstrate use of WRTDS to develop a more comprehensive description of decadal trends in the Delta. The selected case studies focused on 1) effects of wastewater treatment upgrades upstream of P8, and 2) effects of biological invasion on nutrient dynamics in Suisun Bay using observations from D7. Each case study is built around hypotheses that results from WRTDS models were expected to support, both as a general description and for additional testing with alternative methods.

3.3.1 Effects of wastewater treatment

Significant efforts have been made in recent years to reduce nitrogen loading from regional WWTPs given the disproportionate contribution of nutrients relative to other sources (e.g., watershed agricultural load, sediment flux, etc.)^{30,51} Several WWTPs in the Delta have recently been or are planned to be upgraded to include tertiary filtration and nitrification to convert biologically available ammonium to nitrate. The City of Stockton WWTP was upgraded in 2006 and is immediately upstream of station P8 (Figure 1),²⁹ which provides a valuable opportunity to assess how nutrient or nutrient-related source controls and water management actions have changed ambient concentrations downstream. A modal response of nutrient concentrations at P8 centered around 2006 is expected as a result of upstream

WWTP upgrades, and water quality should exhibit 1) a shift in nutrient contributions from
the WWTP before/after upgrade, and 2) a flow-normalized annual trend at P8 to show a
change concurrent with WWTP upgrades.

Effluent concentrations measured from 2003 to 2009 from the Stockton WWTP showed a 327 gradual reduction in ammonium concentration relative to the total (Figure S3). Ammonium 328 and nitrate concentrations were comparable prior to 2006, whereas nitrate was a majority 329 of total nitrogen after the upgrade with much smaller percentages from ammonium and 330 nitrite. As expected, flow-normalized nitrogen trends at P8 shifted in response to upstream 331 WWTP upgrades (Figure 4a), with ammonium showing an increase from 1976 followed by 332 a large reduction in the 2000s. Interestingly, nitrite/nitrate concentrations also showed a 333 similar but less dramatic decrease despite an increase in the WWTP effluent concentrations 334 following the upgrade. Percent changes from seasonal Kendall tests on flow-normalized 335 results showed that both nitrogen species increased prior to WWTP upgrades (2% per year 336 for nitrite/nitrate, 2.8% for ammonium), followed by decreases after upgrades (-1.9% for 337 nitrite/nitrate, -16.6% for ammonium, Table 1). Seasonally, increases prior to upgrades 338 were highest in the summer for nitrite/nitrate (2.4%) and in the fall for ammonium (4.9%). 339 Similarly, seasonal reductions post-upgrade were largest in the summer for nitrite/nitrate 340 (-4.3%) and largest for ammonium in the winter (-26.7%).

Relationships of nirite/nitrate with flow described by WRTDS showed an inverse flow and 342 concentration dynamic with flushing or dilution at higher flow (Figure 4b). Seasonal varia-343 tion was even more apparent for ammonium, although both nitrite/nitrate and ammonium 344 typically had the highest concentrations at low flow in the winter (January). Additionally, 345 strength of the flow/nutrient relationship changed between years. Nitrite/nitrate typically 346 had the strongest relationship with flow later in the time series (i.e., larger negative slope), 347 whereas ammonium had the strongest relationship with flow around 2000 in January. Us-348 ing WRTDS, an empirical link is created between upstream changes and observed effects 349 downstream that is characterized by differences in analytes between years and season. A 350

general conclusion is that ammonium reductions were concurrent with WWTP upgrades, 351 but the reduction was most apparent at low-flow in January. These dynamics are difficult 352 to characterize from the observed time series, and further, results from WRTDS can be used 353 to develop additional hypotheses of factors that influence nutrient concentrations at P8. For 354 example, estimated ammonium concentrations in July were low for all flow levels which sug-355 gests either nitrogen inputs were low in the summer or nitrogen was available and uptake 356 by primary consumers was high. Seasonal patterns in the relationship between flow and 357 nitrite/nitrate were not as dramatic as compared to ammonium, and in particular, low-flow 358 events in July were generally associated with higher concentrations. This could suggest that 359 ammonium concentrations at P8 are driving phytoplankton production at low flow during 360 warmer months, and not nitrite/nitrate given the higher estimated concentrations in July 361 at low flow. As such, these simple observations from WRTDS provide quantitative support 362 of cause and effect mechanisms of nutrient impacts on potentially adverse environmental 363 conditions as they relate to nutrient-related source controls upstream.

365 3.3.2 Effects of biological invasions

Invasion of the upper SFE by the Asian clam Potamocorbula amurensis in 1986 caused severe 366 changes in phytoplankton abundance and species composition. Reduction in phytoplankton 367 biomass has altered trophic networks in the upper SFE and is considered an important 368 mechanism in the decline of the protected delta smelt (Hypomesus transpacificus) and other 369 important fisheries. 52,53 Changes in the physical environment have also occurred with the 370 most notable invasion effect being increased water clarity following a reduction of phyto-371 plankton by biofiltration.⁵³ The clams are halophilic such that drought years are generally 372 correlated with an increase in biomass and further upstream invasion of the species. 25,54 We 373 hypothesized that WRTDS models applied to water quality observations in the upper estuary 374 would show 1) a decline in annual, flow-normalized chlorophyll concentrations over time co-375 incident with an increase in abundance of invaders, and 2) variation in the chlorophyll/clam 376

relationship through indirect or direct controls of flow. The application of WRTDS to water
quality observations at station D7 in Suisun Bay and comparison with clam abundance and
biomass data (see Ref 33) provides an approach to assess the competing effects of climate
variability, hydrology, and ecology on ambient conditions.

Results from WRTDS demonstrated complex relationships between clam abundance and 381 chlorophyll concentrations, which were further affected by flow changes over time (Figure 5). 382 Invasion in the 1980s showed a clear displacement of the native Corbicula fluminea with 383 establishment of P. amurensis (Figure 5a), where biomass of the latter was negatively as-384 sociated with flow from the Sacramento river (Figure 5b). The increase in clam abundance 385 was associated with a notable decrease in annually-averaged chl-a from WRTDS results (Fig-386 ure 5c). A seasonal shift in the flow-normalized results was also observed such that chl-a 387 concentrations were generally highest in July/August prior to invasion, whereas a spring 388 maximum in April was more common in recent years (Figure 5d). An increase in annually-389 averaged silicon dioxide (Figure 5e) was coincident with the chl-a decrease, with the largest 390 increases occurring in August (Figure 5f). These relationships suggest that diatoms were 391 the dominant genera early in the time series, particularly in late summer (also shown in 392 Figure 5d), whereas the spring peak observed in later years represents a shift to an earlier 393 seasonal maxima. This supports past research that showed a decrease in silica uptake by diatoms following invasion.^{7,55} The relationship of chl-a with clam biomass was significant (Figure 5g) with lower chl-a associated with higher biomass, confirming results from earlier 396 studies. 32,56 397

The effect of flow as a top-down or bottom-up control changed throughout the time series. The chl-a/flow relationship showed that increasing flow (decreasing salinity) was associated with a slight increase in chl-a followed by a decrease early in the time series (Figure 5h), whereas overall chl-a was lower but a positive association with flow (negative with salinity) was observed later in the time series. In the absence of benthic grazing prior to invasion, this dynamic suggests that chl-a production may be limited at low flow as less

nutrients are exported from the Delta, stimulated as flow increases, and reduced at high flow as either nutrients or phytoplankton biomass are exported to the larger bay. Following clam 405 invasion later in the time series, chl-a concentrations were reduced by grazing but showed a 406 positive and monotonic relationship with increasing flow. The increase in clam abundance 407 was concurrent with decline in chl-a concentration, although variation in abundance between 408 years was also observed. For example, clam abundance was reduced during high flow years 409 in the late 1990s, 2006, and 2011 (5a). In the same years, WRTDS predictions for chl-a 410 were higher than the flow-normalized component (Figure 5c), which further suggests a link 411 between increased flow and phytoplankton production. As such, chl-a production in early 412 years is directly related to flow, whereas the relationship with flow in later years is indirect 413 as increased flow reduces clam abundance and releases phytoplankton from benthic grazing 414 pressure. These relationships have been suggested by others, 28,54,56 although the precise 415 mechanism demonstrated by WRTDS provides a quantitative description of factors that 416 drive water quality in the Delta.

As demonstrated by both case studies and the overall trends across all stations, wa-418 ter quality dynamics in the Delta are complex and driven by multiple factors that change 419 through space and time. At a minimum, WRTDS provides a description of change by focusing on high-level forcing factors that explicitly account for annual, seasonal, and flow effects on trend interpretations. We have demonstrated the potential for imprecise or in-422 accurate conclusions of trend tests that focus solely on observed data and emphasize that 423 flow-normalized trends have more power to quantify change. Combined with additional data, 424 WRTDS results can support hypotheses that lead to a more comprehensive understanding 425 of ecosystem dynamics. Additional factors to consider include the effects of large-scale cli-426 matic patterns, more detailed hydrologic descriptions, and additional ecological components 427 that affect trophic interactions. For example, a more rigorous matching of flow time series 428 with water quality observations at each station that considers varying source contributions 429 over time could provide a more robust description of flow-normalized results. Alternative 430

methods for time series analysis could also be used to address a wider range of questions,
particularly those with more generic structural forms that can explicitly include additional
variables (e.g., generalized additive models). Overall, statistical interpretations of multiple
factors can provide a basis for quantitative links between nutrient loads and adverse effects
on ecosystem conditions, including the identification of thresholds for the protection and
restoration of water quality.

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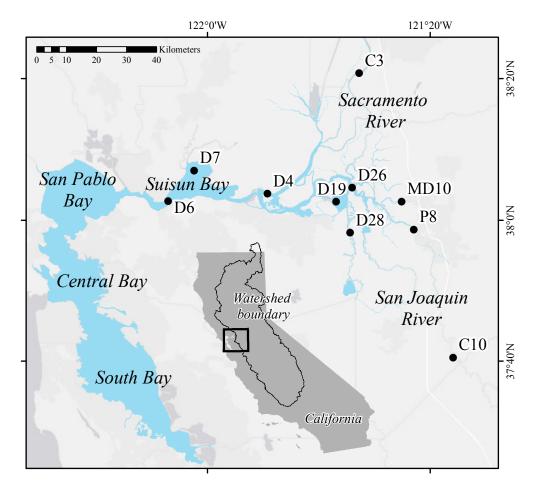


Figure 1: The San Francisco Estuary and Delta region with monitoring stations used for analysis. The Delta drains the combined watersheds of the Sacramento and San Joaquin rivers (inset). All data were obtained from the Interagency Ecological Program website (http://water.ca.gov/bdma/meta/Discrete/data.cfm). 43

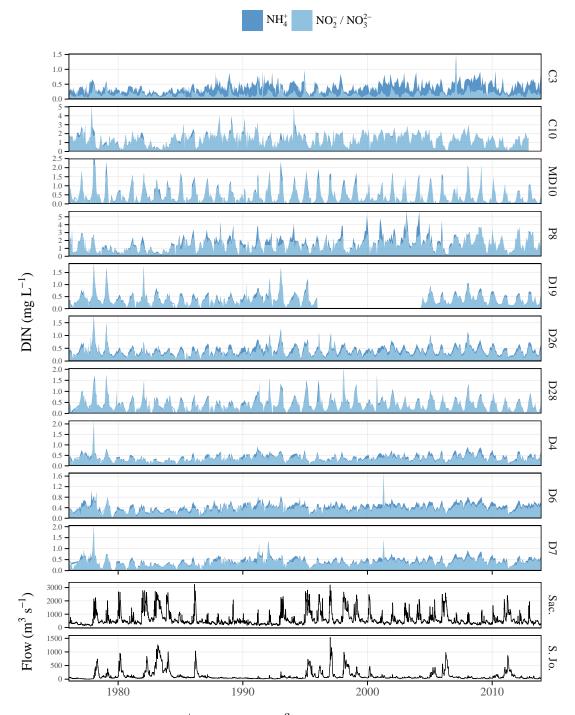


Figure 2: Observed DIN ($\mathrm{NH_4^+} + \mathrm{NO_2^-/NO_3^{2-}}$) from ten stations in the upper SFE Delta and flow from the Sacramento and San Joaquin rivers. Data were collected monthly and evaluated with WRTDS models using daily flow estimates from 1976 to 2013. Note different y-axis scales. See Figure 1 for station locations.

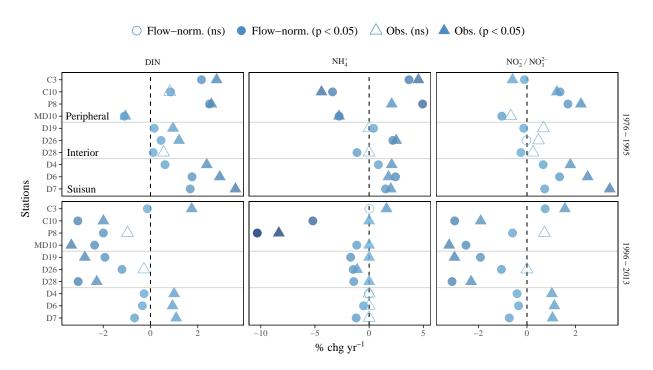


Figure 3: Results from seasonal Kendall tests on observed data (triangles) and flow-normalized predictions (circles) from WRTDS for nitrogen analytes. Results are shown as the percent change per year as the estimated Theil-Sen slope divided by the median for a given aggregation period (significance evaluated at $\alpha = 0.05$, based on τ). Trends are shown separately for different annual groupings. See Figures S1 and S2 for seasonal groupings.

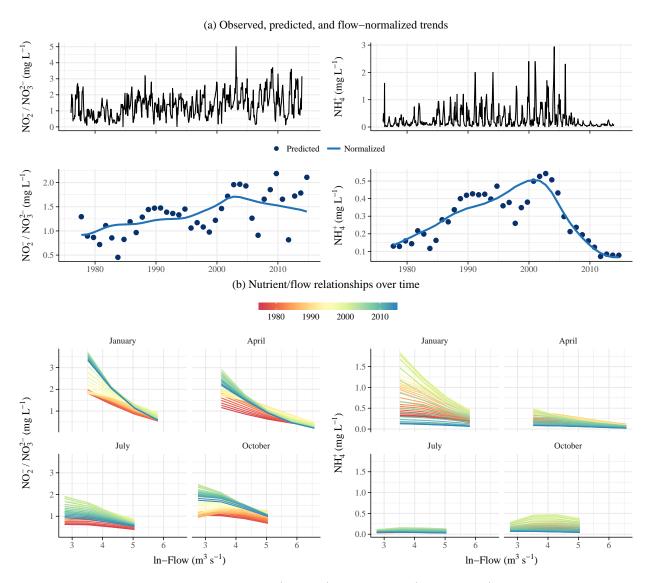


Figure 4: Nitrogen trends at P8 as (a, top) observed, (a, bottom) predicted and flow-normalized estimates from WRTDS, and (b) relationships with flow over time from WRTDS. Nitrite/nitrate trends are on the left and ammonium trends are on the right. Wastewater treatment plant upgrades at the City of Stockton (San Joaquin County) were completed in 2006 (Figure S3).

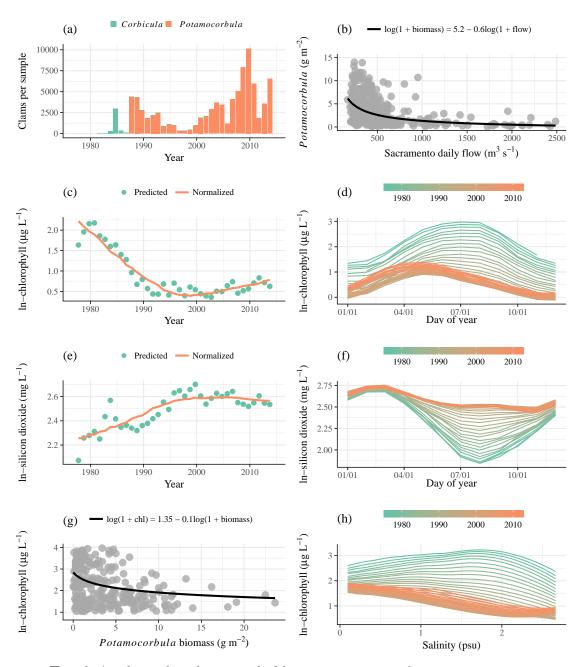


Figure 5: Trends in clam abundance and chl-a concentration from 1976 to 2013 at station D7 in Suisun Bay. Invasion by Potamocorbula amurensis clams in the late 1980s and displacement of Corbicula fluminea was shown by changes in clam density (a, annual means), with biomass linked to salinity (b). A decrease in chl-a concentration was also observed by changes in annual (c) and seasonal trends (d) based on WRTDS results. Reductions in chl-a concentration were coincident with an increase in SiO₂ concentration (e), with the greatest increase in August (f). A significant (p < 0.001) relationship between clam biomass and chl-a concentration is shown in subfigure (g). Flow relationships with chl-a concentration shown by WRTDS have also changed over time (h, observations from June).

Table 1: Summaries of flow-normalized trends in nitrite/nitrate and ammonium (mg L⁻¹) concentrations before and after WWTP upgrades upstream of station P8. Upgrades were completed in 2006 at the City of Stockton WWTP (San Joaquin County, Figure S3). Summaries are medians and percent change per year in parentheses (increasing in bold-italic). Changes and significance estimates are based on seasonal Kendall tests of flow-normalized results within each time period. Increasing values are in bold-italics. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF.

Period	$\mathrm{NO_2^-/NO_3^{2-}}$		$\overline{\mathrm{NH_4^+}}$	
	Median	% change	Median	% change
Annual				
1976-2006	1.3	2 **	0.2	2.8**
2007-2013	1.4	-1.9**	0.1	-16.6**
Seasonal, pre				
Spring	1.2	<i>1.6</i> **	0.2	<i>1.4</i> **
Summer	1	2.4 **	0.1	3.3^{**}
Fall	1.3	2.2**	0.2	<i>4.9</i> **
Winter	1.5	2.1**	0.7	<i>4.8</i> **
Seasonal, post				
Spring	1.3	-1.6**	0.1	-16.2**
Summer	0.9	-4.3**	0.1	-15.7**
Fall	1.5	-1.7**	0.1	-19.3**
Winter	2.2	-0.8**	0.2	-26.7**

p < 0.05; *p < 0.005

Supporting Information Available

The following files are available free of charge.

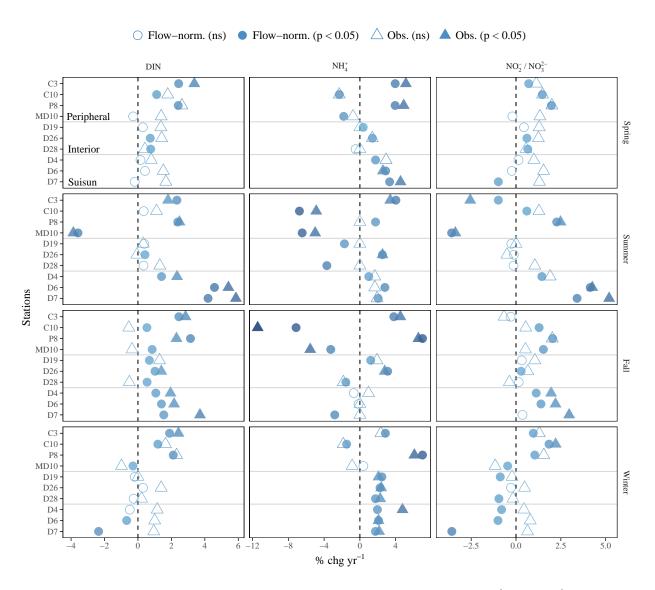


Figure S1: Results from seasonal Kendall tests on observed data (triangles) and flow-normalized predictions (circles) from WRTDS for nitrogen analytes. Results are shown as the percent change per year as the estimated Theil-Sen slope divided by the median for a given aggregation period (significance evaluated at $\alpha=0.05$, based on τ). Trends are shown separately for different seasonal groupings from 1976-1995. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF. See Figure 3 for annual comparisons.

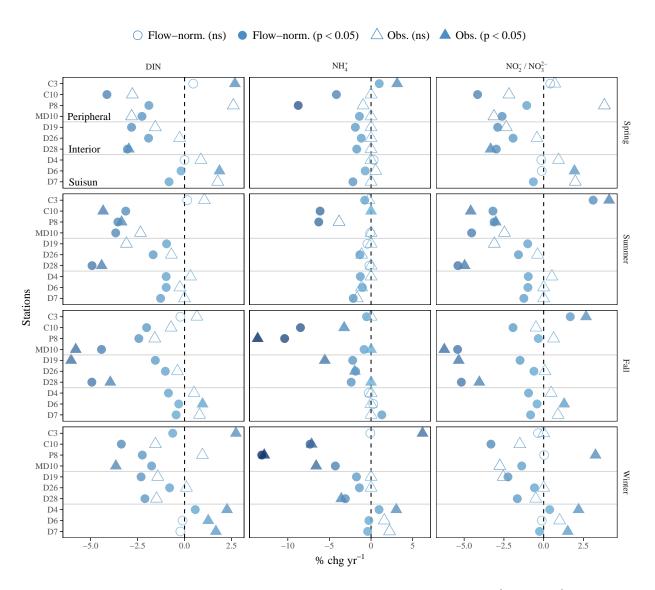


Figure S2: Results from seasonal Kendall tests on observed data (triangles) and flow-normalized predictions (circles) from WRTDS for nitrogen analytes. Results are shown as the percent change per year as the estimated Theil-Sen slope divided by the median for a given aggregation period (significance evaluated at $\alpha=0.05$, based on τ). Trends are shown separately for different seasonal groupings from 1996-2013. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF. See Figure 3 for annual comparisons.

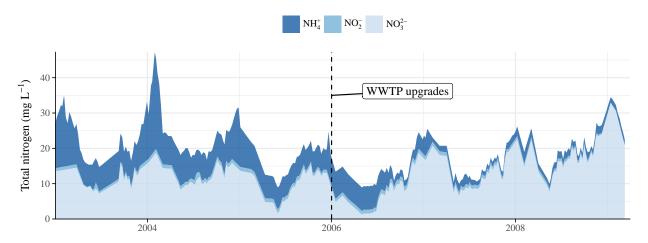


Figure S3: Nitrogen concentration measurements (mg $\rm L^{-1}$) from the City of Stockton Wastewater Treatment Plant, San Joaquin County. Wastewater discharge requirements were implemented in 2006 for nitrification/denitrification and tertiary filtration to convert ammonium to nitrate.

Table S1: Summaries of flow-normalized trends in nitrogen analytes for all stations and annual aggregations. Summaries are medians (mg L^{-1}) and percent change per year in parentheses (increasing in bold-italic). Changes and significance estimates are based on seasonal Kendall tests of flow-normalized results within each time period.

$\text{$	Annual		
Analyte/Station	Annual 1976-1995 1996-2013		
DIN	1910-1990	1990-2019	
C10	1 2 (0 0)**	1 / (2 1) **	
C3	1.3 (0.8)** 0.3 (2.2)**	1.4 (-3.1)**	
D19		0.5 (-0.1)**	
D19 D26	0.4 (0.2)**	0.4 (-1.9)**	
D28	0.4 (0.4)**	0.5 (-1.2)**	
	0.4 (0.1)**	0.4 (-3.1)**	
D4	0.3 (0.6)**	0.4 (-0.3)**	
D6	0.4 (1.8)**	0.5 (-0.3)**	
D7	0.4 (1.7)**	0.5 (-0.7)**	
MD10	0.4 (-1.1)**	0.3 (-2.4)**	
P8	1.3 (2.5)**	1.7 (-2)**	
\mathbf{NH}_{4}^{+}			
C10	0.1 (-3.4)**	0 (-5.2)**	
C3	0.2 (3.7)**	$0.3 \ (0)$	
D19	0 (0.4)**	0 (-1.7)**	
D26	0.1 (2.2)**	0.1 (-1.5)**	
D28	0 (-1.1)**	0 (-1.4)**	
D4	0 (0.9)**	$0.1 \; (0)$	
D6	0.1 (2.4)**	0.1 (-0.5)**	
D7	$0.1 \; (1.5)^{**}$	0.1 (-1.2)**	
MD10	0.1 (-2.8)**	0 (-1.1)**	
P8	0.2 (4.9)**	0.1 (-10.3)**	
$\overline{\mathrm{NO_2^-/NO_3^{2-}}}$			
C10	1.2 (1.4)**	1.4 (-3)**	
C3	0.1 (-0.1)**	0.2 (0.7)**	
D19	0.4 (-0.1)**	0.4 (-1.9)**	
D26	0.3 (0)	0.4 (-1.1)**	
D28	0.4 (-0.2)**	0.4 (-3.1)**	
D4	0.3 (0.7)**	0.3 (-0.4)**	
D6	0.3 (1.3)**	0.4 (-0.3)**	
D7	0.4 (0.7)**	0.4 (-0.7)**	
MD10	0.4 (-1)**	0.3 (-2.5)**	
P8	1.2 (1.7)**	1.5 (-0.6)**	
	` /	` '	

p < 0.05; *p < 0.005

Table S2: Summaries of flow-normalized trends in nitrogen analytes for all stations and seasonal aggregations from 1976-1995. Summaries are medians ($\operatorname{mg} L^{-1}$) and percent change per year in parentheses (increasing in bold-italic). Changes and significance estimates are based on seasonal Kendall tests of flow-normalized results within each time period. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF.

$\overline{\hbox{Analyte/Station}}$	Seasonal, 1976-1995			
	Spring	Summer	Fall	Winter
DIN				
C10	1.2 (1.1)**	1.2 (0.3)	1.3 (0.5)**	1.7 (1.2)**
C3	0.3 (2.4)**	0.3 (2.3)**	0.4 (2.4)**	$0.4 \ (\textbf{1.9})^{**}$
D19	0.5~(0.3)	0.2~(0.4)	0.3 (0.7)**	0.7 (-0.2)
D26	0.4 (0.7)**	0.3 (0.4)*	0.4 (1)**	0.6 (0.3)
D28	$0.5 \ (\textbf{0.8})^*$	$0.2 \; (\textbf{0.3})$	0.3 (0.5)*	0.8 (-0.3)
D4	$0.4 \ (\textbf{0.2})$	0.3 (1.4)**	0.3 (1.1)**	0.5 (-0.5)
D6	$0.4 \; (\textbf{0.4})$	0.3 (4.6)**	0.4 (1.4)**	0.5 (-0.7)*
D7	0.4 (-0.2)	0.3 (4.2)**	0.4 (1.5)**	0.6 (-2.4)**
MD10	0.6 (-0.3)	0.2 (-3.6)**	0.3 (0.8)**	1.3 (-0.3)*
P8	1.3 (2.4)**	0.9 (2.4)**	1.3 (3.1)**	1.9 (2.1)**
$\overline{\mathrm{NH_4^+}}$				
C10	0.1 (-2.3)**	0 (-6.8)**	0.1 (-7.1)**	0.3 (-1.5)**
C3	0.2 (3.9)**	0.2 (4)**	0.3 (3.8)**	0.2 (2.9)**
D19	0.1 (0.4)*	0 (-1.7)**	0 (1.2)**	0.1 (2.5)**
D26	0.1 (1.4)**	0.1 (2.5)**	0.1 (3.1)**	0.1 (2.3)**
D28	0.1 (-0.5)	0 (-3.7)**	0 (-1.6)**	0.1 (1.7)**
D4	0.1 (1.7)**	0 (1)**	0 (-0.7)	0.1 (2)**
D6	0.1 (2.9)**	0.1 (2.8)**	0.1 (-0.1)	0.1 (2.1)**
D7	0.1 (3.3)**	0 (2)**	0.1 (-2.8)**	0.1 (1.7)**
MD10	0.1 (-1.8)**	0 (-6.5)**	0 (-3.3)**	0.2~(0.4)
P8	0.2 (3.9)**	0.1 (1.8)**	0.2 (7)**	0.6 (7)**
$\overline{\mathrm{NO_2^-/NO_3^{2-}}}$				
C10	1.1 (1.5)**	1.2 (0.6)**	1.2 (1.3)**	1.5 (1.8)**
C3	0.2 (0.7)**	0.1 (-1)**	0.1 (-0.3)	0.2 (1)**
D19	$0.4 \; (\textbf{0.4})$	0.2 (-0.3)	0.3 (0.3)	0.6 (-0.9)*
D26	$0.4 \; (\textbf{0.6})^*$	0.2 (-0.1)	0.3 (0.3)*	0.5 (-0.3)
D28	0.5 (0.7)*	0.2 (-0.1)	0.3 (0.2)	0.7 (-1)**
D4	0.3 (0.1)	0.3 (1.4)**	0.3 (1.1)**	0.4 (-0.8)*
D6	0.4 (-0.2)	0.3 (4.1)**	0.3 (1.4)**	0.4 (-1)**
D7	0.4 (-1)*	0.3 (3.4)**	$0.4 \; (\textbf{0.4})$	0.4 (-3.6)**
MD10	0.5 (-0.2)	0.2 (-3.6)**	0.2 (1.5)**	1.2 (-0.5)*
P8	1.2 (2)**	0.9 (2.3)**	1.1 (2)**	1.4 (1)**

p < 0.05; *p < 0.005

Table S3: Summaries of flow-normalized trends in nitrogen analytes for all stations and seasonal aggregations from 1996-2013. Summaries are medians ($\operatorname{mg} L^{-1}$) and percent change per year in parentheses (increasing in bold-italic). Changes and significance estimates are based on seasonal Kendall tests of flow-normalized results within each time period. Months for each season are Spring: MAM, Summer: JJA, Fall: SON, Winter: DJF.

Analyte/Station	Seasonal, 1996-2013			
	Spring	Summer	Fall	Winter
DIN				
C10	1.1 (-4.1)**	1.3 (-3.1)**	1.6 (-2)**	1.7 (-3.4)**
C3	$0.5 \; (0.5)$	$0.4 \; (\textbf{0.1})$	0.6 (-0.2)	0.5 (-0.6)**
D19	0.5 (-2.8)**	0.2 (-1)*	0.3 (-1.6)**	0.7 (-2.3)**
D26	0.5 (-1.9)**	0.3 (-1.7)**	0.4 (-1)**	0.6 (-0.8)**
D28	0.5 (-3)**	0.2 (-4.9)**	0.2 (-4.9)**	0.7 (-2.1)**
D4	$0.4 \; (0)$	0.4 (-1)**	0.4 (-0.9)**	$0.5 \; (\textbf{0.6})^{**}$
D6	0.5 (-0.2)*	0.5 (-1)**	0.5 (-0.3)*	0.5 (-0.1)
D7	0.5 (-0.8)**	0.4 (-1.3)**	0.4 (-0.4)**	0.6 (-0.2)
MD10	0.4 (-2.3)**	0.2 (-3.7)**	0.2 (-4.4)**	1 (-1.8)**
P8	1.5 (-1.9)**	1.2 (-3.5)**	1.8 (-2.4)**	2.7 (-2.2)**
$\overline{\mathrm{NH}_{4}^{+}}$				
C10	0 (-4.2)**	0 (-6.1)**	0 (-8.5)**	0.1 (-7.3)**
C3	0.3 (1)**	0.3 (-0.8)*	0.4 (-0.5)*	0.2 (-0.1)
D19	0 (-1.9)**	0 (-0.4)	0 (-2.2)**	0.1 (-1.8)**
D26	0.1 (-1.2)**	0.1 (-1.3)**	0.1 (-1.9)**	0.1 (-1.4)**
D28	0 (-1.7)**	0 (-0.2)	0 (-2.4)**	0.1 (-3.1)**
D4	$0.1 \; (0.3)$	0 (-1.3)**	0.1 (-0.3)	0.1 (1)**
D6	0.1 (-0.7)**	0.1 (-1)**	$0.1 \; (\textbf{0.3})$	0.1 (-0.3)**
D7	0.1 (-2.2)**	0 (-2.1)**	0.1 (1.3)**	0.1 (-0.4)*
MD10	0 (-1.4)*	0 (-0.1)	0 (-0.8)**	0.1 (-4.3)**
P8	0.2 (-8.7)**	0.1 (-6.3)**	0.2 (-10.4)**	0.5 (-13.1)**
$\overline{\mathrm{NO_2^-/NO_3^{2-}}}$				
C10	1.1 (-4.2)**	1.2 (-3.2)**	1.6 (-1.9)**	1.6 (-3.3)**
C3	0.2~(0.4)	0.1 (3.1)**	0.2 (1.7)**	0.2 (-0.4)
D19	0.4 (-2.9)**	0.2 (-1)*	0.3 (-1.5)**	0.6 (-2.2)**
D26	0.4 (-1.9)**	0.2 (-1.6)**	0.3 (-0.6)*	0.5 (-0.6)**
D28	0.5 (-3)**	0.2 (-5.4)**	0.2 (-5.2)**	0.7 (-1.7)**
D4	0.3 (-0.1)	0.3 (-1)**	0.3 (-1)**	0.4 (0.4)**
D6	0.4 (-0.1)	0.4 (-1)**	0.4 (-0.4)*	0.4 (-0.1)
D7	0.4 (-0.6)**	0.4 (-1.2)**	0.4 (-0.8)**	0.4 (-0.3)*
MD10	0.4 (-2.6)**	0.1 (-4.5)**	0.2 (-5.4)**	1 (-1.4)**
P8	1.3 (-1.1)**	1.1 (-3.1)**	1.6 (-0.3)*	$2.2 \; (0)$

p < 0.05; p < 0.005