

# Wisdom Path: Holistic Health Platform



# Overview

5,000+ years of traditional wisdom × AI safety + personalization

Escalates early when medical care required

Philosophy: Respect traditions • Prioritize safety • Escalate early • Track everything



# The Problem

Health knowledge is fragmented & unsafe

80% of population uses traditional medicine → no cross-system checks

Risks: unsafe interactions, counterfeit products, missing regulation



# The Solution

Cross-tradition comparative health platform

Real-time interaction checks + global regulation alerts

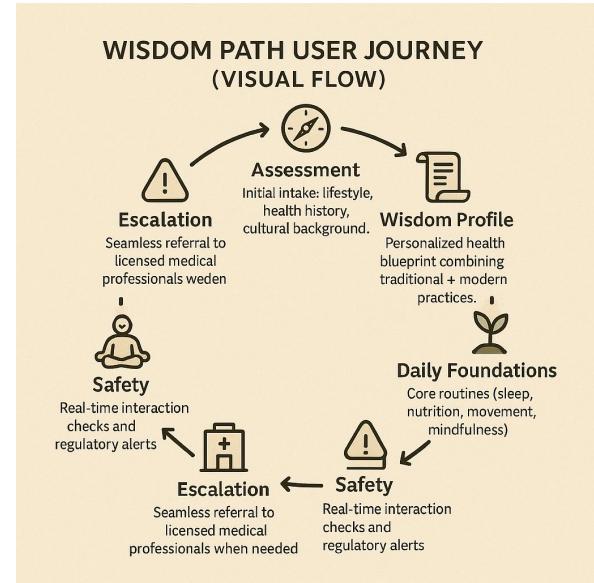
Outcome-tracking with AI-powered cultural personalization



# User Journey Flow

Assessment → Wisdom Profile → Daily Foundations

Practices → Tracking → AI Adjustments  
→ Safety → Escalation



# Wisdom Dashboard

- Wheel of Wellness (sleep, movement, nutrition, breath, community)
- Today's practice + streaks/consistency
- Active interventions + safety status panel
- Wisdom Feed: insights + research updates



# Cultural Wisdom Dashboard

Condition-based search (back pain → TCM, Ayurveda, Unani, Western)

Evidence toggles (Traditional, Clinical, RCT)

Global regulatory heatmap + practitioner network

AI synthesis insight & safety note

The dashboard features four main cards, each representing a different medical system:

- Traditional Chinese Medicine**: 5,000+ year tradition focusing on energy flow and balance. Core Philosophy: Qi, Yin-Yang balance, meridians. Key Methods: Herbal pharmacopoeia, Acupuncture, Moxibustion, Qigong. Evidence: 4/5 (Yellow). [Explore](#)
- Ayurveda**: Ancient Indian system emphasizing individual constitution. Core Philosophy: Dosha balance (Vata, Pitta, Kapha). Key Methods: Constitutional assessment, Herbal medicine, Panchakarma, Yoga therapy. Evidence: 3/5 (Yellow). [Explore](#)
- Unani Medicine**: Greco-Arab tradition focusing on temperament balance. Core Philosophy: Humoral theory (blood, phlegm, yellow bile, black bile). Key Methods: Herbal compounds, Cupping therapy, Dietary therapy, Massage. Evidence: 2/5 (Yellow). [Explore](#)
- Western Medicine**: Modern scientific approach with rigorous testing. Core Philosophy: Evidence-based, molecular biology. Key Methods: Clinical trials, Pharmaceuticals, Surgery, Diagnostics. Evidence: 5/5 (Green). [Explore](#)

# Journey Tracker & Tiers

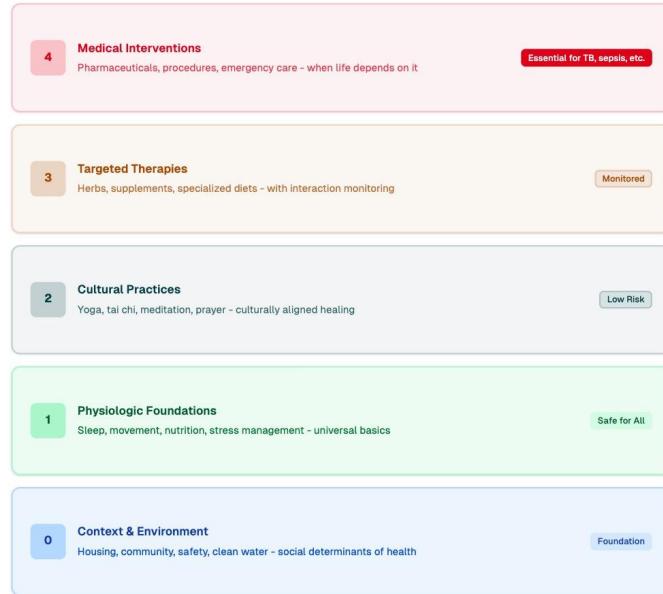
Tier 0–4 pyramid (Context → Medical)

Escalation logic:

● continue

○ caution

● urgent escalation



# Safety Command Center

Personal interaction matrix

Regulatory alert feed

Quality assurance dashboard (purity certificates, contamination alerts)

Emergency protocol cards

The screenshot displays a comprehensive safety dashboard. At the top, a red header bar contains a warning icon, the text "Medical Emergency?", and instructions: "For life-threatening conditions like tuberculosis, sepsis, or severe allergic reactions, call 911 immediately." It also features a "Call 911" button and an "Emergency Protocols" link. Below this is a main content area divided into four sections: "All Clear Personal Safety Status" (green background, green checkmark icon), "3 Alerts Active Safety Warnings" (orange background, orange exclamation mark icon), "Live Global Monitoring" (blue background, blue globe icon), and "24/7 Monitoring Active" (purple background, purple heart rate icon). A horizontal navigation bar below these sections includes tabs for "Safety Alerts", "Drug Interactions", "Emergency Protocols", and "Global Monitoring". At the bottom, a search bar allows users to "Search substances, herbs, or safety concerns...".

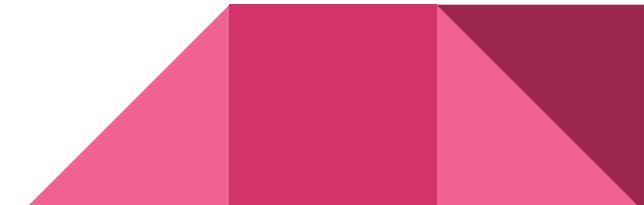
# Analytics Hub

Foundation mastery (sleep/movement/nutrition/stress)

Cultural impact analysis (seasonal effects, community vs solo)

Effectiveness matrix (success by tradition & therapy type)

Safety intelligence: risk scores, near-miss prevention



# Users & Engagement (KPI)

Foundation Consistency Index (target 75%+)

Intervention Effectiveness Score ( $\geq 70\%$  improve in 4 weeks)

Safety Prevention Rate ( $\geq 95\%$  interaction prevention)

Cultural Alignment Score ( $\geq 80\%$  aligned adherence)



# KPI Engagement & Platform Health

Wisdom Depth Score (60%+ engaged beyond tracking)

Journey Progression Rate (40% sustained improvements)

Community Wisdom Contribution ( $\geq 25\%$  meaningful sharing)

Provider quality, knowledge base authority, compliance score



# Tools and Infrastructure

- Data: wearables, symptom tracking, biomarkers, environment, cultural calendars
- AI: Context Engine, Safety Prediction, Outcome Prediction, Anomaly Detection
- Regulatory: alerts, geo-based compliance, credential verification
- Quality: supplier networks, testing, counterfeit detection



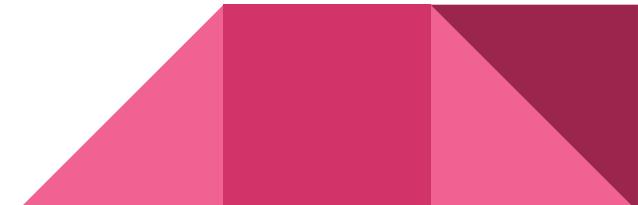
# Competitive Advantage

Only cross-tradition + safety-first platform

AI cultural competency (trained on multiple medical systems)

Defensibility: practitioner networks, verified content, regulatory layer

Network effects → smarter with diverse users



# MVP Link

<https://v0-wisdom-path-frontend-design-j5ae.vercel.app/>