

Wisdom Path: Holistic Health Platform



Overview

5,000+ years of traditional wisdom × AI safety + personalization

Escalates early when medical care required

Philosophy: Respect traditions • Prioritize safety •
Escalate early • Track everything



The Problem

Health knowledge is fragmented & unsafe

80% of population uses traditional medicine → no cross-system checks

Risks: unsafe interactions, counterfeit products, missing regulation

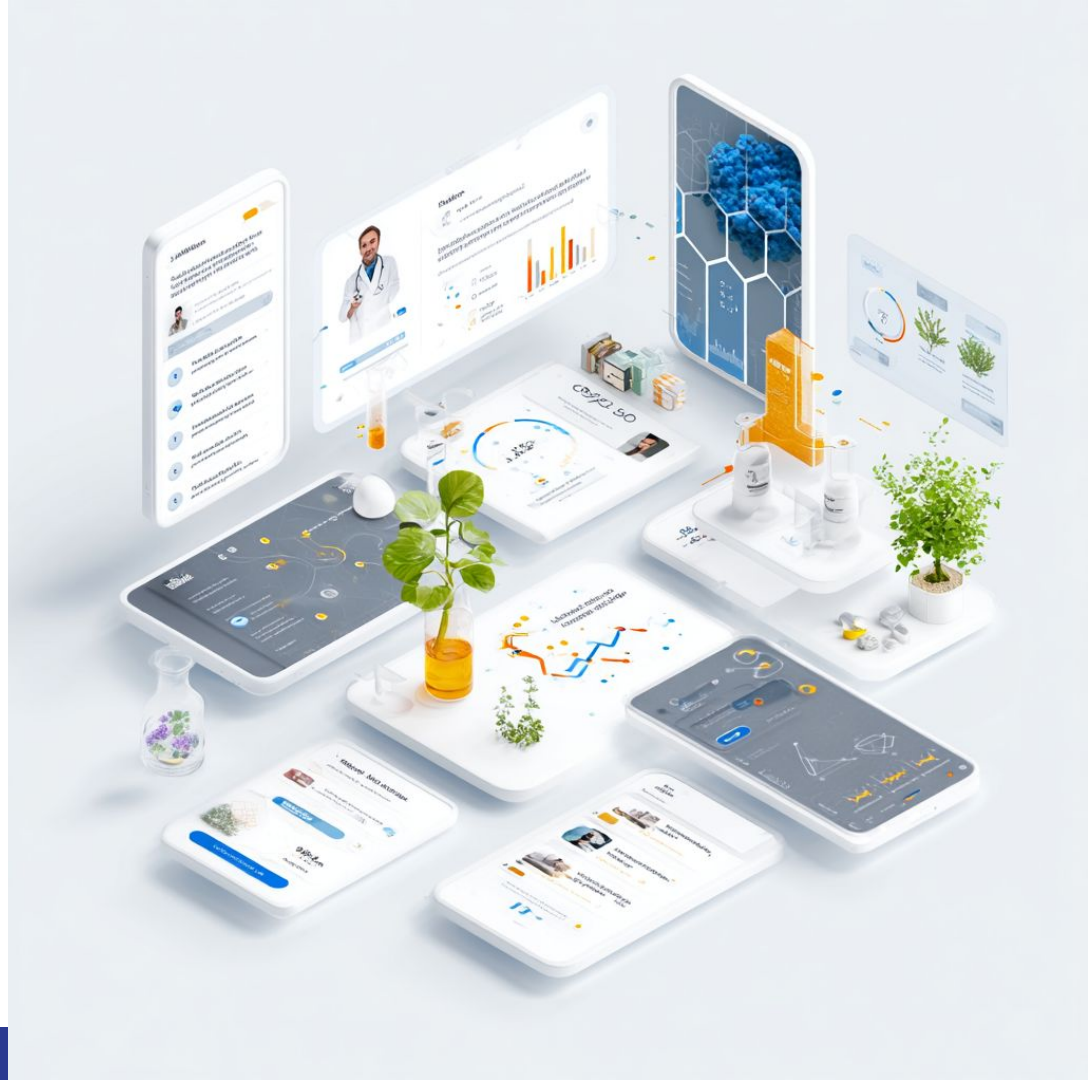


The Solution

Cross-tradition comparative health platform

Real-time interaction checks + global regulation alerts

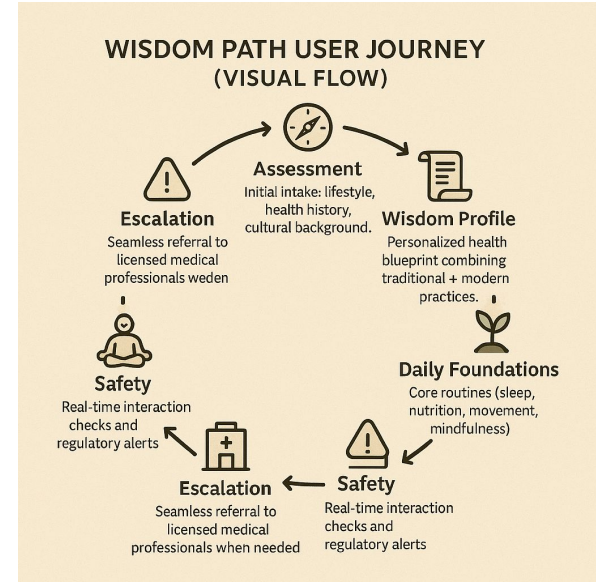
Outcome-tracking with AI-powered cultural personalization



User Journey Flow

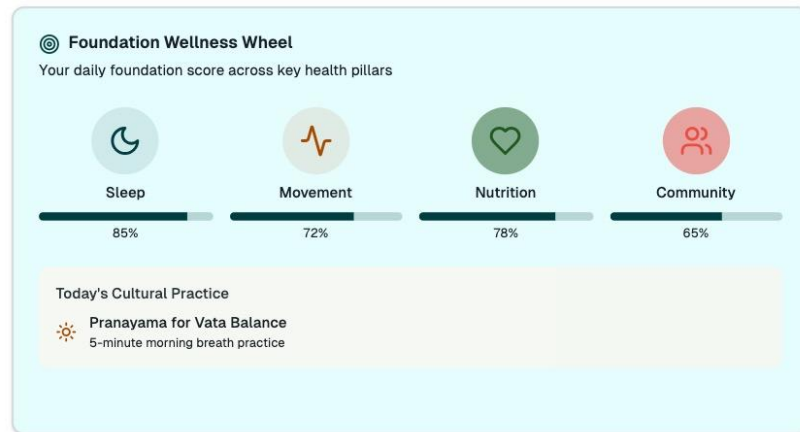
Assessment → Wisdom Profile → Daily Foundations

Practices → Tracking → AI Adjustments
→ Safety → Escalation



Wisdom Dashboard

- Wheel of Wellness (sleep, movement, nutrition, breath, community)
- Today's practice + streaks/consistency
- Active interventions + safety status panel
- Wisdom Feed: insights + research updates



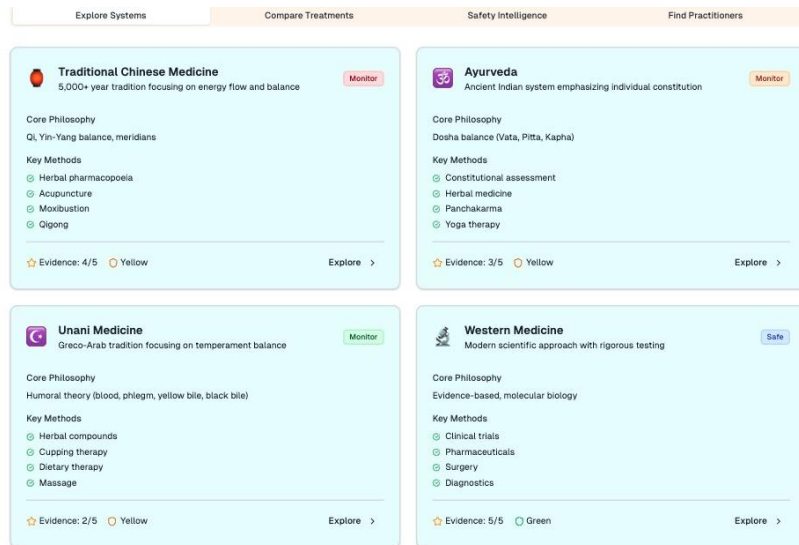
Cultural Wisdom Dashboard

Condition-based search (back pain → TCM, Ayurveda, Unani, Western)

Evidence toggles (Traditional, Clinical, RCT)

Global regulatory heatmap + practitioner network

AI synthesis insight & safety note



Journey Tracker & Tiers

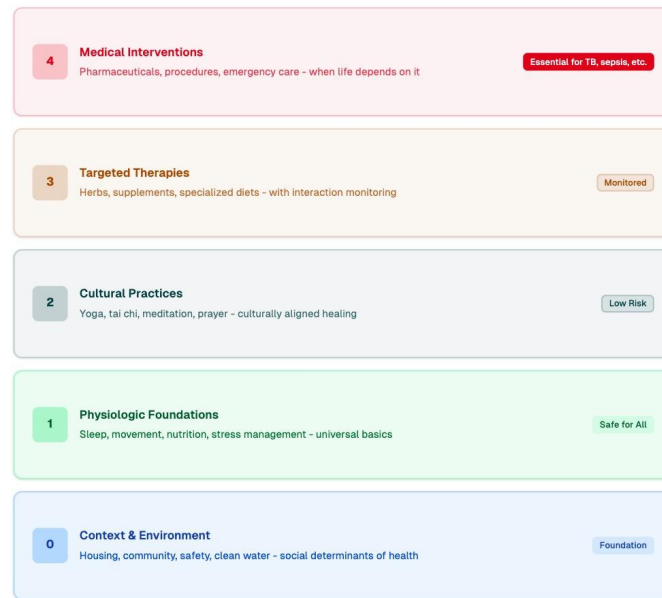
Tier 0–4 pyramid (Context → Medical)

Escalation logic:

● continue

● caution

● urgent escalation



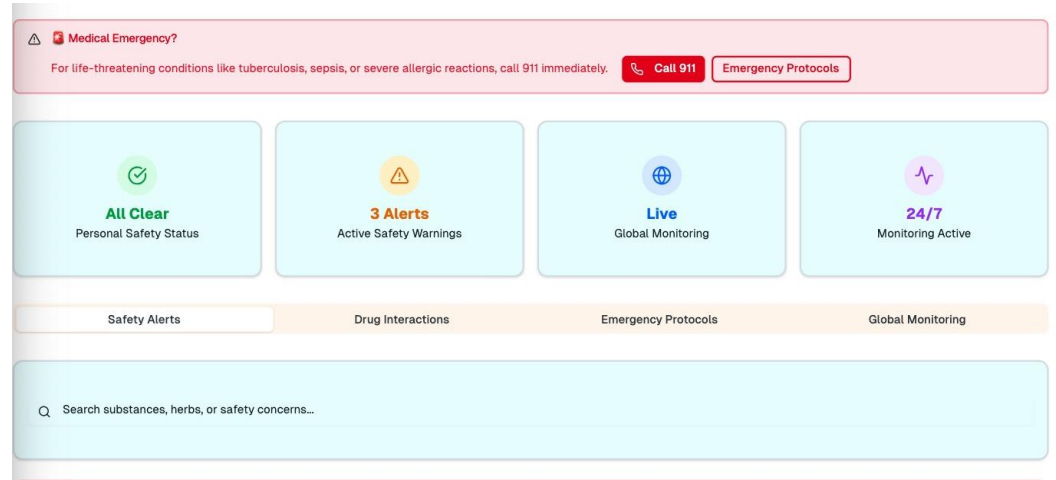
Safety Command Center

Personal interaction matrix

Regulatory alert feed

Quality assurance
dashboard (purity
certificates, contamination
alerts)

Emergency protocol cards



Analytics Hub

Foundation mastery (sleep/movement/nutrition/stress)

Cultural impact analysis (seasonal effects, community vs solo)

Effectiveness matrix (success by tradition & therapy type)

Safety intelligence: risk scores, near-miss prevention



Users & Engagement (KPI)

Foundation Consistency Index (target 75%+)

Intervention Effectiveness Score ($\geq 70\%$ improve in 4 weeks)

Safety Prevention Rate ($\geq 95\%$ interaction prevention)

Cultural Alignment Score ($\geq 80\%$ aligned adherence)



KPI Engagement & Platform Health

Wisdom Depth Score (60%+ engaged beyond tracking)

Journey Progression Rate (40% sustained improvements)

Community Wisdom Contribution ($\geq 25\%$ meaningful sharing)

Provider quality, knowledge base authority, compliance score



Tools and Infrastructure

- Data: wearables, symptom tracking, biomarkers, environment, cultural calendars
- AI: Context Engine, Safety Prediction, Outcome Prediction, Anomaly Detection
- Regulatory: alerts, geo-based compliance, credential verification
- Quality: supplier networks, testing, counterfeit detection



Competitive Advantage

Only cross-tradition + safety-first platform

AI cultural competency (trained on multiple medical systems)

Defensibility: practitioner networks, verified content, regulatory layer

Network effects → smarter with diverse users



MVP Link

<https://v0-wisdom-path-frontend-design-j5ae.vercel.app/>

