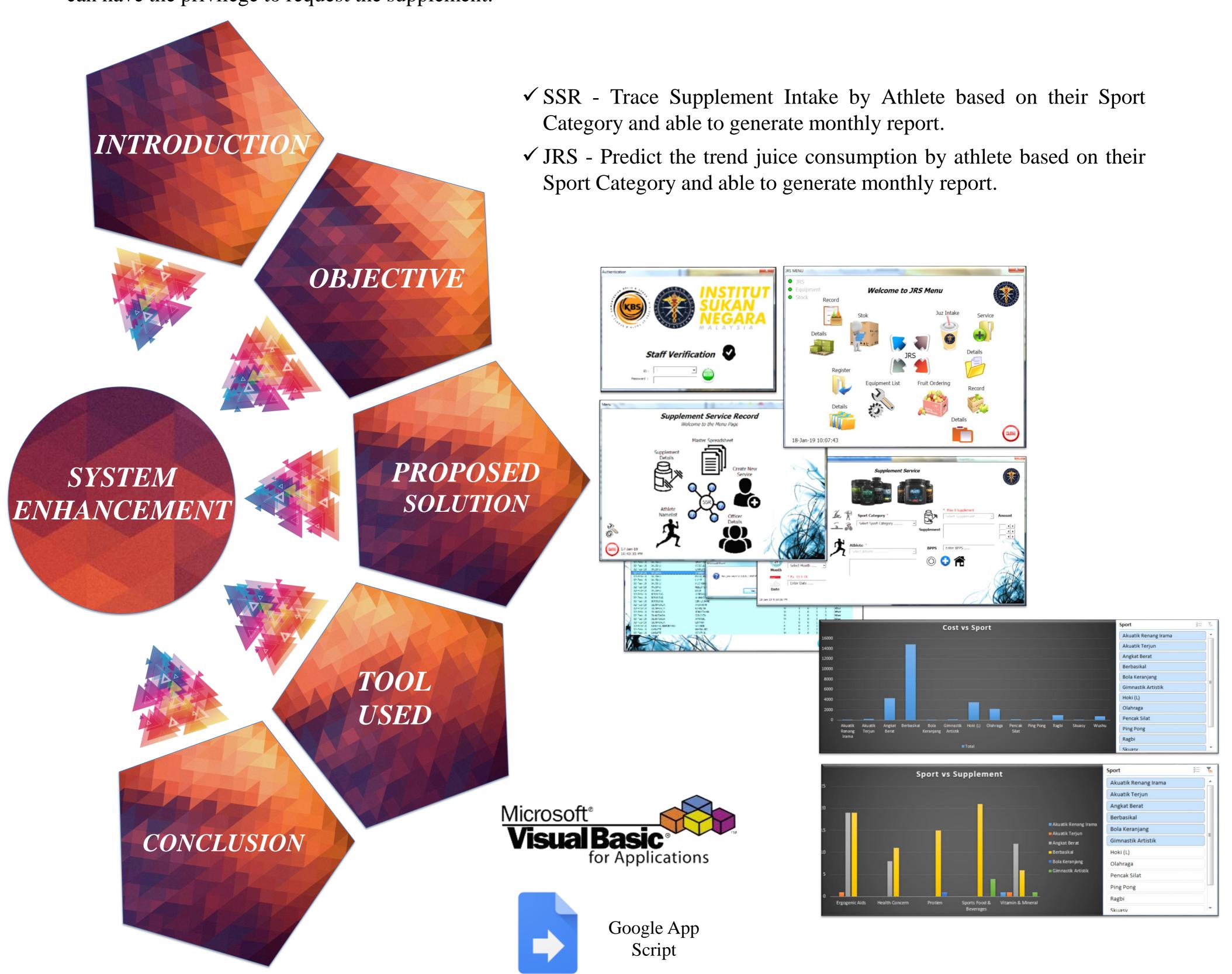


Nutrition Management System



NMS is a system to improve performance of Sport Nutrition Centre in daily basis and able to generate monthly report.

- Supplement Service Record (SSR) to track athlete's daily intake on supplement and their recovery based on their sport category. This system helps the department manage their supplement store according to their budget and able to analyze amount spend on each sport category.
- ❖ Juz Reward Station (JRS) is to keep in track the equipment, stock of ordering juz recovery material and athlete's juz intake With this, the department able to trace where the budget has been spending, get the trend of ordering the stock and trace any missing asset. The system also able to analyze athlete's daily intake of the supplement which is only athlete in program that can have the privilege to request the supplement.



- ✓ There are lot of thing that can be learn in Institut Sukan Negara, some task require a lot of self-learning in order to meet the expectation, there are also a task that need a lot of testing to ensure the system work perfectly.
- ✓ All of this valuable experience knowledge that I have gained were not only acquired through the direct involvement in task given but also through other aspect of the training such as work observation, interaction with the staffs and local people.

