# Postdoctoral Leadership & **Management Program**

YOU • YOUR TEAM • YOUR PROJECT

## You3 Postdoctoral Leadership and Management Program Application

Applications are due by January 15, 2024 at 5pm.

Please contact Kaylee Steen (<u>steenk@umich.edu</u>) or Ioannis Chremos (ichremos@umich.edu) with any questions.

fredboe@umich.edu Switch account



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\* Indicates required question

Email \*

frederick.boehm@gmail.com

#### About the You3 Program

You3 – A Leadership and Management Program for Postdocs is a structured program aimed at filling a critical need in postdoc professional development for current training and future career success. This program was designed by postdocs for postdocs under the guidance of OGPS Leadership. Based on postdoc survey data and pedagogical best practices, this program is structured as eight 1.5-hour weekly modules to develop mastery in three aspects of management and leadership - Yourself, Your Team, and Your Project. The program modules will be facilitated by the OGPS Professional Development team along with U-M campus experts in select module topics. The program will be enriched with effective tools and case-studies to provide learning opportunities for participants while developing a postdoc community through the cohort model.

Read More: <a href="https://ogps.med.umich.edu/you3/">https://ogps.med.umich.edu/you3/</a>

Sessions will be held virtually with additional in-person events to foster community-building in this cohort model. All sessions will take place Monday from 12:00 - 1:30 pm on the following dates:

Feb 5, In-person Welcome and Program Overview

Feb 12, Virtual: Identifying your strengths

Feb 19, Virtual: Implicit Bias in team building

Feb 26, Virtual: Time Management

March 4, Virtual: Resource management and Budgeting

March 11, Virtual: Starting your team March 18, Virtual: Building your team

March 25, Virtual: Communication and Conflict resolution April 1, In-person: Leadership and Wrap-up celebration

Lunch will be provided during the in-person sessions, and we encourage you to have your lunch during the virtual sessions to best manage your busy schedules!

First and Last Name *	
Fred Boehm	

Primary Department (within U-M Medical School) *		
Internal Medicine	•	

Years in Postdoctoral Training *	
4.5	
Year PhD was Conferred *	
2019	
Name of Postdoc Advisor *	
Santhi Ganesh	
Email of Postdoc Advisor	
Your answer	
Considered Career Path(s) Upon Completion of Postdoc *	
✓ Academic Faculty	
✓ Academic Non-Faculty	
✓ Non-academic Jobs	
Don't know	
Other:	

!

Tell us your primary motivation to apply for the You3 Program (250 words or less).

\*

An ideal response would include how the program fits into current challenges you have, future goals, particular skills you're interested in strengthening, etc. Please share at least a few sentences explaining your interest in joining the program, which will enable the committee to best evaluate your participation.

Your answer

Please respond to ONE of the questions below. (250 words or less)
Please include at least a few sentences responding to the question. This will help us learn more about you.

Tell us about a time when you had a conflict or challenge with a project that did not get solved effectively. With that in mind, what types of skills would you hope to learn from this program that could have helped you approach it differently?

Your answer

Tell us about a time, currently or in the past, when you have managed a person or people. What do you hope to learn from this program that would expand and improve your management skills and why?

Your answer

Tell us of a time when you struggled in a leadership position. What were the specific challenges? What skills from this course would be helpful and why?

Your answer

Tell us of a time when you were part of a team or project that was not managed effectively. Share what the issues were and what steps were/could have been taken to improve the experience. What skills would you hope to learn from this program that could have helped you approach it differently?

Your answer

#### **Program Expectations**

To build cohort community and continuity, accepted participants are expected to attend all 9 sessions (kick-off & 8 modules).

If applicable, please share any time conflicts you foresee.

Your answer

Please share any comments or questions you have about the program.

Your answer

We look forward to reviewing your application!

A copy of your responses will be emailed to the address you provided.

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