

For Stackoverflow

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library(kableExtra)

data <- data.frame('Column 1'=c('1','2','3','4','5'), 'Column 2'=c('a','b','c','d','e'))

kable(data, 'latex') %>%
  kable_styling(full_width = T)
```

Column.1	Column.2
1	a
2	b
3	c
4	d
5	e