

Foundations for Scientific Mediumship Research

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**\*\* WORK IN PROGRESS \*\***

# Introduction

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Inevitably, we all, sooner or later, die. And for the most part, most of the time, we just don't want to, even though there really is nothing we can do to avoid it. Furthermore, even if most of us can eventually accept our own death, most of us, enormously, struggle to accept the death of our loved ones, specially our children. From all the reasons for this resistance, the one that is most significant, is the inability to continue relating to our deceased loved ones, not even in some very basic form. When we are in the face of death, there might be fear of the unknown, perhaps even fear of some divine judgment, or perhaps quite the opposite and a certain calmness, but the thing we can never let go is our beloved ones. Consequently, from all the ways in which we tried to cope with death, it is maintaining the interaction with those we love what we tried the most.

As far back as history goes, the ability to communicate with the deceased ones--who allegedly survive in some non-bodily form after their physical death--has been claimed by many people <sup>1</sup>. However, that ability--whether real or not--had always appeared to be possessed by a rare few individuals, which would, for the most part, consider themselves gifted and would put their gift to use but would hardly attempt to share it or explore it. Yet, considering that the need to preserve the communication with our beloved ones, even after they die, is natural, general and deep, this alleged ability cannot remain unexplored, and, if real, unshared.

If such an ability, which we shall name **Mediumship** from hereon, is in fact

real, then it is clearly remarkable. And if real, it needs to be explored, demystified, and brought forward to be self accessible by anyone at anytime, without the needs for any unjustified intermediaries.

Attempts to study it seriously, critically, and some times even scientifically, have been made for centuries <sup>2</sup>. Unfortunately, to this date (2016), it seems that most such studies have failed to produce positive, agreeable and most importantly, radically useful results.

The purpose of this essay is to examine how could it be possible for mediumship to be real even if most scientific attempts to show it have failed, to analyze the reasons for that, and to outline a path forward that might produce positive and useful results. In summary, it postulates that mediumship does exist, diagnoses that the failure to show it comes mainly from the fact that the focus of most research is primarily put on the mediums, which are ultimately only the most straightforward "observables", and proposes that a possible solution is to focus on mediumship *development* instead. If the proposed approach succeeds, then research would not only show what some (miss-called) "gifted" people can really do, or that some form of "us" seems to effectively survive after dead in some energy form without the biological body, but how to effectively exploit that. Success in this research would allow this extraordinary ability to be understood as a skill, not a gift, and it would allow us to elaborate techniques and procedures by which anyone can, potentially, develop the ability by and for themselves, however laborious that might be.

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# **Informal Overview of Mediumship**

**Review of Past and Current  
Serious and Scientific  
Mediumship Research**

**Bootstrapping approach to  
Scientific Mediumship Research**

Review of main mediumship  
models and practices from  
foundational "mediumnismics  
texts"

**Proposed Formal Mediumship**

**Working Hypotesis**



**Poposed research protocols and  
criteria based on the proposed  
working hypotesis**

<sup>1</sup> [insert references to some such claims]

<sup>2</sup> [insert references to some such research]