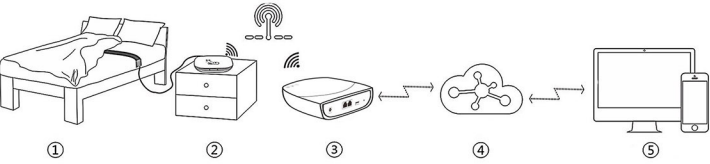# 1 | Wireless Sleep Monitor

The HeyMomDad Sleep Monitor records real-time measurements of heartbeat rate and movements of the monitored individual. This data is automatically uploaded to the Cloud and converted into easy-to-read visual reports. You and your loved ones can quickly review the nightly sleep report and health analysis, as well as compare historical data, which is a great way to be alerted to potential health risks before they occur.
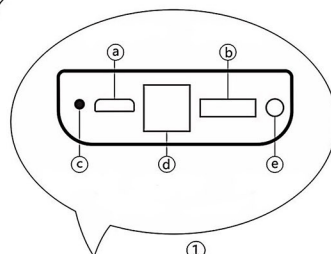
What's in the package

A.1 Wireless Monitor

B.1 Sleep Pad
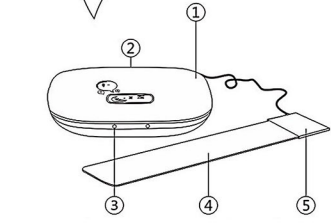
C.1 USB Cable

D.1 AC adapter

① ② ③ ④ ⑤

(1) Sensor band placed under the sheet
(2) Wireless Sleep Monitor sensor transmitter
(3) Wireless HUB
(4) Internet
(5) Mobile and computer viewing devices

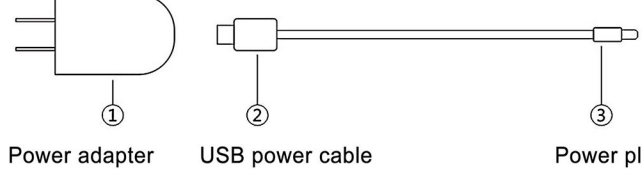【Picture 1-1】HeyMomDad Wireless Sleep Monitor System Structure Diagram

1

(a) USB charging port
(b) USB sensor band port
(c) Charging status indicator (red is charging, green isfully charged)
(d) Data port
(e) On/Off switch (On when pressed in)

1 Wireless Sleep Monitor
2 Product back shell
3 Wireless transmission indicator (Flash when transmission occurs)
4 Sensor band with waterproof fabric cover
5 Sensor connector (Do not open unless supervised by a technician)

【Picture 1-2】HeyMomDad Wireless Sleep Monitor Products Diagram

① Power adapter ② USB power cable ③ Power plug
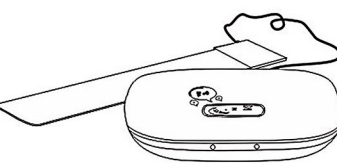
【Picture 1-3】Power Adapter Diagram

2

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2 | Product Hardware Setup

Setup position:
Below cervical vertebra,
Above coccygeal vertebra
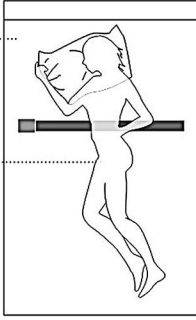Recommended position:
Above waist

Sensor Pad Setup:

Take out the sensor pads (blue-gray). For the detailed setup position, please see right image.
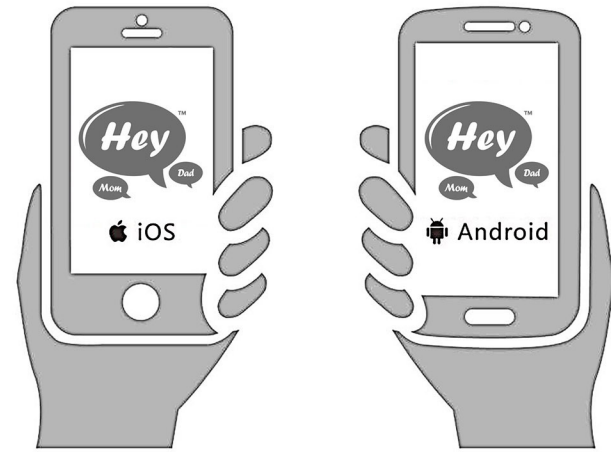
Wireless Sleep Monitor Setup：

Take out the Wireless Sleep Monitor, place it on or near the bedside table that is close to the sensor pad. Connect the sensor pad and the monitor via the cable, and press the white switch on the back of the monitor. Please see the image on the left.
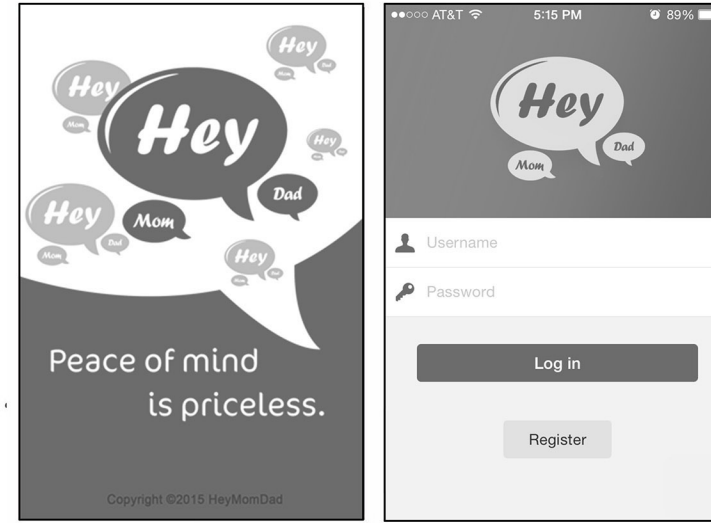
3

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3 | Download App and Configuration

 iOS   Android

4

Add a Device:

1. Open the App, Click "**Register**."
2. After registration is successful, enter username and password, and click "**Log in**" for the main interface.
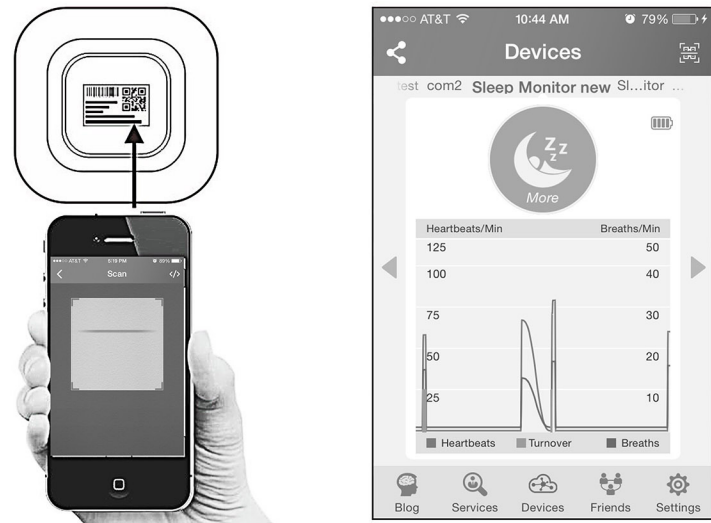

①

②

3. Click "**Devices**," click scan icon and scan the device QR code to add Wireless Sleep Monitor.
4. Click "**More**" to view the sleep monitor interface and check the sleep data.

③

④

5

6

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5. Click ••• to set the device name.

⑤

7

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4 | Troubleshooting

1. How do you check whether the Wireless HUB connection is completed?

• After connecting the power adapter and the network cable (Face the Ethernet port, with the green light on the left side and green or yellow light on the right side), the green light on the left side is always on, and the light on the right side is the normal flashing interval.

2. If I setup the product by following the instructions and everything works normally, but the HeyMomDad App does not display data, what do I need to do?

• Check the mobile device (mobile phone or tablet) is online.
• Quit the HeyMomDad App and reopen the app to login.

Read more: www.HeyMomDad.com
Email: info@HeyMomDad.com

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3. Product light status	
Light Status	**Note**
Light blinks time interval long (Slow blink)	Searching the network
Light blinks time interval short (Fast blink)	Failed to search the network, the device is going to be inactive
Light doesn't blink	Device is inactive, not functioning
Light blinks with time interval of 6 seconds	Functioning normally
Light always on	Internet network connection is abnormal
Power indicator light on the product status	
Light Status	**Note**
Red light is on	Charging
Green light is on	Charging complete

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5 | FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.

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-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

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Product Manual

• HeyMomDad Wireless Sleep Monitor   HMD-SS01A

• Thank you for purchasing this product. Please make sure you read this manual before using this product to avoid damage.

• The product pictures on the manual are for reference only.

Vitall Inc.

Website: www.HeyMomDad.com
Email: info@HeyMomDad.com

Peace of mind is priceless.