

### STEP 3: Sync Your YOO®+ App

**A**

1. Make Sure your phone has Bluetooth turned "ON". (fig. A)

2. Follow the App instructions to set up your YOO account and pair your YOORX.

3. Once you have completed your profile on the YOO+ app you will be prompted to sync your YOORX. Your YOORX is able to sync automatically each time you open the YOO+ app but you can also sync by tapping the "Sync Device" option within the left side menu on the YOO+ app.

Important: The YOORX will automatically RESET at MIDNIGHT. At that time, the data in the PREVIOUS DAY will automatically be saved. YOORX will store 14 days of activity so you can SYNC the wrist band & app at your convenience.

**Switching Devices for iOS**

**A**

**Switching Devices - from a YOORX to a new YOORX (for iOS users)**

**1. Forget Current Device.**

Go to Settings > Bluetooth on your iOS device. Search for your connected YOORX and tap the info icon:

Helpful Hint: Try moving to a different location and away from the YOORX you are trying to disconnect.

**2. Connect to your new YOORX**

a. Launch the YOO+ app.

b. Tap the menu icon at the top left corner of the YOO+ app.

c. Tap "Settings".

d. Tap to select another YOO device.

e. Tap "Save Settings" at the bottom of the page.

f. Tap to reselect YOORX.

g. Tap "Save Settings" at the bottom of the page.

h. Return to menu and tap "Sync Device".

i. Follow the YOO+ app prompts to pair your new YOORX.

**Switching Devices for iOS**

**A**

**Switching Devices - from a YOORX to another YOORX device (for iOS users)**

**1. Forget Current Device.**

Go to Settings > Bluetooth on your iOS device. Search for your connected YOORX and tap the info icon:

Helpful Hint: Try moving to a different location and away from the YOORX you are trying to disconnect.

**2. Connect to your new YOORX**

a. Launch the YOO+ app.

b. Tap the menu icon at the top left corner of the YOO+ app.

c. Tap "Settings".

d. Tap to select another YOO device.

e. Tap "Save Settings" at the bottom of the page.

f. Tap to reselect YOORX.

g. Tap "Save Settings" at the bottom of the page.

h. Return to menu and tap "Sync Device".

i. Follow the YOO+ app prompts to pair your new YOORX.

**STEP 4: Use Your YOO®RX**

The YOORX is easy-to-use and simple to navigate. Lightly touch the Tapspot (fig. A) to cycle through the screens. You will be able to cycle through the following stats:

**TIME / DAY / DATE -**

Sync to the YOO+ app to set the date and time. The time can be displayed in a 12 HR or 24 HR format based on your phone's setting.

**STEPS -**

Total steps taken starting at midnight of the current day.

**DISTANCE -**

Total distance traveled based on the unit of measure selected in the YOO+ app (metric or imperial).

**A**

softly TOUCH here!

**B**

6.87 Mi

**C**

10:27 AM

**D**

HELP! My YOORX Won't Sync

**A**

Don't worry. Try these steps!

Try these troubleshooting options to fix syncing problems:

1. Turn off Bluetooth on your smart device and then turn back on (fig. A).
2. Charge your YOORX.
3. (For iOS users only) check Settings>Bluetooth and confirm your YOORX is connected.
4. Try a manual sync.
5. Tap the menu icon at the top left corner of the YOO+ app. Tap 'Sync Device'.
6. Try a refresh by turning your smart device off and then turn back on.

**E**

10:27 AM

**F**

optional hand-held charging stick

**Switching Devices - from a YOORX to another YOO device (for Android users)**

**A**

Switching Devices for Android Users

**B**

Switching Devices - from a YOORX to another YOO device (for Android users)

**C**

1. Connect to your new YOO device.

- a. Launch the YOO+ app.
- b. Tap the menu icon at the top left corner of the YOO+ app.
- c. Tap "Settings".
- d. Tap to select another YOO device.
- e. Tap "Save Settings" at the bottom of the page.
- f. Tap to reselect YOORX.
- g. Tap "Save Settings" at the bottom of the page.
- h. Return to menu and tap "Sync Device".

**D**

Helpful Hint: Try moving to a different location and away from the YOORX from which you are trying to disconnect.

**E**

Important: It may take a minute to establish your new Bluetooth connection so have patience while your YOO locates your smart device and completes the connection process.

**F**

4. YOORX also comes with an optional hand-held charging stick. Simply insert the rounded end into the magnetic charging unit and use like a handle to make charging easier than ever. (fig. D)

**G**

5. The display on the YOORX will show the battery icon while charging. When your YOORX is fully charged the display will indicate 100% on the battery level screen. (fig. E)

**H**

6. Your YOORX will charge very fast. A full re-charge only takes one to two hours.