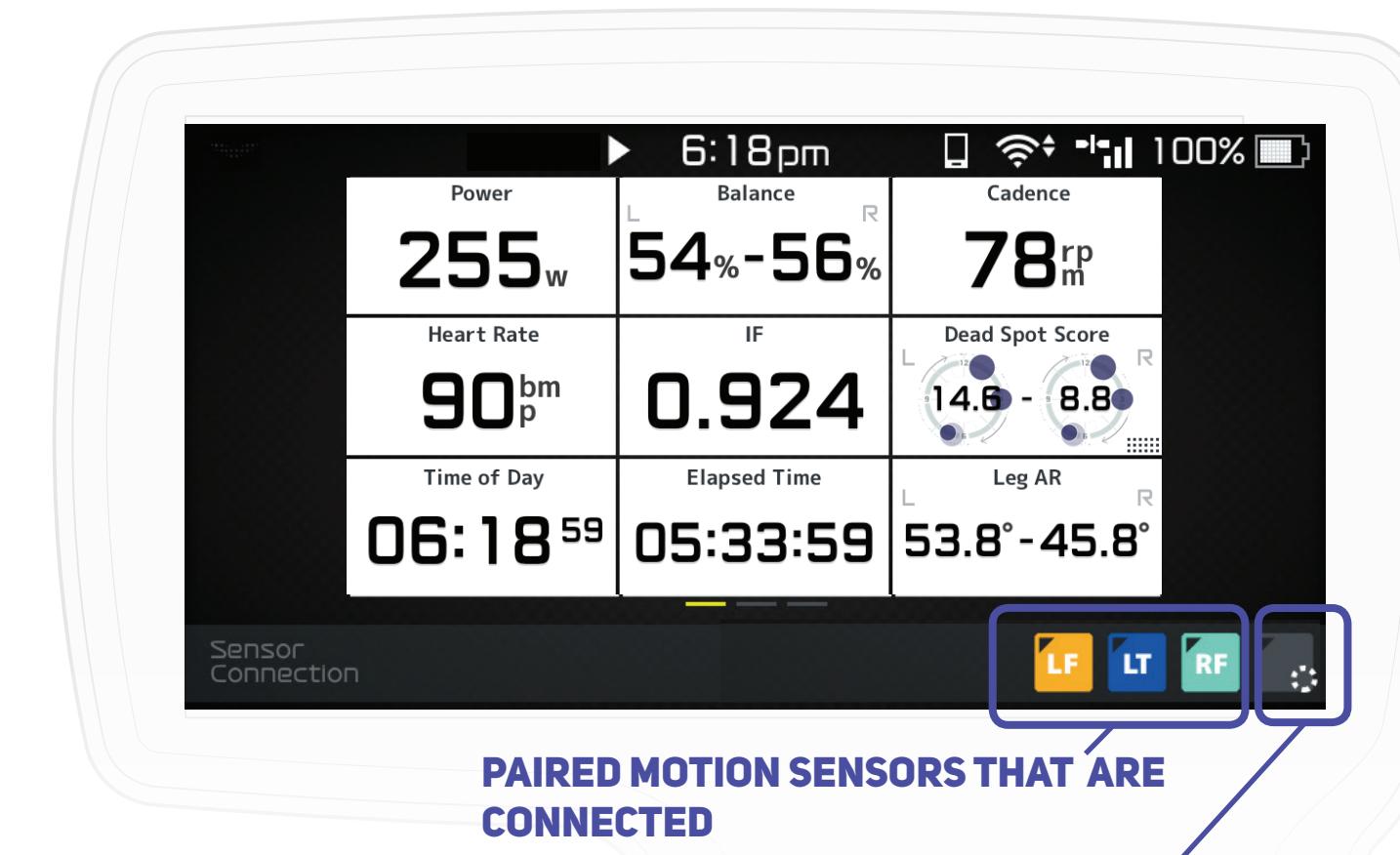


7

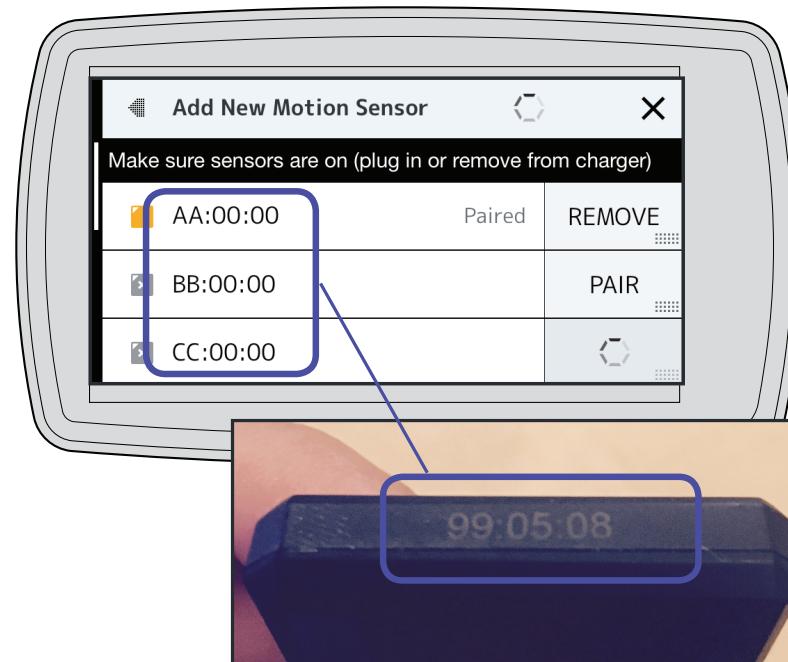
CONNECT LEOMO MOTION SENSORS TO TYPE-S

Make sure your LEOMO Motion Sensors are connected to your TYPE-S by checking the sensor connection status.



MANUAL PAIRING

If you do not have 5 LEOMO Motion Sensors paired to your TYPE-S, manually pair them from Quick Menu (swipe up from the bottom of the screen) > Menu > Motion Sensors



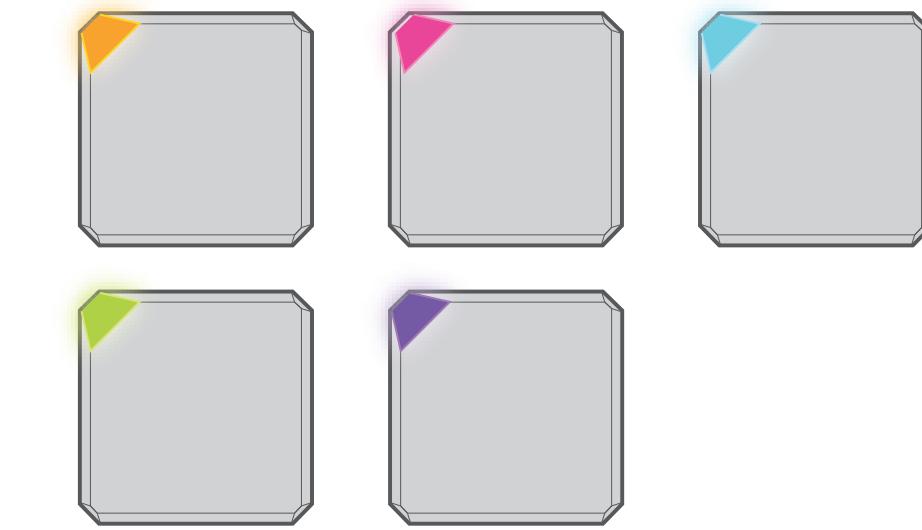
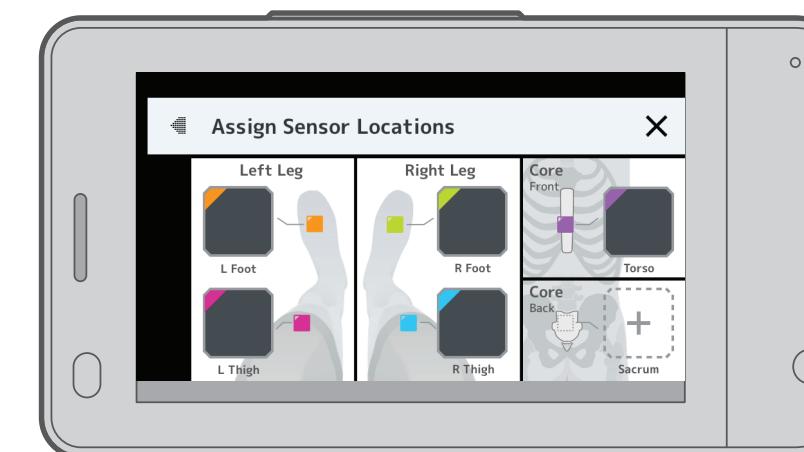
NOTE

- If manually connecting a LEOMO Motion Sensors doesn't work, restart the sensor by inserting and removing it from the Sensor Charger.
- If you have more than 5 LEOMO Motion Sensors in your surroundings, pair to the correct sensor by matching the ID printed on the bottom of the sensor.

8

ASSIGN LEOMO MOTION SENSOR LOCATIONS

LEOMO Motion Sensors need to be assigned to a specific body location. When prompted, set the locations of your LEOMO Motion Sensors (you can also manually access the location assignment page from Quick Menu > Menu > Motion Sensors > Assign Sensor Locations).



9

PAIR ANT+ SENSORS (NOT INCLUDED)

Optional: Pair ANT+ sensors from Menu > ANT+ Sensors > Add Sensor

- Power Meters
- Heart Rate Sensors
- Speed Sensors
- Cadence Sensors
- Speed / Cadence Sensors

10

PHYSICAL CONFIGURATIONS

Attach a standard quarter turn bike mount to your bike's stem or handlebar. Attach the TYPE-S to the Multi-sport Adapter, then set the Bike Plate at the back of the Multi-sport Adapter on the bike mount and twist them 90 degrees to secure them to the bike.

In case the Bike Plate breaks, we recommend you to use a safety cord that ties the Multi-sport Adapter to the bike's stem or handlebar.



WARNING

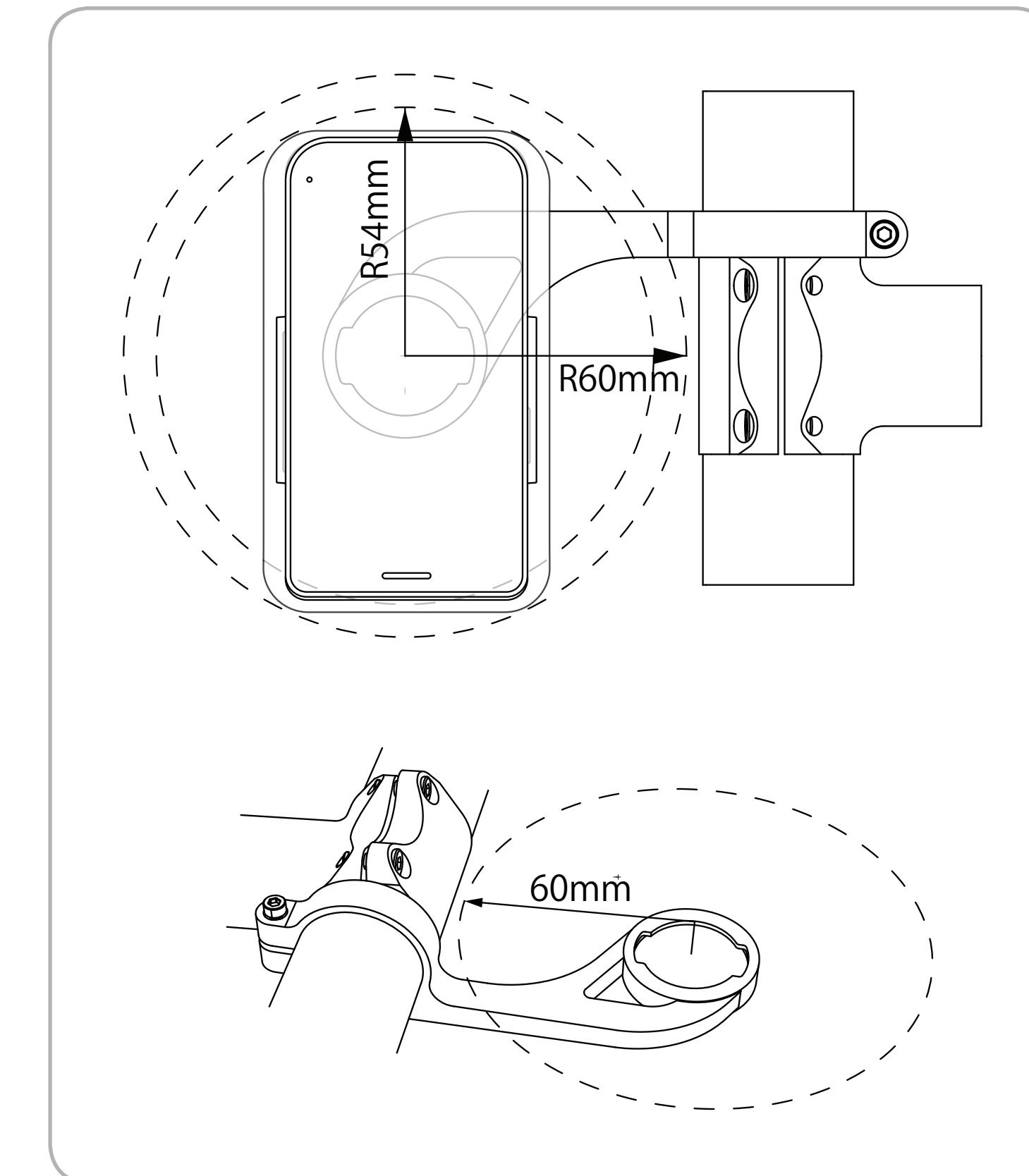
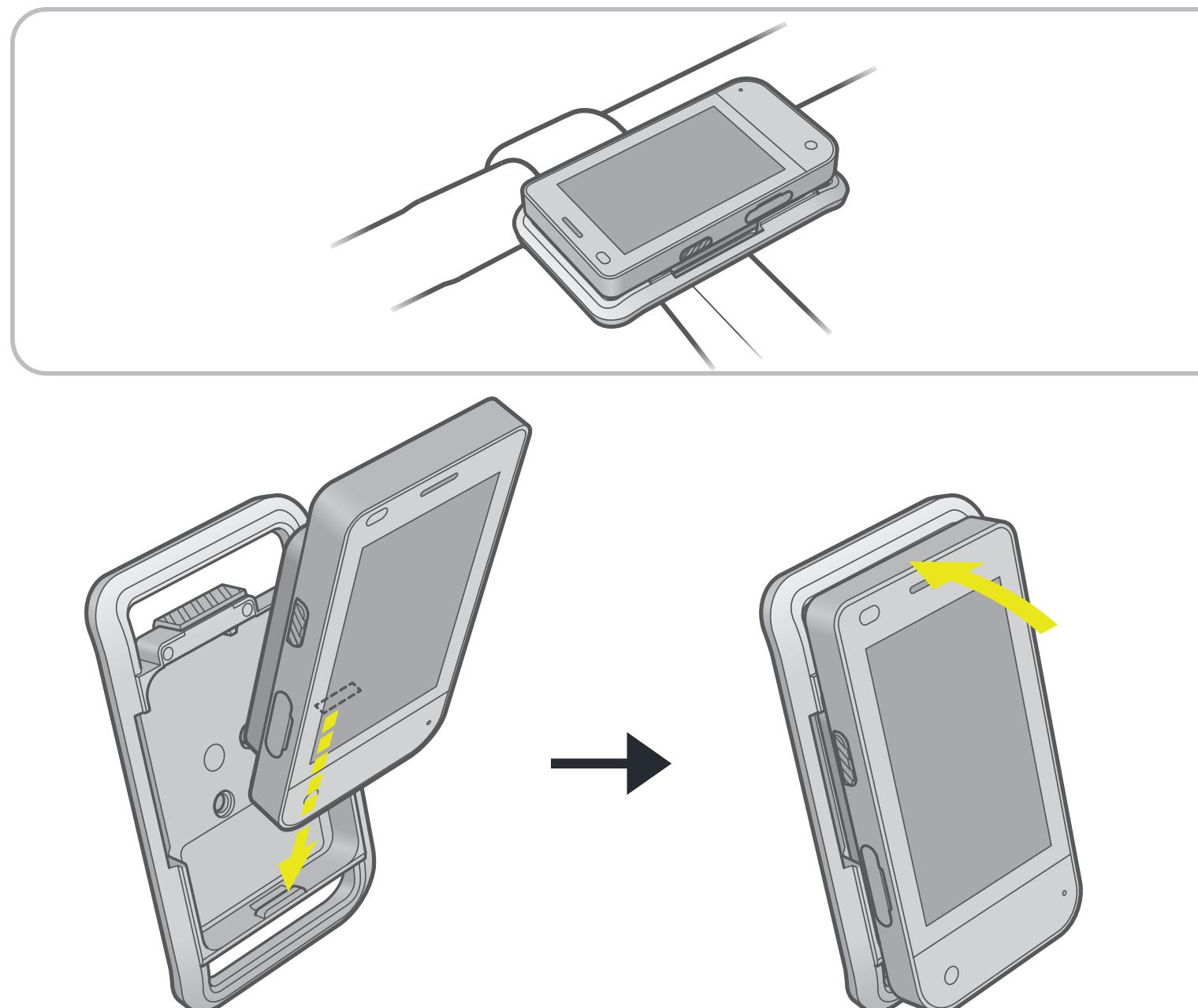
In order to maintain the product's waterproof capabilities, please follow all instructions written in this manual and the LEOMO terms of use listed below. Any damage resulting from user negligence will void the product warranty.

- Make sure the SIM/micro SD card tray of the TYPE-S is fully inserted.
- Make sure the USB port and connectors are completely dry while charging.

For more information, please go to <http://leomo.io/warranty> and <http://leomo.io/terms>

BIKE HANDLE BAR

Use a standard quarter turn bike mount for a cycle computer having 3-inch or larger screen. The following figures show the required clearance.



1

PREPARE THE TYPE-S

1) CONNECT TO SENSORS

Connect to your LEOMO Motion Sensors and ANT+ sensors.

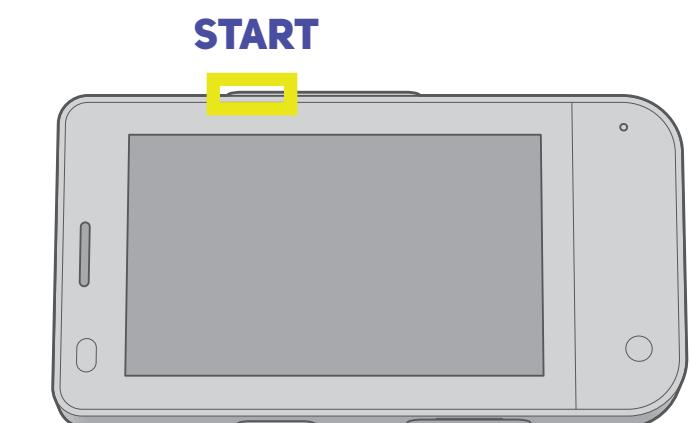
2) WEAR YOUR MOTION SENSORS

Place LEOMO Motion Sensors on assigned locations. Note that sensors placed on non-assigned locations will have incorrect data. (check next page for locations)

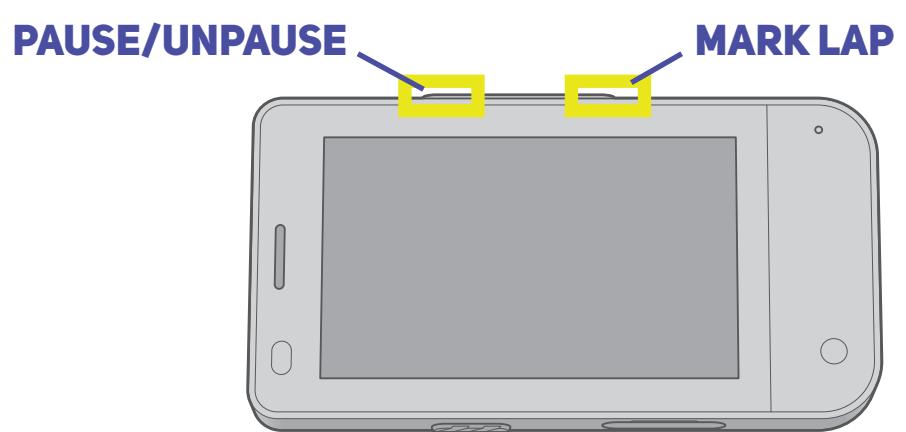
2

RECORD ACTIVITY

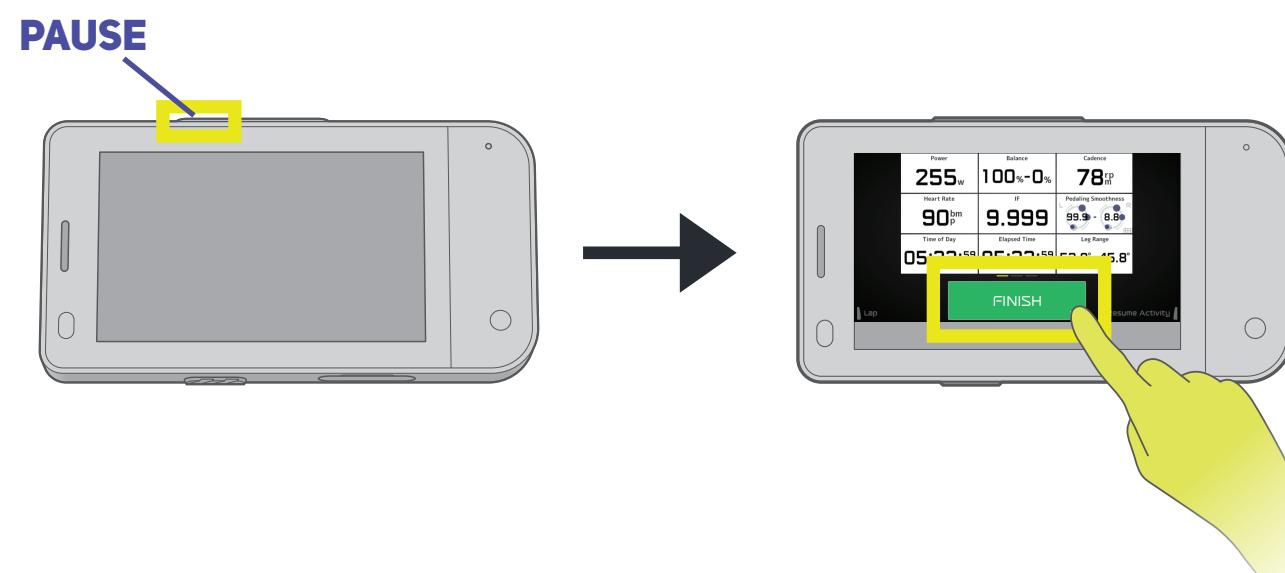
STARTING AN ACTIVITY



DURING AN ACTIVITY

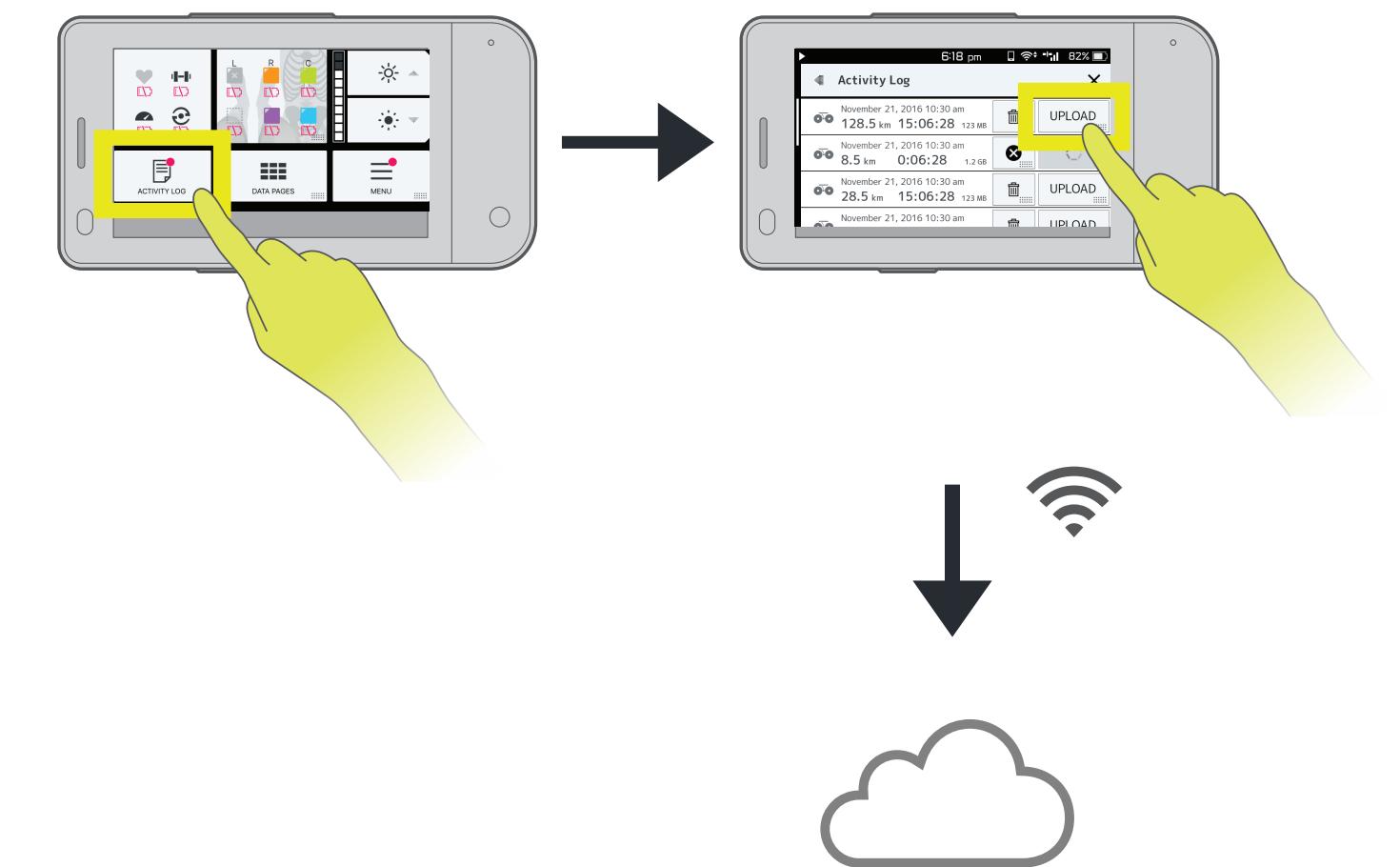


FINISHING AN ACTIVITY

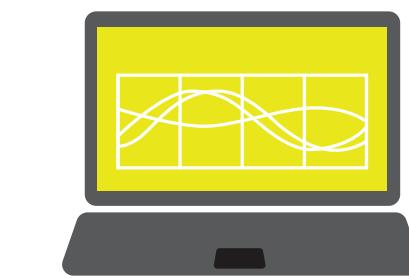
**3**

UPLOAD ACTIVITY

Upload your activities via Wi-Fi directly from the TYPE-S to the cloud from Quick Menu > Activity Log. Note that the TYPE-S does not upload activities via Bluetooth or USB.

**4**

ANALYZE DATA ON WEB APP



<http://app.leomo.io>

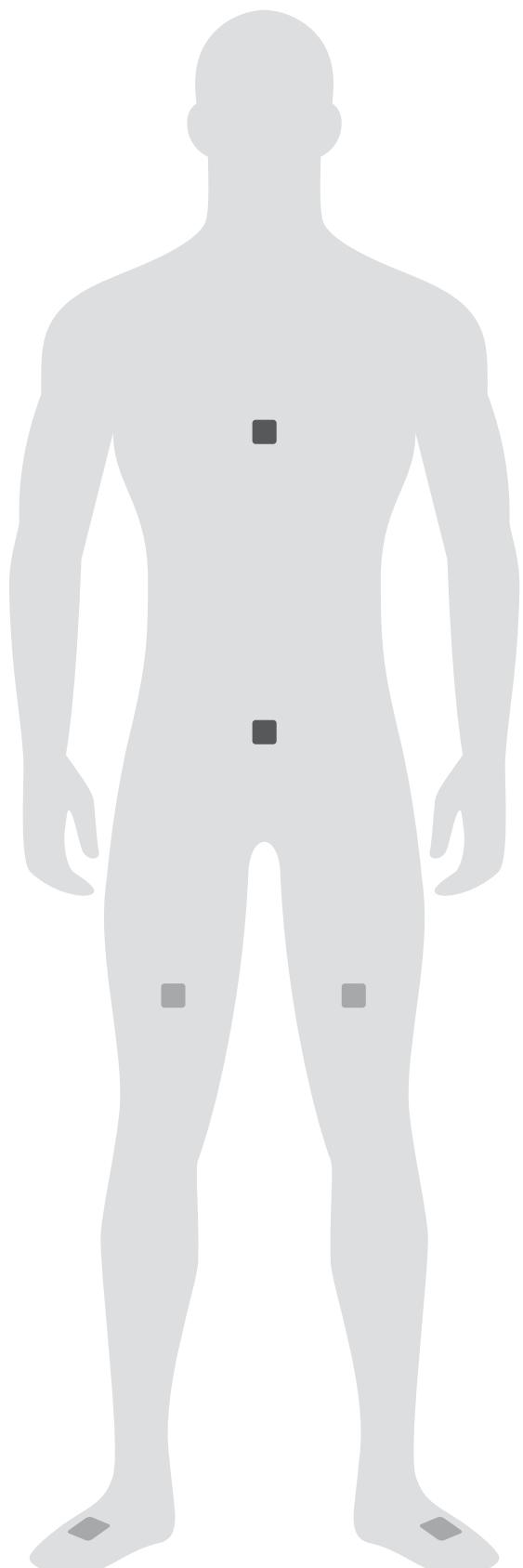
WEARING YOUR LEOMO MOTION SENSORS (OPTIONAL)

LEOMO

Match your LEOMO Motion Sensor's color to the assigned location on your body. For example, if you have assigned the orange sensor as the RT (right thigh) sensor, place the orange sensor on your right thigh.

LEOMO Motion Sensors may be placed in any direction and will automatically adjust to real-world XYZ coordinates.

To check what color is assigned to what location, go to Quick Menu > Menu > Motion Sensors > Assign Sensor Locations.



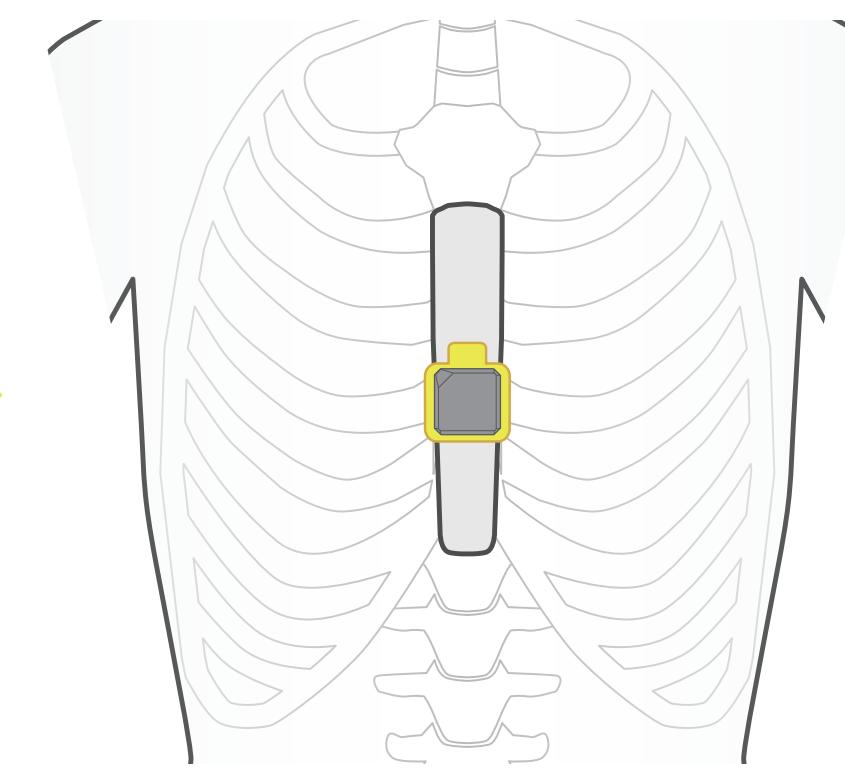
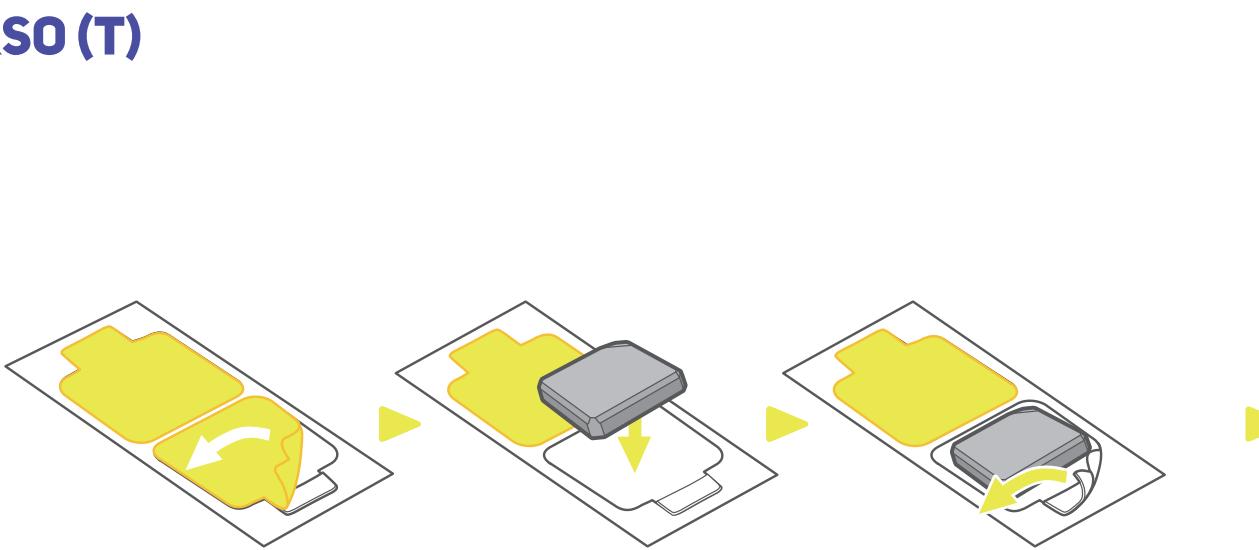
TORSO

SACRUM

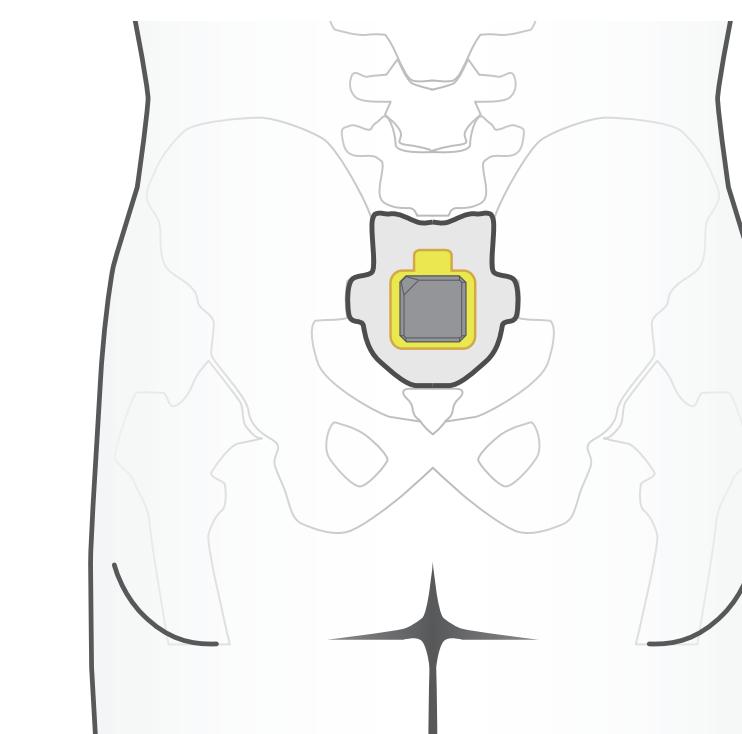
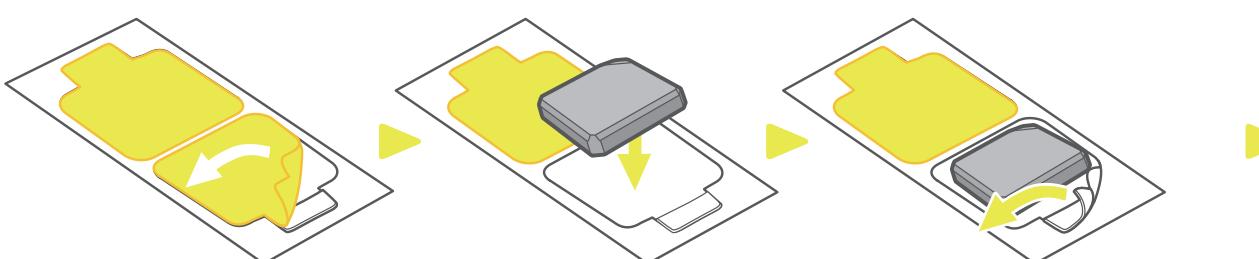
THIGHS

FEET

TORSO (T)



SACRUM (S)



NOTE

- sacrum can be found right above the tailbone.

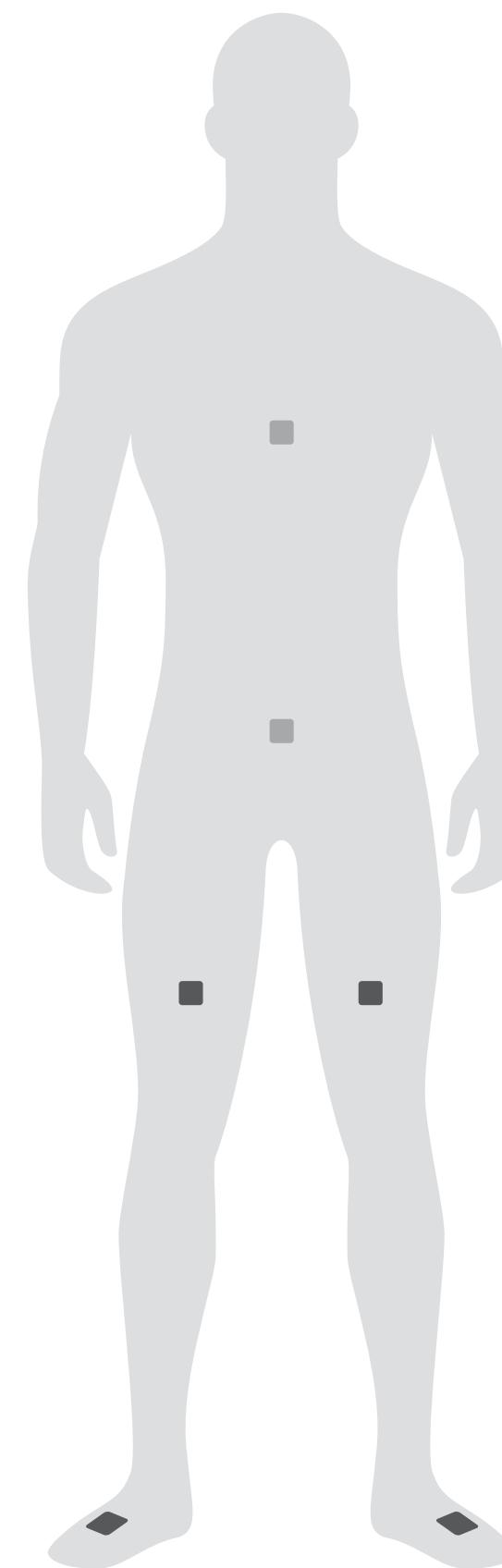
⚠️ **WARNING!**

**Adhesives should always be used with all torso, sacrum, and thigh sensors.
Failure to use adhesives could result in serious injury.**

Match your LEOMO Motion Sensor's color to the assigned location on your body. For example, if you have assigned the orange sensor as the RT (right thigh) sensor, place the orange sensor on your right thigh.

LEOMO Motion Sensors may be placed in any direction and will automatically adjust to real-world XYZ coordinates.

To check what color is assigned to what location, go to Quick Menu > Menu > Motion Sensors > Assign Sensor Locations.



TORSO

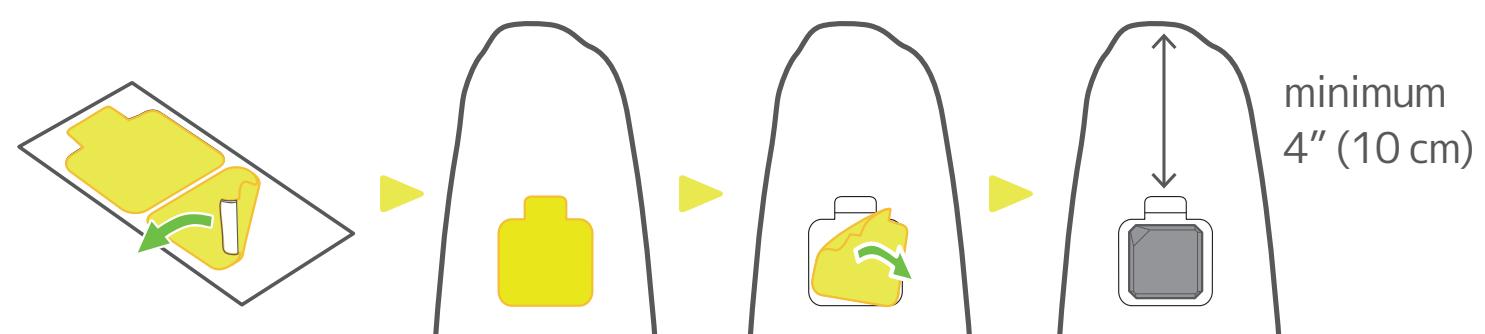
SACRUM

THIGHS

FEET

THIGH (RT AND LT)

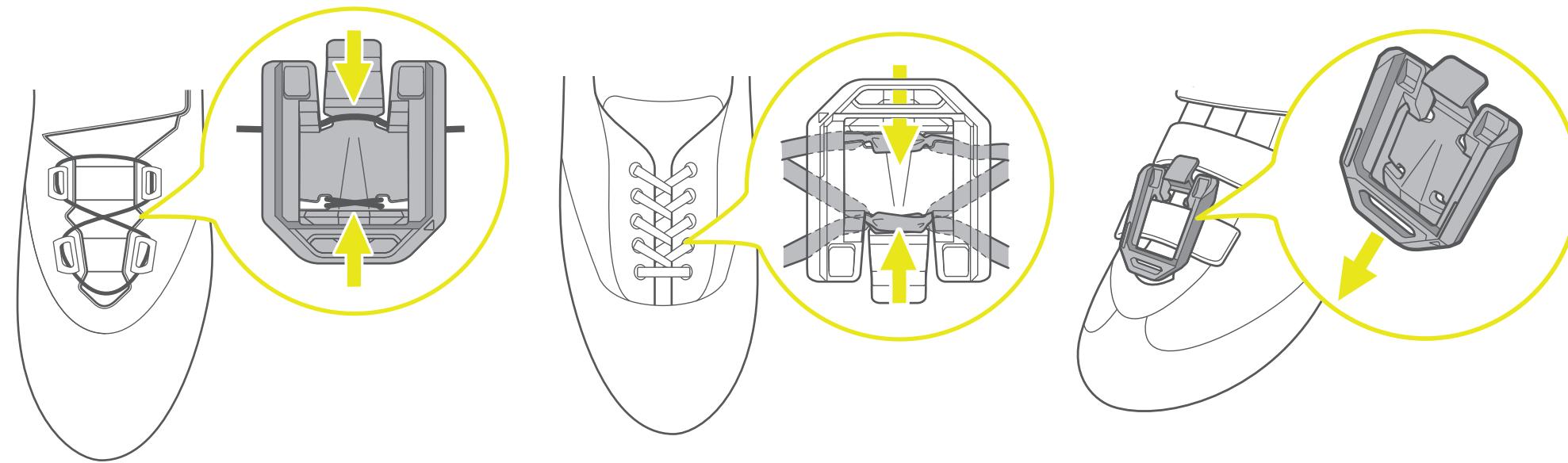
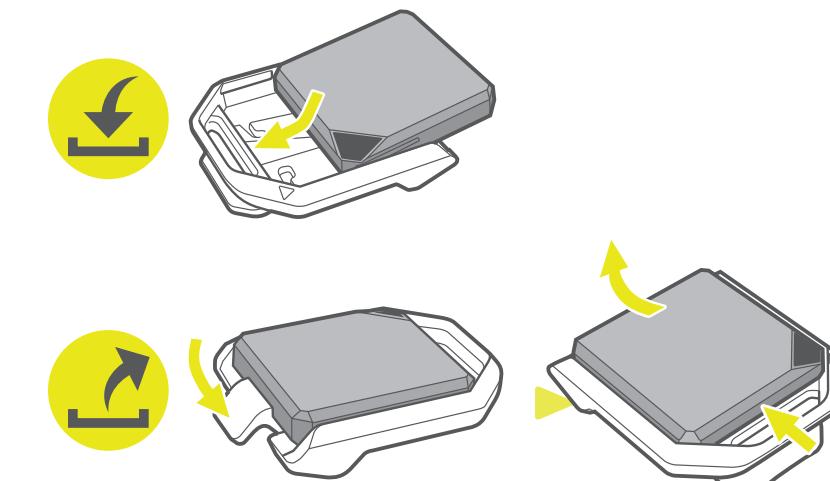
Horizontal offset will not affect readings.



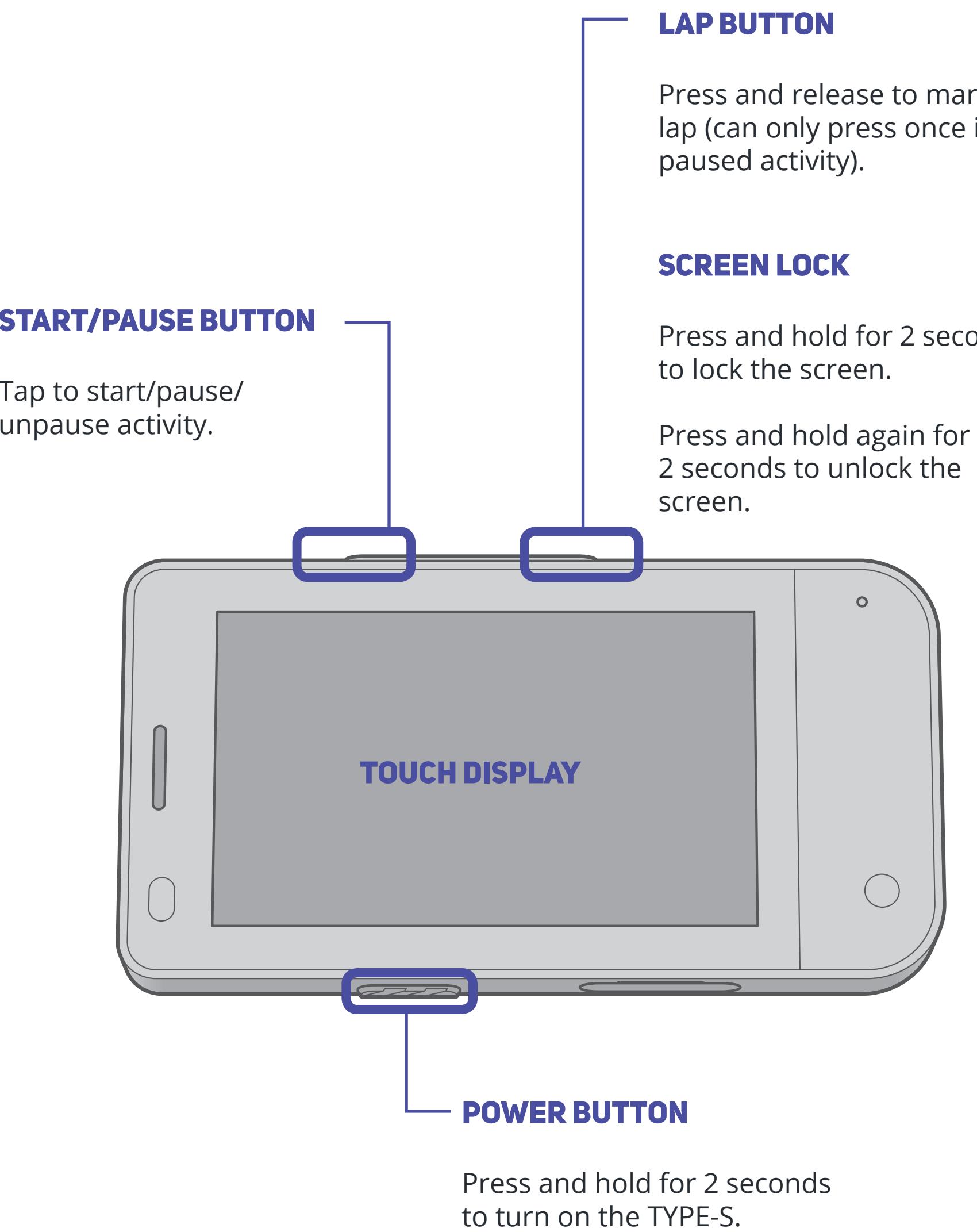
! WARNING!

Adhesives should always be used with all torso, sacrum, and thigh sensors. Failure to use adhesives could result in serious injury.

THIGH (RT AND LT)



CONTROLS



BATTERY STATUS

TYPE-S

Not charging

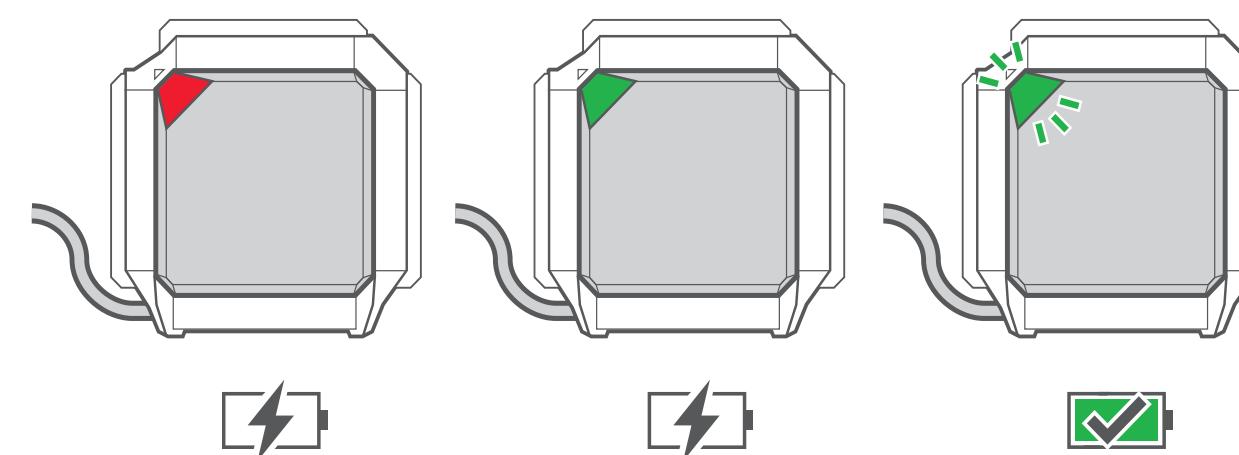
- OK (15-100%)
- Warning (6-14%)
- LOW (0-5%)

Charging

- Finished Charging
- Charging (6-100%)
- LOW (0-5%)

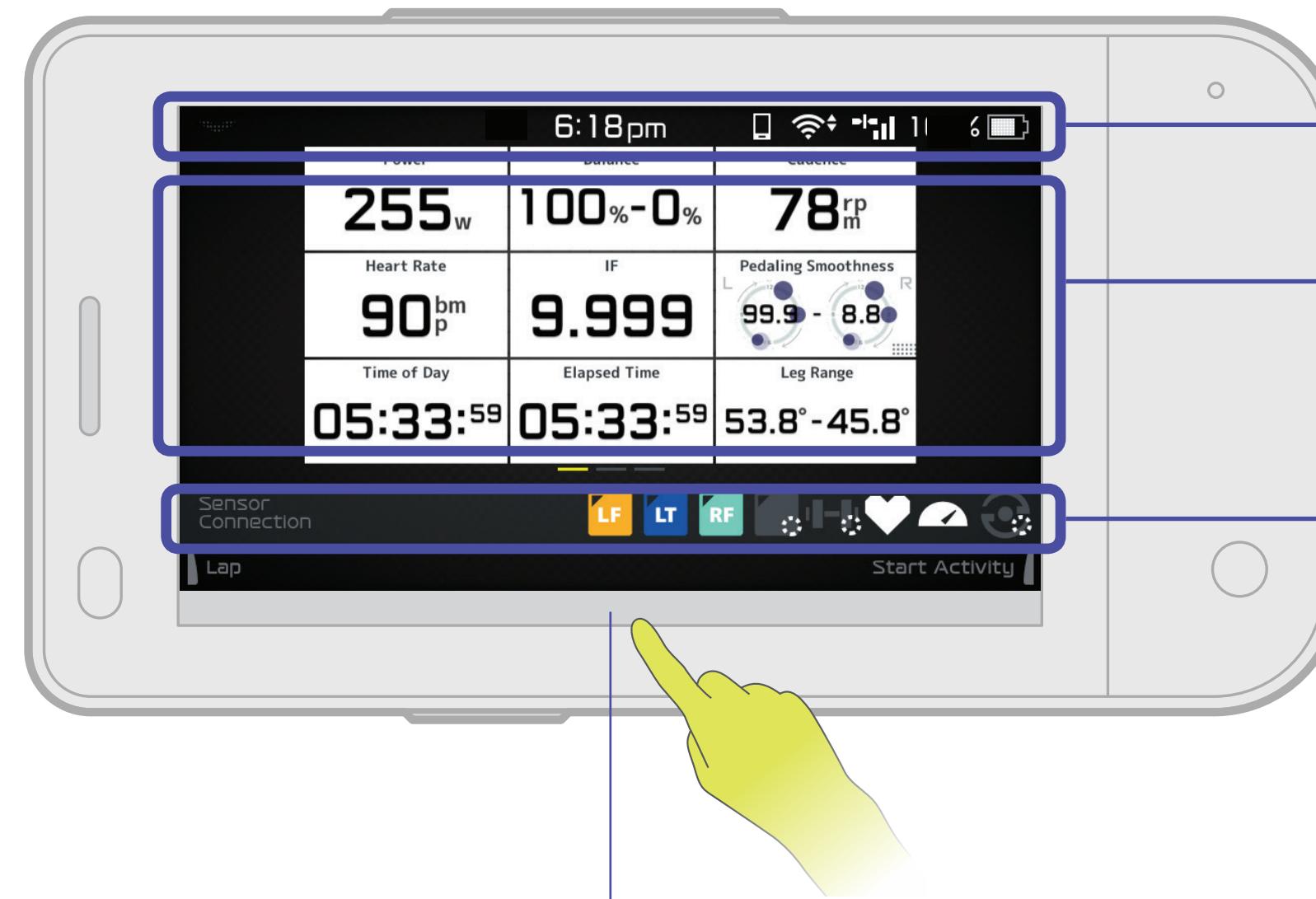
- Check the TYPE-S battery status on the LEOMO app status bar.

LEOMO MOTION SENSORS



- Charging (0-20%): Red LED
- Charging (20% - 100%): Green LED
- Finished Charging: Blinking green LED
- Note: When the LEOMO Motion Sensors are connected to the TYPE-S, their assigned location color will take precedent over their charging color.

HOME SCREEN



STATUS BAR

See the next page.

DATA PAGES

Data pages can be customized through the **LEOMO app**. Swipe left / right to change pages.

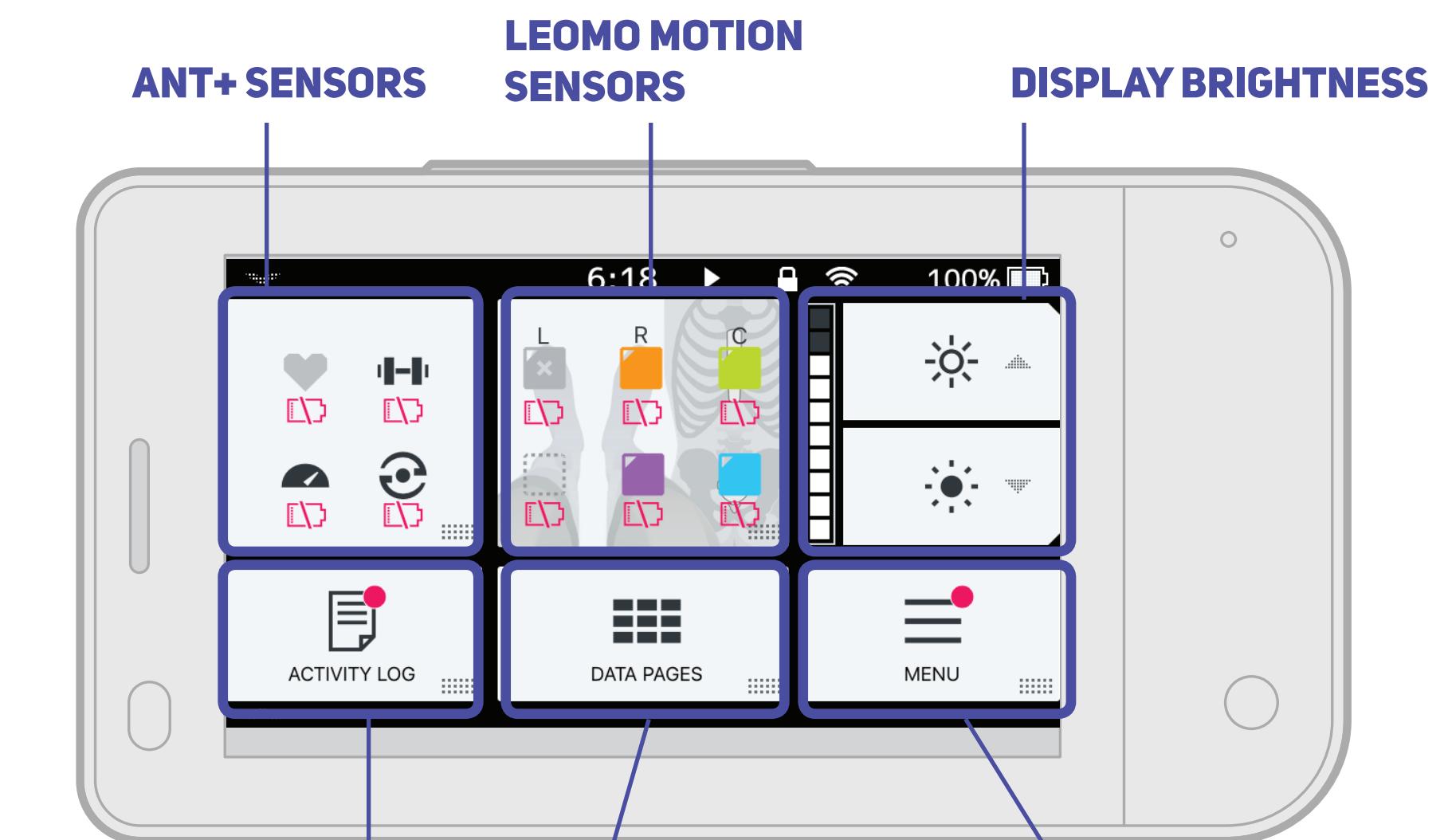
PAIRED SENSORS CONNECTION STATUS

Paired LEOMO Motion Sensors and ANT+ sensors (power meters, heart rate sensors, speed sensors, and cadence sensors) will show here. Disconnected sensors will show as a dark grey icon. Connected ANT+ sensors will be white. Connected LEOMO Motion Sensors will show assigned color and location:

- LF = Left foot
- RF = Right Foot
- LT = Left Thigh
- RT = Right Thigh
- S = Sacrum
- T = Torso
- Empty = Connected but not assigned (will not record data)

Swipe up from the bottom of the screen to access **quick menu**.

QUICK MENU SCREEN



ANT+ SENSORS

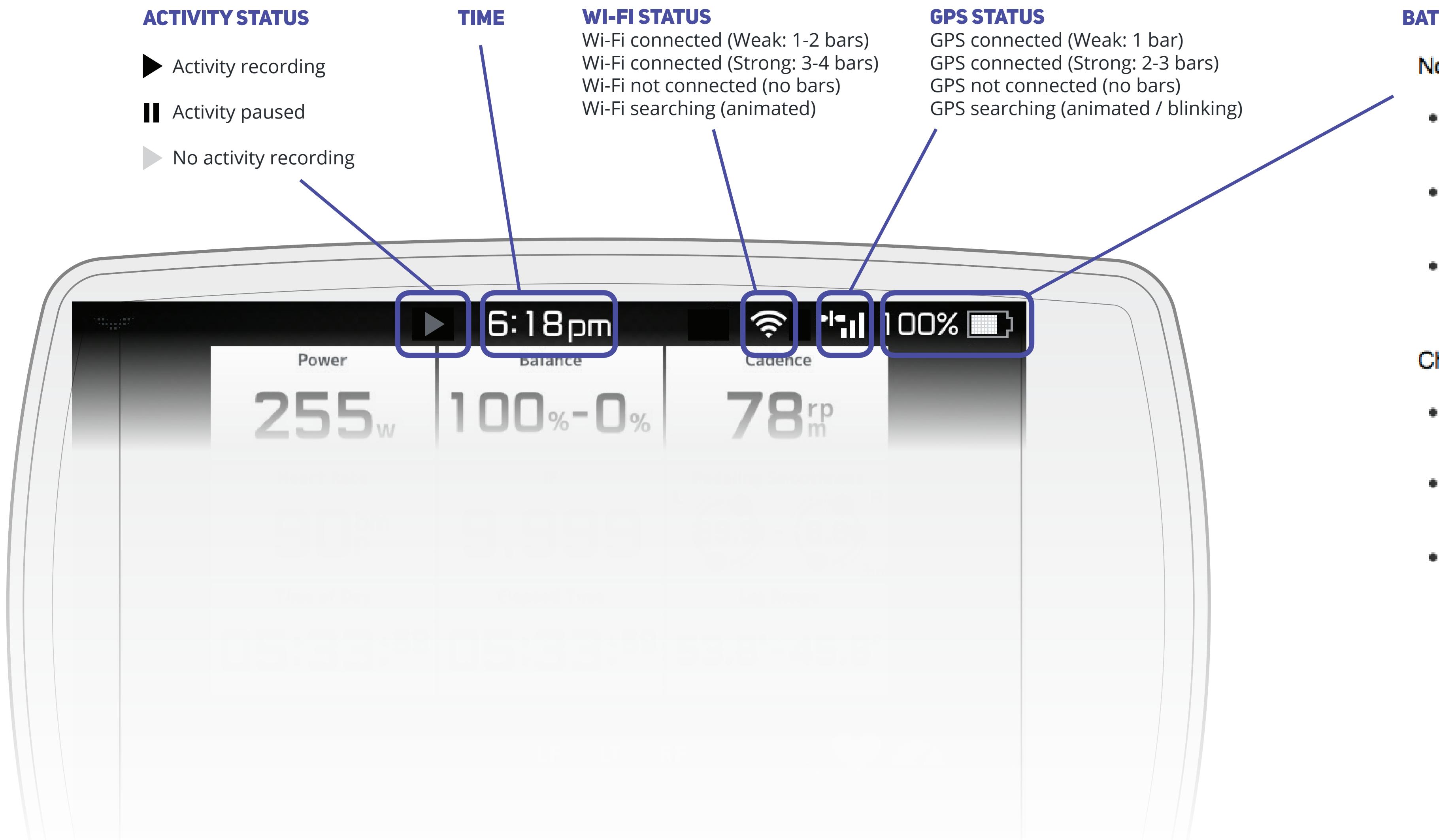
LEOMO MOTION SENSORS

DISPLAY BRIGHTNESS

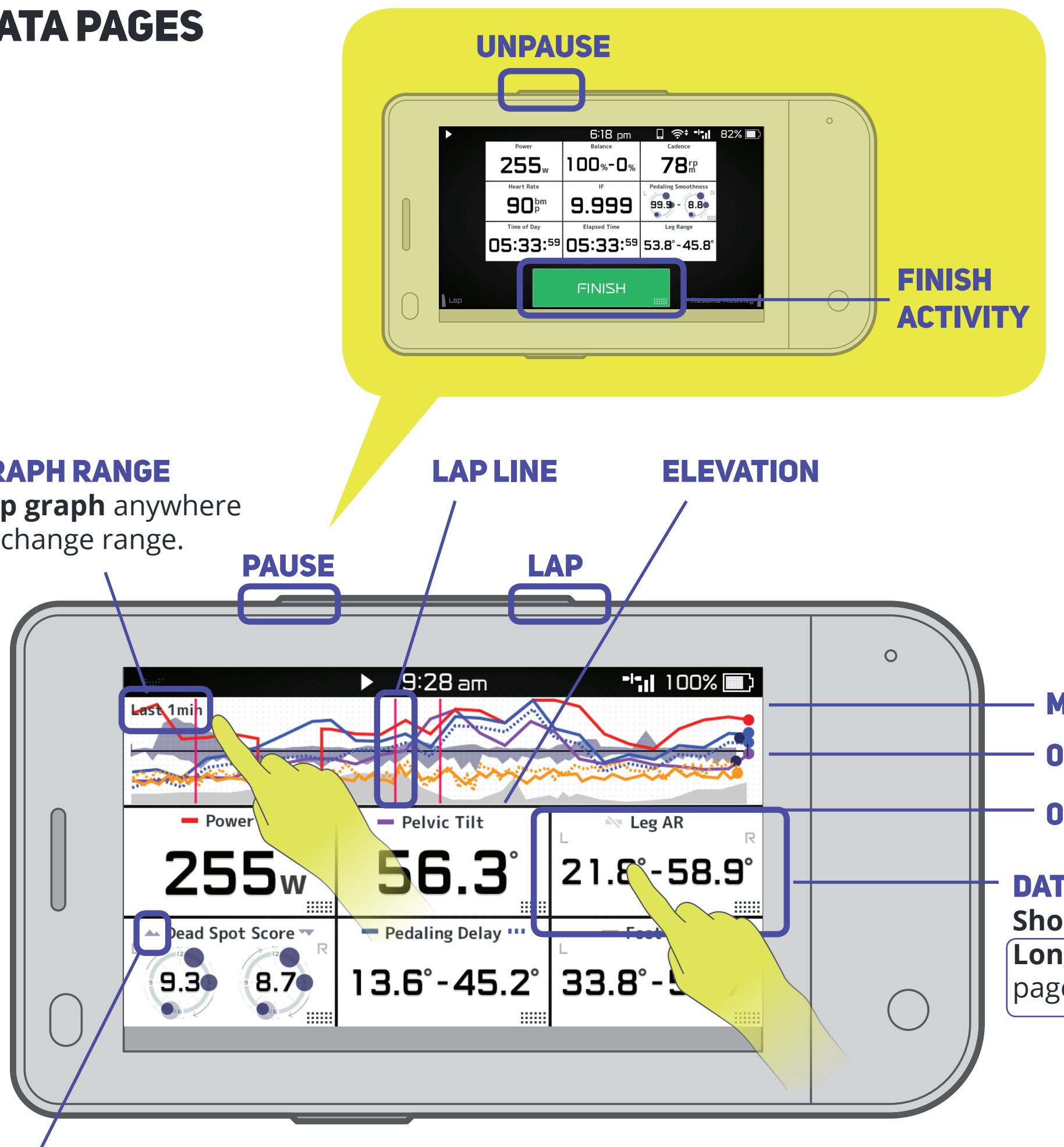
ACTIVITY LOGS

CLOSE QUICK MENU

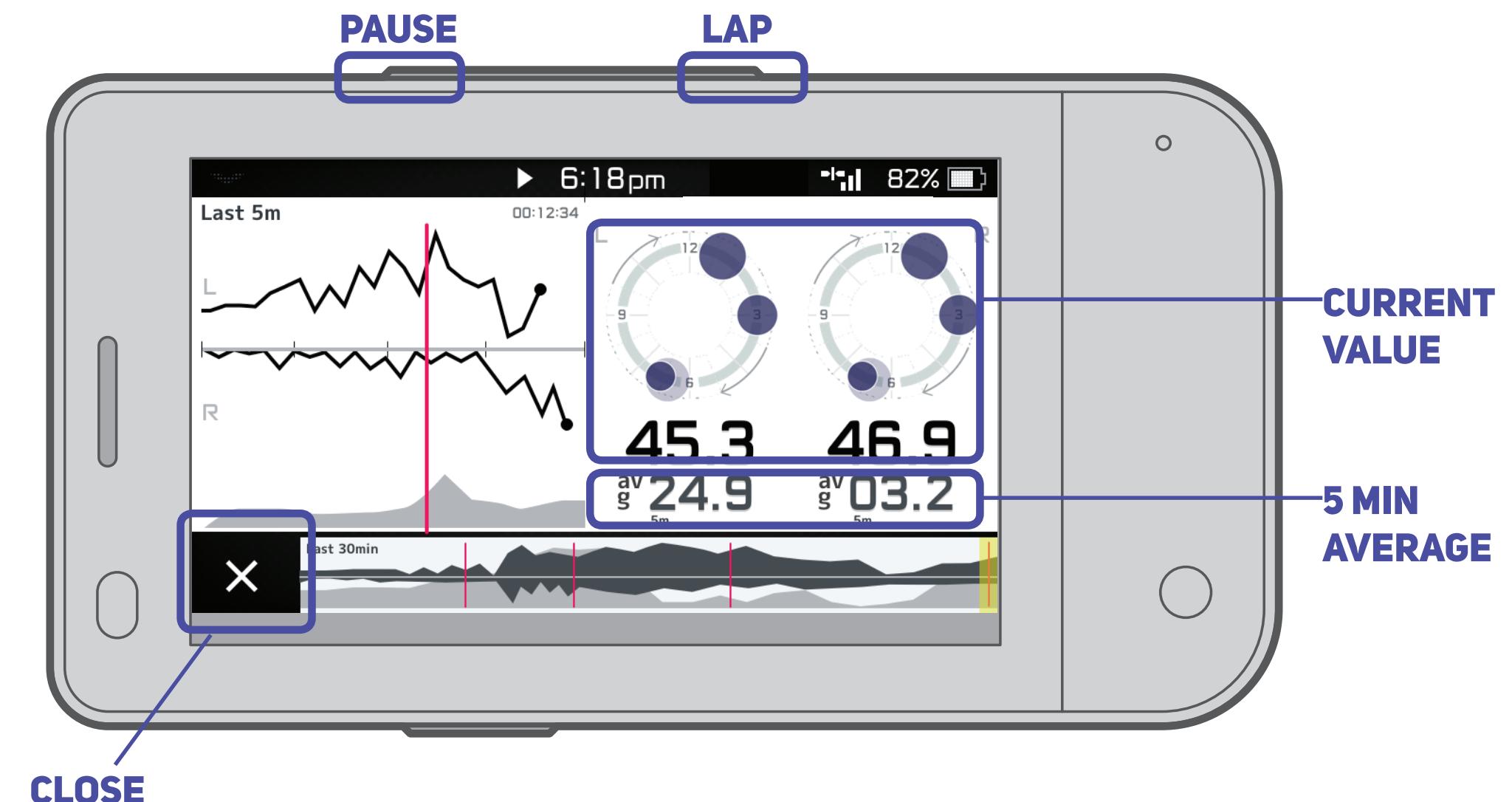
MENU



DATA PAGES



DATA DETAIL PAGE (MPIs ONLY)

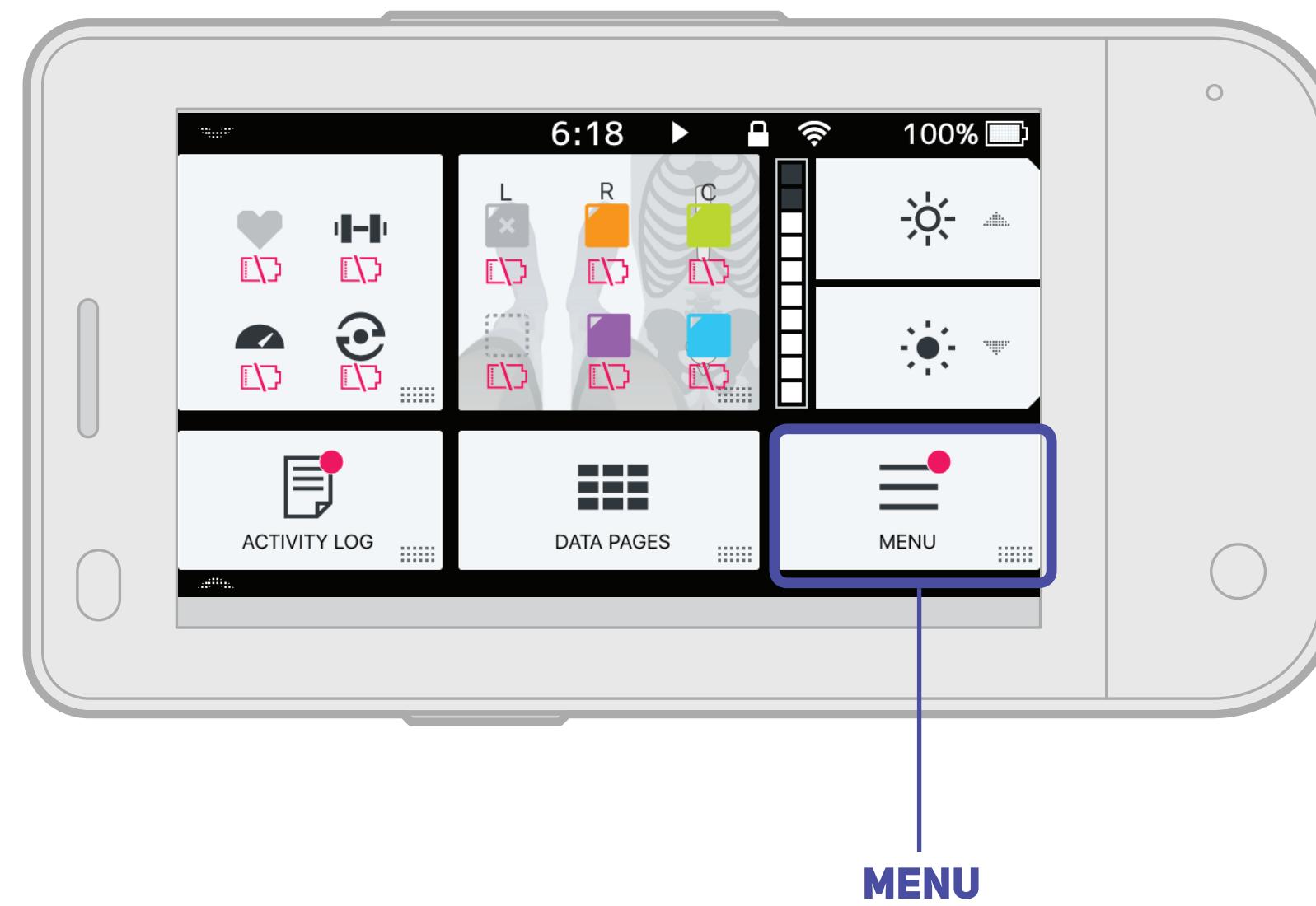


graph type (standard or balanced), graph color, graph on/off status

CUSTOMIZING THE TYPE-S USING LEO MO APP



The LEOMO app provides the MENU button for the following configurations and customization of the TYPE-S. The MENU button is shown on the quick menu screen. Swipe up from the bottom of the screen to display the quick menu.

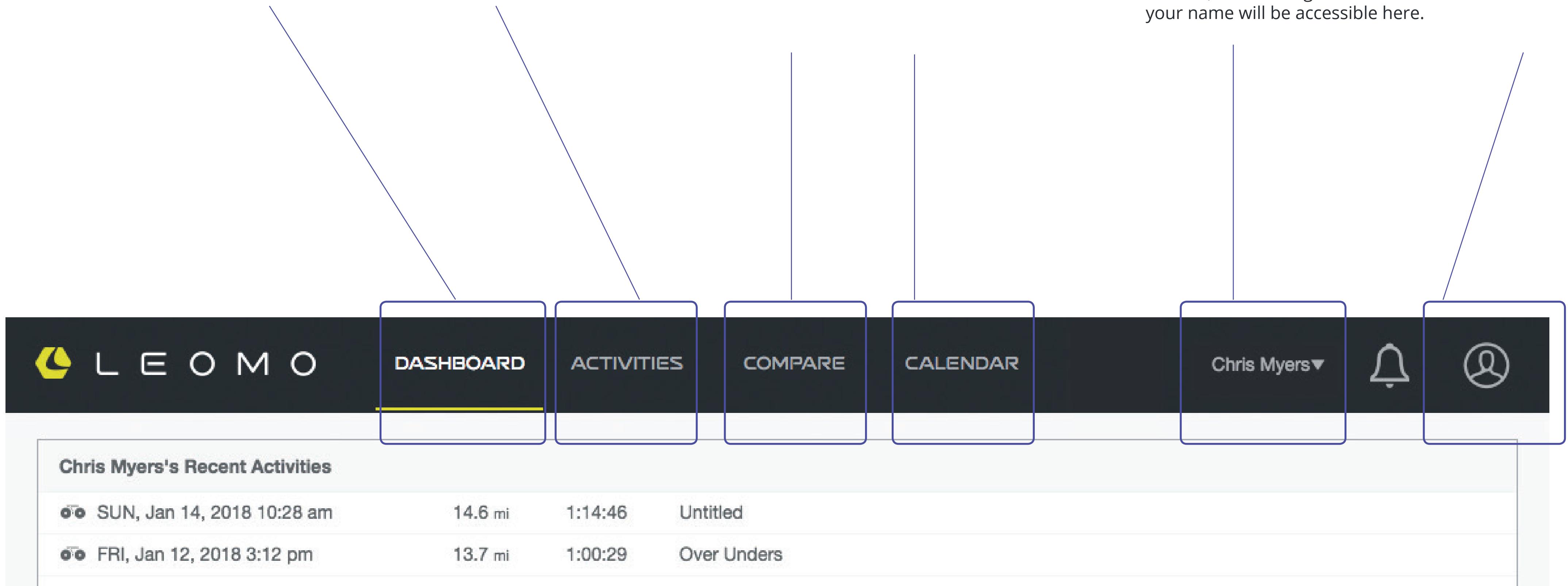


- Add, remove, and configure LEOMO Motion Sensors
- Add, remove, and configure ANT+ sensors
- GPS on/off
- Data page layouts
- FTP, Power Zones, etc
- Time, date, and unit formats
- Account information*

* You must have your LEOMO account when uploading your activities. It can be created in advance by tapping MENU > Account > Create LEOMO Account.

HEADER

DASHBOARD	ACTIVITIES LIST	COMPARE	CALENDAR	ATHLETE	ACCOUNT
Display summary of athlete's data.	Show list of athlete's activities.	Compare athlete's activities data.	Display Athlete's activities in a calendar format.	Indicate current athlete. If you are a coach, athletes registered under your name will be accessible here.	Bring up your account information.



The screenshot shows the LEOMO Web App interface. At the top is a dark header bar with the LEOMO logo and the word "TYPE". Below it is a light-colored header with the word "HEADER". The main content area has a dark background with white text and icons. At the top of this area is a navigation bar with six items: DASHBOARD, ACTIVITIES LIST, COMPARE, CALENDAR, ATHLETE, and ACCOUNT. The DASHBOARD item is highlighted with a yellow underline. Below the navigation bar is a section titled "Chris Myers's Recent Activities" showing two recent runs: one from Jan 14, 2018, and another from Jan 12, 2018. To the right of the navigation bar are three icons: a bell, a user profile, and a dropdown menu for "Chris Myers".

LEOMO

DASHBOARD

ACTIVITIES

COMPARE

CALENDAR

Chris Myers▼

BELL

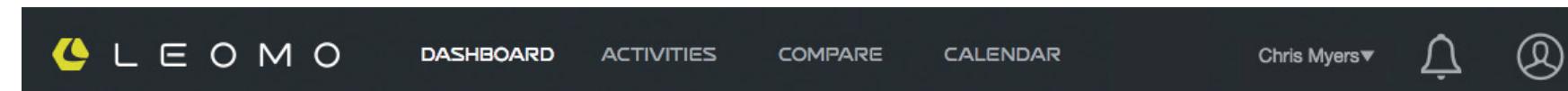
USER PROFILE

Chris Myers's Recent Activities

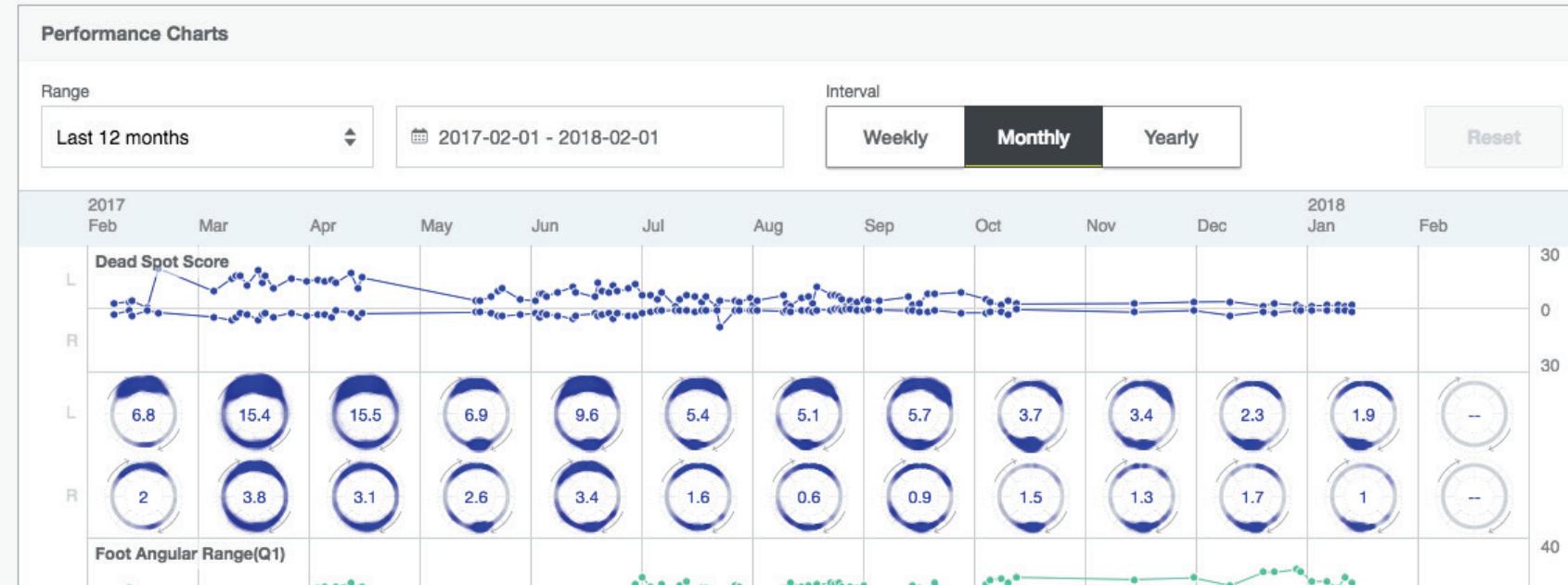
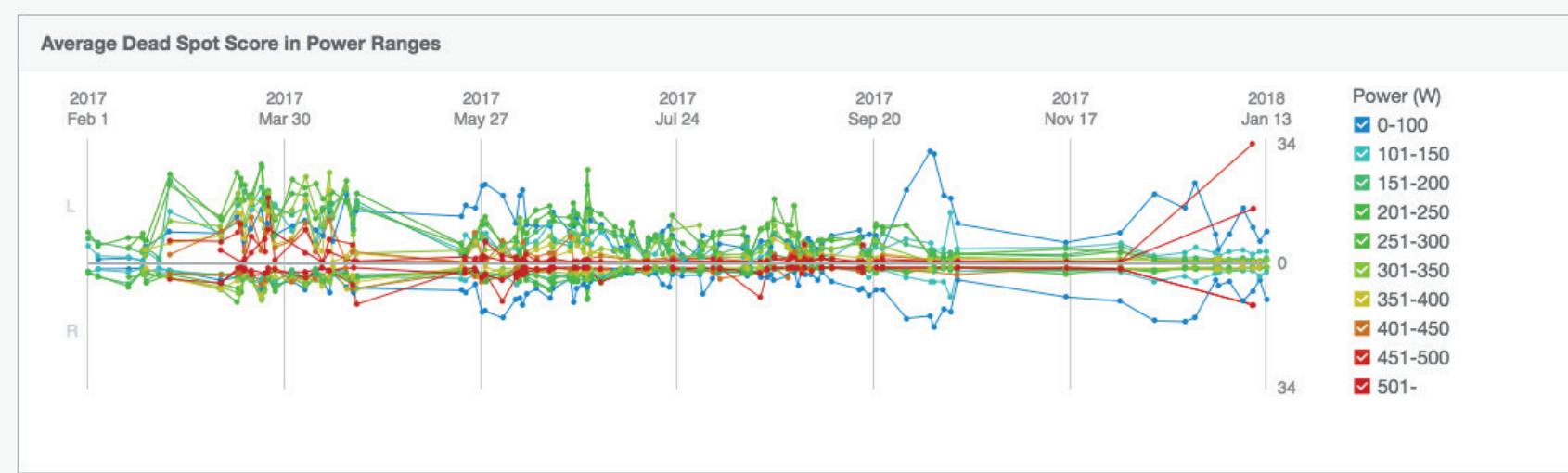
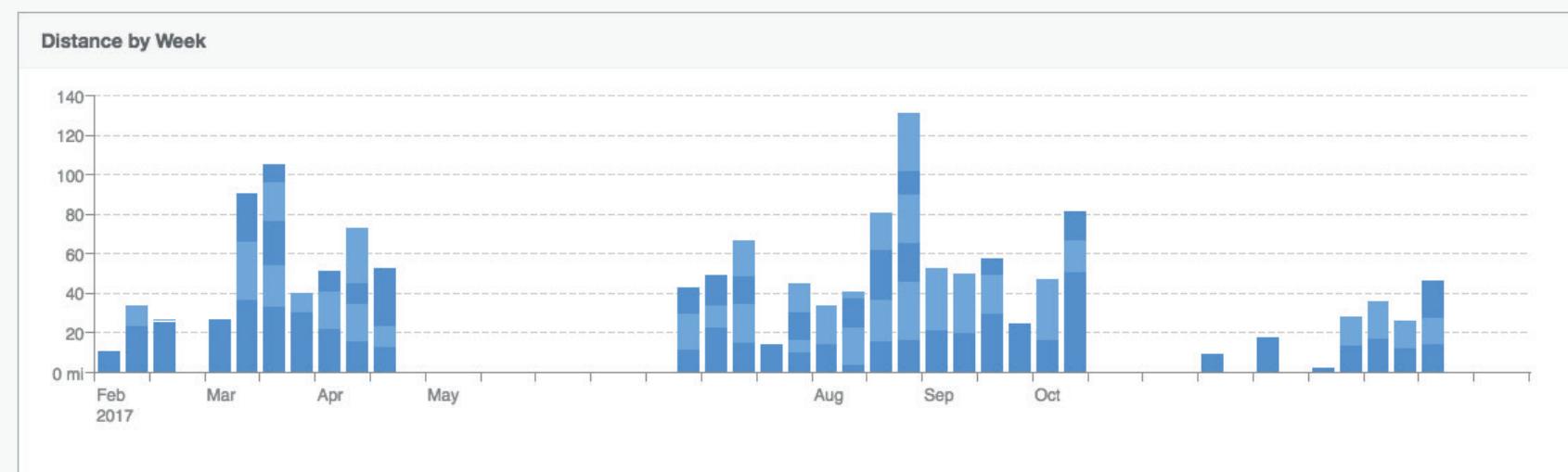
SUN, Jan 14, 2018 10:28 am 14.6 mi 1:14:46 Untitled

FRI, Jan 12, 2018 3:12 pm 13.7 mi 1:00:29 Over Unders

DASHBOARD



Chris Myers's Recent Activities			
SUN, Jan 14, 2018 10:28 am	14.6 mi	1:14:46	Untitled
FRI, Jan 12, 2018 3:12 pm	13.7 mi	1:00:29	Over Unders
WED, Jan 10, 2018 5:41 am	18.5 mi	1:15:05	5 min Test
SUN, Jan 7, 2018 12:31 pm	12.8 mi	1:02:54	SST Over Unders
WED, Jan 3, 2018 6:12 am	13.7 mi	0:52:31	Untitled
SUN, Dec 31, 2017 12:05 pm	17.4 mi	1:04:40	Tempo
SAT, Dec 30, 2017 11:34 am	18.9 mi	1:08:34	SCTT
SUN, Dec 24, 2017 3:13 pm	14.3 mi	1:01:30	Untitled
THU, Dec 21, 2017 5:55 am	14.6 mi	0:58:58	2x15 min Z3
TUE, Dec 12, 2017 3:30 pm	2.8 mi	0:13:31	Untitled



RECENT ACTIVITIES

List of your (and if you're a coach, your athlete's) activities.

DISTANCE TRAVELED

Distance traveled per week for one year.

MPIs SUMMARIES

Summaries of all motion data types.

ACTIVITIES

ACTIVITY LIST

List of all activities.

The screenshot shows the LEOMO Activity List page. On the left, there's a sidebar with a list of activities. The main area displays a single activity: "Sunday Ride" from Sunday, January 29, 2017, at 8:14 am. The activity summary includes:

- Distance:** 115.8 km
- Moving Time:** 4:14:02
- Elevation:** 907 m
- TSS®:** 191
- NP®:** 205 W
- FTP:** 312 W
- Elapsed Time:** 4:25:17
- Device:** LEOMO-Type-R 3.9.2817

Below the summary is a notes section containing the text: "Type-R works very well. Lap1 is the training targeting SST." To the right of the notes is a "Settings" icon (gear) and a "Edit" icon (pencil).

ACTIVITY SETTINGS

ACTIVITY TITLE

ACTIVITY NOTES

ACTIVITY SUMMARY

Summary of this activity.

All owners can edit the "Title" and "notes" section by clicking on it. Make sure to save your notes when done. You can also share / export / delete the activity data from **Activity Settings**.

MAP

GPS data of your activity.

ANT+ SENSOR AND GPS GRAPH DATA

Collected data from connected ANT+ sensors and GPS.

SINGLE GRAPH FOR MULTIPLE APIs

Single graph for multiple APIs



MOTION SENSOR GRAPH DATA

L and R data collected from connected motion sensors.

PEDAL STROKE INTELLIGENCE (PSI)

Cross analysis of power, cadence, and dead spot score.

PCD MAP

Maps power / cadence combinations that has the most dead spot scores. Higher opacity means more strokes in that combination. Hover your mouse over each cell to show **stroke count with DDS / total stroke count**.

RANGE DETAILS

Details for laps / ranges in the activity.

- Tap on a range to zoom into selected range in the above graphs.
- Select a range in the graphs above and tap “+” on “selected range” to save range.