



PRODUCT SAFETY & WARRANTY POLICY

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# **GPS**

By using any one of the outdoor activity profiles (i.e. swim, cycle, run), you are activating the GPS automatically. If GPS is being used to calibrate altitude, the margin of error is anywhere within approximately 165ft.

For best results, avoid locations with signal interference and allow GPS to locate your position prior to starting an activity.

Note: GPS signal will be lost if the COROS device is submerged underwater. For open water swimming, it is recommended to use freestyle strokes for better GPS accuracy.

## Wearing the Device and Heart Rate

The COROS watch uses an optical heart rate monitor, that flashes a green LED light onto the wrist to measure heart rate. To ensure ultimate accuracy of the heart rate monitor, please fasten your watch band and make sure the watch rests securely on your wrist.

Note: The heart rate monitor is not for medical use and may be subject to external interference. Always consult your physician before starting an exercise program. Heart rate data is for reference only and we are not responsible for the consequences of any readings.

### 3 Navigation

If your COROS device supports navigation functionality, you may pre-load the route to the device from the COROS App.

Note: Using navigation will automatically turn on the GPS. Please use your best judgement during navigation.



## 4 Maps

If your COROS device supports mapping functionality, you may access it from the main menu under Maps.

Note: COROS uses a third-party provider for map data information. Please read the terms and conditions of the provider before downloading and using a mapping function. COROS is not responsible for the accuracy of the data and the stability of the connection.



## 5 Oximeter

The optical oximeter sensor flashes an infrared light onto the wrist to determine blood oxygen level. In order to ensure the accuracy of oximeter sensor, please fasten your watch band and make sure the watch fits securely against your wrist.

The optical oximeter is available on select COROS watch models. To see a complete list of compatible models, please visit www.coros.com.

Note: The oximeter sensor is not for medical use and may be subject to external interference. Certain circumstances may cause the blood oxygen reading to be inaccurate. Blood oxygen reading is for reference only and we are not responsible for the consequences of any readings.

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## 6 External Sensors

The COROS device supports wireless ANT+ and Bluetooth Smart sensors. The first time you connect an ANT+ or Bluetooth Smart enabled sensor to the COROS device, navigate to Menu > Settings > Accessories > Add ANT+ or Add Bluetooth to complete the pairing process.

## Sensors

The COROS device is equipped with a geomagnetic sensor, thermometer, barometer, gyroscope, and accelerometer. An accelerometer is used for detecting hand gestures, steps and the calculation of Caloric data. The compass uses a geomagnetic sensor to show directions. Both the thermometer and barometer will detect ambient temperature and atmospheric pressure.

**Note:** The data captured by these sensors may not be completely accurate and is for reference only.

# 8 Daily Maintenance

It is recommended to thoroughly clean the COROS device to remove excess sweat and debris after frequent usage. If not properly cleaned, residual sweat may corrode the device. To properly clean the device, please use mild soapy water and ensure the device remains dry when contacting the skin. If skin irritation occurs, remove the device immediately. Keep the heart rate monitor sensor and charging port clean and clear of debris (i.e. sand, sweat, dirt, etc.). Avoid excessive exposure to extreme hot or cold temperatures.

# 9 Accessories

The COROS device comes with a USB charging cable and a watch band. Please remove and clean the watch band regularly to avoid skin irritation. The watch band is not covered under warranty policy.

Note: Please only use the COROS charging cable and watch band.

# 10 Bluetooth

The COROS watch contains a Bluetooth module for smartphone and external sensor connection. Bluetooth module uses 2.4 GHz and may interfere with inflight and ground communication devices.

# Safety Warnings

### Battery Warnings

Do not perform unauthorized battery replacement. Avoid excessive exposure to extreme hot or cold temperatures.

Do not submerge the battery.

Keep the battery away from children.

### Data Security

Accidental damages and improper operation may cause daily and workout data loss. Please sync the COROS device with the COROS App regularly. Product repair may cause data loss.

### Privacy

You can find detailed Privacy Policy and Terms of Service in the COROS App on the About Us page.

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# 12 Hazardous Materials in the COROS Watch

	Toxic Materials						
Component	(Pb)	(Hg)	(Cd)	(Cr(VI))	(PBB)	(PBDE)	
Components in the watch body	X	0	0	0	0	0	
Wrist Band	0	0	0	0	0	0	
Battery	Х	0	0	0	0	0	
Charging Cable	0	0	0	0	0	0	

# 13 Warranty

COROS products are manufactured to the highest quality standards possible. However, on the rare occurrence should one suffer quality issues, we stand behind our products. COROS Helmets & Watches all include a 2 year warranty from the purchase date. Accessories are covered by a 90 day warranty.

Should you have an issue with your product resulting from a manufacturing defect,

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COROS will help replace your product or remedy your issue.

Simply reach out to us via phone or e-mail to assist in completing a warranty claim and we'll assist in getting the warranty completed in a timely fashion.

#### United States & Canada

Phone: 714-389-0269 (9am-6pm PST, M-F)

E-mail: support@coros.com

Should you need support outside the United States & Canada, please reach out to the information above and we'll direct you to the best localized support.

COROS Wearables Inc. ("COROS") warrants that the Product (defined below) delivered hereunder to the original purchaser ("Original Purchaser") from COROS.com or a COROS Authorized Reseller (each an "Authorized Reseller") will be free from material and workmanship defects that adversely affect the performance of the Product under normal use, pursuant to the terms outlined below. This Limited Warranty is only valid for the Original Purchaser, is non-transferable and does not extend to any used Products or Products not purchased from COROS.com or an Authorized Reseller.

#### Products Covered and Warranty Length

For purposes of this Limited Warranty, "Products" and "Product" mean the individual COROS product(s) as described below by the following prefix: Multisport Watches

#### Limited Warranty Term

The length of the Limited Warranty is limited to two years from the original date of purchase for all products except accessories. Accessories have a 90 day warranty.

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Nothing in the Product instructions or information shall be construed to create an express warranty of any kind with respect to the Products. No agent, employee, dealer, representative or reseller is authorized to modify or extend this Limited Warranty or to make binding representations or claims, whether in advertising, presentations or otherwise, on behalf of COROS regarding the Products or this Limited Warranty.

Nothing in this Limited Warranty affects any statutory rights of consumers that cannot be waived or limited by contract. This Limited Warranty gives you specific legal rights, and you may also have other rights which vary from State to State or Province to Province.

If any portion of this Limited Warranty is held to be illegal or unenforceable, such partial illegality or unenforceability shall not affect the enforceability of the remainder of the Limited Warranty.

These Limited Warranty terms shall be governed in all respects by the laws of the United States and of the State of California, without regard to the conflicts of laws principles thereof. The United Nations Convention on Contracts for International Sale of Goods is specifically disclaimed. The state and/or federal courts residing in Orange County, California shall have exclusive jurisdiction over any dispute or claim arising out of these Limited Warranty terms.

#### What is not covered by this Limited Warranty

This Limited Warranty applies only to Products used in accordance with this Limited Warranty and COROS's published documentation, and does not cover: Products that are modified outside of factory specifications and/or not in factory condition.

Products with modification to the serial number and/or factory identification labels 07- English whether removed, relocated, falsified, defaced, damaged, altered or made illegible.

Damages to the body of the product whether cut, scratched, warped, bent, cracked, dented or broken.

Any damages to the components, hardware and/or assembly of the Products including but not limited to damages caused as a result of neglect, abuse, accidents, misuse, or unusual physical, electrical or electromechanical stress.

Any missing hardware, components and/or assemblies of the Product.

Cosmetic damages deemed outside of reasonable usage caused by deep scratches, cuts, cracks, dents, discoloration, neglect, dropping or mishandling the Product.

Products that are exposed to liquid, liquid residue or excessive humid environments resulting in rust, moisture, dampness, stains, corrosion or liquid spills on components, hardware or electronics. Burns or component flare-ups as a result of a liquid accident or spill.

Direct usage of paint, submersion of the power supply in oil, use of adhesives or glues on any part of the Product, usage of solder to the Product, electronics and/or component modification.

Exposure to cigarette tar residue, dampness, sand, dirt or excessive debris. Products that are rendered non-functional due to an accident, collision with an object or tool, use of excessive force, neglect for care, exposure to fire or abnormal heat, flooding, dirt, windstorms, lightning, earthquakes, excessive weather conditions, or other acts of God, theft, blown fuses, improper use of any electrical source, or overloaded electrical circuits.

Defects or damage resulting from the use of a 3rd party product in conjunction or connection with accessories, products, software or secondary peripheral equipment not furnished for the usage with or approved for the Product by COROS.

Defects or damages resulting from improper testing, operation, maintenance, installation, service, or adjustment not furnished or approved by COROS.

The use of inadequate shipment packaging or use of inadequate packing material resulting in damages to the Product while in transit with Original Purchaser's or Second-Hand Purchaser's shipping courier.

Products purchased from unauthorized resellers or dealers, which include, without limitation, online marketplaces such as eBay (except for COROS's official eBay store), Amazon (except for COROS's official Amazon Marketplace store), and other online auction and/or marketplace websites. If you are unsure of whether a reseller is an Authorized Reseller, please contact COROS for confirmation.

#### Exclusive Remedy and Limited Refunds

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Except as specifically provided below, your sole remedy for a defective Product shall be the repair or replacement of such defective Product in accordance with the terms and conditions of this Limited Warranty.

COROS only offers refunds for products purchased directly from its official website COROS.com if such products are returned within 30 days of purchase. For products not purchased at COROS.com, refund claims, if any, are subject to the Authorized Reseller's refund policy and must be processed through the original Authorized Reseller's return policy. COROS will not honor any refunds offered through Authorized Reseller's.

COROS does not cover shipping costs for products that are returned for a refund.

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#### How to obtain Warranty Service

To obtain warranty service under this Limited Warranty, you must contact COROS to receive a Return Merchandise Authorization ("RMA") number prior to returning the product to COROS in accordance with the COROS RMA Process. Please contact COROS Technical support at 714-389-0269 or contact us by email at info@COROS.com.

#### Product Warranty Replacement

COROS reserves the right to verify the validity of your warranty and your request for warranty service.

COROS reserves the right to invoice you for shipping fees and service charges for any incomplete, damaged or modified Product that is returned to COROS and requires repair or replacement or that is not otherwise covered under this Limited Warranty. Service charges are variable based upon the actual material and labor cost reasonably necessary to replace missing or return modified parts to their original factory condition.

Products sent in for RMA will be repaired and returned or replaced with a thoroughly tested recertified product of equal or greater performance.

This COROS Limited Warranty begins from the date that the Product was originally purchased, as verified by a proof of purchase provided and/or confirmed by an Authorized Reseller.

All products returned to Original Purchasers or Second-Hand Purchasers from COROS's RMA department are thoroughly tested recertified products. Replacement parts and/or Products may include new or refurbished parts or Products and are warranted only until the expiration of the original warranty period. Replacement parts

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and/or Products will meet the standard of performance and reliability of a new Product or part of the same model, however, such Products and/or parts may have small scratches, small dents, other cosmetic defects, or noticeable use.

If an RMA is necessary within 30 days of the original purchase date of a new in box Product, a new in box OEM replacement will be sent to the Original Purchaser in return, subject to availability.

#### Warranty Replacement Shipping

COROS will ship to the confirmed address at the time your RMA is approved.

If your warranty replacement is unable to be delivered due to the address being invalid or delivery is not made due to lack of access, no known address, security obstacles or gated areas, you are responsible for a redirect or re-ship fee which will vary depending on your region. You must contact COROS prior to shipment for assistance in avoiding this charge. COROS is not responsible for packages delivered to an outdated address.

If the product is returned to COROS due to non-delivery you will be responsible to pay for any additional shipping charges for reshipment. COROS encourages you to review your shipping address prior to submitting any RMA request.

All RMA replacements will state "Warranty Replacement" on the package to assist in avoiding any taxes, duties and/or brokerage fees through customs or otherwise. COROS is not responsible for any fees charged by the destination country's government body, brokers or other third party. COROS is not responsible for any unclaimed package that is held by your governing body for clearance from customs or otherwise that becomes abandoned as a result of the refusal of clearance compliance.

Postal mail is not recommended for shipping any COROS product. If your package is received with physical damage, a claim cannot be processed due to the limitations of postal services, and the package will be returned to sender without alternative options.

#### We reserve the right to update this Limited Warranty

We have and will continue to make policy changes over time. Make sure you read this document carefully and check back for updates. COROS reserves the right to change this policy without notice. Last update August 29, 2018.



All product purchased from COROS.com are eligible for returns within 30 days of purchase for a full refund of the original purchase price. To start a return, please contact us at sales@coros.com. Consumers outside the United States are responsible for return shipping.

Products must be returned in their original physical condition with all accessories unless said returned product suffers from defects in material and workmanship from the manufacturing process.



Should the screen of your COROS watch get damaged in use, COROS offers service to repair or replace your watch for the cost of \$100/unit. Contact us at support@coros.com for more detailed information.

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# 16 Certifications









#### FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- -- Reorient or relocate the receiving antenna.
- -- Increase the separation between the equipment and receiver.
- -- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- -- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept 13- English

any interference received, including interference that may cause undesired operation. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

## 1 GPS

手表开启户外运动模式时,GPS 会自动打开,以获得运动轨迹和运动数据。当所处环境 树林茂密或者高楼大厦林立,较弱的卫星讯号就会降低运动数据准确度,建议开始运动 前先在户外空旷地方等待手表完成定位。当在公开水域进行游泳活动时,手表一但进入 水面以下,将无法接收 GPS 信号,建议采用自由式泳姿让手腕浮出水面,避免蛙式泳姿 或其他手腕长时间伸于水下的姿势。

开启 GLONASS 或 BEIDOU 后会降低运动模式下的电池使用时间,在卫星信号较好的环境下,建议只使用 GPS 定位。若使用 GPS 校准海拔高度获取当前海拔高度值,最大误差为 ±50 %。

## 2 光学心率计与佩戴方式

手表采用的是光电心率模组,通过光电心率计发出的绿光,透过皮肤照射到皮肤里的毛细血管,然后收集反射回来的光,用算法推算出心率值。为获取较准确的心率值,手表应尽量贴近皮肤佩戴,确保运动时手表不会晃动,佩戴位置在手腕尺骨偏上一指为宜。腕式心率计的心率并非完全准确,外部因素会导致心率值存在偏差,测出的心率值仅供参考,不作为医疗设备使用。



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## 3 防水

产品经过 "5ATM (50米) /10ATM (100米)" 防水验证,表示在静置状态下该水压不会 对手表产生破坏,这不等同于手表可以在50米潜水环境下使用,请勿佩戴手表潜水。日常使用时,洗手、淋浴、淤涂、冲浪场景可放心使用。

另外,请不要在水下环境操作按键或旋钮。表面破裂或者手表外壳有破损时,请勿将手表浸入水中,否则水分进入手表内部会导致电路板和零件短路毁坏,影响正常使用。

## 4 导航(部分型号具备该功能)

从 COROS App 导入路线到手表,再从手表开启路线导航,即可根据标上显示的路线指引自己按正确的方向前行。开启导航功能手表将自动开启 GPS 定位。

GPS 的信号容易受到外部茂密树木或者高建筑物的影响,定位可能出现偏移或者延迟,使用导航功能时,请及时观察周边环境的安全,若导航方向不安全,请不要按导航路线前行。

# 5 地图 (部分型号具备该功能)

从"功能菜单-地图",可查看周边环境的地图。

地图文件由第三方软件提供,下载和使用前,请先阅读第三方软件的使用和责任声明。 本公司不拥有第三方软件提供的服务的干预权力,无法对其服务的准确性和稳定性负责。

# 6 血氧(部分型号具备该功能)

具备测血氧功能的手表,通过心率模组发射出红外光,照射皮肤下的血管、组织及骨骼,然后分析吸收光量的周期性变化,可得到动脉血氧饱和度的侧脸结果。为获取较准确的血氧饱和度数值,手表应尽量贴近皮肤,佩戴位置在手腕尺骨偏上一指为宜,进行测量时,请保持手腕水平且静止。

## 7 传感器

手表集成地磁、温度、气压和重力加速度传感器。重力加速度传感器用于识别手表的摆动幅度和姿态识别,日常监测的步数、卡路里就是用此传感器监测计算得出。地磁传感器用于显示指南针方向。温度和气压传感器分别测得环境温度和气压,但手表上显示的是经过算法换算得出的海平面气压。

手表上集成传感器测不属于精密仪器,测得的数据会存在一定范围的误差,数据仅供参考。

## 8 连接外部传感器

手表支持与 ANT+ 和 Bluetooth Smart 传感器连接。进入应用列表 > 设置 > 配件 > 添加配件搜索并完成配对。

## 9 日常保养

运动后,如果手腕出汗,请清洁并擦干手腕和手表再重新佩戴。 残留的汗液成分会对手表产生腐蚀,建议定期使用肥皂或洗手液清洁手表。 接触皮肤的位置请保持干燥,如果出现皮肤过敏症状,请摘下手表并及时就诊。 请保持心率监测窗口和充电接口的清洁。 避免手表长时间暴露在过热或过冷的极端温度下。

# 10配件

手表的配件有表带和充电器。

建议使用官方发布的专用表带。运动时,手腕的汗液会堆积在表带形成污垢,定时拆下 表带进行刷洗清洁,避免皮肤出现过敏等不适症状。表带属于易耗品,长期折叠拉扯会 会表带断裂,故表带不在保修范围内。对于使用螺丝固定表带的型号,请使用专用工 具拆卸更换表带。

请使用官方配备的充电器充电,请勿使用其他方法充电。充电结束后,及时把充电器拔下,避免长时间处于充电状态导致充电器内部损坏或引起火灾等危险事故。潮湿条件下,请

勿插拔充电器,擦干水分后再接上插座进行充电。

# 1 蓝牙

产品硬件包含蓝牙模组,用于连接 App 和外部传感器。 蓝牙是 2.4GHz 的设备,对飞机与地面通讯设备可能会产生干扰,若携带产品上飞机, 请遵循航空公司人员的指引,将产品关机。

## 12 安全信息

#### 健康警告

产品的光学心率计并非专用医疗设备,测量数据可能受外界因素干扰导致

#### 电池警告

请勿自行拆卸更换电池,以免损坏电池或产品。 请勿将电池暴露在高温环境,可能引发爆炸,火灾或其他危险。 请勿将电池置于水中或其他液体中。 请保持电池远离小孩,以免误入口中引起危险。 请勿东弃此产品或丢弃此电池,应视为电子垃圾,并咨询当地有关部门,遵循当地法 律来处理。

#### • 数据安全

意外损坏或操作不当可能导致手表中的日常数据与运动数据的丢失建议定期使用 COROS APP 同步手表数据,连接网络时,数据将自动上传至 COROS 服务器。产品送 修时,可能会导致数据丢失。

#### 隐私保护

为了了解我们如何保护您的个人信息,请打开 COROS APP,在"个人页 > 关于"里查看隐私声明和服务条款的详细信息。

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## 13 产品中的有害物质说明

	有毒有害物质或元素						
部件名称	铅 (Pb)	汞 (Hg)	镉 (Cd)	六价铬 (Cr(VI))	多溴联苯 (PBB)	多溴二苯醚 醚(PBDE)	
主机	X	0	0	0	0	0	
表带	0	0	0	0	0	0	
电池	X	0	0	0	0	0	
充电线	0	0	0	0	0	0	

# 14 有限保修

此份有限保修内容具有一定的法律权益,但因国家或地区而异。COROS 不排除、限制或补偿您所在的国家或地区的其他法律权益。为了充分了解您的权益,您可咨询您所在的国家或地区的法律。

自购买之日起 2 年内,因材料或产品工艺上的缺陷,可享受免费保修。在此期间,COROS 将会对经鉴定后因正常使用导致组件失效的产品进行维修或更换。这种维修或更换的人工和材料为免费,但客户需要承担相应的运费。本有限保证不适用于:(i) 外观损伤,如划痕,刻痕和凹痕;(ii) 消耗性部件,如电池,除非由于材料或工艺上的缺陷而

发生产品损坏;(iii) 因滥用,误用,或洪水,火灾或其他自然灾害及不可抗拒因素造成的损害;(ii) 任何非 COROS 授权的服务商提供的服务而造成的损害;(v) 未经 COROS 书面许可而擅自修改或更改的产品造成的损坏;或者连接到不是 COROS 提供的电源和 / 或数据线造成的产品损坏。此外,COROS 保留拒绝对违反任何国家或地区的法律获得和 / 或使用的产品或服务提出保修索赔的权利。COROS 产品仅用作运动健身辅助设备,不得用于任何需要精确测量方向,距离,位置或地形的目的。COROS 不保证地图数据的准确性或完整性。

在寻求保修服务之前,请访问并查看 http://www.coros.com/warranty.php 上提供的在线帮助资源。如果使用这些资源后,您的设备仍然无法正常工作,请联系原购买国家或地区的 COROS 授权服务机构,或按照 http://www.coros.com/warranty.php 上的说明获取保修服务。

如果您在原购买国以外寻求保修服务,COROS 不能保证由于产品供应和适用标准、法律法规的差异,可以提供维修或更换产品所需的部件和产品。在这种情况下,COROS 可以自行决定并遵守适用的法律,用相似的 COROS 产品零件维修或更换您的产品,或要求您将产品奇送到原购实国家的 COROS 授权服务机构,或另一个国家可以为您的产品提供服务的 COROS 授权服务机构。如发生以上情况,您将负责遵守所有适用的进出口法律和法规以及支付所有关税,增值税,运费以及其他相关税费。在某些情况下,由于适用的国家标准,法律或法规,COROS 及其经销商可能无法在原购买国以外的国家维修您的产品,或者在您所在的国家或地区向您返还维修或更换的产品。或者在您所在的国家或地区向您返还维修或更换的产品。

在线拍卖购买:通过在线拍卖购买的产品不符合 COROS 的退货政策及保修范围。拍卖购买即确认不接受保修服务。要获得保修服务,需要出具从原零售商处购买的收据。 COROS 不会替换通过在线拍卖购买的任何包装中缺失的部件。

# 15 售后服务

在 COROS 或其它授权经销商购买的产品,可享受在收到货物后7天内退货退款服务。

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退货产品必须带有完好的原始包装,符合重新销售的条件(运输损坏除外)。所有客户的 退货必须附有购买证明。客户换货(订购了错误的尺码)可能产生检查与运输费用,所 产生费用由客户支付。

在2年的保修期内,经鉴定由于质量问题而退换产品所产生的费用将由COROS承担。 更换产品的颜色尺码与原购买款式相同。

从零售商家购买的产品必须退回到该零售店,相关事项按照零售商家的退换货政策执行。















本设备经过测试证实符合 FCC 通则第 15 部分所定义的 B 级数位设备限制。该限制是为 不以自注及汤加证条约首1亿是则第11 30 7/70元人以 20 级数加及国水闸。 87 8/15 12 7 7提供住宅设备对有害干扰的合理保护。本设备可产生、使用及发射勃频能量。若未依照指示进行安装及使用,可能对无线电通讯引起有害干扰。然而,在某些设备上无法保证不会发生干扰现象。若本设备对于无线电或电视机接收确实引起有害干扰(可将设备关闭再开启进行判定),建议您采用以下方式对干扰进行修正:

- •将接收天线调整方向或改变放置地点。 •加大设备与接收器之间的距离。
- •分开设备及 GPS 设备所使用的插座, 使其不在同一电路。
- 洽询经销商或有经验的无线电 /TV 技师请求协助。
- 本设备符合 FCC 通则第 15 部分。设备操作将受限于以下两个条件:
- (1) 设备不得引起有害干扰。
- (2) 设备必须能接受任何接收到的干扰,包括引起无用操作的干扰。

经非授权之检修或修改可能造成设备永久性损坏,且将丧失您产品保修及第15部分法 规下授权给您的本设备操作权利。



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### **GPS**

Wenn Sie eines der Outdoor-Aktivitätsprofile (z.B. Schwimmen, Radfahren, Laufen) verwenden, aktivieren Sie das GPS automatisch. Wenn GPS zur Kalibrierung der Höhe verwendet wird, liegt die Fehlergrenze irgendwo innerhalb von ca. 50 meter (165 fuß).

Für bessere Ergebnisse vermeiden Sie Standorte mit Signalstörungen und lassen Sie das GPS Ihre Position lokalisieren, bevor Sie eine Aktivität starten.

Hinweis: Das GPS-Signal geht verloren, wenn das COROS-Gerät unter Wasser eingetaucht wird. Für das Schwimmen im offenen Wasser wird empfohlen, Freistilschläge zu verwenden, um die GPS-Genauigkeit zu verbessern.

## 2 Tragen des Gerätes und Herzfrequenz

Die COROS-Uhr verwendet einen optischen Herzfrequenzmesser, der eine grüne LED-Leuchte auf das Handgelenk wirft, um die Herzfrequenz zu messen. Um die höchste Genauigkeit des Herzfrequenzmessgeräts zu gewährleisten, befestigen Sie bitte Ihr Uhrenarmband und stellen Sie sicher, dass die Uhr sicher auf Ihrem Handgelenk aufliegt.

Hinweis: Der Herzfrequenzmesser ist nicht für den medizinischen Gebrauch bestimmt und kann externen Störungen ausgesetzt sein. Konsultieren Sie vor Beginn eines Trainingsprogramms immer Ihren Arzt. Die Herzfrequenzdaten dienen nur als Referenz und wir sind nicht verantwortlich für die Folgen von Messungen.



## 3 Navigation

Wenn Ihr COROS-Gerät Navigationsfunktionen unterstützt, können Sie die Route zum Gerät aus der COROS App vorab laden.

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Hinweis: Bei Verwendung der Navigation wird das GPS automatisch eingeschaltet. Bitte wenden Sie bei der Navigation Ihr bestes Urteilsvermögen an.



Wenn Ihr COROS-Gerät die Kartenfunktionalität unterstützt, können Sie diese aus dem Hauptmenü unter Karten aufrufen.

Hinweis: COROS verwendet einen Drittanbieter für die Kartendaten-Informationen. Bitte lesen Sie vor dem Download und der Nutzung einer Kartenfunktion die Allgemeinen Geschäftsbedingungen des Anbieters. COROS ist nicht verantwortlich für die Richtigkeit der Daten und die Stabilität der Verbindung.

# 5 Oximeter

Der optische Oximeter-Sensor wirft ein Infrarotlicht auf das Handgelenk, um den Sauerstoffgehalt im Blut zu bestimmen. Um die Genauigkeit des Oximeter-Sensors zu gewährleisten, befestigen Sie bitte Ihr Uhrarmband und stellen Sie sicher, dass die Uhr sicher am Handgelenk anliegt.

Das optische Oximeter ist für ausgewählte COROS-Uhrenmodelle erhältlich. Eine vollständige Liste der kompatiblen Modelle finden Sie unter www.coros.com.

Hinweis: Der Oximeter-Sensor ist nicht für den medizinischen Gebrauch bestimmt und kann externen Störungen ausgesetzt sein. Bestimmte Umstände können dazu führen, dass die Sauerstoffmessung im Blut ungenau ist. Die Sauerstoffmessung im Blut dient nur als Referenz und wir sind nicht verantwortlich für die Folgen von Messungen.

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