

# Darma Smart Cushion User Manual

## Contents

### 1. A look at your cushion

- Cushion overview

- Accessories

- Working status

### 2. Basics

- Power ON

- Get connected

- Charging

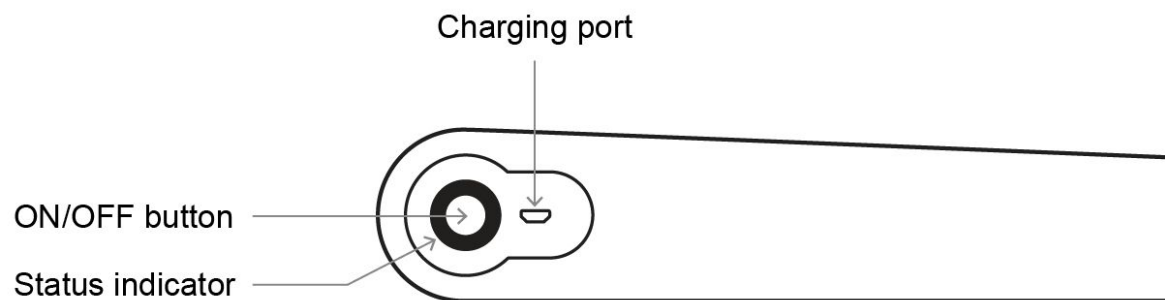
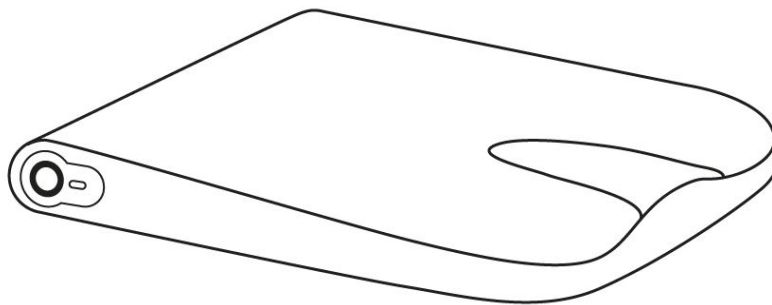
- Auto/Manual OFF

### 3. Safety, handling, and support

### 4. Compliance information

# 1. A look at your cushion

## Cushion overview



## Accessories

Your Darma cushion comes with 2 charging cables. You can use one at home, and the other for workplace.

## Working status

The circular status indicator tells you the current working status of Darma cushion.

Dark: OFF

When charging:

Flashing red: charging, low battery

Flashing blue: charging

Stable blue: fully charged

Stable red: ON, low battery

Stable blue: ON, normal battery, Bluetooth not connected

Stable green: ON, normal battery, Bluetooth connected

## 2. Basics

### Power ON

To power on your Darma cushion, simply press and hold the “ON/OFF button” for 3 seconds. The circular “Status indicator” will illuminate and there will be a short vibration pulse<sup>①</sup>.

Note:

①: If the cushion can not be powered on, try charging the cushion for 1 hour. For details, please see “Charging” section.

### Get connected

Darma cushion is designed to work together with a smartphone or tablet<sup>②</sup>. Please follow these steps to pair the device with your cushion:

1. Go to “Settings” menu of your phone/tablet and turn on Bluetooth. You may also turn on Bluetooth in “Control Center” of iOS devices.
2. Make sure your cushion is powered on and is NOT being charged. For safety reasons, charging prohibits all functions of the cushion<sup>③</sup>.
3. Open Darma APP, and follow instructions in the APP to pair with your cushion<sup>④</sup>. The status indicator will turn green once the cushion is paired. You can also check Bluetooth connection through “Settings” page within the APP.

Note:

②: We support devices running iOS. For a complete list of supported devices, please go to our website “darma.co” and find the latest information.

③: Please see “Charging” section for safe charging operation.

④: Darma cushion is a Bluetooth 4.0 (BLE) based device, so pairing procedure is different from conventional Bluetooth. Please use Darma APP to pair with your cushion.

### Auto/Manual OFF

As you leave the chair, Darma cushion will turn into low power mode. If not used for 3 days, your cushion will automatically be OFF to save power. So feel free to leave the cushion ON over the weekend.

You may also power off the cushion for a long trip. To manually power OFF, first make sure the cushion is NOT being charged. Then press and hold the “ON/OFF button” for 3 seconds. You will see the “Status indicator” go dark.

## Charging

Darma cushion has an internal lithium-ion rechargeable battery. For charging, use the included cable to connect the cushion with a USB port. The USB port could be from a power adapter, PC<sup>⑤</sup> or mobile power bank.

During charging, status indicator will be flashing red. When battery is fully charged, the indicator will turn blue.

It is highly recommended that charging is completed with the included Darma cable.

Please do NOT use long cables or place the cushion on a chair during charging.

Serious injury may happen if a person is trapped by the charging cable<sup>⑥</sup>. Your cushion may also be damaged if the panel is pulled inappropriately.

### Note:

⑤: For faster charging, it's recommended to use USB 3.0 or newer ports.

⑥: All functions of the cushion are disabled during charging. Please do not use the cushion and place it as close as possible to the charging port.

### 3. Safety, handling, and support

#### Important safety information

**WARNING:** Failure to follow these safety instructions could result in fire, electric shock, injury, or damage to Darma cushion or other property. Read all the safety information below before using cushion.

#### Handling

Please handle your cushion with care. It is made of synthetic leather, memory foam, and plastic and has sensitive electronic components inside. Darma cushion can be damaged if dropped, folded, punctured, burned, or crushed, or if its inner components come in contact with liquid.

#### Sitting

Darma cushion is designed to be used on a flat surface. You can use the cushion together with your chair only if the chair surface is no smaller than the cushion. Using the cushion on a small/uneven surface may bring excessive folding force to the cushion and cause damage.

#### Repairing

Don't open Darma cushion and don't attempt to repair the cushion yourself. Disassembling Darma cushion may damage it or may cause injury to you. If the cushion is damaged, malfunctions, or comes in contact with liquid, contact Darma or a Darma authorized service provider. You can find more information about getting service at [darma.co](http://darma.co).

#### Battery

Don't attempt to replace the cushion battery yourself—you may damage the battery, which could cause overheating and injury. The lithium-ion battery in Darma cushion should be replaced only by Darma or an authorized service provider, and must be recycled or disposed of separately from household waste. Don't incinerate the battery. For information about battery service and recycling, see [darma.co](http://darma.co).

#### Charging

Charge Darma cushion with the included cable and USB ports that are compatible with USB 2.0 or later, or power adapters compliant with applicable country regulations.

Using damaged cables or chargers, or charging when moisture is present, can cause fire, electric shock, injury, or damage to Darma cushion or other property.

## Choking hazard

Some Darma cushion accessories may present a choking hazard to small children. Keep these accessories away from small children.

## Important handling information

### Cleaning

Clean Darma cushion immediately if it comes in contact with anything that may cause stains— such as dirt, ink, makeup, or lotions. To clean:

- Disconnect all cables and turn cushion off (press and hold the ON/OFF button for 3 seconds).
- Use a soft, lint-free cloth.
- Avoid getting moisture in openings.
- Don't use cleaning products or compressed air.

### Using connectors, ports, and buttons

Never force a charging cable into your cushion's charging port or apply excessive pressure to the button, because this may cause damage that is not covered under the warranty. If the charging cable and port don't join with reasonable ease, they probably don't match. Check for obstructions and make sure that the connector matches the port and that you have positioned the connector correctly in relation to the port.

### Operating temperature

Darma cushion is designed to work in ambient temperatures between 32° and 95° F (0° and 35° C) and stored in temperatures between -4° and 113° F (-20° and 45° C).

Cushion can be damaged and battery life shortened if stored or operated outside of these temperature ranges. Avoid exposing Darma cushion to dramatic changes in temperature or humidity.

### Darma support site

Comprehensive support information is available online at [darma.co](https://darma.co). To contact Darma for personalized support (not available in all areas), see [darma.co](https://darma.co).

## Restart or reset cushion

Restart cushion: Press and hold the ON/OFF button for 3 seconds, and make sure the status indicator goes dark. To turn the cushion back on, press and hold the ON/OFF button for 3 seconds, and see the status indicator start illuminating.

Reset cushion: Press and hold the ON/OFF button for 10 seconds until you feel 3 long vibration pulses.

## Update cushion firmware

The firmware inside Darma cushion can be updated Over The Air (OTA). To update firmware, the battery level needs to be above 50%. Follow the instructions within Darma APP to complete the update.



## 4. Compliance information

### FCC:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

### IC:

This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

Darma Inc. assumes no responsibility for errors in or omissions from this manual, the contents of which are subject to change without notice. For up to date information visit [darma.co](http://darma.co)