Visit www.FINISISinc.com/registration to register your device. When registration is complete, you will be enrolled in the warranty and replacement program. Proof of purchase required.

Visit www.FINISISinc.com/element-cardio-band to download the multilingual Instruction Manual for detailed information.

♦ ♦ www.FINISinc.com/Element-cardio-band
Element

Veuillez consulter le site www.FINISinc.com/Element-cardio-band et télécharger le mode d'emploi multilingue du Element pour de plus amples informations

Gehen Sie zum Herunterladen der mehrsprachigen Gebrauchsan-weisungen und detaillierten Informationen von Element auf www.FINISinc.com/Element-cardio-band.

HEBREW TEXT

Visiti www.FINISinc.com/Element-cardio-band per scaricare il manuale multilingue d'Istruzioni Element

詳細な情報はたちのウエプサイト(www.FINISinc.com/Element-car-dio-band)にて他言部の)Element・インストラクション・マニュアルを ダウンロードしてください。-

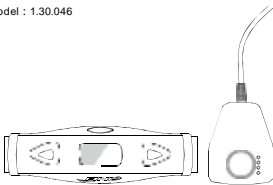Visite www.FINISinc.com/Element-cardio-band para baixar o Manual de Instruções multilingue de Element

Mocewuwe +au canw www.FINISinc.com/Element-cardio-band u cua~anweu+cwpyuyuDuo

Para más información, visite www.FINISinc.com/Element-cardio-band para descargar el Manual de Instrucciones Element plurilingüe

Important: For all technical issues, please contact FINIS.
www.FINISinc.com/support
USA 800.388.7404
EU: +359 29368636

INCLUDED

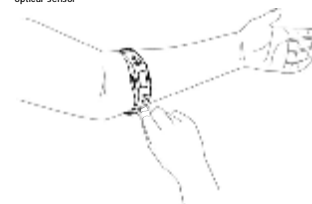Element Cardio Band
USB Magnetic Dock

model   1.30.046

SPECIFICATIONS

Samsung Galaxy 3+ /Honeycomb+
iPhone 4+/iOS 7+
mobile platforms Android® and Apple®
Goggle Play®
Apple App Store®
Will only be mobile/android/apple compatible – talk to developers
Pentium® III 500 MHz or higher recommended
Windows XP® (service pack 1 or higher) or
Windows Vista® Windows 7®
Windows 8®
Mac® OS 9X or higher
250 MB available hard drive space
128 MB RAM (256 recommended)

HOW TO WEAR

a. The Element is designed to be worn on forearm, just below elbow
b. With palm facing up, slide over hand and place on inside of forearm, just below elbow
c. The button should be closest to hand and FINIS logo closest to elbow
d. Adjust sliders on the elastic band for desired fit
e. Ensure the optical sensor has direct contact with skin, as environmental light can interfere with accuracy and detection of optical sensor

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CHARGING

Charge your unit fully before first use. Device will turn off automatically when battery is depleted
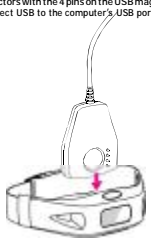
A. The blinking battery icon indicates charging
B. Takes 1 hour to charge from low to full
C. The full battery icon indicates a full charge

CONNECTING

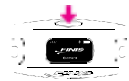Use USB magnetic dock for charging and updating firmware

1. Align connectors with the 4 pins on the USB magnetic dock
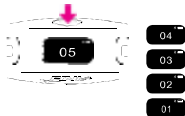2. Directly connect USB to the computer's USB port

POWER ON/OFF

A. To POWER ON: Press and hold button for 3 seconds
a. Home Screen will display the FINIS Element Logo
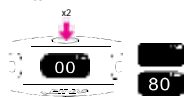
B. To POWER OFF: Press and hold button for 3 seconds
a. 5-second countdown indicates that the device is turning off

04
03
02
01

START/STOP HEART RATE DATA TRACKING

A. To START Tracking: double press button
a. "00" will flash while device is looking for heart rate
b. Single press button to toggle between heart rate and time of day

x2

00
80

B. To STOP Tracking: Double press button
a. Device will read "HR OFF" to indicate that the device is no longer tracking heart rate data

x2

HR OFF

PAIRING

Establishing a connection between Bluetooth-enabled FINIS devices and the FINIS Live ™ App
A. Locate MAC Address on the Element
a. Ensure that the device is POWERED OFF
b. Press and hold button for 3 seconds until FINIS logo appears
c. Quick Release
d. Press and hold button 4 more seconds until MAC Address appears

DOWNLOAD THE FINIS LIVE APP

A. Samsung Galaxy 3+ /Honeycomb+. iPhone 4+/iOS 7+
B. Apple App Store® and Google Play
a. Please note: Previous Streamline account-holders can use existing login information

GOOGLE PLAY
APPLE ICON
FINIS APP ICON

element cardio band
waterproof heart rate monitor

QUICKSTART GUIDE