

## 1. Power up Quitbit

Connect USB cable to bring Quitbit to life.

2. Download Quitbit App

Install the Quitbit app on your mobile device.

3. Sync Quitbit over Bluetooth
With the lid closed, hold the side
button for 5 seconds to activate
Quitbit's Bluetooth. Connect using the
Quitbit app.

4. Start Tracking
Open lid and hold

Open lid and hold side button to light

For more help visit www.quitbitlighter.com/support

We'd love to hear from you!
We're available anytime at support@quitbitlighter.com

FCC STATEMENT: This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undes red operation.

Warning: Changes or modifications not expressiv approved by the

to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular

installation. If this equipment does cause harmful interference t

equipment off and on, the user is encouraged to try to correct the

radio or television reception, which can be determined by turning the

interference by one or more of the following measures:

Reorient of relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from

that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

RF warning statement:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

- English: " ₽

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions:  $\nu$ 

- (1) this device may not cause interference, and  $\phi$
- (2) this device must accept any interference, including interference that may cause undesired operation of the device."
- French:"₽
- Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareil s radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :
- (1) l'appareil nedoit pas produire de brouillage, et
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.".