





Operation Instructions

ID139

本製品をお選びいただきありがとうございます。 御使用になる前に取扱説明書をよくお読みください Charge for starting

Charge for automatic starting

Note: please charge the bracelet with the original charger.





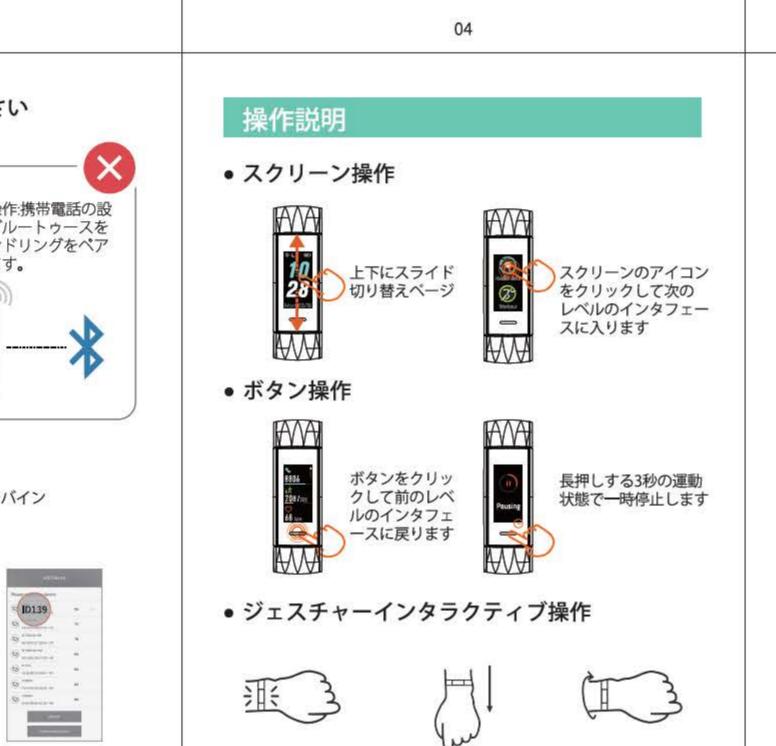
Please correctly connect your mobile phone

bracelet directly through

Bluetooth in the phone

VeryFitPro application on

the mobile phone to pair the



Slide up and down Slick the screen icor

Switch the page Enter the next level

Long press for 3



- a、Enter Workout Click the workout icon
- Pause workout: long press the touch screen for 3 seconds Restore workout: click Continue Workout icon 🕟 During swimming, the screen will be locked. You can switch the screen by flipping your wrist, or unlock it by clicking the
- touch screen, sliding up and then sliding down. Finish workout: click Finish Workout icon 😃 > Click OK 🤡 2. Workout mode selection There are 14 workout modes for selection on the bracelet, including indoor/outdoor run, swimming in a pool, swimming
- information of the bracelet.
 - hange workout modes, you need to operate on APP. a、運動に入ります 運動アイコンをクリックします

in an open area, indoor/outdoor cycling, etc. The bracele

terminal can display six workout modes to the maximum. To

. Operation in workout

2. Continuous heart rate monitoring

The bracelet will monitor your heart rate 24 hours a day. If yo want to turn off the 24-hour continuous heart rate monitoring, just turn it off on your bracelet or mobile APP. To turn on/off 24-hour continuous heart rate monitoring on the

bracelet terminal, the operation is as follows:

3. Automatic exercise identification The bracelet can automatically identify the exercise you are doing and ask whether you have entered the exercise, recording your exercise state in time.

To turn on/off 24-hour continuous heart rate monitoring on the mobile terminal, the operation is as follows:

The operation is as follows:

Holfodom # 5 Neutoclassid

るかどうかを尋ね、タイムリーに運動状態を記録します。

 Oxygen saturation monitoring The bracelet can monitor your oxygen saturation, so that you can control your health status."

ハンドリング端末のオン/オフ24時間連続心拍数のモニタリング操作は以下の通りです:

provided are for reference only. Enabling continuous 24-hour heart rate monitoring will affect 5ATM Bluetooth version BLE 4.2 N7.00 Other functions 10°C-45°C Product weight 22.8g The bracelet will vibrate for notification when you receive Waterproof: it supports hand washing, raining and swimming in shallow water, but does not support hot water shower, snorkeling, diving, surfing and other scenes.

Note: to realize the notification and reminder function, maintain the normal connection between the bracelet and the phone, and ensure that DND mode is disabled. You can switch different styles of dials, such as large number, pointer, data, time, shortcut key, landscape and so on. with other devices before cleaning and maintenance.

• Please clean the bracelet with soft brush or clean soft cleans.

When monitoring oxygen saturation/heart rate, please attach

the oxygen saturation/heart rate monitoring area of the bracelet

Wearing too loose or too tight will affect the monitoring data.

to the wrist, and maintain a comfortable and fitting wearing state.

This product is not a medical device. The data and information

The operation is as follows:

Long press the enter the dial

ング領域を腕密着させ、快適で密着した |時間連続心拍数のモニタリングをオンにすると、バッテリ

1. メッセージ通知

注:通知リマインダーアプリはハンドリングが携帯電話と正常に接続されていて、かつ妨害無しモードがオフになっていることを確認しなど

2. 文字盤の切り替え 大きな数字、ポインター、データ、時間、ショートカット キー、風景など、さまざまなスタイルの文字盤をハンドリ ング端末で切り替えることができます。

防水:手洗い、雨、浅瀬水泳にはハンドリングをサポートされていますが、おシャワー、ダイビング、飛び込み、サーフィンなどはサポートされていません

● 清潔にメンテナンスを行う前に、設備の使用を中止し、他の設備との接続

柔らかいブラシか清潔な布でハンドリングをクリーニングしてください。設備とその付属品を乾燥させたままにしてください。 電子レンジやヘアド

Model ID139 Screen type 0.95" AMOLED

Please keep the device and accessories dry. Do not dry the

case of failure, please contac ter-sales service.

10°C-45°C

with external heating equipment such as microwave oven or

o not place the device and its accessories in an area where the

temperature is too high or too low, otherwise the device may fail,

catch fire or explode.
Avoid strong shock or vibration to avoid damage to the device and its accessories, resulting in device failure.
Do not disassemble or modify the device and its accessories. In

温度が高すぎる、または低すぎる領域に設備とその付属品を置かないでください。設備の故障、発火、爆発につながります。 ● 設備とその付属品を破損し、設備が故障しないように、製品に強い衝撃や ● 無断で設備や付属品を分解したり改造したりしないでください。設備が故 障した場合はアフターサービスに連絡してください。 操作手順: VeryFitPro > 2 >よくある質問

Mobile phone cannot be connected to the Watch.

- It is recommended to update VeryFitPro to the latest vers
- When scanning QR code, keep a proper distance between 3. It is recommended to quit all APPs, reactivate the phon Bluetooth and re-connect. Confirm that system of the phone is Android 4.4 or iC
- devices. Do not use sharp objects to remove the battery. The Watch has no message or call reminders. 1. Turn on the smart reminder function and call reminder If you are wearing a pacemaker or other implanted electroni function in the APP to synchronize with bracelet.
- devices, please consult your doctor before using the hear The mobile phone is required to be paired with the bracelet rate monitoring strap. The watch's optical heart rate sensor glows green as 3. Keep the Bluetooth connection of the bracelet in the normal st

flashes. If you suffer from epilepsy or are sensitive to blinking Bluetooth disconnects frequently. light sources, please consult your physician if you can wear 1. Too long distance between the bracelet and the mobile phone will cause Bluetooth to be disconnected, and the effect of The device tracks your daily activities through sensors. The Bluetooth connection will be significantly weakened over 7 meters.

be completely accurate.

Battery warning

be completely accurate.

connection effect, and human body and metal jewelry will interfere with the Bluetooth connection signal. Please ensure that the Bluetooth function of the mobile

phone is normal. How to clear use data. Operation steps for clearing use data: Setting>Detail>

More detailed FAQs can be obtained through help and feedback in the APP. Operating steps: VeryFitPro > Q > FAQ

1.VeryFitProを最新バージョンに更新することをお勧めしま

起動してから接続することをお勧めします。

維持する必要があります。

著しく弱くなります。

2.二次コードをスキャンするときは、携帯電話とハンドリングは

適切な距離を保ち、スキャン時は設備を安定させる必要があ

4.携帯電話システムがAndroid 4.4またはiOS 9.0以上である。

1.APPでスマートリマインダーアプリと着信リマインダーアプ

3.ハンドリングブルートゥースが正常に接続されている状態を

1.ハンドリングと携帯電話の距離が遠すぎるとブルートゥージ

ハンドリングと携帯電話の間に遮蔽物があると、接続効果に

影響し、人体や金属製アクセサリーなどがブルートゥース接続

.ユーザーデータのクリア操作:設定>詳細>ユーザーデータ

3.携帯電話のブルートゥース機能が正常であることを確認し

● ハンドリングにはメッセージも着信リマインダーもありません

すべてのプログラムを閉じ、携帯電話のブルートゥースを再

Safety and Product Information Notes

data are intended to tell you about your daily activities, sur

as steps, sleep, distance, heart rate and calories, but may not

The device, accessories, heart rate sensors and other

relevant data are designed for entertainment and fitness, not

for medical purposes. They are not applicable to the

diseases or symptoms. The heart rate data is for reference

only. We are not responsible for any consequences caused

Safety and Product Information Notes

Do not disassemble, bore or damage the battery. Do not disassemble the built-in batteries of non-replaceable battery Matters Needing Attention

 Watch data needs to be kept once every 7 days to avoid The watch has no waterproof effect on seawater, acidic

Please maintain good judgment at all times and ride in a safe

manner. Make sure your bike and hardware are properly

maintained, and all components are properly installed.

with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable and alkaline solutions, chemical reagents and other protection against harmful interference in a residential installation corrosive liquid. The damage or defects caused by misuse This equipment generates, uses and can radiate radio frequency or improper use are not covered by the warranty. energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communication

 The watch has a waterproof level of 5ATM and supports However, there is no guarantee that interference will not occur in cold water shower, swimming, but not diving. Avoid wearing the watch too tight in daily use. Please keep

the parts of the watch touching the skin dry. When your heart rate is measured, keep your arm still

maintained, and all components are properly installed.

The watch has no waterproof effect on seawater, acidic

corrosive liquid. The damage or defects caused by misuse

The device meets the EU ROHS criterion Please refer to IEC 62321, EU ROHS Directive 2011/65/EU and revised directive.

subject to the following two conditions:

this device may not cause harmful interference, and

interference that may cause undesired operation.

this device must accept any interference received, including

Changes or modifications not expressly approved by the party

energy and, if not installed and used in accordance with the

instructions, may cause harmful interference to radio communications

However, there is no guarantee that interference will not occur in a

f this equipment does cause harmful interference to radio or

television reception, which can be determined by turning the

-- Reorient or relocate the receiving antenna.

hat to which the receiver is connected.

This device complies with Part 15 of the FCC Rules. Operation is

) this device may not cause harmful interference, and

interference that may cause undesired operation.

this device must accept any interference received, including

Changes or modifications not expressly approved by the party

If this equipment does cause harmful interference to radio or

television reception, which can be determined by turning the

interference by one or more of the following measures:

equipment off and on, the user is encouraged to try to correct the

Increase the separation between the equipment and received

- Connect the equipment into an outlet on a circuit different from

-- Consult the dealer or an experienced radio/TV technician for help

responsible for compliance could avoid the user's authority to operate

he equipment. This equipment has been tested and found to comply

subject to the following two conditions:

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Please maintain good judgment at all times and ride in a safe manner. Make sure your bike and hardware are properly

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If you are wearing a pacemaker or other implanted electron devices, please consult your doctor before using the heart

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The device tracks your daily activities through sensors. These data are intended to tell you about your daily activities, such as steps, sleep, distance, heart rate and calories, but may not

The device meets the EU ROHS criterion Please refer to IEC 62321, EU ROHS

Directive 2011/65/EU and revised directive.

responsible for compliance could avoid the user's authority to operate together with the residual waste, but have to be the equipment. This equipment has been tested and found to comply disposed of separately. The disposal at the communal with the limits for a Class B digital device, pursuant to Part 15 of the collecting point via private persons is for free. The owner of old appliances is responsible to bring the

 The watch has a waterproof level of 5ATM and supports cold water shower, swimming, but not diving.

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the parts of the watch touching the skin dry. When your heart rate is measured, keep your arm still

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 Increase the separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from Consult the dealer or an experienced radio/TV technician for help.

treatment of toxic substances.

RISK OF EXPLOSION IF BATTERY IS REPLACED

Old electrical appliances must not be disposed of

disposed of separately. The disposal at the communal

collecting point via private persons is for free. The

appliances to these collecting points or to similar

contribute to recycle valuable raw materials and the

collection points. With this little personal effort, you

together with the residual waste, but have to be

owner of old appliances is responsible to bring the

treatment of toxic substances.

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DISPOSE OF USED BATTERIES ACCORDING

BY AN INCORRECT TYPE

TO THE INSTRUCTIONS

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