





first use. Please use the original power adapter to charge

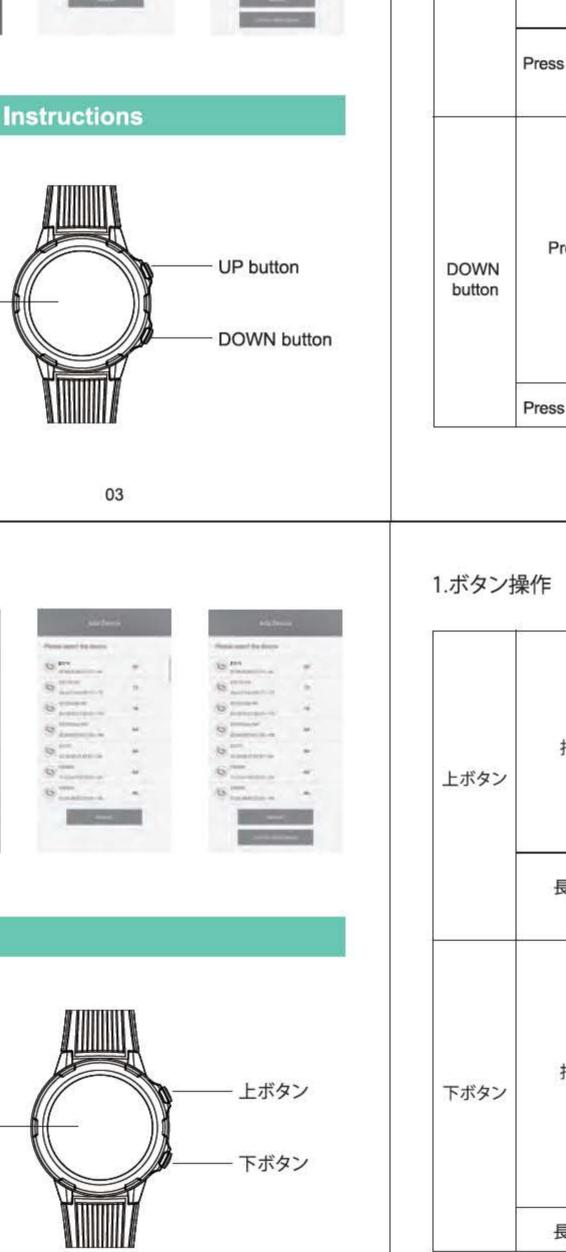
Turn on by pressing and holding DOWN button.

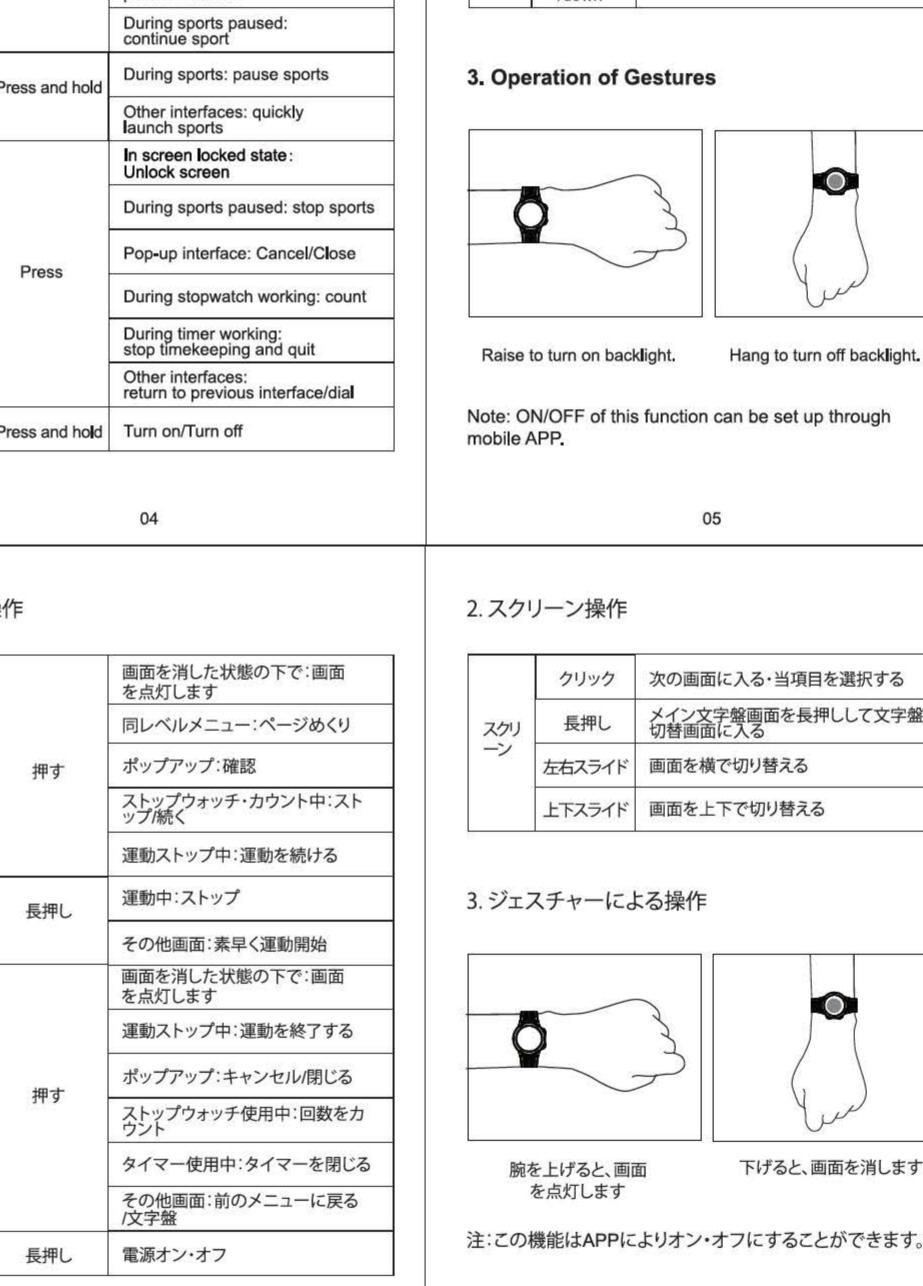


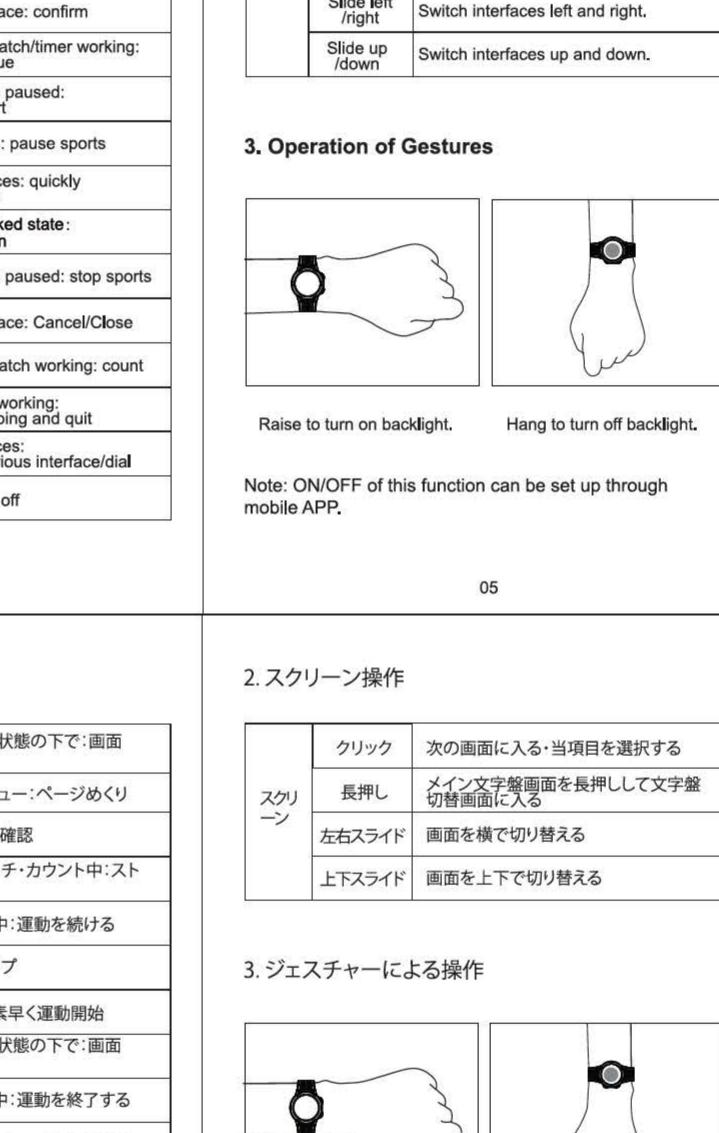
Note: Conditions required by hardware platform system are

iOS 9.0 and above Android 4.4 and above Bluetooth 4.2

Watch directly via Bluetooth











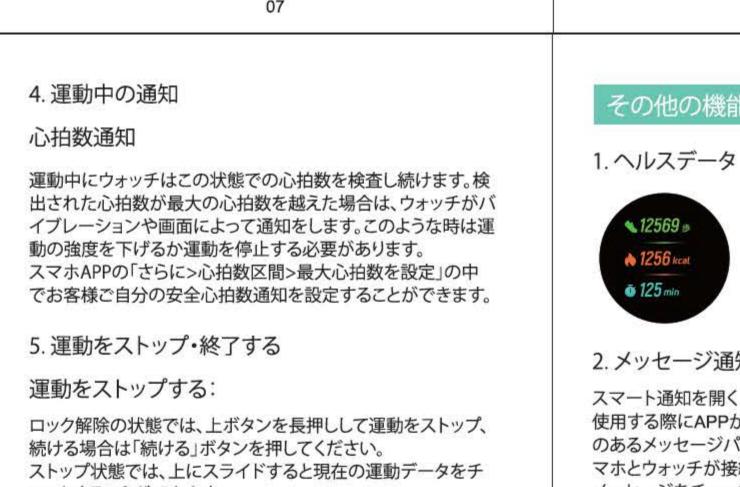
In the paused state, select STOP to stop sports. ントダウンを示し、カウントダウンが

down to select sports item, and tap

icon to start sports.

When Sports is activated, the Watch will show sports countdown. Sports

画面を点灯している状態



4. Reminders during Sports

During sports, the Watch will continuously detect current

heart rate. If current heart rate exceeds the maximum heart

rate, the Watch will remind to reduce sports intensity or stop

Set your safe heart rate reminder through More>Heart rate

zone>User defined Max. heart rate in the mobile APP.

In the unlocked state, press and hold UP button to paur

In the paused state, slide up to view current sports data.

運動を終了したらウォッチが今回の運動情報を保存して

すので、ウォッチの運動記録からチェックできます。

sports. Tap Continue icon to resume sports.

Heart rate reminder

5. Pause or Stop Sports



するため、新しい天気情報を常に入手 とめにはスマホとウォッチの接続を常

メッセージをチェック 本製品のウォッチにメッセージ着信があった時はバイブレー ションで通知します。通知をもらってすぐにチェックすることが できなかった場合は、文字盤画面を下へスライドすることでメ	注:心拍数検出の正確性を確保するため、ウォッチを正しく着用 し、着用する手首を清潔にしてください。
ッセージがチェックできます。 通知を消去	4. 天気
このウォッチには通知を12通まで保存できます。12通を超えた 場合は新しい通知が着信するたびに最も古い通知を1通削除	「天気」機能はお客様が所在の都市の天気状況を随時に知ることができる機能です。

通知表示画面に、1つの通知表示を左へスライドすると 「消去」が表示されます。タッチするとその通知が消されます。

When it is in use, you need to turn on "Smart Reminder" on

reminded, and this function requires keeping the connection

When receiving message, the Watch will vibrate to remind.

a new notice is received. When the notification content

box to show Delete icon, and tap Delete icon to delete the

slide down to view the message.

If the message is not immediately viewed after being received,

the APP end, select and turn on notification types to be

1. Health Data

Enter Health Data interface to view the accumulated steps, calories and distances when wearing the Watch that day. When it is the set time, the Watch will remind through vibration In case of no operation after 20s, the alarm clock will automatically stop. After 5 minutes, the alarm clock will remind again. Press UP/DOWN button to pause the alarm, and after 5 minutes the alarm clock will remind again.

Slide down to the top of message list, and tap Clear icon to

nd still during the detection, so that Natch can output more accurate Call Reminder can be set in mobile APP. When it is in u turn on Call Reminder function in mobile APP, and keep the connection between the Watch and the phone. When there is an incoming call, the Watch will remind through vibration Close the call pop-up by pressing UP/DOWN button.

スマホAPPで着信通知を設定できます。使用する際はAPP

で「着信通知」機能をオンにし、スマホとウォッチが接続 状態でいなければならなりません。スマホに着信があった 時にウォッチがバイブレーションで通知します。上/下ボタ ンを押すと着信通知を閉じることができます。

It is available to record multiple times.

 Factory data reset settings: tap to enter factory data reset Firmware information: tap and enter to view firmware information and Bluetooth address.

ます。「おやすみ」 **③** のアイコンをタッチするとアイコンが点 灯され、おや **○** すみモードがオンになります。またタッチす

◆文字盤設定:この機能を使って違う模様の文字盤を切り替え

●上ボタン長押し設定:この機能を使って上ボタンを長押しに よって選べる運動パターンが設定できます。

ファームウエア:タッチすると本製品のウォッチのファームウ
エアやブルートゥース情報が確認できます。

● リセット:タッチするとリセット開始します。

Slide up once on dial interface, and enter control center

interface. Tap DND icon 🚳 to lighten the icon 🕓 . DND

Slide up once on dial interface, and enter control center

Slide up once on dial interface, and enter control enter

interface,and tap System Setting icon
to enter system

Dial settings: tap and enter this function to switch dials

Pressing and holing UP button settings: tap and enter

this function to set sports style entered by pressing and

it to Level 2 🥨. Conduct repeatedly in order.

In system settings, you can enter:

among different styles.

the brightness icon to switch it to Level 3 🚱 . Tap the icon

Vaterproofing: Use of the Watch at the time of hand washing,

diving, underwater diving, surfing etc. is unsupported.

nd swimming in shallow water is supported, but use under hot s

Please stop using the Watch and disconnect all connections

Please keep the Watch and its accessories dry. Do not dr

Do not place the Watch and its accessories in an area wher

Avoid strong shock or vibration to prevent damage to the

Mobile phone cannot be connected to the Watch.
 1. It is recommended to update VeryFitPro to the latest version.

It is recommended to quit all APPs, reactivate the phor

It is required to turn on smart reminder function and call

eminder function in APP and synchronize to the Watch.

?. The Watch should be paired with mobile phone thro

Confirm that system of the phone is Android 4.4 of

The Watch has no message or call reminders.

them with external heating equipment such as microwave

he temperature is too high or too **l**ow, which may cause

Please do not disassemble or modify the Watch and its

accessories without permission. In case of failure, please

nalfunction, fire or explosion.

Natch and its accessories or failure.

If you are wearing a pacemaker or other implanted electronic

ay cause Bluetooth disconnection, and the effect of Bluetoo

. Shielding between the Watch and the phone will affect the

. Please confirm that Bluetooth function of the phone is no

More detailed FAQs can be obtained through help and

Safety and Product Information Notes

Do not disassemble, bore or damage the battery. Do not

disassemble the built-in batteries of non-replaceable batter

devices. Do not use sharp objects to remove the battery.

Operating steps: VeryFitPro > 🔎 > FAQ

connection, and human body and metal jewelry will interfere

connection over 7 meters will be obviously weak.

The device supports the use under cold shower or

light sources, please consult your physician if you can wear

The device tracks your daily activities through sensors.

These data are intended to tell you about your daily activities.

such as steps, sleep, distance, heart rate and calories, but

The device, accessories, heart rate sensors and other

not for medical purposes. They are not applicable to the

diseases or symptoms. The heart rate data is for reference

only. We are not responsible for any consequences caused

If you are wearing a pacemaker or other implanted electronic

diagnosis, monitoring, treatment or prevention of any

may not be completely accurate.

ウォッチの光学心拍センサーは緑色に点灯して点滅する。癲癇ま

ます。これらのデーターは、歩数、睡眠、距離、心拍数とカロリデータ

本製品は欧州連合ROHS標準に適応

スマホのシステムがAndroid 4.4またはiOS 9.0以

ウォッチにはメッセージ・電話着信の通知がありません。1. APPの中からスマート通知機能と電話着信通知機能を起動させてウォッチにシンクロさせなければなりません。 い。また、交換不可のバッテリー装置の内部バッテリーを分解

防水:手洗いや雨濡れ、浅い水域での水泳などの際に使用することが可能ですが、お湯によるシャワーや潜水、ダイビング、サーフィンなどの時には

柔らかい歯ブラシやきれい な雑巾で整理してください

● その他の質問はAPPの「ヘルプ&フィードバック」にてご確認

安全性および製品情報のお知らせ

■ スマホがウォッチと接続できません1.VeryFitProの最新バージョンをダウンロードしてください。2. 全てのアプリを閉じて、スマホブルートゥースを再度立ち げてからまたお試しください。

心臓ペースメーカーまたはその他の埋め込み型電子機器を装 着している場合は、心拍ベルトを着用する前に医師に相談して

品が正しく取り付けられていることを確認してください。

データ紛失を防ぐため、デバイスのデータは七日間に一度シ 本製品は海水や酸性・アルカリ性溶液、化学溶剤など浸蝕力

のある液体に防水効能はありません。濫用あるいは不当な使

が、潜水時のご使用は避けてください

着用部位の清潔を維持するようにしてください ●心拍数検査中に腕はできるだけ動かないようにしてくださし

●日常使用中にデバイスをきつくしないように適切に着用し、

instructions, may cause harmful interference to radio communication However, there is no guarantee that interference will not occur in

During heart rate detection, please keep your arm stand

l) this device may not cause harmful interference, an

interference that may cause undesired operation.

(2) this device must accept any interference received, includi

the equipment. This equipment has been tested and found to cor

FCC Rules. These limits are designed to provide reasonable

However, there is no guarantee that interference will not occur in

(2) this device must accept any interference received, including

responsible for compliance could avoid the user's authority to operate

the equipment. This equipment has been tested and found to comply

FCC Rules. These limits are designed to provide reasonable

protection against harmful interference in a residential installa

This equipment generates, uses and can radiate radio frequency

responsible for compliance could avoid the user's authority to operat

The device meets the EU ROHS criterion.

Directive 2011/65/EU and revised directive.

If this equipment does cause harmful interference to radio of equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna.

elevision reception, which can be determined by turning

interference by one or more of the following measur

RISK OF EXPLOSION IF BATTERY IS REPLACED

DISPOSE OF USED BATTERIES ACCORDING

Old electrical appliances must not be disposed of

disposed of separately. The disposal at the comm

collecting point via private persons is for free. The

owner of old appliances is responsible to bring th

contribute to recycle valuable raw materials and the

BY AN INCORRECT TYPE

Increase the separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from Consult the dealer or an experienced radio/TV technician for help

DISPOSE OF USED BATTERIES ACCORDIN TO THE INSTRUCTIONS

Old electrical appliances must not be disposed of

together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring th appliances to these collecting points or to similar





FC (E ROHS



collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.