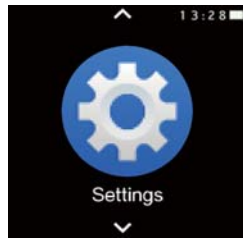# bit ™

S2 Smart Watch

APPS GUIDE

WED
10.12

Model: S2

SETTINGS

The settings app in the S2 allows you to make adjustments on all local settings on the watch. You can change the look of the screen, sound and volume of the alerts and media, screen time out adjustments and more. To make these adjustments tap Settings icon to enter the app, then follow instructions below.

Bluetooth Settings:
Activate or turn off bluetooth, or disconnect paired devices. Tap BT settings, then select Power On or Off option. Note, battery charge will last longer with bluetooth off. Also choose whether or not you wish for S2 to be visible to other BT devices.

Note:
you will need to have both Power and visibility On to make initial sync with the watch and app.
Enter BT settings, then make your selection.

Units:
Select Metric or Imperial (US Standard).

Clock:
Select clock style, tap Clock > Clock type, then scroll and make your selection.
To set time and date, Time Sync must be closed.
For Date, tap Clock > Date, then vertically scroll year, month & day columns to today's date and select OK.
For Time, tap Clock > Time, then vertically scroll hour, minute & AM/PM then select OK.

Sound:
Customize ring tones and notifications. For Alert tone tap Sound > Ring type then make your selection. For Ringtone, tap Sound > Ringtone, make your selection then tap OK. For Notification tone, tap Sound > Notification tone, make your selection then tap OK.

Volume:
Adjust volume of ringtones, notifications and media. Tap Volume, then select from Multimedia, Ring or Notification. Tap + or – to adjust volume up or down, then tap OK.

Display:
Select apps per page, brightness and screen time out. For Brightness, tap Display > Brightness, tap + or – to increase or decrease, then tap OK. For Screen Timeout, tap Display > Screen Timeout and make your selection.

Reset:
Use only when a full clean reset is necessary, such as changing or re-loading connectivity App.
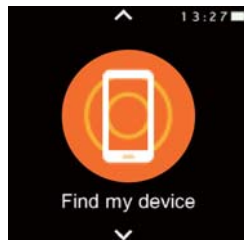
BT
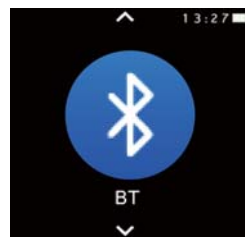
BT is short for bluetooth. Use this app to manage bluetooth connections.

BT can be used to initiate bluetooth connection to to phone.

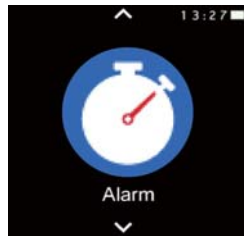You may also initiate the connection from most phones.

Detailed instructions outlined in User Guide.

FIND MY DEVICE

Enter app and select "start" to find Phone. If within 10 meters range phone will emit an alarm. Must be connected via bluetooth to phone and to Bit Watch app, Select Find my Device. If watch is within range it will ring.
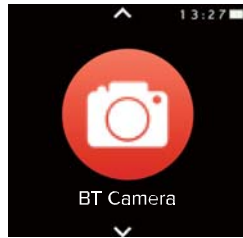
ALARM

Select to set and manage alarms. Choose from alarm tone, vibrate, ring and repeat. Set up to 5 alarms. Tap icon then tap + to add new alarm. Tap each alarm attribute and make your selection.

CALENDAR

Select to view day, month and date. Tap the calendar icon to scroll through the calendar month by month.

BT CAMERA

Use to take remote pictures from your smart phone. Make sure S2 is connected through blue-tooth to your phone.

Set your phone posi-tion to prepare for the picture, (For use with iOS, open camera in the phone first) go get in the picture, tap the app icon, then select your phone type. Your phone will take the picture.

Store pictures on a paired device (Android only). Note: Pictures may be stored in albums and on memory cards. Most phone versions allow you to instantly view pictures. Some phone versions delay viewing and others may require phone re-start before viewing.

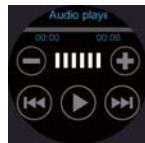# AUDIO PLAYER
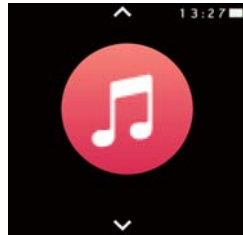
Play Songs from S2

Audio Player will control the music on your phone.

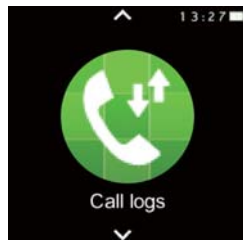1. Upon entering Audio Player app Control Screen appears.

2. Use arrows to advance to the next song in either direction.

3. Use - / + for volume.

Control Screen

CALL LOGS

Logs recent calls made or received. Date and time of calls are listed. Redial any call by tapping the log.

PHONEBOOK

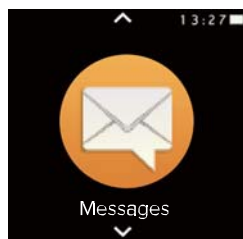Select, then tap Sync with phone to sync all contacts from your smart phone.

Note: Bluetooth must be connected. Scroll to select contact then tap to dial.

DIALER

Select to dial any number. Tap green phone icon to send the call. Bluetooth must be connected to your smart phone.
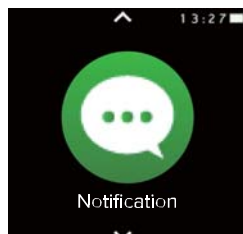
MESSAGES

Messages app used for receiving texts from Android interface only. Email and other notifications from Android Interface will appear in the Notification app.

iOS email and texts appear in Notification app

Select Menu and view inbox messages. Replies allowed from list of predetermined responses.

NOTIFICATION

Select to view and manage notifications, including texts, emails and other notifications you have set up in your smart phone. Tap to view notifications, then tap notification to view details. Swipe left then tap delete to delete notification.
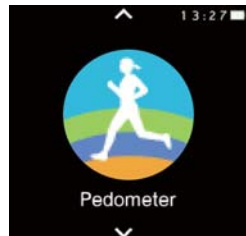
SIRI INTERFACE
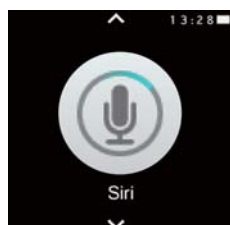
iPhone only -

Tap icon to use S2 to interface with Siri. Send messages, make calls, ask questions.

CALCULATOR

Select to use. Operate like a simple calculator.

PEDOMETER

S2 will count and record your daily steps. Tap the icon and select start. Normal swing of arm will start step counting.

Note: The Pedometer will delay counting until it knows you have taken 10 steps.

Setting Goals:
From the watch, enter Pedometer app > Options > Goal then scroll to your desired goal. The Bit Watch app will keep track each day to let you compare to your goal.
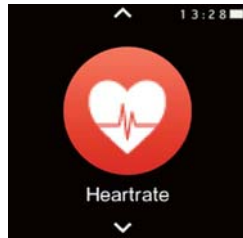
Historical record:
S2 will keep a daily record of steps taken. Tap History. For long term recording of steps, sync data to Bit Watch app. Select Options to review recent history, determine your goal and input your height and weight.

Note:
Screen timeout may cause steps readout to momentarily pause when viewing. It will catch up quickly as the app re-loads.
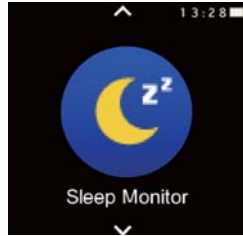
HEART RATE

Touch Start to take a measurement. S2 will store up to 20 historical records. Sync to Bit Watch app to keep long term records.

Note:
S2 must be thoroughly touching wrist for accurate measurement.

SLEEP MONITOR

Tap icon and select Start. While wearing S2 go to bed. The Watch will monitor your sleep by severity of vibrations during your sleep and will report how well you slept every morning. Tap Stop when you awake.
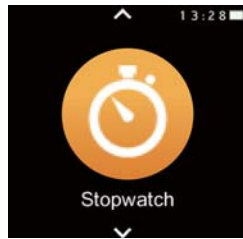
You can store up to 20 historical sleep records. Sync data to Bit Watch app for storing long term records.

SEDENTARY
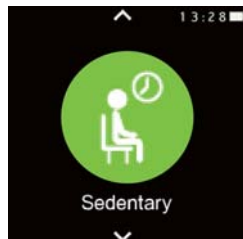
Tap icon then vertically scroll to select time interval for reminder of sitting too long. Reminder can be set to half hour intervals up to 300 minutes long. Watch will ring and vibrate when you sit too long.
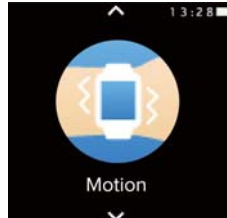
STOPWATCH

Time up to 20 individual segments. Tap Stopwatch then tap start icon to start the timing. Press start icon again to stop.

	Ready to Time	During Timing
Start Icon	▶	⊘
Stop Icon	↺	◯

Press Stop icon to clear previous time. Press Stop icon during timing to record segment.

MOTION

Allows arm motion to wake up the screen, mute and ring alarm, answer the call. To adjust, tap the motion function you wish to adjust then select on or off.

§ 15.19 Labelling requirements.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including

interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

§ 15.21 Information to user.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

§ 15.105 Information to the user.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference

in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

SYNC DATA

Use synchrodata button in the Bit Watch App to sync your health data to the app. Works with Pedometer, Heart Rate Monitor and Sleep monitor.

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