

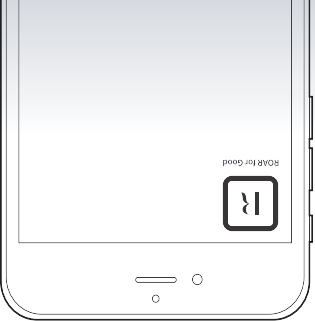


Athena

Quick Start Guide

Download

- The ROARfor Good application helps you get more out of your Athena. It's where you learn how to use and pair your device, manage your contacts, connect with others when you feel unsafe, and stay on top of the latest news related to gender equality and empowerment.
1. Search and download ROAR for Good
 2. Follow the instructions in the app to set up your Athena device



Practice Using Athena

Put it on

Try it on as a necklace, strapped to your shirt or pants, or clipped to your bag to see where it feels most comfortable. We recommend ensuring Athena is securely fastened and wearing it on a location that's easy to reach with both hands.

Test both modes

Practice these modes at least once a month while wearing Athena in different locations.



SilentROAR™

This mode is for discreet situations or when you feel uncomfortable. Tap the button 3 or more times to send distress messages to your contacts.

Tell your loved ones

Talk to your contacts about adding them as an emergency contact and give them a heads-up on what you want them to do in an distressing situation.

FAQ's

Caring for Athena:

Clean the band and aluminum housing with a soft, damp cloth. Use mild soap as needed and dry with a lint-free cloth. Avoid abrasive cloths, paper towels, or similar items that might scratch your device over time. Athena is splash-resistant, meaning it will repel light water but it is not waterproof. Avoid getting the USB plug and sound holes wet. If it is submerged in water, wait 24 hours before using.

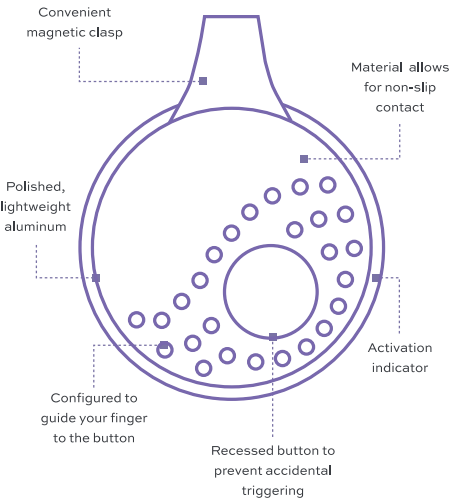
Charging Athena:

The mobile app will notify you when Athena's battery runs low. Typical charging time is approximately one hour and lights on Athena will indicate when it is fully charged. We do not recommend charging it overnight. Depending on usage, Athena can last up to two weeks between charges.

General Precautions:

Do not store Athena in direct sunlight or extreme temperatures. Please keep away from young children. The magnet in the band makes it possible to lose Athena around metal objects, so take extra care when wearing it to prevent loss.

Athena is Purposely Designed.



We'd love to hear about your experience.

GET IN CONTACT WITH US

help@roarforgood.com
roarforgood.com/faq
[@ROARforGood](https://twitter.com/ROARforGood)

Do not throw away your package.

The serial number (S/N) of your device is found on the bottom right of the back of the box and will be needed when reaching out to us.