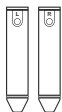




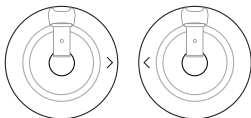
Quick Start Guide

Version 1.0

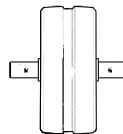
WHAT'S IN THE BOX



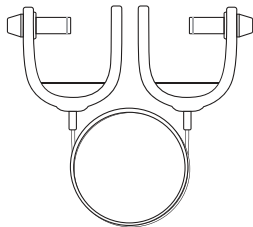
x1 Set of L & R Handles



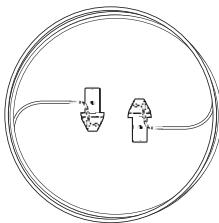
x1 Set of L & R Pushup Stand Attachment



x1 Ab Wheel Attachment

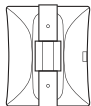


x1 Set of Resistance Band Attachment



x1 Set of Jump Rope Attachment

ACCESSORIES



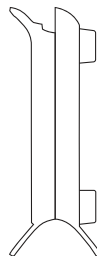
x1 Charger



x1 Charging Cable & Adapter



x1 Jump Rope Rack



x1 Device Stand

LET'S GET STARTED

Download the Move It App (requires iOS 7.0 or Android 4.3 and above)



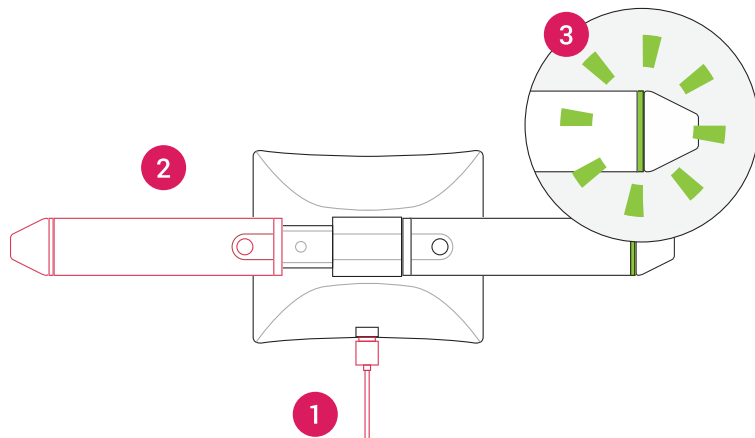
Scan the QR Code to download and install the app.

Alternatively, get the app directly from the Apple App Store or Google Play Store.





ACTIVATE THE HANDLES



1. Connect the Charger to a power source with the provided Cable and Power Adapter.
2. Plug the handles into the power-connected Charger.
3. Handles are activated once the LEDs light up!

LED STATUS INDICATION

Handle State plugged into Charger:



Slow Blink Green

Battery is charging.



Solid Green

Battery is fully charged.



Slow Blink Blue

Firmware is updating.

Handle State:



Solid Green

Battery is charged and ready for use.



Solid Blue

Battery is charged and is currently paired with the Move It App.



Solid Red

Battery is low. Its recommended to charge the handle before starting a program.



Fast Blink

One of the handles in the set cannot be detected. Please ensure the corresponding handle has battery or is nearby.

Handle Processing Effect:



Fast Blink Blue x5

Handles have successfully connected with the Move It App.



Fast Blink x2

Handles have successfully connected with a device attachment.



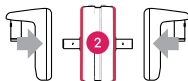
Fast Blink

Handles have reset successfully or are preparing for a firmware update.

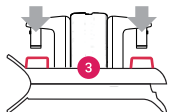
STAND ASSEMBLY (A)



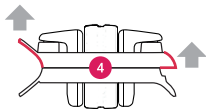
1. Place the Device Stand on its back with the logo facing up.



2. Slot and press one Pushup Stand against each side of the Ab Wheel.



3. With devices pressed together, align the Pushup Stand's adapter downward, and then slot them into the Device Stand's two sockets.

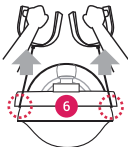


4. Lift the Device Stand upwards by the top and bottom lip to lock the Ab Wheel and Pushup Stands in place.

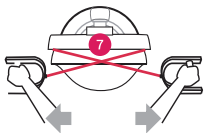


5. Grip the Device Stand by the top and bottom lip and place it upright with the backside facing you.

STAND ASSEMBLY (B)



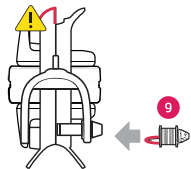
6. Holding the Resistance Band attachment at even lengths between both arms, secure the band into the two notches at the base of the Device Stand, by slightly tugging the bands forward, away from you.



7. Crisscross the band, then loop it neatly around the backside trench.



8. Slot one of the Jump Rope attachment into one of the socket. Loop the cable around the rack, then slot the other attachment head into the remaining socket.



9. Position the Jump Rope Rack with the protrusion at the bottom, and then slot the Rack snugly into place.



When moving the unit as a whole, always grip the Device Stand by the front lip.

Move It™

www.move-it.club

Designed in Hong Kong. Assembled in China.

PHYSICAL ACTIVITY NOTICE

Move It™ Product and Platform include features that promote physical activity. Consider the risks involved and consult with your medical professional before engaging in any physical activity. EGGPLANT TECHNOLOGIES is not responsible or liable for any injuries or damages you may sustain that result from your use of, or inability to use, the features of the Platform.

LIMITED HARDWARE WARRANTY POLICY

1. Eligibility and Limitation

The Seller warrants that any product ordered from Eggplant Technologies is free from material defects and workmanship (“Defect(s)”) for twelve (12) months from the original date of purchase. The Seller liability is limited to the repair or replacement of the product and will, at the Seller's sole discretion, either repair or replace your product at its own discretion if the Seller confirms a valid claim of Defect.

The limited warranty does not apply to: (i) Damage caused by normal wear and tear, abnormal use or conditions, misuse, neglect, abuse, accident, improper handling or storage, defects or damages resulting from service, testing, adjustment, installation, maintenance, alteration, improper use of any electrical source, undue physical or electrical stress, operator error, non-compliance with instructions or other acts which are not the fault of Seller, including damage or loss during shipment or transit. (ii) Damage from external causes such as floods, storms, fires, sand, dirt, earthquakes, an Act of God, exposure to sunlight, weather, moisture, heat, vibration or corrosive environments, electrical surges, battery leakage, theft, or damage caused by the connection to other products not recommended for interconnection.

2. Warranty Returns

The Customer may initiate a warranty return request within the warranty period. The Customer shall email Eggplant Technologies with the order number for a return authorization. The return unit must be in its original packaging or equivalent degree of protection of the product packaging will be shipped to the address in Hong Kong SAR for inspection. The Customer is liable for return of the products until they reach the address specified by the Seller. If the Seller confirms a valid claim of Defect, the Seller will be liable to refund the Customer the shipping cost. The Customer shall provide product receipt which enables the Seller to process the refund via the original payment account. The Seller will refund up to \$25 USD for warranty return shipping.

OTHER TERMS OF USE

Please read the full details of EGGPLANT TECHNOLOGIES' Return Policy and Terms of Use in <http://move-it.club/terms> carefully. By continuing with using this product, you signify that you have read, understand and agree to be bound by EGGPLANT TECHNOLOGIES' Terms of Use. EGGPLANT TECHNOLOGIES may change these Terms of Use at any time without notice, effective upon its posting to the website above. Your continued use of the Product and Platform shall be considered your acceptance to the revised Terms of Use. If you do not agree to these Terms of Use, please do not use this Product and Platform.

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not in-stalled and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

IC Statement

This device complies with Industry Canada Licence-exempt RSSs. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.