

MPE Calculation Method

$$E \text{ (V/m)} = (30 \cdot P \cdot G)^{0.5} / d$$

$$\text{Power Density: } P_d \text{ (W/m}^2\text{)} = E^2 / 377$$

E = Electric Field (V/m)

P = Peak RF output Power (W)

G = EUT Antenna numeric gain (numeric)

d = Separation distance between radiator and human body (m)

The formula can be changed to

$$P_d = (30 \cdot P \cdot G) / (377 \cdot d^2)$$

From the peak EUT RF output power, the minimum mobile separation distance, d=0.2m, as well as the gain of the used antenna, the RF power density can be obtained.

Calculated Result and Limit(WORSE CASE IS AS BELOW)

Wifi:

Antenna Gain (Numeric)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
2 (3dBi)	14.3	0.006	1	Compiles

BLE:

Antenna Gain (Numeric)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
1 (0dBi)	0.4	0.00008	1	Compiles

$$0.006 + 0.00008 = 0.00608 < 1$$