

# CARETALK®

## Wireless Pain Relief Device

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6 preset TENS programs  
5 preset EMS programs  
3 preset massage programs  
for targeted pain relief  
Does not contain natural  
rubber latex  
TENS therapy has been proven  
effective by the American  
Physical Therapy Association.

### Includes:

Wireless device with  
rechargeable lithium ion battery  
USB power cord  
Remote with 2 AAA batteries  
included  
2 adhesive electrode pads

- Neck, Lback, Arm, Shoulder,  
Leg, Joint treatment areas
- 60 levels of intensity
- Bluetooth connectivity
- Effective in temporarily relieving  
pain and stimulating muscles

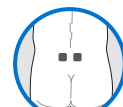
This device complies with Part  
15 of the FCC Rules. Operation  
is subject to the following two  
conditions: (1) this device may  
not cause harmful interference,  
and (2) this device must accept  
any interference received,  
including interference that may  
cause undesired operation.

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## Wireless Pain Relief Device



Neck



Lback



Arm



Shoulder



Leg



Joint

Used with the Remote or the APP

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## Wireless Pain Relief Device

TENS for Pain Relief  
EMS for Muscle Recovery  
Massage for Relaxation

### What is TENS?

TENS stands for Transcutaneous Electrical Nerve Stimulation, a drug-free method of controlling pain. TENS uses tiny electrical impulses sent through the skin to the nerves to modify pain perception. It is effective in temporarily relieving pain, allowing for a return to normal activity.

### What is EMS?

EMS is Electronic Muscle Stimulation, which uses electrical impulses to contract muscles in order to improve and facilitate muscle performance. This aids in strength training, recovery from minor injuries or post exercise, as well as helping to temporarily relieve pain and has been shown to enhance blood circulation.

### What is Electrotherapy Massage?

The massage setting provides low level muscle vibration to loosen tight muscles. Its main function is to mimic manual massage to promote relaxation and reduce muscle tension. The massage function is great for use before or after a workout session to help keep muscles from tightening.

**Compatibility:** iOS and Android™ compatible



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Surround your pain  
using two electrodes



-10°C 55°C

10% 90%

700hPa 1060hPa

