i6 HR C
FITNESS TRACKER

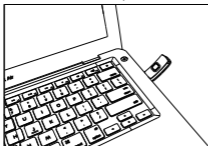## QUICK START MANUAL

iWOWNfit

ACTIVATE THE DEVICE

Charging

Please charge the smartband for 45 minutes before using it.

1. Press the back of the bracelet which shows "open" to make the host depart from the strap.

2. Take out the host. Insert the host to a usb port (5V/1A) for charging (Only one direction is chargeable. If it can't be charged, please insert it by another direction).

Synchronize with "iWOWNfit Pro" APP

System requirement

Please make sure your mobile phone is in accordance with the following systems.

 iOS 9.0 & above

 Android4.4 & above

 Support Bluetooth 4.2

Download the iWOWNfit Pro APP

Search and download "iWOWNfit Pro" from the Apple Store or Android Google Play. Install the App and sign up.
Note: To use "iWOWNfit Pro" APP on an iPad, you need to select "iPhone Only" when you download it from the App Store.

Synchronize the device with the APP

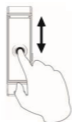Open APP iWOWNfit Pro. Selecting the right smartband pairing code on your smart phone, complete connecting.

After the first sync, the steps, calories, distance on the smart band will be reset.

| Bracel 13-8642 | click to connect › |
| Bracel 13-8643 | click to connect › |

SEARCH AGAIN

📊 Data   🔷 Device   👤 Profile

OPERATION

Three basic operation of the smart band

▮Tap the sceen
Switch type
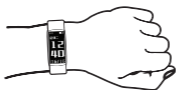
▮Slide the screen
Switch mode/
Screen wake-up

▮Long press
Confirmation/
Turn on the device

KNOW YOUR DEVICE

Wearing method

Wear the device on your wrist horizontally, about 2cm to carpal, the same method as wearing watches.

Methods of wake up the screen: slide the screen, raise hand, turn over the wrist.

Note: To monitor heart rate more accurately, please wear the device on the upper position of your wrist and a bit tighter than usual when you are taking exercise.

Battery life

Battery life usually on 5~7 days.

Interface

Slide the screen to switch Training, Function, Message.

ESSENTIAL FEATURES

Activity Tracking

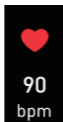Tap the screen to display Steps, Heart rate, Calories, Distance.
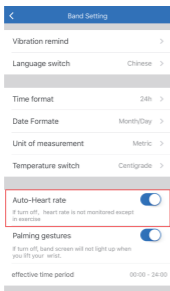

Heart rate

Tap the screen to display heart rate data.

Reading   Current heart rate

*You can turn on/off the auto heart rate monitor in iWOWNfit Pro APP.
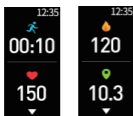
Training

1. Tap the screen to choose training.

2. Slide the screen to switch the sports.

3. Long press the screen to start the sport .

4. Tap the screen to view the data in motion.

5. Long press the screen to end sport and view the total movement data.
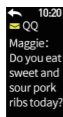
6. Slide up or down to exit the data display.

Message alert

Tap the screen to view details of the message.

Slide the screen to view the next message.

Long press the screen to delete message.

*Tap the ⬅ icon to return to the Message page.

MORE FUNCTION

Tap the screen to enter the Function Setting mode. Slide the screen to switch Dial, Information, Restore set, Power off.

Change the dial face.

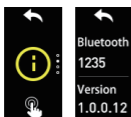1. Keep pressing the Dial interface to enter the dial mode.

2. Slide the screen to switch the dials.

3. Keep pressing the screen to choose the dial style you want.

Product information

Restore set

Long press the screen. The smartband will reset pairing with the smart phone. Schedule, Message, Alarm on the smartband will be cleared.

Power off

Long press the screen to power off.
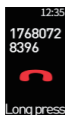
Incoming call reminder

Keep pressing the screen to reject the call.

Alarm clock

Schedule

Reminder to move

AFTER-SALES SERVICE

If you get trouble in using the device, please search and find our official page "iwownfit" on Facebook, Twitter, YouTube. There would be the tutorial video on the page.

Website: www.iwownfit.com
E-mail: services@iwownfit.com

BASIC SPECIFICATIONS

Main unit size: 49*19*10mm	**Wristband:** 252mm
Screen: TFT	**Weight:** 17.8g
Bluetooth: BLE4.2	**Battery life:** about 5-7 days
Working condition: 0-40°C	**Protection Degree:** IP67
Battery: Built-in rechargeable lithium battery	
System requirement: iOS9.0 or above, Android 4.4 or above, Bluetooth 4.2	

FAQ

Q **How to find the device when pairing?**

A **1.** Make sure the Bluetooth is ON, and smart phone Android4.4&Above, iOS 9.0&Above.

2. Make sure the distance between phone and device is within 0.5meter, device is among the normal Bluetooth communication distance range(within 10m/33ft)after pairing finished.

3. Make sure the device is not under low battery.

If there is still a problem after fully charged, please contact us.

Q **Failed to connect with Bluetooth occasionally?**

A **1.** Caused by the abnormality of Bluetooth service when it reboots on the phone.

2. Reboot mobile phone or re-start the Bluetooth service，then it work.

Q **Why the sleep tracking doesn't work?**

A There are a few points need to be noticed:

1. Please do not wear the wristband too loose, otherwise the tracker can't check the sleeping state.

2. If you wake up and take less than 30 steps, the tracker thinks you are still in sleep by default, so the data won't be updated at that time.

3. If you open the application to synchronize the data, don't close interrupt it, otherwise it will lead to the loss of the data.

Q How to turn on the message push?

A iPhone: As long as you allow notifications of Apps through the Settings of iPhone, the messages will sync to your smart band.

Android: You need to turn on the authority of APP which you want to sync the notifications to your smart band through iWOWNfit Pro.

Q How to turn off the message push?

A iPhone: You need to turn off the All Notifications on the phone, or you can turn off Bluetooth of your iPhone.

Android: You need to turn off the authority of APP which you don't want to sync the notifications to your smart band through iWOWNfit Pro.

*More FAQ, please search in the APP.

PRECAUTIONS

Prolonged exposure may cause skin irritation or allergic to some users. If you find any skin redness, swelling, itching or other allergic symptoms, please discontinue to use or wear it over clothing. Continue to use, even after the symptoms subside, it may make the symptoms recur even worse. If symptoms persist, please consult your doctor.

• This product contains electronic components which may cause injury if not done correctly.
• This product is not for diagnosis, treatment or prevention purposes.
• In driving or other potentially dangerous situations due to distractions, do not view call notifications or other data.
• This product is not a toy. Do not allow children or pets touch your products and devices. This product contains small parts that may cause smothering interest rate risks.

NURSING AND WEAR CONSIDERATIONS

• Periodically clean, especially the parts in contact with the skin. Use a clean, moist cloth.
• Keep the band away from hot water and Non-toxic,but not contact with the acid-base.
• Wear loosely, to ensure that the air circulation.
• Remove the product from time to time, in order to clean, but also let the skin freely.
• Do not open the housing or demolition.
• If the display is broken, do not use.

• This product and its battery contains substances may be harmful to the environment, but also may be due to damage caused by improper handling or operation.
• Do not place the product in the washing machine or drying machine.
• Do not expose your product to extremely high or low temperatures.
• Do not sweat in the sauna or steam room to use the product.
• Do not make the product for a long time by the direct sunlight.
• Do not place the product in a fire process. The battery may explode.
• Do not use abrasive cleaners to clean the product.
• If the product gets wet, do not charge.
• If you feel product in the heat, remove it.

BUILT-IN BATTERY PRECAUTIONS

• Your product is equipped with built-in battery, the user can not replace. Product damage, or attempt to open the product will void the warranty and could pose security risks.
• Use certified by a recognized test computer charging treasure or power to charge the battery.
• Charge the battery in accordance with the instructions in this guide.

FCC Warning

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.