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**User Manual**  
**Model: SB1017HC**

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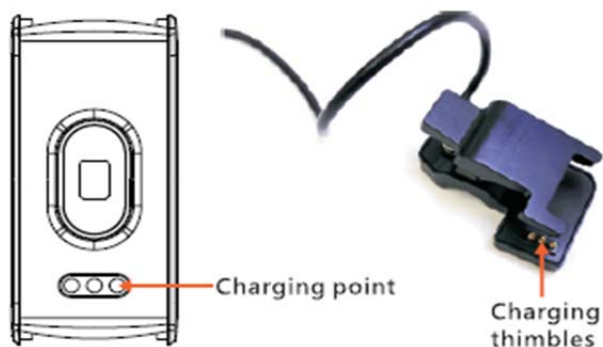
## 1. Quick start guide

### 1.1 Overview



1. Screen
2. Touch key
3. Heart rate
4. Charging POGO PIN

Please connect the Metal pins of the USB cable with the metal point on the back of the bracelet until the charging icon appears on the screen



### 1.2 Install Orunning APP on phone

Download: Search for Orunning APP on Google Play or APPLE APP Store, or scan the following QR code for the installation.

**Android**

**iOS**



### 1.3 Connect bracelet with mobile phone

1. Enable Bluetooth on your smart phone.
2. Open "Orunning" on your smart phone, set your profile on Settings.
3. Tap "Connect device" on Settings.
4. Select bracelet icon to connect
5. Follow the steps, search your device name and connect it.

### 1.4 Unbind bracelet with mobile phone

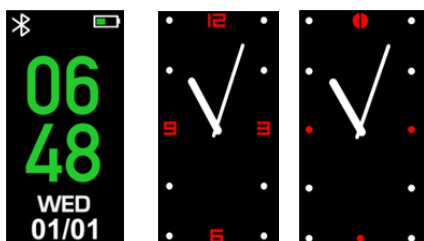
1. Open "Orunning" on your smart phone
2. Tap "Disconnect device" on Settings.
3. Forget your device on your smart phone Bluetooth settings

### 1.5 Operation Introduction

- You can raise hand /press the touch key to light the screen.
- Press the touch key to switch main menu interface.
- Long press the touch key to enter sub-menus.

## 2. Functions

### 2.1 Watch face



Long press the touch button for 3 seconds to switch the clock face and press the touch button to select.

### 2.2 Pedometer



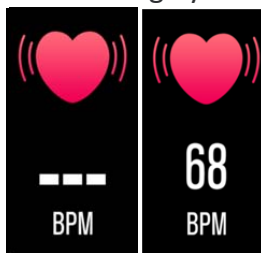
The bracelet will record your daily activity automatically.

Press touch key: switch between steps, calories and distance interface

After sync with Orunning APP, you can check your sport data on your smart phone.

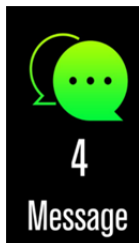
### 2.3 Heart rate

Start testing by switching to the heart rate interface with a touch screen.



After sync with Orunning, you can check your heart rate data on your smart phone.

### 2.4 Message



Press the touch screen key to switch to the message interface.

Long press the touch screen to enter the view.

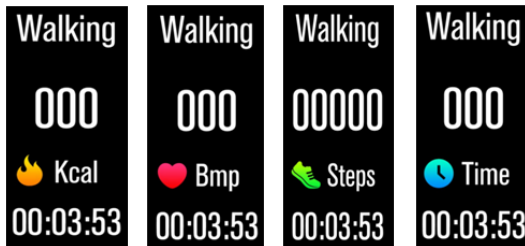
Including incoming call, SMS, QQ and Wechat, Whatsapp, message notification

### 2.5 Multi-Sport





Long press the touch screen button to enter into different sport mode (Walking, Running, Hiking, Biking, Swimming). Please choose one mode, then go to sport, the bracelet will record the data of the sport.



After exercise, you can press the touch screen to save this record in the bracelet.

PS: If sport time less than 1min, the data will not be saved.

## 2. 6 More

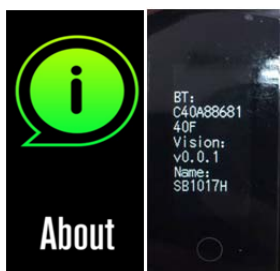


Long press the touch screen key to enter the functional interface.

There is a "about" and "shut down" interface.

### 2.6.1 About

Long press the touch button, you can check your bracelet's BT Mac address, device name and firmware vision.



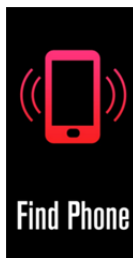
### 2.6.2 Power Off

Long press touch button on this interface to turn off the bracelet.



### 2.6.3 Find Phone

After the bracelet connected to Orunning, "Find phone" will appear on the submenu. Long press the touch key, your android phone will ring. If you use iphone, you must open Orunning APP to activate this function.



### 2.7 Sedentary Reminder

Please go to APP Orunning- Setting- Advanced setting-Sedentary, set the Time interval, start time, end time and Threshold, the bracelet will screen on and vibrate to remind you when time is up if you do not meet the Threshold.



### 2.8 Alarm

You can set five alarms on Orunning. When alarm is on, its icon will be animated and the bracelet will vibrate.



### 2.9 Gesture control

You can set the Gesture control style on Orunning.

- Raising hand: while raising your hand, the screen will be lighted up.

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- Turning wrist: while rotating your wrist, the screen will be lighted up.

## **2.10 Caring**

Please observe the following to care for your device:

- Liquids: Don't expose your product to extreme humidity, sweat, or other liquids.
- Drying: Don't try to dry your product using a microwave oven, conventional oven, or dryer.
- Extreme heat or cold: Avoid temperatures below -10°C (14°F) or above 60°C (140°F).
- For battery powered accessories, do not recharge your accessory in temperatures below 0°C (32°F) or above 45°C (113°F).
- Dust and dirt: Don't expose your product to dust, dirt, sand, food, or similar materials.
- Cleaning: To clean your product, use only a dry soft cloth. Don't use alcohol or other cleaning solutions
- To help protect your product, always make sure that all connector and compartment covers are closed and secure, and avoid carrying it with hard objects such as keys or coins.

### **FCC Statement**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

To assure continued compliance, any changes or modifications not expressly approved by the party.

Responsible for compliance could void the user's authority to operate this equipment. (Example- use only shielded interface cables when connecting to computer or peripheral devices).

This equipment complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

RF warning statement:

The device has been evaluated to meet general RF exposure requirement.  
The device can be used in portable exposure condition without restriction.