Smart Band

User Guide

Introduction of Smart Band

Component Description

Adjustment Hole
Button
Host
Strap
Buckle
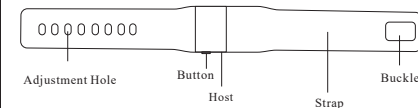
How to Wear

Best to wear the band after unlar styloid and to adjust via Adjustment Hole.

Ulnar Styloid

Left Hand
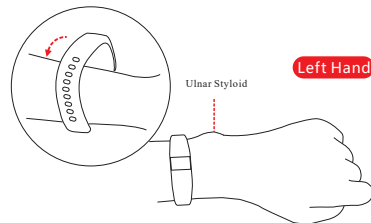
Band Charging

Please make sure the battery level is normal at first use. Low battery will cause shutdown and you need to charge the band for automatic power-on.
How to Charge
Please pull the host our from wristband.
One side of charging line inserted into the host corresponding interface and the other side is connected to the corresponding USB interface can be charged.

charging

charged
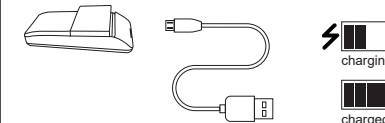
How to Use

On/Off

①In the shutdown state, long touch the function key over 3s to start up the device with vibration.
②In the state of power-on, long touch the function key over 3s to enter into shutdown interfact and choose OFF, system will be powered off if no operation in 5 seconds.

01-01
10:50

Off On

Startup interface   Shutdown interface

Operation

①Shortly touch the function key can light up the screen or switch display page underthe state of power-on.
②No operation in 5s will turn off screen by default.
③System will automatically start measuring heart rate when it is switched to heart rate interface, and will turn off screen 5 seconds after result is displayed.

Install APP on Phone

Scan the following QR code or enter the application market to download and install "Yoho Sports"

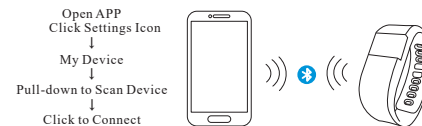Android   iOS

System requirements: Android 5.0 and above, iOS 8 and above, phone supports for Bluetooth 4.0.

How to Connect

Connect the APP at first use to calibrate the band, automatic sync time, otherwise steps and sleep data will be incorrect.

Open APP
Click Settings Icon
↓
My Device
↓
Pull-down to Scan Device
↓
Click to Connect

①After pair finished, APP will remember bluetooth's address automatically. Once opened or running in background, APP will search and connect band automatically.
②Please make sure the APP is permitted to run in backgroud mode.

Main APP Features and Settings

Personal Information

Please set personal information firs after entering APP, Settings→Personal Settings.
Editing you gender, age, height and weight.
Set the activity goal and sleeping goal, so you can monitor the completion. You can set the period for lack of activity remind, or you can turn off it in notification menu.

Notifications

Incoming Call:
Vibrate and name or number displayed (Display name only if it's in your contacts,display number otherwise.)
Message:
Vibrate reminder with name from Contacts or number if unknown.
Other Notifications:
Vibrate when there are Wechat, QQ or other notifications.
Sedentary:
Vibrate and display icon when lack of activity per period set in personal info.
Vibration:
Switch On/Off to enable/disable vibration function on band for notifications.

Warm tips for Android users:
Allow Yoho Sports to run in backstage when uses Notifications and add it to trust one in your privilege management.

Main APP Features and Settings

Smart Alarm

Up to 3 alarms with user-friendly vibration. Support offline Clock alarming.

Band Display Setting

Choose display interfaces when button is pushed.

Abnormal Disconnection

Vibrate and display icon if the band is disconnected abnormally. (Not disconnected by use or system)

Find Band

Click "Find band", band will vibrate when connected with phone .

Shake to Take Selfie

Enter the interface and shake the band, camera on phone will take the picture after 3 seconds countdown.

Symbol Description

Clock Interface

Date
Time
01-01
10:50
Battery
Bluetooth Connectivity
01-01
10:50

Bluetooth Icon Lights always, indicating connected with phone successfully.Icon disappears otherwise.Time calibrated automatically after syncing to phone.

Steps Interface

Wear band to record steps every day.
Check out real-time steps constantly.

step
1250
Unit
Steps

Distance Interface

Show total distance via calculating steps,

km
12.5
Unit
Distance

Calories interface

Record burned calories within exercise,

kcal
508
Unit
Calories burned

Heart Rate Interface

Band will start measuring heart rate as soon as it is switched to heart rate interface. Heart rate interface need the band to have heart rate sensor.

75
Heart Rate
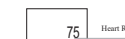
Sleep Mode

When sleep, Band will automatically monitor how long and how well you sleep; check data only on APP terminal.
Warm tips: please wear the band when sleep so as to record your sleep data

FAQ

Why no notification after enabling it?
Android users: Make sure band connect with phone. Then, open privilege and allow it to access Incoming Call, Message and Contacts at Settings in running backstage. If any security APP installed, add Yoho Sports to trust.
iOS users: No notification even connected, please reboot the phone and connect again. Then click Pair after Bluetooth Pairing Request.

Basic Parameters

Product type	Smart Band	Battery type	Lithium polymer
Vibration motor	Support	Connectivity	BLE 4.0
Tmeprature	10℃~50℃	Sensor	Low power accelerometer
Phone System	iOS 8 and above/Android 5.0 and above		

Safety Notice

1.Don't wear the band when shower or swimming.
2.Please connect band when sync data.
3.Use the built-in charging line for charging.
4.Don't exposure the band in higher moisture or extremely high or low temperature.
5.When band crashes, check phone's memory sufficient and service close or not and then restart your phone and try again.

Components Introduction

* Host   * Wristband   * Charging line   * Packaging and instructions

Warning：

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-- Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and receiver.

-- Connect the equipment into an outlet on a circuit different

from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV technician for help.

NOTE: This device and its antenna(s) must not be co-located or operation in

conjunction with any other antenna or transmitter.