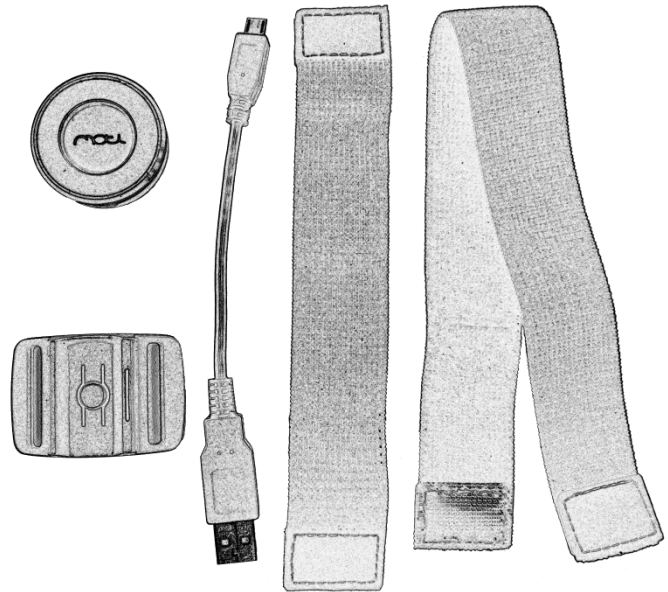# MOTi Quick Start Guide - MOTi Gym Wearable

1   What's in the Box

- MOTi x 1
- Base x 1
- Strap size-L x 1 (Upper Arm)
- Strap size-S x 1 (Wrist / Ankle)
- USB cable x 1

MOTi Key
(Button)

LED Indicator

Micro USB for Charging

Power Key

2   MOTi Working Modes

2.1   Two Working Modes: **Pedometer Mode** and **Workout Mode** controlled by MOTi Key

Workout Mode: press the MOTi Key and MOTi vibrates for 0.5 second

Pedometer Mode: press the MOTi Key and hold for 3 seconds or longer time until MOTi vibrates. MOTi will vibrate for 2 times, each time lasts for 0.5 second.

2.2   Please put **MOTi** on your **Left Wrist** while using the Device in **Pedometer mode**

3   Charging the Battery

3.1   Please charge your MOTi for at least 2 hours before the first time using. The LED Indicator flashes in blue when charging is in progress. The blue light will keep solid when charging is completed.

3.2   Low power alert:

Îf LED Indicator start flashing in Red, which is alert of low battery power. Please immediately charge your MOTi.

3.3   In case MOTi is not in use for a period of time, please still charge MOTi once a month for better sustaining the battery life.

4   How to get your MOTi put on Base
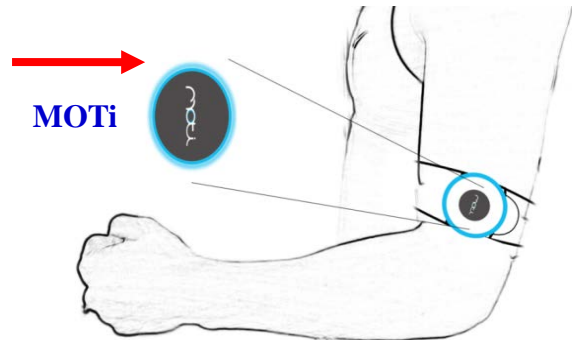
Get Base and Strap tied together
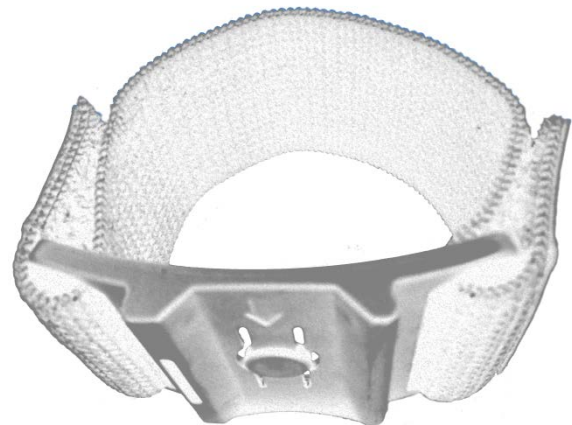
Along with the Arrow sign on Base, put the MOTi toward up as shown and slide MOTi into Base on position.
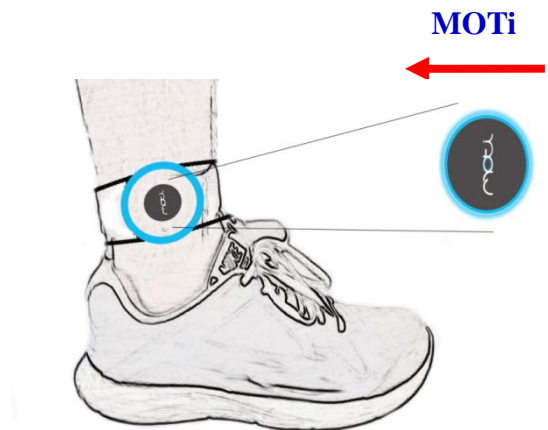
MOTi toward up

Arrow Sign
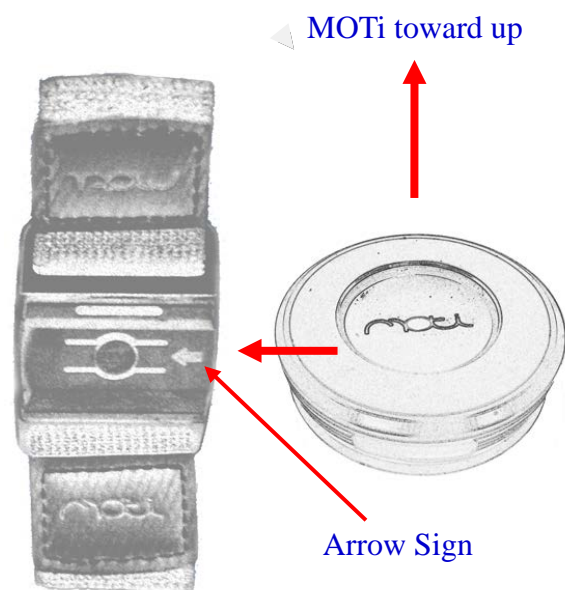
Position & the direction of wearing MOTi on **Left Wrist**.

MOTi

Position & the direction of wearing MOTi on **Left Arm**
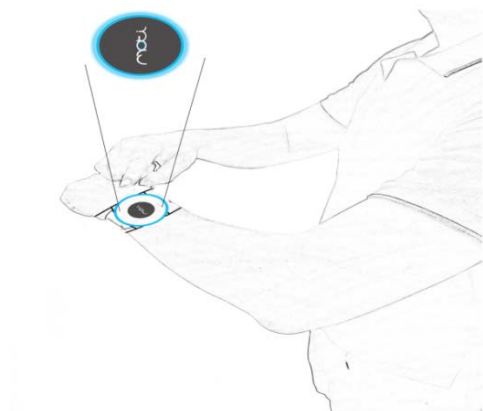
MOTi

MOTi

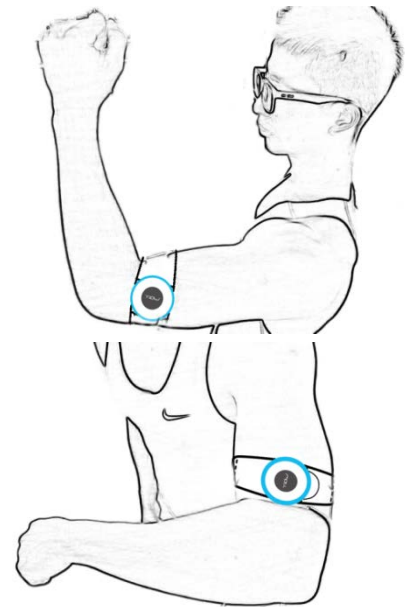Position & the direction of wearing MOTi on **Right Ankle**

Put MOTi tied closely on your **Left Wrist** and get it parallel to the ground;

Press the MOTi Key and LED will stay in Red for 2 seconds and then off automatically, MOTi is activated in **Workout Mode**.

Please ensure MOTi surface is parallel tied to
Left Arm and perpendicular to the ground

Get **Left Arm** perpendicular to the ground and press the
MOTi Key. Purple light keeps on for 2 seconds and
then off, MOTi is activated in **Workout Mode**.

Put MOTi on **Right Ankle**; please make sure it is in the
right position and direction as shown in the picture.
Press the MOTi Key, the blue light keeps on for 2 seconds
then off. MOTi is in **Workout Mode**.
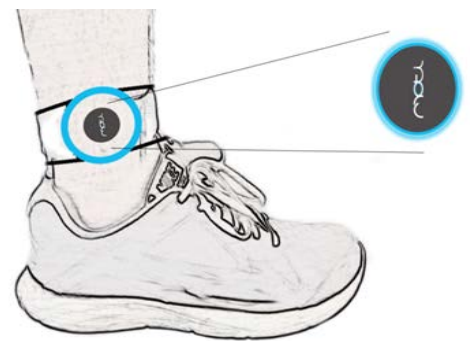
**Please note that, in the same wearing position, when pressing the MOTi Key for two or
more times, MOTi only vibrates for 0.5 second to get in Workout Mode without any LED
light on**

5 MOTi APP Start-up
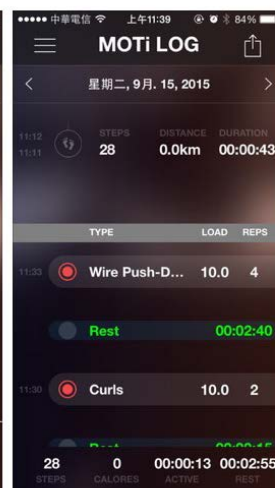
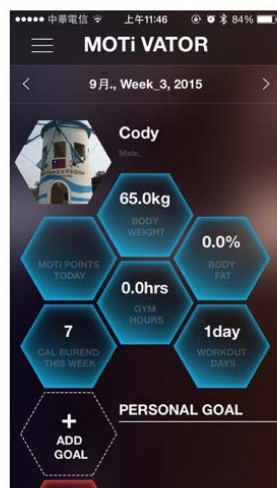- MOTi is developed for testing under iOS8.1 and later version with BLE accessibility
- Please go to App Store and Install MOTi App.

Click to Install MOTi APP

- Click MOTi to run the App after installation is done.
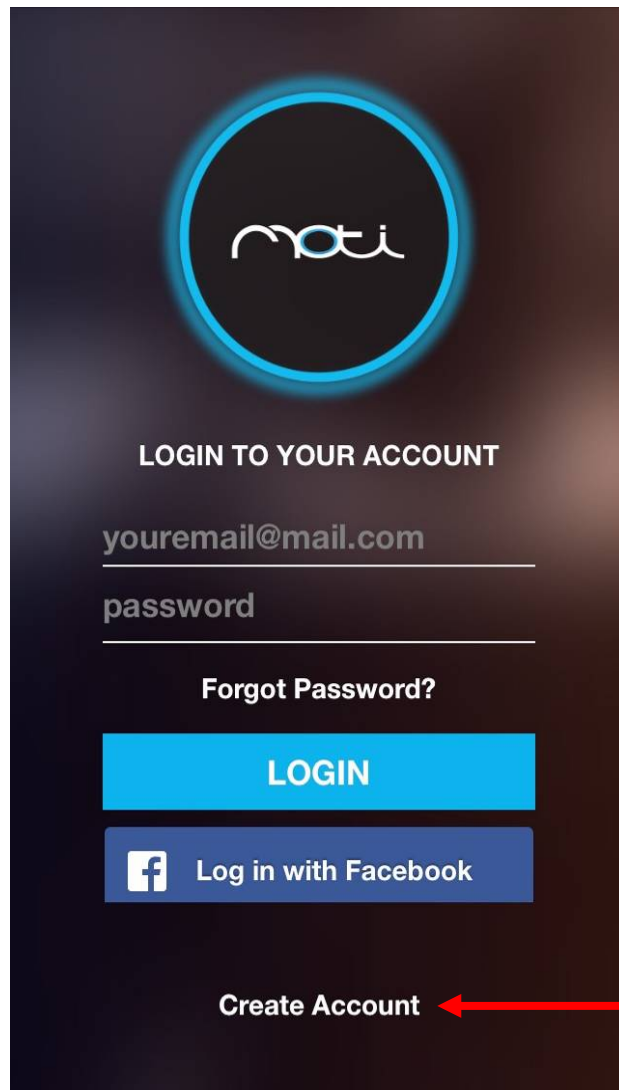
Click to Open MOTi APP

● Start using MOTi App

**Click to
Create Account**

6 MOTi Setting and Connecting to Mobile Device

6.1 Searching MOTi device for connecting with **Mobile** device

Click Setting and then Click MOTi, MOTi searching starts as shown below
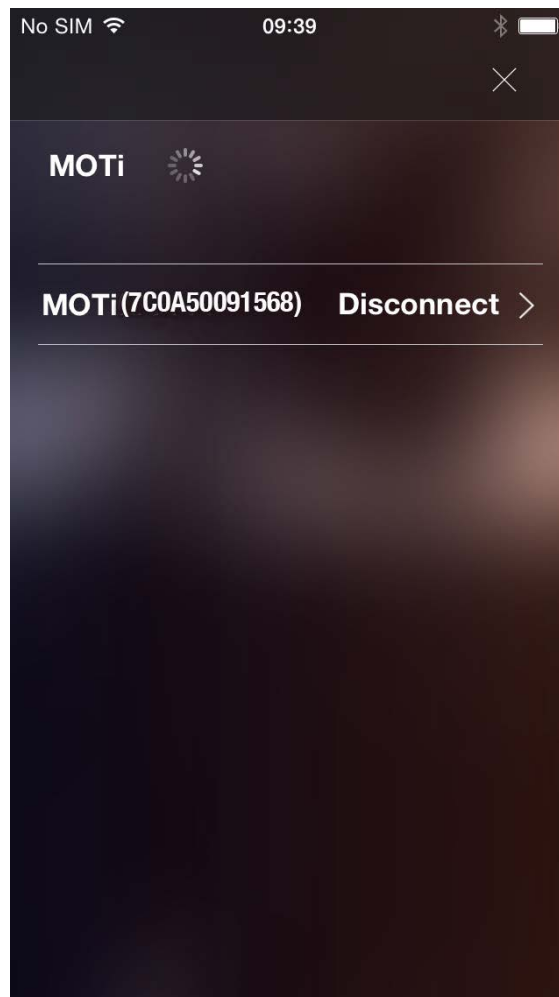
Click for Connecting after MOTi Searching

6.2   Connect MOTi to your mobile device

MOTi is connected successfully with mobile device shown as below. You can also disconnect with Mobile by clicking "Disconnect".
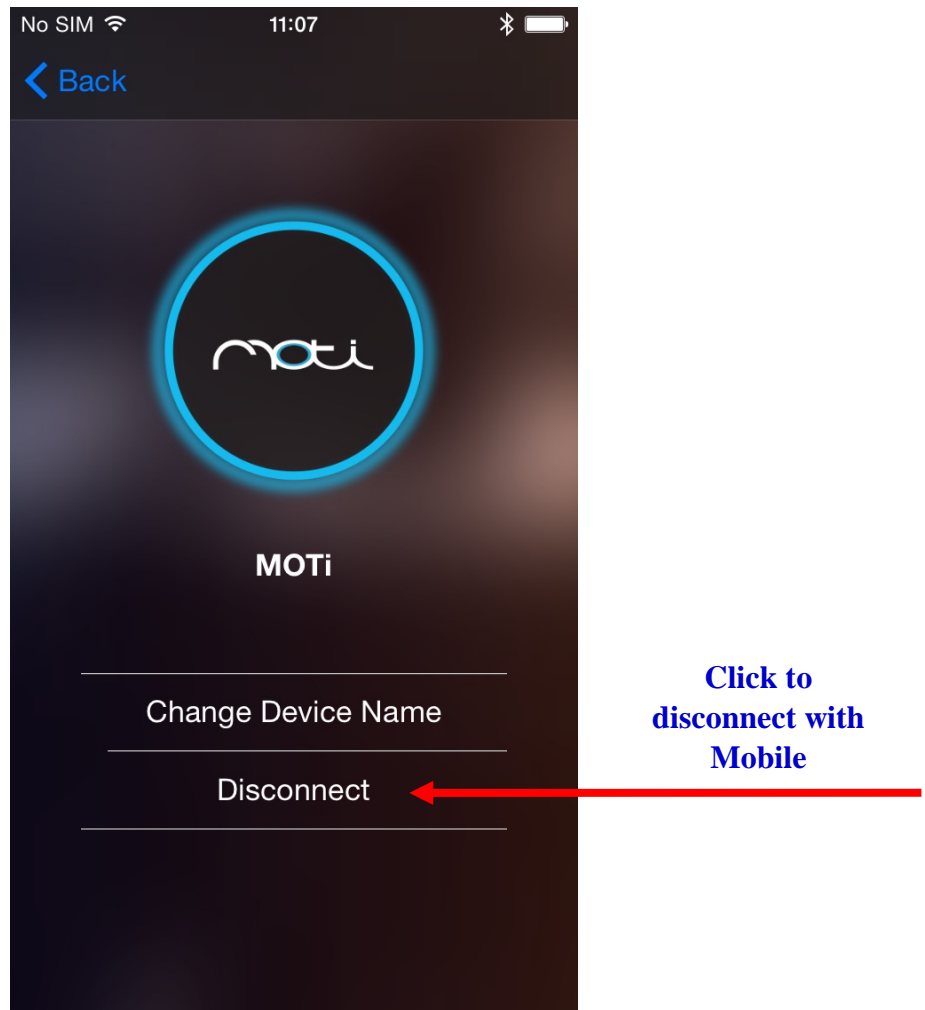
6.3 MOTi Battery Meter

After MOTi is connected with mobile device, click "Back", battery meter/life is shown on the screen as below
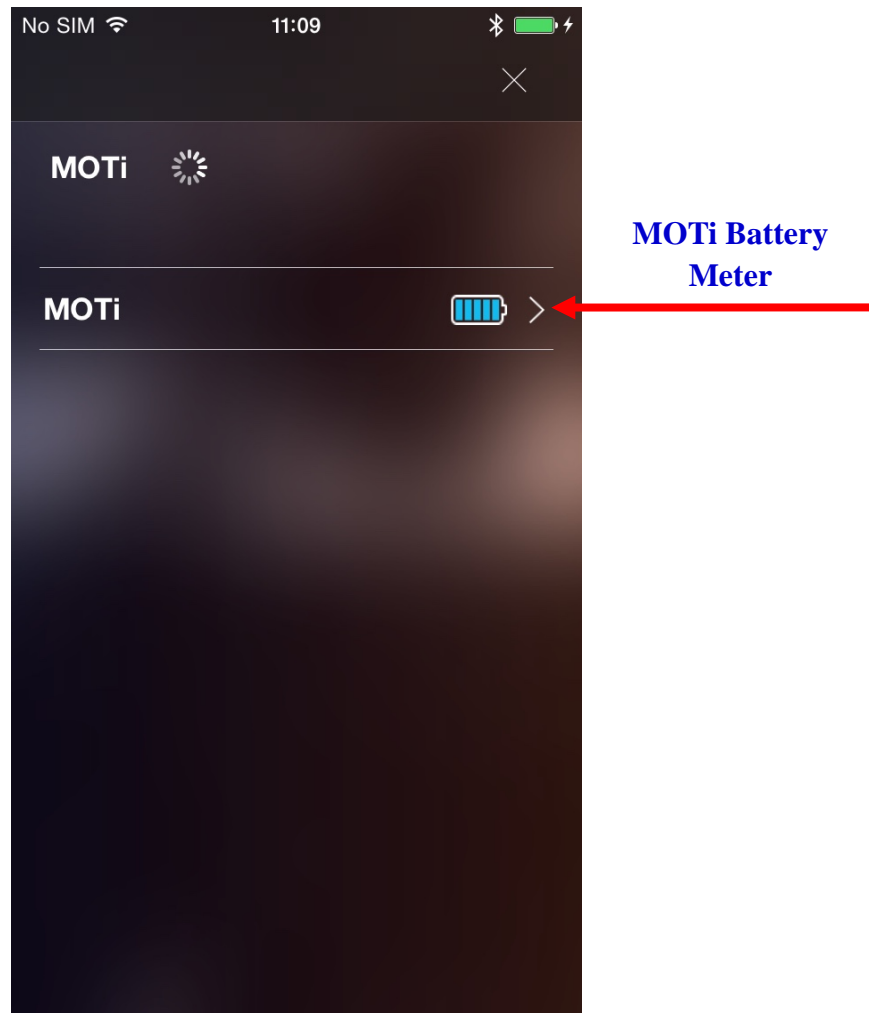
7 LED Indication and Vibration

7.1 MOTi turning on

Turn on: Press the Power Key, red and blue lights flash in turn for 5 cycles (total in 5 seconds), MOTi is on and the Connecting Mode is activated. Please make sure APP is installed and turned on before connecting.

Idle mode: Press the Power Key again, blue lights flash quickly for 5 times following with red lights flash quickly also for 5 times (total 1 second) and then all lights off afterwards, MOTi is now idle in Power saving mode (the connection is still on).

7.2   Connecting MOTi with Mobile device

    7.2.1 In case MOTi is shut down by weak battery power and resumed after charging, but auto timing synchronization is still failed, MOTi will vibrate for 5 seconds once press the MOTi Key and MOTi can't be functional.

    7.2.2 Please move to APP frame as shown as Section 6.1, disconnect and reconnect MOTi with your mobile device, MOTi will start synchronizing the timing with your mobile device and then MOTi is functional when press the MOTi Key.

7.3   If blue LED does not flash or keep solid when charging, please press the Power Key and hold for 10 seconds. MOTi will reboot in 2 seconds after button release.

7.4   Start using MOTi

    7.4.1 **Workout Mode**: Press the MOTi Key and MOTi will vibrate for 0.5 second and start counting the Workout in Fitness training.

    7.4.2 **Pedometer Mode**: Press the MOTi Key and hold for 3 seconds or longer time until MOTi vibrates. MOTi will vibrate for 2 times, each time lasts for 0.5 second and start counting the Steps.

7.5   When **Workouts** started, MOTi will vibrate for 0.5 second to confirm with the user that the Workout is successfully recognized.

After **Workouts** are done, please press the MOTi Key and release, MOTi will vibrate for 1 second and the Workout data will also synchronize to the mobile device. (Data will be stored in MOTi if it is not in connecting mode with the mobile device)

7.6   Wearing MOTi in right position and direction

3 different colors of LED light will be displayed for 2 seconds to indicate if MOTi is successfully recognized in 3 different wearing positions on your body separately following with 0.5 second of vibration. The LED indication is shown as below:

    7.6.1 Wrist: Red light stays on for 2 seconds and then goes off.

    7.6.2 Arm: Purple light stays on for 2 seconds then goes off.

    7.6.3 Ankle: Blue light stays on for 2 seconds then goes off.

7.7   Disconnecting MOTi with Mobile device

Blue lights flash quickly for 5 times following with red lights flash quickly also for 5 times (total 1 second) and then all lights off.

7.8   The memory size built in MOTi could record around 1,000 data. The Data could be stored in MOTi unless LED red light flashes for 3 seconds, which means the memory of MOTi is about full occupied. Please ensure MOTi is connecting with your mobile device and MOTi will synchronize the data to your mobile device automatically.

FCC Statement

FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Federal Communication Commission Interference Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

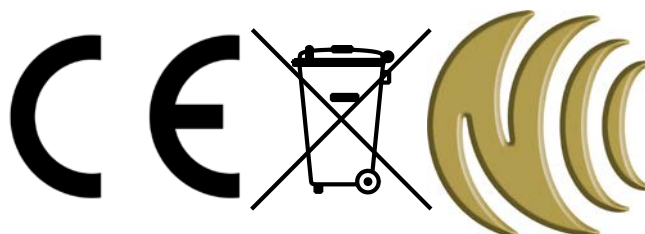Consult the dealer or an experienced radio/TV technician for help.

NCC

(1) 「經型式認證合格之低功率射頻電機,非經許可,公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能」。

(2) 「低功率射頻電機之使用不得影響飛航安全及干擾合法通信;經發現有干擾現象時,應立即停用,並改善至無干擾時方得繼續使用。前項合法通信,指依電信法規定作業之無線電通信。低功率射頻電機須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾」。

MOTi
XXAMOTIWEARABLE
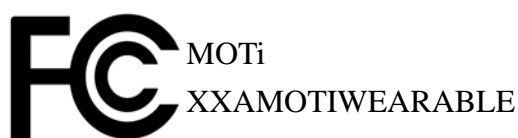
Assembled from tested components
Complete system not tested

Caution

RISK OF EXPLOSIONIF BETTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OF USED BATTRIES ACCORDING TO THE INSTRUCTIONS.