## <u>Introduction</u>

This manual has 3 sections:
Section 1. Safety warnings and precautions

Section 2. The phone is used to contact emergency services by pushing the 911 button, playing the radio, using the flashlight, and taking your blood pressure with the optional blood pressure meter. No cellular service included.

Section 3 optional. You can purchase GSM cellular service to make cellular phone calls using the large numbers on the face of the cell phone, type text messages and text blood pressure readings to your family or doctors. Contact AlertUSA for low cost and simple Cellular service at 1-800-403-9998

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# Included with the phone

Accessories: 1\* AC adapter to charge battery

1\* Earphone

1\* Battery

1\* English User Manual

Optional: Blood Pressure Meter for

Purchase

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Page 44 - How to Use Setting to setup User Profiles like Ring Tone Page 44 - How to Restore Factory Setting if Errors Occur Before you use this mobile phone, please read these precautions carefully so as to quarantee the safe and correct use of your phone.

# 1.1 Common précautions

- You can only use the battery and the battery discharge designated by our company for your mobile phone. If other products not designated are used, it may cause liquid leaking of the battery, overheating, explosion and fire.
- Please don't strike, vibrate or throw the mobile phone so as to avoid failure of the phone or fire.

- Please don't put the mobile phone into the microwave oven or high-pressure equipment. Otherwise, it may cause the damage of the electric circuit, fire or other accidents.
- Please don't use the mobile phone at the places with flammable and explosive gases. Otherwise, it may cause the failure of the mobile phone or fire.
- Please don't put the mobile phone at the places with high temperature, high humidity or plenty of dust. Otherwise, it may cause the failure of the mobile phone.
- Please don't put the mobile phone at the places within the reach of the children.

- Otherwise, it may cause physical injury as the children take it as a toy.
- Please don't put the mobile phone on the uneven or unstable surface so as to prevent it from falling, which may cause failure or damage.

# 1.2 Précautions for using the mobile phone

■ Please shut off your mobile phone at the places where mobile phones are prohibited to use, such as in the airplane, hospital, etc. for the use of mobile phone may affect the normal work of the electronic equipment and medical instrument. If the mobile phone is used in such

places, you shall follow the related regulations stipulated for them. As the mobile phone has the function of automatic power-on, please check the setting of the alarming clock so as to make sure your mobile phone won't be automatically powered on during the flying of the airplane.

■ Please don't use the mobile phone at places with weak signals or high-precision electronic equipment. The interference of the radio wave may cause the wrong operation and other problems of the electric equipment. Special attention shall be paid when the mobile phone is close to the following

equipment: hearing aid, pacemaker and other medical electronic equipment, fire detector, automatic gates and other automatic control devices. For the details over the affection on pacemaker and other medical electronic equipment, please make inquiries from the equipment's manufacturer or the local distributor.

■ Please don't apply force on the LCD or use it to strike on other things. Otherwise, the LCD plate may be damaged or its liquid may be leaked. The liquid of the LCD goes into the eyes, it may cause ablepsia. In this case, you shall wash the eyes with clean water immediately

- (never knead the eyes with hands) and go to the hospital for medical help.
- Please don't disassemble or refit the mobile phone. Otherwise, it may cause the damage, electric leakage and circuit failure of the mobile phone.
- In few cases, the use of mobile phone in the vehicles of some models may cause improper influence to the electronic equipment. In such a case, please don't use the mobile phone so as to guarantee the safety.
- Please don't use the pin, end of the pen or other sharp articles to press the keys. Otherwise, it may cause physical injuries.

- Please don't use the mobile phone when its antenna is damaged. Otherwise, it may cause physical injuries.
- Please don't make the mobile phone get close to the magnetic objects like the magnetic card as the radiation wave may delete the information stored in the floppy, store value card and credit card.
- Please keep the small metal articles like the drawing pin far from the phone receiver as the speaker can produce magnetism during work, which may suck small metal articles and thus cause the physical injury or the damage of the mobile phone.
- Please keep the mobile

phone from humidity as the water or other liquid will cause overheating, electricity leakage or failure if it goes into the mobile phone.

# 1.3 Précautions for using the battery

- Please don't put the battery into the fire. Otherwise, the battery will get burned or explode.
- When loading the battery, please don't apply excessively force. Otherwise, it may cause the liquid leakage, overheating and fire.
- Please don't use the electric wire, pin and other metal articles to give the battery

short circuit, nor put the battery together with the necklace and other metal articles. Otherwise, it may cause the liquid leakage, overheating, cracking by explosion and fire.

- Please don't weld the terminal on the battery. Otherwise, it may cause the liquid leakage, overheating, cracking by explosion and fire.
- If the liquid of the battery goes into the eyes, it may cause ablepsia. In this case, you shall wash the eyes with clean water immediately and never knead the eyes with hands. And then go to the hospital for medical help.
- Please don't disassemble or

- refit the battery. Otherwise, it may cause the liquid leakage, overheating, cracking by explosion and fire.
- Please don't use battery or put it at the places with high temperature like the fire or heating devices. Otherwise, it may cause the liquid leakage, overheating, cracking by explosion and fire.
- During the use, discharging or storing of the battery, if any abnormal phenomena, such as temperature rise, color change, deforming and so on, you shall suspend the use of the battery and replace it with a new battery.
- If the liquid of the battery contacts the skin or clothes, it may injure the skin. In this

- case, you shall wash it with clean water immediately and, if necessary, go to the hospital for medical help.
- If the liquid of the battery is leaking or sending out strange odor, please remove it from the flaming fire immediately so as to avoid fire and cracking by explosion.
- Please keep the battery away from humidity. Otherwise, it may cause overheating, smoke and erosion for the battery.
- Please don't use or put the battery at the places with high temperature like in the sunlight or near the vehicle. Otherwise, it may cause the leakage of the battery liquid

- or overheating, which may deteriorate its performance and shorten its lifetime.
- Please don't charge the battery for more than 24 consecutive hours.

# 1.4 Precautions for using the battery charger

- Please use power with 110v~220V AC. If other voltages are used, it may cause electricity leakage, fire as well as the damage to the mobile phone and battery charger.
- The short circuit of the battery charger is prohibited. Otherwise, it may cause electric shock, smoke and the damage to the charger.

- Please don't use the battery charger when its cable is damaged. Otherwise, it may cause fire and electric shock.
- Please remove the dust accumulated on the power socket.
- Please don't put any container with water near the battery charger so as to avoid overheating, electricity leakage or failure of the battery charger caused by the spilt water.
- If the battery charger has contacted the water or other liquid, you shall pull out the plug from the socket immediately so as to avoid overheating, fire, electric shock and failure of the battery charger.

- Please don't disassemble or refit the battery charger. Otherwise, it may cause the personal injury, electric shock, fire and damage of the battery charger.
- Please don't use the battery charger at the places with high humidity like in the bathroom. Otherwise, it may cause the electric shock, fire and damage of the battery charger.
- Please don't use the wet hands to contact the battery charger, electric wire and power socket. Otherwise, it may cause the electric shock.
- Please don't put the heavy objects on the power cable or refit the electric wire. Otherwise, it may cause

- electric shock and fire.
- Please pull out the plug from the power socket before the cleaning and maintenance work.
- You should hold the battery charger when pulling out the plug. If pulling the power cable, it may be damaged or cause electric shock and fire.

## 1.5 Cleaning and maintenance

- As the mobile phone, battery and battery charger are not waterproof; please don't use them at the places with high humidity like in the bathroom. They shall also be wetted by rain water.
- Use soft cloth to clean the mobile phone, battery and

- battery charger.
- Please don't use the alcohol, dilution agent, benzene or other solution to clean the mobile phone.
- The socket with dirt may have contact failures and power-fail, or even it can't be used for charging. Please clean the socket regularly.

# 1.6 General precautions Mobile Phone

- Please use the mobile phone in the environment with the temperature between  $5^{\circ}$ C  $\sim$  40  $^{\circ}$ C and humidity between 35% $\sim$ 85%.
- Please use the mobile phone at the places away from normal fixed-line phones.

## Battery:

- Please put the battery at the places which can avoid sunlight and are dry with good ventilation.
- The life time of the battery of the mobile phone is limited. The service time of the battery may be shortened if it is repeatedly charged. If the battery is not effective by means of charging for several times, it means the lifetime of the battery is ended. In this case, you shall replace it with the new battery of designated model.
- Please don't throw the battery into the household garbage. You shall follow the related regulations which are stipulated for the treatment of

waste batteries.

# **Battery charger:**

■ Please don't charge the battery in the following places: in the sunlight; places with temperature lower than 5°C or higher than 40°C; places with high humidity, much dust or violent vibrations (it may cause failure); places close to the electric appliances like radios (it may affect the effects of image and sound.)

## 1.7 Before use:

## **Battery**

■ In the initial state, the battery was charged by 50% of the electricity quantity. It can be used after it is unpacked. For the first three times, the

electricity in the battery shall be completely used up before recharging. Thus the battery can reach its best performance.

Unloading and loading of the battery:

- Dismantling it in the following steps: ①. Open rear cover of the phone (make sure that the phone is turned off); ②. Find the release button on the back of the phone, press it and Remove the battery by lifting it.
- The following procedures shall be followed when the battery is installed: ①the metal side face the phone, and lope the Battery to 45°.②Put the hook at the lower side of the battery into the groove;③ Push into the

upper side of the battery, you will hear the sound of "kaka".

## Charging the battery

- Find the charger jack at the bottom of the phone, connect it with the charger Connect the battery charger with the power(make sure the battery is in the phone);
- When the indicating symbol for electricity quantity at the upper right angle of the screen is full and no flashing can be seen, it means that the charging is finished. If the battery is charged in the power-off state, the picture indicating the ending of the charging will be seen on the screen. The time for charging can be 14-16 hours (not more than 24 hours). During the charging, the battery, mobile phone and the

- battery charger may become warm, which is the normal phenomenon.
- After the charging is finished, the user shall disconnect the AC power socket from the mobile phone and the charger.
- Do not insert or <u>pull out</u> the charger plug, otherwise it will damage the phone and the charger easily.

#### Note:

■ The charging of the battery shall be done at the places with the temperature between 15°C and 25°C (59°F and 77°F) and good ventilation. Only the battery charger provided by the approved manufacturer can be used. It may cause the danger of the unauthorized charger is used and

- this is against the provisions stipulated for the recognition and warranty of the mobile phone.
- When the mobile phone is automatically powered off or the warning of "battery will be used up", you had better not make any calls, and the battery shall be recharged in time. If some electricity quantity remained in the battery, the recharging time of the mobile phone will be shortened.
- The standby time and call time for the mobile phone described in this Manual is based on the ideal working environment. In real use, the work time of the battery may be changed subject to the differences of the network situation, work environment and operation method.
- Before charging the battery, make

- sure that the battery is properly unloaded. The battery shall not be unloaded during charging.
- After the charging is finished, please disconnect the power from the battery charger and the mobile phone.
- If you don't disconnect the power from the battery charger and the mobile phone, the mobile phone will be charged again after long period of time (about 5-8 hours) as the electricity quantity is used to some extent.

## Section 2

# 1. Load battery and charge

Open the battery compartment, insert the battery and charge with cord provided. Please pay attention to insert battery in the correct direction, close the compartment.



# 2. Turn Power on and off the phone:

Press the Red 'end key on front of phone' for 5 seconds, the phone will be on.

Press the Red 'end key' for 5 seconds, the phone will be off.

3. There is an unique Orange '911 key' on the back of the phone.

The number 911 has already been set as the emergency call number.

For any emergency situations, please press the Orange '911 key' for 5 seconds. The phone will call 911 automatically, and shout out a warning sound loudly.



**Back** 



911 key

## 4. FM radio

The 'Radio key' is on the left side of the phone.

Slide up the 'Radio key'. The FM radio will be on immediately. It can search the channels automatically or you can input the channels manually.

It supports speaker play. You do NOT need to insert the earphones in the phone.

Just slide down the 'Radio key', then the FM radio function will be closed.

## 5. Flashlight

The phone has built-in a flashlight on top. The flashlight key is on the right side of the phone.

Slide up the 'Flashlight key'.

The flashlight will be on immediately. Turn off the flashlight by sliding down the 'Flashlight key'.

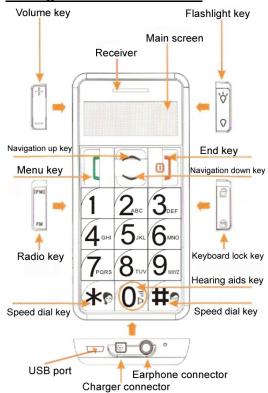
## 6. Audio Player

The phone has a MP3 Player feature. Insert a micro SD memory card into the phone. Make sure there are MP3 format songs in the memory card.

Press the 'Navigation up key', then choose 'Audio player'. Press 'Menu key' to enter it and choose the

# Section 3

# **Getting To Know Your Phone:**



## **Phone Features:**

- Network:
- GSM 850/900/1800/1900 MHz
- Elderly-specific cell phone
- One-touch emergency help, it can call 911 at once

when press the 911 key on the back of the phone

- Large screen fonts, large icon and super voice
- Built-in Flashlight
- Built-in FM radio, support speaker play
- Hands free: Yes, support
- With English human voice reading feature
- With Sphygmomanomete feature
- Support Micro SD card to expand memory
- With Son/ Daughter speed dialing key
- · With hearing aids key

- With keypad lock key
- With low radiation, operation is very simple
- User profiles:

General, Meeting, Outdoor, Indoor, Headset,

Other feature:

Audio player, Calculator, Alarm • Talk Time: Up to 240 minutes

• Stand By: Up to 15 days

Language: EnglishApproved: FCC

• Phone net weight: 55 g

• Phone size: 10.3\* 4.9 \* 1.4 cm

• Gross weight: 275 g

## 7. Make/End calls:

Type numbers, and press the Green 'Menu key' to make calls, and press Red 'end key' to end calls.

## 8. Speed dialing:

There are 'Son/Daughter speed dialing key' on the bottom of the phone.

You can set any numbers as the speed dialing numbers by doing the following steps:

- → Press Green 'Menu key'
- → Press 'Navigation down key'
- → Go to 'Settings'
- → Press Green 'Menu key' to enter 'Settings'
- → Go to 'Phone setup', and press Green 'Menu key' to enter it
- → Choose 'Speed dial' option
- → Enable the speed dial first
- → Then go to 'Set number' by pressing the 'Menu key'
- → You can set 11 different numbers simply by choosing the numbers from your contacts, then the numbers will be saved as speed dialing number

automatically.

## Please note:

- \* and # these 2 options are specially designed for speed calling daughters or sons.
- → After setting the speed dialing numbers, you can just press the speed dialing keys for around 5 seconds, to make the speed dialing.

# 9. Missed calls/ Dialed calls / Received calls

By pressing the Green 'Menu key', then enter 'Call Log', press 'Menu key' again to enter it. Then you will see the Missed calls, Dialed calls and Received calls.

## 10. Text Messaging

Press the Green 'Menu key', then go to 'Messages' submenus, you will see 6 submenus : Inbox, Outbox, Write

message, Templates,

SMS settings, SOS SMS.

**Inbox:** You can check all the messages that you receive from others.

**Outbox:** You can check all the messages that you sent to others.

## Write message:

Press "Menu key" to enter 'Write message', you can change the input methods by pressing the '#' key.

After finished writing messages, press 'Menu key',

→ choose 'Done', → then choose 'Send only' or 'Send to many' or 'Send by group' to send the message to others, or choose 'Save' to save the message in the Outbox.

**Templates:** Some usual text messages are saved in Templates.

**SMS settings:** To make text message settings in this submenu.

**SOS SMS:** You can change the SOS (911) message by entering this submenu.

# 11. Blood Pressure Meter

The phone has
Sphygmomanometer feature.
Please use our own branded blood
pressure monitors to do the
sphygmomanometer.





blood pressure monitor

# How to monitor your blood-pressure?

- 1) Wrap the blood pressure monitor's wristband around your wrist.
- 2) Connect the blood pressure monitor to the USB port of the phone.
- 3) Press the 'Navigation up key', Choose 'Sphygmomanometer. Press 'Menu key' to enter it.
- 4) Press the 'Power on' key on the blood pressure monitor. The Blue light

will illuminate.

- 5) When it starts to monitor your blood-pressure, you will feel vibration and your wrist will be tightened.
- 6) The wristband will loosen once it's finished monitoring. It takes about 1 minute to finish the monitoring,
- 7) Readings will be shown on the phone screen. The readings shown on the phone are: systolic, diastolic and heartbeat rate. See the picture below.
- 8) You can send the readings to your relatives or doctors by pressing the Green 'Menu key'. The readings are saved in the Outbox. Go to 'Messages', → 'Outbox', → choose the message, then send the readings to your relatives or doctors.





Classification of blood pressure for adults		
Category	systolic, mmHg	diastolic, mmHg
Hypotension	< 90	< 60
Normal	90 – 120	and 60 – 80
Prehypertension	121 – 139	or 81 – 89
Stage 1 Hypertension	140 – 159	or 90 – 99
Stage 2 Hypertension	≥ 160	or ≥ 100

Blood pressure below 120 over 80 mmHg (millimeters of mercury) is considered optimal for adults. A systolic pressure of 121 to 139 mmHg or a diastolic pressure of 81 to 89 mmHg is considered "prehypertension" and needs to be watched carefully. A blood pressure reading of 140 over 90 or higher is considered elevated (high).

The higher (systolic) number represents the pressure while the heart contracts to pump blood to the body.

The lower (diastolic) number represents the pressure when the heart relaxes between beats.

# And for the Heart Rate:

The average resting heartbeat rate for

an adult who is at rest can range between 60 and 100 beats per minute. For athletes who are in excellent physical condition, an average heartbeat rate tends to be on the lower end of this spectrum and possible as low as 40 beats per minute.

The heartbeat rate for newborns, younger children, teenagers are different, compared with adult.

## 12. Human voice prompt

The phone has a human voice prompt feature. Press the Green 'Menu key' and enter the 'Contacts' submenu. Choose the 6<sup>th</sup> option 'Settings'. Then choose the 4<sup>th</sup> option 'Human voice prompt' to turn it on. You will hear the phone reading the numbers as you press them and when someone calls the phone.

There is a 'Keyboard lock key' on the

right side of the phone. Slide down the 'Keyboard lock key.' All keys will be locked. To unlock all keys simply slide up the 'Keyboard lock key'.

## 13. Hearing aids

The number '0' is the shortcut key for hearing aids.

Insert the earphones pieces into the phone. Press the '0' key for 5 seconds. The Hearing aids function is activated.

## 14. Phone setup

Press 'Menu key' and choose 'Setting'. Select 'Phone setup'.

You can edit the following by entering the 'Phone setup':

- 1) Time and date
- 2) Language
- 3) Speed dial
- 4) Preferred input method

## 15. User profiles

Press 'Menu key'. Choose 'Setting'. Select 'User profiles': General, Meeting, Outdoor, Indoor, Headset.

# You can edit the followings by entering the 'User profiles':

- 1) Tone setup
- 2) Volume
- 3) Alert type
- 4) Intelligent call alert
- 5) Ring type
- 6) Tone
- 7) Answer mode

## 16. Restore factory setting

If you want to restore factory setting, go to 'Settings', then to 'Restore factory settings'. Press Green 'Menu key'.

Input the number '1122'.

## 17. RF Exposure

This wireless phone meets the government's requirements for exposure to radio waves.

The guidelines are based on standards that were developed by independent scientific organizations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons regardless of age or health.

The exposure standard for wireless mobile phones employs a unit of measurement known as the Specific Absorption Rate, or SAR, The SAR limit set by the FCC is 1.6 W/Kg.