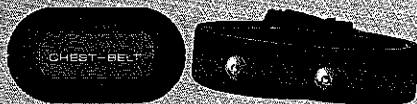
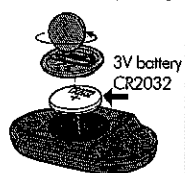


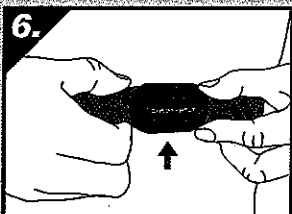
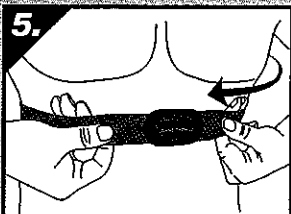
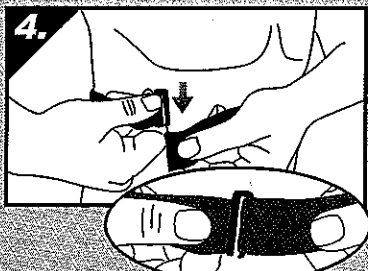
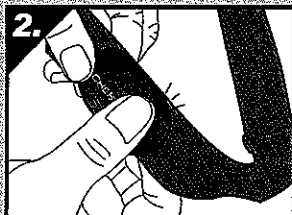
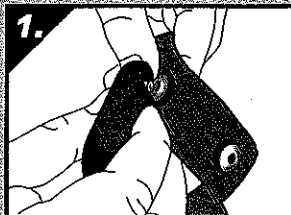
# How to wear the chest belt



## Chest Belt Battery Change

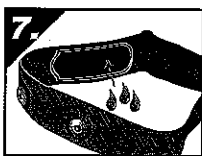


3V battery  
CR2032



(EN)

1. Adjust the chest belt to the center of your chest and be sure the backside of the chest belt clings to your chest and touches the skin.
2. Wetting the skin, where will contact the conductive area of the chest belt will improve the conduction and get more stable signal. (Fig. 7)



(IT)

1. Regolare la fascia toracica al centro del proprio torace e assicurarsi che la superficie interna della fascia toracica sia aderente al torace e sia in contatto con la pelle.
2. Inumidire la porzione della pelle che verrà in contatto con l'area conduttrice della fascia toracica per migliorare la conduzione ed ottenere un segnale più stabile. (Fig. 7)

(DE)

1. Den Brustgürtel auf die Mitte Ihrer Brust verstellen und sicherstellen, dass die Rückseite des Brustgürtels fest auf Ihrer Brust aufliegt und mit der Haut in Berührung kommt.
2. Durch Nässen der Hautpartie, die mit der leitenden Stelle des Brustgürtels in Berührung kommt, wird die Leitfähigkeit verbessert und ein stabileres Signal erhalten. (Fig. 7)

(FR)

1. Ajustez la ceinture de poitrine au centre de votre poitrine et assurez-vous que l'arrière de la ceinture de poitrine est accroché à votre poitrine et touche votre peau.
2. Mouillez votre peau, où elle sera en contact avec la zone conductrice de votre ceinture de poitrine, cela améliorera la conduction et permettra d'obtenir un signal plus stable. (Fig. 7)

(SP)

1. Ajuste el cinturón de pecho en el centro de su pecho y este seguro que la parte trasera del cinturón de pecho se adhiera a su pecho y toca la piel.
2. Moje la piel en donde hace contacto con el área de conducción del cinturón de pecho, esto mejorará la conducción y podrá recibir señal más estable. (Fig. 7)

(NL)

1. Pas de borstriem aan naar het centrum van uw borst en zorg ervoor dat de achterkant van de borstriem stevig op uw borst vastzit en de huid raakt.
2. Maak de huid nat, waar het in contact zal komen met het geleidende gebied van de borstriem. Dit zal de geleiding verbeteren en een stabiel signaal bekomen. (Fig. 7)

(PT)

1. Ajustar o cinturão de peito ao centro do seu peito assegurando que o lado traseiro do cinturão de peito esteja unido ao seu peito tocando o pele.
2. Molhando o pele em contato com áreas condutivas do cinturão de peito melhoraria a condução e sinais mais estáveis. (Fig. 7)

(CN)

1. 依體型調整鬆緊帶並將心率傳輸器調整在您的胸口正中央，並確保心率傳輸感應區緊貼您的肌膚。
2. 皮膚與心率傳輸感應區保持溼潤將有助於心率傳輸帶的訊號傳送及增加感應的面積。(Fig. 7)



## **Federal Communication Commission Interference Statement**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- . Reorient or relocate the receiving antenna.
- . Increase the separation between the equipment and receiver.
- . Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- . Consult the dealer or an experienced radio/TV technician for help.

***FCC Caution:*** To assure continued compliance, any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment. (Example - use only shielded interface cables when connecting to computer or peripheral devices).

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.