Keefit







Model: IR130

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no quarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. - Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference. and (2) this device must accept any interference received, including interference that may cause undesired operation. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Getting to know your Keefit bracelet

Track your day

Counts your steps, calories burned, distance travelled

Active minutes

Reminds you to move when you have been inactive for a long time.

Set daily goals

Motivates you to achieve your daily goals. View your progress with data and progression charts.

Track your night

Chart your quality and length of sleen Wakes you gently with silent "Buzz" alarm feature. 24 hour activity and sleep tracker chart.



Starting

A New and Easy Way to Get Fit

1) Download the APP

Download the free App named

"Keefit2" from Apple store or Google

Play & install.



2) Charge your device

Using the supplied USB charging cable to charge for turning on the device.

Note: For the first charge, please hold the button to wake up the Keefit.

3) Sync Keefit Activ + with your Smart device using the App

Turn on "Bluetooth" function on the phone. Click the button to light up the OLED display screen.

Click the Apps Icon " (" to pair Keefit [wirelessly, then "Bluetooth connecting..." will show on the App. App will scan for 30 seconds Wireless connection is successful when "Bluetooth connection is successful" appears. Band will show

" 🔻 ", and then data will sync to App, after "synchronization is completed", "Bluetooth disconnected!" will appear.

4) Customize your Keefit Activ + bracelet

Click "Setting" and input your personal settings. Under "My Profile" it is important to record accurate

information to ensure that the reading & outcome will be more heneficial to the user









5) Set your daily workout goals

Click "Workout Goal" to set your daily goals. Choose the daily goal listed in the options and click "OK".



6) Reminder Setting

Click "Reminder Setting" to set activity reminder function. It can be set anywhere between 15 mins and 2 hours. Keefit will vibrate to remind you to exercise



7) Smart Alarm

Click "Smart Alarm" to enter alarm setting interface. After alarm setting, your Keefit will wake you up gently with a soft vibration.







TRACK YOUR ACTIVITY & SLEEP

Activity mode

1 Activity mode illustrates 6 kinds of data these are:



Time/date/ battery life remaining

Step taken Distance in km/miles

Calories

Percentage of daily goal achieved

2. Sync to App to check your daily activity or simply review on Keefit's screen with the touch of a button.

Sleep mode

Sleen mode is activated by dicking button twice on activity mode, the bracelet will vibrate and | will appear. Place your Keefit into Sleep Mode when you are ready

- 1. In Activity mode, click the button twice to activate Sleep mode, Keefit will vibrate gently and logo will appear.
- 2. In Sleep mode, you can still check the time. Simply click the button and 143 6 a will appear. 3. Keefit will automatically set to activity mode once
- you are walking around over 15 minutes. 4. In order to track your sleep, simply sync Keefit to the App and data on previous night's sleep will appear. This can be tracked up to a month.

•If you forget to change mode on Keefit after waking up, it will automatically switch to sport mode after being active for over 15 minutes, up to each user's activity. Long press the button for 5 seconds, _____/___, on /off







Double click change the mode between Sleep and Activity. Keefit only saves 3 days of data, you need

to synchronize the app at least once every 3 days.

TECHNICAL SPECIFICATION

FEATURES

- 1. Keefit Activity and sleep tracker.
- 2. Offer healthy sports guides.
- 3. Track your sleep and wake up silently with a vibrating alarm
- 4. Remind's you to exercise when you've been inactive for longer periods X by vibrating twice.
- 5. Pushes you to achieve your desired daily goals.
- 6. Bluetooth 4.0 sync with all the info is collected and stored in real time
- 7, 3 Hour charge time lasts 4~6days.
- 8. Water resistant showers proof only.

COMPATIBILITY

- BT 4.0 compatible with iOS 7.0 & Android 4.3 version and above
- oiOS version (iOS 7.0 version and above) iPhone 4S and newer iPod touch 5th Gen and newer
- iPad Mini, iPad Mini with Retina display, iPad Air
- Android Phones (Android 4.3 version and above) Samsung S3 / S4 / S5, Samsung Note 2, Note 3 or other smartphone

POWER AND BATTERY

- 4 to 6 days of battery life.
- About 2 to 3 hours to fully charge
- Built in rechargeable Li-on polymer battery.
- Included USB cable for charging.
- 550mA Max 2.5W (included).

KEEFIT BRACELET

- Size: 60 x 42 x 15.5mm
- Weight: 20.5g
- Screen : OLED Storage data : Sport data can be synchronized. on the Keefit app and stored indefinitely
- Accessories : USB charging and instruction
- Software : Keefit iSO/Android

Keefit Activ + 12 month Warranty

Keefit prides ourselves in the quality of our products but every now and then there may be a bump in the road. We therefore guarantee our products for 12 months (1 year) against defects in materials and workmanship under normal use.

If a hardware defect occurs within the warranty period of 12 months Keefit will either replace defective part or provide a replacement product, providing proof of purchase is sent with the item.

A replacement product or part assumes the remaining warranty of the original product or 12 months from the date of replacement or repair, whichever is longer. When a product is exchanged or part of product is exchanged, any replacement becomes your property and replaced item becomes Keefit's property. Parts provided by Keefit in fulfilment of its warranty obligation must be used in products for which warranty service is claimed.

When returning product under warranty item must be returned along with original packaging and retailer receipt. Without the receipt, the warranty will be considered invalid

It is your responsibility to back any data up. If in repair

Keefit Activ + Product Disclaimer

Keefit is a device developed to assist monitoring professional advice of your Doctor or Physician Keefit are not a licensed medical care provider and have no expertise in diagnosing, examining or treating medical conditions or any kind, or determining the effect of any



or replacement, goal data is lost Keefit claim no responsibility for this. Keefit is not responsible for product failure caused by

none compliance with product instructions. The warranty does not cover the cost of returning the product, this must be born by the customer. No Keefit reseller, agent or employee is authorized to make anymodication extension or addition to this limited warranty. If any term is held to be illegal, or unenforceable, the legallity or enforceability of the remaining terms shall not be affected or impaired.

aspects of your health but should never replace the specific exercise on a medical condition. We strongly recommend that you should consult a Doctor or Physician before partaking in any type of physical exercise, fitness plan or diet.