Defensive Honeypots for IP IoT Devices:

Quantitative Comparison between Vanilla and Sandboxed Honeypots

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Introduction

1.1 Background

The Internet of Things (IoT) is exponentially expanding, driving a brand new and complex wave of device interconnectivity worldwide, with an expected 27 billion devices by the end of 2025 (Jinesh, 2025). Consequently, malware is becoming much more sophisticated and advanced, with a parallel increase of its deployment against IoT devices (Alasmary, 2019), resulting in modern malware being powered through machine learning and AI methods. In essence, this poses a significant risk to IoT devices, its consumers and network infrastructures.

With such, security researchers and organisations worldwide are faced with having to prevent malicious Cyber-attacks targeting IoT devices. Due to the variation of devices and different professional standards, many devices lack robust security measures. They are often deployed with out-of-date firmware, varying degrees of processing capabilities (Gurunath, 2019) and, varying levels of network defences – all of which malware may exploit to cause propagation (its spread).

As a result, understanding and analysing both malware behaviour and patterns has become a fundamental practice in Cyber Security research. Traditional network defences, such as firewalls, VPNs and even IPS/IDS systems often fail in capturing and mitigating Zero-Day, XSS and MITM attacks. Decoy mechanisms mimicking IoT devices, commonly known as Honeypots, are used to lure attackers and have become the norm in network deployment (Narendran, 2025), providing an effective environment to analyse such attacks with security.

However, the degree of an attacker's interaction with a Honeypot significantly influences both the data captured, and the severity of an attack. Low-interaction Honeypots (vanilla) are commonly preferred due to their ease of setup, but do not provide nearly as thorough security and analytical measures as high-interaction

sandboxed Honeypots do (Kocaogullar, 2023). Therefore, the balance of containment and interactivity remains a vague area of research.

This project aims to address such a research gap by providing a quantitative comparison of varying Honeypots and their security measures, evaluating the effectiveness of isolation methods used to prevent malware mitigation within IoT Honeypot frameworks.

1.2 Aims & Objectives

1.2.1 Aim

To evaluate the effectiveness of containment and sandboxing mechanisms, in preventing malware propagation (specifically its spread into external systems) within a IoT IP device Honeypot framework. Such will be achieved through quantitatively comparing the same malware programs on two separate Honeypots, contained high-interaction against vanilla low-interaction.

1.2.2 Objectives

The objectives are as follows:

- Design, develop and deploy a secure Honeynet framework within Virtual Machines,
- To deploy two separate Honeypots:
 - 1. Vanilla Honeypot: Low-interaction with no advanced security,
 - 2. Sandboxed Honeypot: High-interaction within a secured container.
- To create and design a virtual network, providing both logical addressing to all IoT IP devices, Virtual Machines and, providing security through sub-netting. In essence mimicking a small office network.
- To collect and store the following malware properties for quantitative comparison and analysis:
 - 1. Network traffic,
 - 2. Payloads,
 - **3.** Malware type
 - 4. Activity data

- **5.** Propagation attempts outside the container.
- Quantitatively compare the data of all malware, and conclude whether attack behaviors differ based on environment.

1.3 Product Review

1.3.1 Scope

The project involves the design and deployment of a secure IoT Honeynet environment for a range of IP IoT devices simulated within a small office network. Two separate and distinct honeypots will be implemented, a high-interaction sand-boxed Honeypot and, a low-interaction vanilla Honeypot operating within a secure, isolated Docker container. The Honeypots will operate within a singular Virtual Machine sequentially.

Each malware sample will be executed within the Honeypots, with all relevant data including its type, payloads and various activity logs securely collected. A dedicated Virtual Machine (separate to the Honeynet) will store and process the data using tools such as ElasticSearch, guaranteeing all data remains isolated from the external network.

In essence, the project will simulate realistic attacking behaviours and sequences of events that occur during malware spread within smaller networks. Findings will lead to a better understanding of the importance of segmentation within networks and Honeypots, to aid in strengthening IoT security by identifying attacker patterns (Kocaogullar, 2023). Furthermore, it'll help expand on pre-existing research and highlight the importance of practical implementation methods for secure environments.

1.3.2 Audience

The primary audience for this project involves Cyber Security researchers, network analysists and academic institutions which study digital forensics, analyse malware behaviour and the administrators that deal with IoT security. Such groups will benefit from the projects structured and quantitative evaluation of containment-based Honeypots and networks, as it provides improved threat detection and response; enhanced threat intelligence through dynamic analysis and prevention; and the overall impact of a secure Honeypot environment.

Furthermore, Cyber Security lecturers and students will benefit through providing a practical framework for a safe and secure virtual environment for malware deployment, for experimentation and research. The projects architecture may server as a teaching tool for demonstrating both the dangers of types of malware, and analysis practices for security.

Lastly, IoT administrators and developers in smaller organisations may gauge a better understanding of malware behaviour within contained and non-contained environments. Understanding malware patterns with supporting data may help in more advanced intrusion detection systems (IDS), through ensuring comprehensive flaws within IoT devices are identified (Fortinet, 2025) and mitigated.

Background Review

2.1 Existing Approaches

Add on to 1.1, provide overview of similar products and why they aren't sufficient

2.2 Related Literature

Self explanatory

- Look through thesis provided by supervisor

Methodology & Techniques

3.1 Approach

- Link back to objectives?
 - Two separate VMs
 - Lab VM = honeypotsAnalysis VM = protected

3.2 Technologies

3.3 Version Control & Management

Introduce GitHub & Supervisor Google Drive

Project Management

4.1 Activities

4.2 Schedule and Time Management

- Calendar - Allocating times during week

4.3 Data Management

- How is this data going to be stored? (Analysis VM using pcaps) - CSV files for extracting

4.4 Deliverables

References

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