

SUMMER BOARDING CAMP INFORMATION PACKET

W 201

Introduction

Renowned junior tennis expert Richard Tompkins directs the Pebble Beach boarding camp alongside his staff of internationally diverse, high performance coaches. Richard's wife Sandy is responsible for the academy's strength and conditioning program.

The high performance training the students experience in our year-round Fremont, Livermore, Monterey, and San Ramon locations, continues in beautiful Pebble Beach. Campers participate in more than five hours of daily tennis and fitness training throughout the camp. Following check-in every Sunday, campers start their tennis training immediately with the serve being videotaped at

2:30p.m. and fitness at the track to follow at 4:00p.m. During the week, campers will cover drilling, stroke technique, in addition to movement and agility throughout the mornings with afternoons focused on singles and doubles play, tactics, and point situations.

All juniors are grouped into courts by ability from beginners to top-national level players. We also continue the weekly tradition of the highly competitive "Tompkins Cup" team competition which always provides a memorable experience for the campers.

Following intense daily training, juniors will enjoy a fun camping experience with activities such as the Frisbee-golf competition, movie nights, volleyball, horseshoes, and

hikes. Campers also have the option to participate in the weekly kayaking trips in beautiful Monterey Bay and horseback trail rides! Regardless of skill level, this camp is focused on bringing each player closer to reaching their full tennis potential!

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2017 PB Dates

Week 1: June 18 – June 23 **Week 4:** July 09 – July 14 **Week 2:** June 25 – June 30 **Week 5:** July 16 – July 21

Week 3: July 02 – July 07 **Week 6:** July 23 – July 28

(510) 573-4025 www.tompkinssport.com

Check-in

Sunday at 1:00 – 2:00pm

Check-out

Friday at 2:00pm



Pebble Beach, CA

HOW TO GET THERE

From East Bay/South Bay:

- 1. Head onto I-680 South
- 2. Merge onto CA-101 South towards Los Angeles
- 3. Take Monterey/Peninsula ramp.
- 4. Merge onto CA-156 West
- 5. Continue onto CA-1 South
- Exit CA 68 West towards Pacific Grove/Pebble Beach
- 7. Right onto 17 Mile Dr.

At the Pebble Beach gate, mention to the attendant that you are here for Tompkins Tennis as well as your child's name. The drive from the Pebble Beach gate to the Stevenson School is approximately 2.5 miles. At every intersection you will see directional signs that say "R.L. Stevenson School". After passing through the gate, veer left on 17 Mile Drive. Proceed downhill on 17 Mile Drive and follow signs to the Stevenson School.

After you pass the Pebble Beach lodge, turn right onto Forest Lake Road and proceed up the hill for one half mile. Stevenson School is on the left.

Signs for Tompkins Tennis check-in will be present.

WHAT TO WEAR

Weather in Pebble Beach is expected to be nice and sunny, but there is always a chance of fog and overcast weather. You can expect the weather to be chilly as soon as the sun goes down, therefore a sweatshirt or jacket and pants are a must.

Nighttime in Pebble Beach can get very cold. Nighttime activities may include hiking and/or a bonfire. Therefore be sure to pack appropriate attire such as sweatshirts and jeans for outdoor, off-court activities.

Tompkins Tennis Summer Boarding Camp

Robert Luis Stevenson School 3152 Forest Lake Road Pebble Beach, CA 93953

Week 1

June 18 - June 23

Week 2

June 25 - June 30

Week 3

July 02 - July 07

Week 4

July 09 - July 14

Week 5

July 16 - July 21

Week 6

July 24 - July 29

Check-in Sunday 1:00 – 2:00pm

> Check-out Friday 2:00pm

Parents

What to do around Pebble Beach

- 17 Mile Drive
- Pebble Beach Golf Course
- Cannery Row in Monterey
- Monterey Bay Aquarium
- Fisherman's Wharf
- Carmel Village







Tompkins3 Strikes Policy

Please remember we are guests at the Stevenson School. We hold our coaches and our students to a high standard of what proper behavior and conduct is.

Strike One Warning

Strike Two

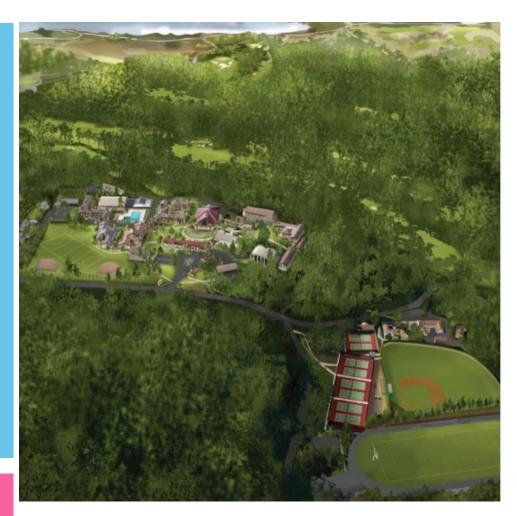
Phone call home to a parent/guardian

Strike Three

Dismissal from summer camp. Parents need to come and pick child up.

The following breaches of discipline are grounds for strikes and potential dismissal from Pebble Beach.

- Fighting
- Any activity that is inherently dangerous to self or others.
- Stealing
- Outright defiance
- Intentionally destroying property.
- Unauthorized leaving of dormitories (sneaking out)
- Bullying
- Not cooperating with quiet hours.
- Other unacceptable behavior or actions at the discretion of the staff members of Tompkins Tennis.



Rules & Regulations

General Responsibilities

- All campers must attend all scheduled practices and activities unless restricted from injury.
- Female campers are not allowed in male camper's dormitories and vice versa.
- There is absolutely no damaging of any Stevenson School facilities.
- $\circ\quad$ No one is allowed to go off campus unless chaperoned by a member of the Tompkins Tennis staff.
- Camper's person or property may be subject to search upon request by a staff member should the need arise for the safety and protection of those attending the camp.
- When leaving the camp, dormitories, and campus facilities must be left in the same condition it was in upon arrival.
- Camper's are responsible for their dormitory keys, if lost, a fee will be incurred.
 - o If lost, a \$75 fee will be incurred and due at check-out.
- Possession of any of the following items are strictly prohibited and will result in immediate dismissal from the boarding camp.
 - Alcohol/tobacco products, any type of weapons, illegal drugs, fireworks/flammable materials or items.
- Students are responsible for cleaning their areas at meals in the cafeteria and any common areas in the dormitories.

Optional Items

Flectronics that are allowed

- Cell phone + charger
- Camera
- FlipCam
- IPod
- speakers

Note

All other electronic items are **NOT** allowed at the Pebble Beach Boarding Camps. We want the students to enjoy each other's company and the camp's beautiful surroundings. We don't want them staring at screens the entire time!

Laundry

Washers, dryers, and detergent will be available on site at the Stevenson School in the dormitories if you choose or want to do laundry.

Provided

- Blanket (if you tend to be cold, you should bring extra blankets)
- Sheets
- Pillow
- Towel

Black Box Rule

After breakfast is served, all forms of electronics (phones and iPod touches) will be dropped off at the Activities Director's room to be put into the black box. Electronics will be returned and available for use after the scheduled night-time activity. Collection of electronics will resume the following morning. Failure to comply (i.e. hiding your phone or refusing to drop off your electronic device) will result in disciplinary action. Our aim is to give you the best training and boarding camp experience!

Packing List

General List

 [] toothbrush [] toothpaste [] face wash [] shampoo [] conditioner [] sunblock [] lotion [] deodorant	[] hairbrush [] hair-tie/clips [] contacts/glasses [] face towel [] extra towel (if extras are needed, one body towel is already provided per camper.)
[] underwear (6+) [] shirts (6+) [] socks (6+)	[] sports bras (6+) [] flip-flops [] swimsuit/board shorts
[] warm-up pants [] warm-up jacket [] laundry bag (for dirty clothes)	[] running shoes (if desired)[] casual clothes (jeans – required if horseback riding)
[] tennis bag/backpack [] tennis racquets (2+) [] tennis towel [] water bottle/Nalgene	[] hats/visors [] tennis shoes [] tennis journal + writing utensils
 [] money (for Downtown Mont	erey or the Snack Shack) desired or needed, it does get cold)

Sample Schedule

A finalized schedule will be distributed prior to camp-date or upon arrival at check-in.

	SUN	MON	TUE	WED	THU	FRI
7:00 AM		Wake up/ Breakfast	Wake up/ Breakfast	Wake up/ Breakfast	Wake up/ Breakfast	Wake up/ Breakfast
8:00 AM		8:30 - 12:00	8:30 - 12:00	8:00 - 11:30	8:30 - 12:00	
9:00 AM				Tennis Practice		8:30 - 12:00 Tennis
10:00 AM		Tennis Practice	Tennis Practice		Tompkins Cup	Practice/ Target Tennis
11:00 AM				11:30 Lunch		
12:00 PM	12:00 - 2:00	Lunch	Lunch		Lunch	Lunch
1:00 PM	Check-in			12:30		Awards
2:00 PM		1:30 - 5:00	1:30 - 5:00	Bus Pick-up	1:30 - 5:00	Ceremony
3:00 PM	2:30 Serve Videotaped 4:00	Match Play	Match Play	Off-Campus Activities	Match Play	Check-out
4:00 PM	Fitness at the track			(Hiking,		
5:00 PM	Free Time	Bocce Ball/ Free Time	Kickball/ Free Time	Biking, Kayaking, Horseback Riding)	Free Time	
6:00 PM	Dinner	Dinner	Dinner		Dinner	
7:00 PM	7:30			BBQ		
8:00 PM	Campers Introduction	Movie	Frisbee Golf	Horseshoes or Volleyball	Improv/ Trivia	
9:00 PM	Bonfire + Smores			Movie	Night	
10:00 PM						

Group Name:	
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STEVENSON SCHOOL

Stevenson School Athletic Facilities

Waiver of Liability, Assumption of Risk, and Indemnity Agreement

Waiver: In consideration of permission to use the Stevenson School's Athletic Facilities (includes fields, weight room, swimming pool, tennis courts, running track), I as the authorized representative hereby release, waive, discharge, and covenant, not to sue Stevenson School, its directors, its officers, employees, and agents from any and all claims including the negligence of Stevenson School, resulting in personal injury, accidents, or illnesses (including death), and property loss arising from, but not limited to, use of facilities, premises, or equipment.

Assumption of Risks: Physical activity, by it's nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. Stevenson School has facilities for swimming, weight lifting, running, aerobic activities, classes and sporting activities. Some of these involve strenuous exertions of strength using various muscle groups, some involve quick movements involving speed and change of direction, and others involve sustained physical activity which places stress on the cardiovascular system. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions to 3) catastrophic injuries including paralysis and death.

I have read the previous paragraphs and i know, understand, and appreciate these and other risks that are inherent in the activities made possible by Stevenson School. I hereby assert that my participation is voluntary and that i knowingly assume all such risks.

Indemnification and Hold Harmless: I also agree to INDEMNIFY AND HOLD Stevenson School HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement with Stevenson School's Athletic Facilities, and to reimburse them for any such expenses incurred.

Severability: The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgement of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Signature of Authorized Representative	Date
Group or Organization	



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Fitness Release Form

Date: _____

Name of Child: _____

This release form must be signed by a parent or legal guardian for each child. The parent and child acknowledge that they are responsible for nay injuries or damages that may be incurred while they are participating in any Tompkins Tennis activity. They parent and child acknowledge that they will follow all fitness rules. They will also follow all instructions that are given to them by the members of the Tompkins Tennis staff.
Acknowledgement of Understanding: The undersigned participant and parent(s) or guardian(s) have read this assumption of risk and fully understand its terms. The undersigned participant and parent(s) or guardian(s) acknowledge freely and voluntarily signing the agreement and intend their signatures to signify a complete assumption of the inherent risks of participating in or observing fitness related activities to the greatest extent allowed by law in the State of California.
In signing this assumption of risk as Parent or Guardian, I acknowledge that I am consenting to the participant's participation in the Tompkins Tennis program and acknowledge that Participant and Parent or Guardian express and assume all inherent risks of the activity.
Child Signature:
Parent Signature:



@BabolaT

Medical Release Form

certify that, to the best of my knowledge and belief,		
List of Medication(s):		
Explanation if needed/Any additional information/Instru	ctions for rendering treatment:	
Parent/Guardian Signature	Date	
Home Phone	Parent's Daytime Phone	
If parents are not available, please call the person desig	gnated below:	
Name: Phone: Relationship:		
Child insurance Information: Company Name:	Doctor's Name:	
Policy #:		



🥊 BabolaT

Pebble Beach Camp Video Shoot

I, (Student Name) _____, hereby agree that:

- I am not getting paid to be in this video.
 I grant Tompkins Tennis full permission to use any footage of me to be used in the Tompkins Tennis video that will be posted on the Tompkins Tennis website at www.tompkinstennis.com
In consideration of being allowed to participate in DP PRODUCTION activities, I hereby understand and agree to this waiver or legal rights associated with activities participated in this event.
I acknowledge that I understand the waiver described in this document. Waiver is made to the maximum extent permissible under applicable law. I acknowledge that I have signed this document under my own free will.
Parent Name:
Parent Signature: Date:

Monterey Bay Equestrian Center

19805 Pesante Rd. Salinas, Ca. 93907 Phone: 831-663-5712 Fax: 831-663-3501

Trail Rides Release of Liability, Waiver of Claims, Express Assumption of Risk and Indemnity Agreement

M.B.E.C. is not responsible for lost or stolen items. No refunds after mounting.

Please read and be certain you understand the implications of signing.

Express Assumption of Risk Associated with Trail Rides and Related Activities.

I, _____ do hereby affirm and acknowledge that I have been fully informed of the inherent hazards and risks associated with Horse Riding Instructions/Lessons, transportation of equipment related to the activities, and traveling to and from activity sites of which I am about to engage in. **Inherent hazards and risks include but are not limited to:**

- 1. Risk of injury from the activity and equipment utilized in Horse Riding is significant including the potential for permanent disability and death.
- 2. Possible equipment failure and/or malfunction of my own or others' equipment.
- 3. My own negligence and/or the negligence of all others, including employees, agents, independent contractors or representatives of **Monterey Bay Equestrian Center**, including but not limited to operator error.
- 4. The propensity of an equine's (horse) to behave in dangerous ways that may result in injury to the participant regardless of the equine's previous training and past performance.
- 5. The inability to predict an equine's (horse's) reaction to sound, movements, unfamiliar environment, objects, persons, or animals.
- 6. Natural hazards including but not limited to surface or subsurface conditions.
- 7. Propensity for an equine (horse) to run, buck, bite, kick, shy, stumble, rear, trample, scratch, peck, fall, make unpredictable movements, spook, down, jump, butt, step on a person's feet, push or shove without warning or apparent cause.
- 8. Saddles or bridles may loosen or break which may cause the participant to be jolted or fall.
- 9. The domesticated animal may also react in a dangerous manner when a condition or treatment is considered hazardous to the welfare of the animal.
- 10. The potential for a participant to fail to exercise reasonable care, take adequate precautions, or use adequate control when engaging in a domesticated animal activity, including failing to maintain reasonable control of the animal or failing to act in a manner consistent with the person's abilities.
- 11. Collisions with trees, brush, and other animals or objects.
- 12. Broken bones, severe injuries to the head, neck, and back which may result in severe impairment or even death.
- 13. Cold weather and heat related injuries and illness including but not limited to frostnip, frostbite, heat exhaustion, heat stroke, sunburn, hypothermia and dehydration.
- 14. Exposure to outdoor elements, including but not limited to avalanche, rock fall, inclement weather, thunder and lightning, severe and or varied wind, temperature and all other weather conditions.
- 15. Attack by or encounter with insects, reptiles, and/or animals.
- 16. Accidents or illness occurring in remote places where there are no available medical facilities.
- 17. Fatigue chill, and/or dizziness, which may diminish my/our reaction time and increase the risk of accident.
- 18. My sense of balance, physical coordination, and ability to follow instructions.
- * I understand the description of these risks is not complete and that unknown or unanticipated risks may result in injury, illness, or death.

In consideration for being permitted to participate in any way in Trail Rides and related activities, I hereby agree, acknowledge and appreciate that:

Continued from other side

- 1. I HEREBY RELEASE AND HOLD HARMLESS WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE, the following named persons or entities, herein referred to as releasees.

 Monterey Bay Equestrian Center/ Michael and Madaline Mastroianni
- 2. To release the releasees, their officers, directors, employees, representatives, agents, and volunteers, and vessels from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise. By executing this document, I agree to hold the releasees harmless and indemnify them in conjunction with any injury, disability, death, or loss or damage to person or property that may occur as a result of engaging in the above activities.
- 3. By entering into this Agreement, I am not relying on any oral or written representation or statements made by the releasees, other than what is set forth in this Agreement.

This release shall be binding to the fullest extent permitted by law. If any provision of this release is found to be unenforceable, the remaining terms shall be enforceable.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, AND I FULLY UNDERSTAND ITS TERMS, AND UNDERSTAND THAT I HAVE GIVEN UP LEGAL RIGHTS BY SIGNING IT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

	AND VOLUNTARILY V	VITHOUT ANY IN	NDUCEMENT.	
S/ Signature of Adult Participant		Name of A	Adult Participant (Please Print)	Date
_	•		• ` ` `	
CII I .	STATE	ZII	PHONE:	
for this participant, do any and all liabilities	o consent and agree not or incident to his/her involve	ly to his/her release	t I, as Parent, Guardian, Temporary Guard of all Releasees, but also to release and in ams for myself, my heirs, assigns, and next	demnify the releasees from
Signature of Parent or adult legal Guardian if Participant is a Minor, and by their signature, They on my behalf release all claims that both They and I have		Name of Pa	arent or adult legal Guardian (Please Print)	Date
			l Name and age	Date
			mets must be worn by all riders u	
	Please read and l	oe certain you un	derstand the implications of signing	j.
Equestrian Center as the result of a f	er that we should wea all or any other occur	r a properly fitte rence associated	, have been fully warned and advised helmet in order to reduce some or with this hazardous activity. We rearselves purely voluntarily.	all of our head injuries
AGAINST	THIS ADVICE, W	E ARE REFUSI	ING THIS CRITICAL SAFETY	PRECAUTION.
S/				
Signature of Adult		Name o	of Adult Participant (Please Print)	Date
S/Signature of Parent or a	dult legal Guardian if	Name of Pa	rent or adult legal Guardian (Please Print)	Date

Minor's Full Name and age

Date

participant is a Minor, and by their signature, they on my behalf release all claims that both

they and I have

Kayak Connection Liability Release and Express Assumption of the Risk ****KIDS WAIVER***

Parent's Last Name	Parent's First Name	Existing medical conditions? No Yes:	_
Address			
City	State	Zipcode	
Home Phone	Cell Phone		
Email Address		Can we email?	

For Participants Under the Age of 18 ("Minor(s)")

In consideration of the services of Kayak Connection, its agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on its behalf (hereinafter collectively referred to as "KC"), I hereby agree to release and discharge KC, on behalf of the minor(s), their heirs, assigns, personal representative(s) and estate as follows:

I understand and acknowledge that there are risks of personal injury, death, and property damage while participating in the instructional activities, tours, rentals, and trips offered by KC. Some risks are inherent in kayaking, canoeing, boogie-boarding and stand-up paddle boarding, even in still water; other risks are posed by the forces of the currents, swells, and waves in the Slough, the ocean, lakes or rivers; other risks are inherent in outdoor activities, wilderness travel, or water sports generally; still other risks may arise from conditions, situations, or activities of which I am presently unaware. All water activities are dangerous activities. Further, dangers may present themselves during the rental time, class, tour or trip, including risks posed by travel to such activity. I expressly agree and promise to accept and assume all of the risks existing in these activities, both known and unknown, whether caused or alleged to be caused by the ordinary (but not gross) negligent acts or omissions of KC.

I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless KC from any and all claims, demands, or causes of action, which are in any way connected with the minors' participation in these activities or minor's use of KC's equipment, instruction, tours or trips, including any such claims which I have or may have that allege ordinary negligent acts or omissions of KC. I understand that this release includes all claims against KC arising from its ordinary negligence, but does not include claims arising from KC's alleged gross negligence. Should KC or anyone acting on its behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs. I certify that the minor(s) has no medical or physical condition which could interfere with their safety while participating in these activities, or else I am willing to assume, and bear the costs of, all risks that may be created, directly or indirectly, by any such condition. I understand that certain skills, abilities, and physical and mental health, and fitness are required in order to reduce the dangers involved in water activities, and I certify that the minor(s) possesses these skills. I certify that the minor(s) will wear a properly fastened personal floatation device at all times while in the water, and to use such other safety equipment as may be provided to me by KC. I understand and agree that should emergency rescue evacuation become necessary, the expenses are my sole responsibility and not that of KC.

Parent/Legal Guardian's Printed Name:	Minors' Full Names:
	1.)
Signature of Parent/Guardian:	
	2.)
<u>Date:</u>	
	3.)