# 2020

WEEKLY BOARDING CAMP

Largest Year-Round Junior Program in California Presents 2020

## **SONOMA STATE** UNIVERSITY

SUMMER BOARDING CAMP



#### WHEN:

June 14 - 19, 2020 and July 26 - 31, 2020

Please register for camp on-line at www.tompkinssport.com. Go to "juniors" section then click on "boarding camps" followed by "Sonoma State."

For more information please call Sandy Tompkins at (925) 457-9596 or email sandy@tompkinssport.com.







#### THERE IS A NO-REFUND, CANCELLATION POLICY.

However, in the event of a family emergency, illness or injury, Tompkins Tennis will allow a camp credit to be transferred to one of our Bay Area day camp locations. Expires August 2020.

SPONSORED BY



Tompkins Tennis 43255 Mission Boulevard, Suite 101 Fremont, CA 94539 (510) 573-4025

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### SUMMER BOARDING CAMP

SONOMA STATE UNIVERSITY
Richard and Sandy Tompkins, Camp Directors

#### **BOARDING CAMPS**

The training that students experience in our yearround Bay-O-Vista Tennis Club, ClubSport San Ramon, Livermore Valley Tennis Club and Ohlone College, Fremont locations continues in the beautiful wine country location at Sonoma State University.

This camp is for all levels who want to improve their tennis skills. Students participate in more than five hours of daily tennis and fitness training throughout the camp.

Following check-in on Sunday, campers start their tennis training immediately with the serve being videotaped at 2:30 p.m. and fitness to follow at 4 p.m. During the week, campers will also have their forehands and backhands videotaped in addition to covering drilling, stroke and technique. The camp focuses on movement and agility throughout the morning with afternoons focused on singles and doubles play, tactics, and point situations. All juniors are grouped by court by ability from beginner to top national level players. We also continue the weekly tradition of the competitive "Tompkins Cup" team competition which always provides a memorable experience for the campers.

Report cards will be distributed to students at the end of each week following the awards ceremony. The progress report will cover all aspects of the camper's training from the on-court drilling and video analysis to match play. Regardless of skill level, this camp is focused on tennis players serious about their development!

#### ALL SKILL LEVELS | AGES 9 - 18

Richard Tompkins is a renowned expert in junior tennis development who coached more than 20 juniors that achieved a top-10 national ranking. Richard Tompkins has more than 25 years of coaching experience. Richard's wife Sandy serves as General Manager and directs the academy's strength and conditioning program. Richard and Sandy will personally be running the Sonoma State University Camp along with our year-round high performance international coaching staff.

Following intense daily training our objective is for the juniors to ENJOY A FUN CAMPING EXPERIENCE. Campers will enjoy a fun cross-training afternoon on Wednesday with the kayak experience in the Inverness area. Evening activities include the famous frisbee-golf competition, volleyball, swimming and movie night.

















#### Location:

Sonoma State University, CA

#### Camp Dates:

June 14 - 19, 2020 July 26 - 31, 2020

#### Cost:

\$1,250 per student per week Includes Room + Board + Training Kayak Fee: \$40 per camper (Payment due at time of registration)

#### Times:

Check In: 1:00-2:00 p.m. Sunday Check Out: 2:00 p.m. Friday

## Check in & Check Out Location:

In front of Zinfandel Dorms at Sonoma State University

