# Clarke dual method for Hamiltonian systems with non standard grow

(In alphabetical order)

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#### Abstract

In this paper we consider the problem of finding periodic solutions of certain Hamiltonian systems  $\dots$  blablabla

## 1 Main problem

Let  $H:[0,T]\times\mathbb{R}^d\times\mathbb{R}^d\to\mathbb{R}$ . We are looking for periodic solutions of the Hamiltonian system

$$\begin{cases} \dot{q}(t) &= D_p H(t, q(t), p(t)) \\ \dot{p}(t) &= -D_q H(t, q(t), p(t)) \\ p(0) &= p(T), q(0) = q(T) \end{cases}$$
 (1)

for  $t \in [0, T]$ . I think that, like in [7], is better to present the Hamiltonian problem as the main problem

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<sup>2010</sup> AMS Subject Classification. Primary: 34C25. Secondary: 34B15.

 $<sup>{\</sup>bf Keywords}$  and  ${\bf phrases.}$  Periodic Solutions, Orlicz Spaces, Euler-Lagrange, Critical Points.

An alternative writing of (1) using the combined variable u = (q, p) and the canonical symplectic matrix

$$J = \begin{pmatrix} 0 & I_{d \times d} \\ -I_{d \times d} & 0 \end{pmatrix}$$

is the following

$$\dot{u} = J\nabla H(t, u(t)) \tag{2}$$

or equivalently

$$J\dot{u} = -\nabla H(t, u(t)) \tag{3}$$

where  $\nabla H$  is the gradient of H with respect to the combined variable.

#### 2 Preliminaries

We will use some basic concepts of convex analysis that we list below.

Let 
$$\Gamma_0(\mathbb{R}^d) = \{F : \mathbb{R}^d \to (-\infty, +\infty)\}$$

convex, lower semicontinous functions with non-empty effective domain.

The Fenchel conjugate of F is given by

$$F^{\star}(p) = \sup_{q \in \mathbb{R}^d} \langle p, q \rangle - F(q)$$

The Fenchel conjugate satisfies the following properties:

- 1.  $F^* \in \Gamma_0(\mathbb{R}^d)$
- 2. If  $F \leq G$ , then  $G^* \leq F^*$ .
- 3. If  $G(q) = \alpha F(\beta q) + \sigma$  with  $\alpha, \beta, \sigma > 0$  then  $G^{\star}(p) = \alpha F^{\star}(\frac{p}{\beta \alpha}) \sigma$

Let  $\Phi : \mathbb{R}^d \to [0, +\infty)$  be a differentiable, convex function such that  $\Phi(0) = 0$ ,  $\Phi(q) > 0$  if  $q \neq 0$ ,  $\Phi(-q) = \Phi(q)$ , and

$$\lim_{|q| \to \infty} \frac{\Phi(q)}{|q|} = +\infty, \tag{4}$$

where  $|\cdot|$  denotes the euclidean norm on  $\mathbb{R}^d$ . From now on, we say that  $\Phi$  is an G-function if  $\Phi$  satisfies the previous properties.

We write  $\Phi^*$  for the Fenchel conjugate of  $\Phi$ .

We do not assume that  $\Phi$  and  $\Phi'$  satisfy the  $\Delta_2$ -condition.

We denote by  $\partial F(q)$  the subdifferential of F in the sense of convex analysis (see [2, 3])

The next result is a generalization of [6, Prop. 2.2, p.34]

**Proposition 2.1.** Let  $F \in \Gamma_0(\mathbb{R}^d)$ . Suppose that there exist an anisotropic function  $\Phi$  and non negative constants  $\beta, \gamma$  such that

$$-\beta \leqslant F(q) \leqslant \Phi(q) + \gamma, \text{ for all } q \in \mathbb{R}^d.$$
 (5)

Now, if  $p \in \partial F(q)$  then

$$\Phi^{\star}(p) \leqslant \Phi(2q) + 2(\beta + \gamma). \tag{6}$$

*Proof.* If  $p \in \partial F(q)$ , from [6, Thm. 2.2, p.33],

$$F^{\star}(p) = \langle p, q \rangle - F(q) \tag{7}$$

Conjugating (5), we have

$$F^{\star}(p) \geqslant \Phi^{\star}(p) - \gamma. \tag{8}$$

From Young's inequality, we get

$$\langle p, q \rangle = \frac{1}{2} \langle p, 2q \rangle \leqslant \frac{1}{2} \Phi^{\star}(p) + \frac{1}{2} \Phi(2q)$$
 (9)

By eqs. (5) and (7) to (9), we get

$$\Phi^{\star}(p) \leqslant \frac{1}{2}\Phi^{\star}(p) + \frac{1}{2}\Phi(2q) + \beta + \gamma$$

which implies (6)

Remark 1. Inequality (6) is a few better than the corresponding in [6, Prop. 2.2] because the the case of power function we obtain  $(\beta + \gamma)^{1/p}$ , meanwhile in [6] appears  $(\beta + \gamma)^{1/(p-1)}$ .

## 3 Optimal bounds for a symplectic bilinear form

We consider the Euclidean space  $\mathbb{R}^{2n}$  equipped with the standard symplectic structure given by bilinear canonical symplectic 2-form

$$\Omega(u,v) := \langle Ju,v \rangle.$$

As Jakub observed we can not consider any G-function on the symplectic manifold  $\mathbb{R}^{2n}$ . I think that the following can be the appropriate form of the G-function defined on the symplectic manifold  $\mathbb{R}^{2n}$ 

**Definition 3.1.** Let  $\Psi: \mathbb{R}^{2n} \to \mathbb{R}$  be an anisotropic function G-function. We say that  $\Psi$  is a symplectic G-function if  $\Psi^*(Ju) < \Psi(u)$ , i.e. there exists C, k > 0 such that

$$\Psi^*(Ju) \leqslant \Psi(ku) + C$$

Given  $u = (q, p) \in \mathbb{R}^{2n}$  and  $\Phi : \mathbb{R}^n \to \mathbb{R}$ , Jakub define  $\hat{\Phi} : \mathbb{R}^{2n} \to \mathbb{R}$  by

$$\hat{\Phi}(q, p) = \Phi(q) + \Phi^*(p)$$

with  $\Phi^* < \Phi$ .

**Proposition 3.2.**  $\hat{\Phi}$  is symplectic.

*Proof.* We have 
$$\hat{\Phi}^*(q,p) = \Phi^*(q) + \Phi^*(p)$$
, then  $\hat{\Phi}^*(Ju) = \Phi^*(p) + \Phi^*(-q) < \Phi(q) + \Phi(p) = \hat{\Phi}(u)$ .

Fernando suggests  $\overline{\Phi}(q, p) = \Phi(q) + \Phi^*(p)$ .

**Proposition 3.3.**  $\overline{\Phi}$  is symplectic.

*Proof.* We have  $\Phi^*(q,p) = \Phi(p) + \Phi^*(q)$ , then  $\overline{\Phi}^*(Ju) = \Phi(-q) + \Phi^*(p) = \overline{\Phi}(u)$ .

**Theorem 3.4.** *J* induces an embedding of  $L^{\Psi^*}([0,T],\mathbb{R}^{2n})$  into  $L^{\Psi}([0,T],\mathbb{R}^{2n})$  when  $\Psi$  is symplectic.

*Proof.* As  $\Psi$  is symplectic, there exist k, c such that  $\Psi^*(Ju) < \Psi(ku) + c$  then

$$\int \Psi^* \left( \frac{Ju}{k\lambda} \right) \leqslant cT + \int \Psi \left( \frac{u}{\lambda} \right) < \infty$$

If  $||u||_{L^{\Psi}} = 1$ , then  $\int \Psi(u) \leq 1$  and

$$\int \Psi^* \left( \frac{Ju}{k} \right) \leqslant cT + 1$$

As  $\Psi^*$  is convex, we have

$$\int \Psi^* \left( \frac{Ju}{(cT+1)\lambda} \right) \leqslant \frac{1}{cT+1} \int \Psi^* \left( \frac{Ju}{k} \right) \leqslant 1$$

then

$$||Ju||_{L\Psi^*} \leq (cT+1)k := c_0$$

Finally, for any u,

$$||Ju||_{L^{\Psi^*}} \leqslant c_0 ||u||_{L^{\Psi}}.$$

**Corollary 3.5.** If  $\Omega(u,v) = \int Jv \cdot u$  and  $\Psi$  is symplectic, then  $\Omega$  is well defined in  $L^{\psi} \times L^{\Psi}$ .

**Theorem 3.6.** Let  $\Phi$  be a symplectic G-function. There exist  $C_{\Phi}$ , C and  $\Lambda > 0$  such that for every  $u \in W_T^1L^{\Phi}([0,T],\mathbb{R}^{2n})$  we have

$$\Omega(\dot{u}, u) := \int_0^T J \dot{u} \cdot u \, dt \geqslant -C_{\Phi} \int_0^T \Phi\left(\frac{\dot{u}}{\Lambda}\right) \, dt - C \tag{10}$$

*Proof.* Let  $u \in W^1L^{\Phi}([0,T],\mathbb{R}^{2n})$ . As usual we write  $u = \tilde{u} + \overline{u}$  where

$$\overline{u} = \frac{1}{T} \int_{0}^{T} u(t)dt.$$

From [8, Lem. 2.4] we have that

$$\int_{0}^{T} \Phi(\tilde{u})dt \leqslant \int_{0}^{T} \Phi(T\dot{u})dt. \tag{11}$$

By Young's inequality, the fact that a G-function is even and (11), we obtain

$$\begin{split} \int_0^T J \dot{u} \cdot u \, dt &= \frac{k}{T} \int_0^T J \frac{T \dot{u}}{k} \cdot \tilde{u} \, dt \geqslant \\ -\frac{k}{T} \left\{ \int_0^T \Phi^* \left( J \frac{T \dot{u}}{k} \right) \, dt + \int_0^T \Phi(\tilde{u}) \, dt \right\} \geqslant \\ -\frac{k}{T} \left\{ 2 \int_0^T \Phi(T \dot{u}) \, dt + C \right\} \end{split}$$

## 4 Differentiability of Hamiltonian dual action

**Theorem 4.1.** Suppose that  $\Phi: \mathbb{R}^{2n} \to [0, +\infty)$  is a differentiable G-function, not necessarily symplectic. Additionally

- 1.  $H:[0,T]\times\mathbb{R}^{2n}\to\mathbb{R}$  is measurable in t, continuously differentiable with respect to u.
- 2. there exist  $\beta, \gamma \in L^1([0,T], \mathbb{R}), \Lambda > \lambda > 0$  such that

$$\Phi^{\star}\left(\frac{u}{\Lambda}\right) - \beta(t) \leqslant H(t, u) \leqslant \Phi^{\star}\left(\frac{u}{\Lambda}\right) + \gamma(t) \tag{12}$$

Then there exists  $\Lambda_0$  such that the dual action

$$\chi(v) = \int_0^T \frac{1}{2} \langle J\dot{v}, v \rangle + H^*(t, \dot{v}) dt$$
 (13)

is continuously differentiable in  $W^1L_T^{\Phi}([0,T],\mathbb{R}^{2n}) \cap \{u|d(\dot{u},L^{\infty})<\Lambda_0\}$ . If v is a critical point of  $\chi$  with  $d(\dot{v},L^{\infty})<\Lambda_0$ , the function defined by  $u(t)=\nabla H^{\star}(t,\dot{v})$  solves

$$\left\{ \begin{array}{lcl} \dot{u} & = & J \nabla H(t,u) \\ u(t) & = & u(T) \end{array} \right.$$

*Proof.* Conjugating 2 we obtain

$$\Phi(\lambda u) - \gamma(t) \leqslant H^{\star}(t, v) \leqslant \Phi(\Lambda v) + \beta(t) \tag{14}$$

Since  $H^*$  is smooth, we have  $\partial_v H^*(t,v) = \{\nabla_v H^*(t,v)\}$ . Applying Proposition 2.1 with  $F = H^*$ ,  $\Phi(\Lambda v)$  instead of  $\Phi(u)$  and  $u = \nabla H^*(t,v) \in \partial_v H(t,v)$ , inequality (12) becomes

$$\Phi^{\star}\left(\frac{\nabla H^{\star}(t,v)}{\Lambda}\right) \leqslant \Phi(2\Lambda v) + 2(\beta + \gamma). \tag{15}$$

which will be the main inequality in the proof.

We are planning to obtain the structure condition (??) of [8] which guarantees differentiability.

We consider the Lagrangian

$$\mathcal{L}(t, v, \xi) = \frac{1}{2} \langle J\xi, v \rangle + H^{\star}(t, \xi)$$
 (16)

and we have to prove that there exist  $\Lambda_0 > \lambda_0 > 0$  such that

$$|\mathcal{L}| + |\nabla_v \mathcal{L}| + \Phi^* \left(\frac{\nabla_{\xi} \mathcal{L}}{\lambda_0}\right) \leqslant a(v) \left(b(t) + \Phi\left(\frac{\xi}{\Lambda_0}\right)\right)$$
 (17)

We start with  $|\mathcal{L}|$ . From (14),

$$|\mathcal{L}| \leqslant \frac{1}{2} |\langle J\xi, v \rangle| + H^{\star}(t, \xi) \leqslant \frac{1}{2} |\xi| |v| + \Phi(\Lambda \xi) + \beta(t).$$

Since  $\frac{\Phi(x)}{|x|} \to \infty$  as  $|x| \to \infty$ , there exists C > 0 such that  $|x| \le \Phi(x) + C$  for all  $x \in \mathbb{R}^d$ . Then,

$$|\mathcal{L}| \leqslant \frac{1}{2} \frac{|v|}{\Lambda} \left( \Phi(\Lambda \xi) + C \right) + \Phi(\Lambda \xi) + \beta(t) \leqslant \max \left\{ \Lambda, \frac{|v|}{2\Lambda} \right\} \left[ \Phi(\Lambda \xi) + C + \beta(t) \right]$$

which is an estimate like the second member of (17).

Now, we treat  $|\nabla_v \mathcal{L}|$  and we get

$$|\nabla_{\nu}\mathcal{L}| = \frac{1}{2}|J\xi| \le |\xi| \le \frac{1}{2\Lambda}(\Phi(\Lambda\xi) + C). \tag{18}$$

which is also an estimate of the desired type.

Finally, we deal with  $\Phi(\nabla_{\xi}\mathcal{L}\lambda_0)$ . As  $\Phi^{\star}$  is a convex, even function, we have

$$\Phi^{\star}\left(\frac{\nabla_{\xi}\mathcal{L}}{\lambda_{0}}\right) = \Phi^{\star}\left(\frac{-\frac{1}{2}Jv}{\lambda_{0}} + \frac{\nabla H^{\star}(t,\xi)}{\lambda_{0}}\right) \leqslant \frac{1}{2}\Phi^{\star}\left(\frac{Jv}{\lambda_{0}}\right) + \frac{1}{2}\Phi^{\star}\left(\frac{2\nabla H^{\star}(t,\xi)}{\lambda_{0}}\right).$$

We choose  $\frac{2}{\lambda_0} = \frac{1}{\Lambda}$  with  $\Lambda$  as in (15) and we finally have

$$\Phi^{\star}\left(\frac{\nabla_{\xi}\mathcal{L}}{\lambda_{0}}\right) \leqslant \Phi^{\star}\left(\frac{Jv}{2\Lambda}\right) + \Phi(2\Lambda\xi) + 2(\beta + \gamma) =$$

$$\max\left\{\Phi^{\star}\left(\frac{Jv}{2\Lambda}\right), 1\right\} \left[\Phi(2\Lambda\xi) + 2(\beta + \gamma)\right]$$
(19)

which is a bound like the second member of (17).

Therefore, from (17), (18), (19) and choosing the worst functions a and b, we obtain condition (??).

Next, [8, Thm. 4.5] implies differentiability of  $\chi$  in a set like  $W^1L_T^{\Phi}([0,T],\mathbb{R}^d) \cap \{u|d(\dot{u},L^{\infty})<\lambda_0\}.$ 

If  $v \in W^1L_T^{\Phi}([0,T],\mathbb{R}^d)$  is a critical point of  $\chi$  with  $d(v,L^{\infty}) < \lambda_0$  then, from equations (21) of [8] we obtain

$$0 = \int_0^T \frac{1}{2} \langle J\dot{v}, h \rangle - \frac{1}{2} \langle \dot{h}, Jv \rangle + \langle \nabla H^{\star}(t, \dot{v}), \dot{h} \rangle.$$

The rest of the proof follows as in [6].

## 5 Existence periodic solutions Hamiltonian system

The following theorem extend to a quite general function  $\Phi$  the result in [6, Thm. 3.1] formulated for  $\Phi_2(u) = |u|^2/2$ . Even more, our result improves a little bit [6, Thm. 3.1] in the sense that we obtain existence for  $\Phi_2$  when the functions l and  $\gamma$ , introduced below, belong to  $L^2$  and  $L^1$  respectively instead of  $L^4$  and  $L^2$  as it is assumed in [6, Thm. 3.1]. This little improvement is due to the observation in Remark 1.

**Theorem 5.1.** Suppose that  $\Phi$  is a symplectic G-function and

H1) Exists  $\xi \in L^{\Phi^*}([0,T],\mathbb{R}^{2n})$  such that for every  $u \in \mathbb{R}^{2n}$  and a.e.  $t \in [0,T]$ 

$$H(t, u) \geqslant \langle \xi(t), u \rangle$$
.

H2) There exists  $\Lambda_0$  (indicar dónde vive en función de  $C_{\Phi^*}$ ???) and  $\alpha \in L^1$  such that, for every  $(t, u) \in [0, T] \times \mathbb{R}^{2n}$  and a.e.  $t \in [0, T]$ , we have

$$H(t,u) \le \Phi\left(\frac{u}{\Lambda_0}\right) + \alpha(t).$$

H3)

$$\int_0^T H(t,u)dt \to +\infty, \quad when \ |u| \to +\infty.$$

Then the problem xxxxx has at least one solution u such that

$$v(t) = -J \left[ u(t) - \frac{1}{T} \int_0^T u(s) \, ds \right]$$

minimizes the dual action

$$\chi(v) = \int_0^T \frac{1}{2} \langle J\dot{v}, v \rangle + H^{\star}(t, \dot{v}) dt$$

*Proof.* Suppose that 0 < r < 1 and  $\epsilon < \frac{r}{\Lambda_0}$  We define

$$H_{\epsilon}(t, u) = H(t, u) + \Phi(\epsilon u)$$

By H1), Young's inequality and the convexity of  $\Phi$ , we have

$$H_{\epsilon}(t,u) \geqslant \langle \xi(t), u \rangle + \Phi(\epsilon u)$$

$$\geqslant -\Phi^{\star} \left(\frac{\Lambda_0}{r\epsilon} \xi(t)\right) - \Phi(r\epsilon u) + \Phi(\epsilon u)$$

$$\geqslant \Phi((1-r)\epsilon u) + \beta(t)$$
(20)

where  $\beta(t) := \frac{\Lambda_0}{r\epsilon} \xi(t) \in L^1$ .

On the other hand

$$H_{\epsilon}(t,u) \leqslant \Phi\left(\frac{u}{\Lambda_0}\right) + \alpha(t) + \Phi(\epsilon u) \leqslant (1+r)\Phi\left(\frac{u}{\Lambda_0}\right) + \alpha(t)$$
 (21)

From (20), (21) and properties of Fenchel conjugate, we get

$$(1+r)\Phi^{\star}\left(\frac{\Lambda_0 u}{1+r}\right) - \alpha(t) \leqslant H_{\epsilon}^{\star}(t,u) \leqslant \Phi^{\star}\left(\frac{u}{(1-r)\epsilon}\right) + \beta(t). \tag{22}$$

The perturbed Hamiltonian  $H_{\epsilon}$  verifies the assumptions of Theorem 4.1, then the dual action  $\chi_{\epsilon}$  is continuously differentiable in  $W^1L_T^{\Phi}([0,T],\mathbb{R}^{2n}) \cap \{u|d(\dot{u},L^{\infty})<\lambda_0\}.$ 

VER QUIEN EN  $\lambda_0$ ???

Now, we deal with the coercivity of  $\chi_{\epsilon}$  given by

$$\chi_{\epsilon}(v) = \int_{0}^{T} \frac{1}{2} \langle J\dot{v}, v \rangle + H_{\epsilon}^{\star}(t, \dot{v}) dt$$
 (23)

From (22) and (10), we have

$$\chi_{\epsilon}(v) \geqslant -\frac{C_{\Phi^{\star}}}{2} \int_{0}^{T} \Phi^{\star}(T\dot{v}) dt + (1+r) \int_{0}^{T} \Phi^{\star}\left(\frac{\Lambda_{0}\dot{v}}{1+r}\right) dt - \int_{0}^{T} \alpha(t) dt - \frac{C}{2}T$$

En el papel, no aparece el 2 dividiendo. No sería necesario, porque acotaríamos por -1, pero no recuerdo si esa era la idea o fue un olvido. En la cuenta final, no molesta genera problemas dejar el 2.

Let  $\Lambda_0 \geqslant \max\{(1+r)T, C_{\Phi^*}T\}$ , then  $\Lambda_0 > \max\{T, C_{\Phi^*}T\}$ ,  $\frac{\Lambda_0}{T} > 1$  and there exists r > 0 such that  $\frac{\Lambda_0}{T} = (1+r)$ .

Thus,

$$\begin{split} \chi_{\epsilon}(v) \geqslant -\frac{C_{\Phi^{\star}}}{2} \int_{0}^{T} \Phi^{\star}(T\dot{v}) \, dt + \frac{\Lambda_{0}}{T} \int_{0}^{T} \Phi^{\star}\left(T\dot{v}\right) \, dt - \int_{0}^{T} \alpha(t) \, dt - \frac{C}{2}T \\ &= \left(-\frac{C_{\Phi^{\star}}}{2} + \frac{\Lambda_{0}}{T}\right) \int_{0}^{T} \Phi^{\star}(T\dot{v}) \, dt - \int_{0}^{T} \alpha(t) \, dt - \frac{C}{2}T \\ &> \left(-\frac{C_{\Phi^{\star}}}{2} + C_{\Phi^{\star}}\right) \int_{0}^{T} \Phi^{\star}(T\dot{v}) \, dt - \int_{0}^{T} \alpha(t) \, dt - \frac{C}{2}T \\ &= \frac{C_{\Phi^{\star}}}{2} \int_{0}^{T} \Phi^{\star}(T\dot{v}) \, dt - \int_{0}^{T} \alpha(t) \, dt - \frac{C}{2}T \end{split}$$

No creo que sea necesario tanto detalle en la cuenta anterior, pero como no la habíamos escrito en el papel, la hice para ver cómo salía.

#### Observaciones de último momento!

- $\bullet\,$  Habría que definir si usamos n o d porque un poco de  $\mathbb{R}^d$  y otro poco de  $\mathbb{R}^n$
- Un problema similar tenemos con  $\Phi$  y  $\Psi$ .
- Ahora recuerdo que dijiste algo sobre NO escribir UN resultado como el Teorema 3.1, sino varios resultados individuales (difrenciabilidad, coercividad, minimizacin, etc)

## 6 Cota óptima y muchas otras cosas...

Quizás aquí haya cosas que deben colocarse antes, pero me generaban confusión en el medio y por eso las acumulé acá.

#### 6.1 Caso $L^p$ para cota óptima

Let  $u \in H_T^{1,p}([0,T],\mathbb{R}^d)$ . Then

$$\int_0^T |u - \overline{u}|^{p'} dt \leqslant C_p T^p \int_0^T |u'|^p dt \tag{24}$$

where the optimal constant satisfies

$$C_{p}^{-1} := \inf \left\{ T^{p} \frac{\int_{0}^{T} |u'|^{p} dt}{\int_{0}^{T} |u - \overline{u}|^{p} dt} | u \in H_{T}^{1,p} \right\} =$$

$$\inf \left\{ T^{p} \frac{\int_{0}^{T} |u'|^{p} dt}{\int_{0}^{T} |u|^{p} dt} | u \in H_{T}^{1,p}, \int_{0}^{T} u dt = 0 \right\}$$

$$(25)$$

**Lemma 6.1.**  $C_p$  given by (25) is independent of T.

*Proof.* Let  $T \neq T'$ . If u is a function such that

$$C_p^{-1}(T) + \epsilon > T^p \frac{\int_0^T |u'|^p dt}{\int_0^T |u|^p dt}$$
 (26)

Performing the change of variable  $s = \frac{T'}{T}t$  and calling  $r = \frac{T}{T}$ , we have

$$T^{p} \frac{\int_{0}^{T} |u'(t)|^{p} dt}{\int_{0}^{T} |u(t)|^{p} dt} = T^{p} \frac{\int_{0}^{T} |u'(rs)|^{p} ds}{\int_{0}^{T} |u(rs)|^{p} dt} = (T')^{p} \frac{\int_{0}^{T} |v'(s)|^{p} ds}{\int_{0}^{T} |v(s)|^{p} dt} \geqslant C_{p}^{-1}(T') \qquad (27)$$

where v(s)=u(rs). Therefore,  $C_p^{-1}(T')\leqslant C_p^{-1}(T)$  and consequently  $C_p(T')=C_p(T)$ .

#### Lemma 6.2.

$$C_p^{-1} = \inf \left\{ T^p \int_0^T |u'|^p \, dt | u \in H_T^{1,p}, \ \int_0^T u \, dt = 0, \int_0^T |u|^p \, dt = 1 \right\}$$
 (28)

*Proof.* The existence of a minimum follows as usual by means of a minimizing sequence.

More details....?

We employ the method of Lagrange multipliers to solve an optimization problem with constraints. We will look for critical points of

$$I = \int_0^T |u'|^p dt - \lambda \int_0^T |u|^p dt + \mu \cdot \int_0^T u dt, \ u \in H_T^{1,p}$$
 (29)

The Gâteaux derivative of the functional is given by

$$\langle I'(u), v \rangle = \int_0^T p|u'|^{p-2}u' \cdot v' \, dt - p\lambda \int_0^T |u|^{p-2}u \cdot v \, dt + \mu \int_0^T v \, dt =$$

$$\int_0^T \left\{ \frac{d}{dt} (p|u'|^{p-2}u') - p\lambda |u|^{p-2}u + \mu \right\} \cdot v \, dt + p|u'|^{p-2}u' \cdot v|_0^T = 0$$
(30)

Since v is an arbitrary function, we choose v such that v(0) = v(T) = 0 and we obtain

$$\frac{d}{dt}(p|u'|^{p-2}u') - p\lambda|u|^{p-2}u + \mu = 0 \quad a.e.$$
 (31)

This fact implies that  $p|u'|^{p-2}u'\cdot v|_0^T=0 \ \forall v\in H_T^{1,p}$ , that is

$$[p|u'(T)|^{p-2}u'(T) - p|u'(0)|^{p-2}u'(0)] \cdot v(0) = 0.$$
(32)

Then u'(T) = u'(0). Now, integrating (31), we get

$$p\lambda \int_0^T |u|^{p-2}u \, dt + \mu T = 0.$$

If p = 2 then  $\mu = 0$  and

$$\begin{cases} u'' + \lambda u &= 0 \\ u(0) &= u(T) \\ \int_0^T u \, dt &= 0 \end{cases}$$

The normalized solution is  $u(t) = \cos(\sqrt{\lambda}t)u_0 + \sin(\sqrt{\lambda}t)u_1$  with  $u_0, u_1 \in \mathbb{R}^d$ .

As u(0) = u(T) and u'(0) = u'(T), the function u(t) has minimal period  $\frac{2\pi}{\sqrt{\lambda}}$  and it solves the second order ODE  $u'' + \lambda u = 0$ 

Then u(0) = u(T), u'(0) = u'(T) imply that the function u has period T.

As  $u \neq 0$ , we have  $k \frac{2\pi}{\sqrt{\lambda}} = T$  with  $k = 1, 3, \ldots$ . Then  $\lambda = k^2 \frac{4\pi^2}{T^2}$ .

Now, if 
$$u_k(t) = \cos(\frac{2k\pi}{T}t)u_0 + \sin(\frac{2k\pi}{T}t)u_1$$
, then

$$\begin{split} 1 &= \int_0^T |u_k|^2 \, dt \\ &= \int_0^T \left[ \cos \left( \frac{2k\pi}{T} t \right) \right]^2 \, dt |u_0|^2 + \int_0^T \left[ \sin \left( \frac{2k\pi}{T} t \right) \right]^2 \, dt |u_1|^2 \\ &+ \int_0^T \cos \left( \frac{2k\pi}{T} t \right) \sin \left( \frac{2k\pi}{T} t \right) \, dt \, u_0 \cdot u_1 \\ &= \frac{T}{2} (|u_0|^2 + |u_1|^2) \end{split}$$

and

$$T^{2} \int_{0}^{T} |u'_{k}|^{2} dt$$

$$= T^{2} \left(\frac{2k\pi}{t}\right)^{2} \left\{ \int_{0}^{T} \left[ \sin\left(\frac{2k\pi t}{T}\right) \right]^{2} |u_{0}|^{2} + \int_{0}^{T} \left[ \cos\left(\frac{2k\pi t}{T}\right) \right]^{2} |u_{1}|^{2} + 0 \right\}$$

$$= \left(\frac{2k\pi}{t}\right)^{2} \frac{T}{2} (|u_{0}|^{2} + |u_{1}|^{2})$$

$$= 4k^{2}\pi^{2}$$

The minimum occurs when k=1 and we get  $C_2^{-1}=4\pi^2$ . Then,  $\int_0^T |u|^2 dt \leq \frac{T^2}{4\pi^2} \int_0^T |u'|^2 dt$ 

From  $u'' + \lambda u = 0$ , we have  $u''u + \lambda u^2 = 0$  and integrating over [0, T] we obtain  $0 = \int_0^T u''u + \lambda \int_0^t u^2 = -\int_0^T (u')^2 + \lambda \int_0^T u^2 + u'u|_0^T = -\int_0^T (u')^2 + \lambda \int_0^T u^2 + u'(T)u(T) - u'(0)u(0) = -\int_0^T (u')^2 + \lambda \int_0^T u^2$ , then  $\frac{4\pi^2k}{T^2} = \lambda = \frac{\int_0^T (u')^2}{\int_0^T u^2} = \frac{1}{C_2}$  The minimum value is attained at k = 1 and therefore  $C_2 = \frac{T^2}{4\pi^2}$ .

## 6.2 $L^{\Phi}$ case where $\Phi: \mathbb{R}^d \to \mathbb{R}$ is an anisotropic function

Now, we are looking for the optimal constant  $C(\Phi, T)$  such that

$$\int_0^T \Phi(u - \overline{u_\Phi}) dt \leqslant C(\Phi, T) \int_0^T \Phi(u') dt \ u \in W^1 L_T^{\Phi}$$
 (33)

Then,

$$\int_{0}^{T} \Phi(u - \overline{u}_{\Phi}) dt \leqslant C(\Phi, T) \int_{0}^{T} \Phi(u - a) dt \quad \forall a \in \mathbb{R}^{d}$$
 (34)

where  $a = \overline{u}_{\Phi}$  is the unique vector of  $\mathbb{R}^d$  such that

$$\int_0^T \nabla \Phi(u-a) \, dt = 0. \tag{35}$$

Thus,  $C^{-1}=\inf\left\{\frac{\int_0^T\Phi(u')\,dt}{\int_0^T\Phi(u-\overline{u}_\Phi)}|u\in W^1L_T^\Phi\right\}$  Let  $v=u-\overline{u}_\Phi,\ v'=u'$  and  $\overline{v}_\Phi=0$  then

$$\lambda := C^{-1} = \inf \left\{ \frac{\int_0^T \Phi(u') \, dt}{\int_0^T \Phi(u) \, dt} | u \in W^1 L_T^{\Phi}, \int_0^T \nabla \Phi(u) \, dt = 0 \right\}$$
 (36)

Let

$$L(u, u') = \frac{\int_0^T \Phi(u') dt}{\int_0^T \Phi(u) dt} - \mu \cdot \int_0^T \nabla \Phi(u) dt$$
 (37)

with  $\mu \in \mathbb{R}^d$ . By Gâteaux derivative we have

$$0 = \frac{\int_0^T \Phi(u) \, dt \int_0^T \nabla \Phi(u') \cdot v' \, dt - \int_0^T \Phi(u') \, dt \int_0^T \nabla \Phi(u) \cdot v \, dt}{(\int_0^T \Phi(u) \, dt)^2} - \mu \int_0^T D^2 \Phi(u) \cdot v \, dt$$
(38)

then

$$0 = \int_0^T \nabla \Phi(u') \cdot v' \, dt - \lambda \int_0^T \nabla \Phi(u) \cdot v \, dt - \int_0^T \Phi(u) \, dt \mu \cdot \int_0^T D^2 \Phi(u) \cdot v \, dt = \int_0^T \left\{ -\frac{d}{dt} \nabla \Phi(u') - \lambda \nabla \Phi(u) \right\} \cdot v \, dt + \nabla \Phi(u') \cdot v |_0^T - \int_0^T \Phi(u) \, dt \, \mu \cdot \int_0^T D^2 \Phi(u) \cdot v \, dt = \int_0^T \left\{ -\frac{d}{dt} \nabla \Phi(u') - \lambda \nabla \Phi(u) - \int_0^T \Phi(u) \, dt \, \mu \cdot D^2 \Phi(u) \right\} \cdot v \, dt + \nabla \Phi(u') \cdot v |_0^T$$

$$\tag{39}$$

 $\forall v \in W^1L_T^{\Phi}$ .

Now, we consider any  $v \in W_0^1 L^{\Phi}$  and we get

$$-\frac{d}{dt}\nabla\Phi(u') - \lambda\nabla\Phi(u) - \int_0^T \Phi(u) dt \,\mu \cdot D^2\Phi(u) = 0 \tag{40}$$

Then,

$$\nabla \Phi(u')v|_0^T = 0 \ \forall v \in W^1 L_T^{\Phi},$$

that is

$$\{\nabla\Phi(u'(T)) - \nabla\Phi(u'(0))\} \cdot v(0) = 0$$

for any  $v \in W^1L_T^{\Phi}$ . Thus,  $\nabla \Phi(u'(T)) = \nabla \Phi(u'(0))$ 

As  $\Phi$  is strictly convex, then  $\nabla \Phi$  is injective and consequently u'(T) = u'(0). Post-multiplying (40) by  $\mu^t$  and integrating over [0, T], we get

$$0 = \int_0^T -\frac{d}{dt} \nabla \Phi(u') dt \cdot \mu^t - \lambda \int_0^T \nabla \Phi(u) dt \cdot \mu^t - \int_0^T \Phi(u) dt \int_0^T \mu \cdot D^2 \Phi(u) dt \cdot \mu^t$$
(41)

with  $\nabla \Phi(u'(T)) = \nabla \Phi(u'(0))$ .

We know that  $\mu \cdot D^2 \Phi(u) \cdot \mu^t = 0$  iff  $\mu = 0$ . And, as  $\int_0^T \Phi(u) dt \neq 0$ , then  $\int_0^T \Phi(u) dt \int_0^T \mu \cdot D^2 \Phi(u) \cdot \mu^t dt = 0$  implies that  $\mu = 0$ .

Therefore,

$$\begin{cases} \frac{d}{dt} \nabla \Phi(u') + \lambda \nabla \Phi(u) = 0\\ u(0) = u(T), \ u'(0) = u'(T), \ \int_0^T \nabla \Phi(u) \, dt = 0 \end{cases}$$
(42)

If  $\Phi(u) = \frac{|u|^p}{p}$  and  $u \in \mathbb{R}$ . We know that  $T = \frac{4\pi(p-1)^{\frac{1}{p}}}{p\sin(\frac{\pi}{n})\lambda^{\frac{1}{p}}}k$  for  $k = +1, +2, \ldots$ 

Cuestiones a resolver:

- 1. Qué dejar? Caso p o caso  $\Phi$ ?
- 2. En el caso  $\Phi$ ? Analizamos la existencia en detalle?
- 3. Consideramos el caso  $\Phi(x_1,\ldots,x_d) = \Phi(x_1) + \cdots + \Phi(x_d)$ ?

Example 6.1. Let  $\Phi: \mathbb{R}^d \to [0, +\infty)$  be a G-function. Then the G-function

$$\Phi(u) = \Phi(q, p) := \Phi(q) + \Phi^{\star}(p).$$

is a symplectic G-function.

PROBLEM 0: It is the previous the general form of any symplectic G-function? It is possible to find other example of these functions?

We note that if  $\Phi$  is symplectic then

$$\nabla \Phi(Ju) = J\Phi^{\star}(u). \tag{43}$$

Here we are agreeing that  $\nabla \Phi$  is a column vector.

As a consequence of (??), the matrix J induce a isometry between the spaces  $L^{\Phi}([0,T],\mathbb{R}^{2d})$  and  $L^{\Phi^*}([0,T],\mathbb{R}^{2d})$ . Therefore we candefine a bilinear form  $\overline{\Omega}$  on  $L^{\Phi}([0,T],\mathbb{R}^{2d})$  of the following way

$$\overline{\Omega}(u,v) := \int_0^T \Omega(u,v)dt, \quad u,v \in L^{\Phi}([0,T],\mathbb{R}^{2d})$$

We consider the following functional

$$\Theta(u) := \overline{\Omega}(u, u).$$

We are interested in to find bounds of the quadratic functional  $\Theta$  of the following type

$$\theta(u) \geqslant -C \int_0^T \Phi(\dot{u}) dt,$$
 (44)

for  $u \in W^1L^{\Phi}([0,T],\mathbb{R}^{2d})$ . It is important to get the best constant C in previous inequality because this constant imposes restrictions to the Hamiltonian H.

If  $\Phi(q) = |q|^2/2$  was proved in [6, Prop. 3.2] (44) holds width  $C = T/\pi$ . Below we prove that this is the optimal constant satisfying (44). Meanwhile in [9, Lem. 3.3] was proved that  $C_{\Phi} = 2T$  satisfies (44) when  $\Phi(q) = |q|^{\alpha}/\alpha$ ,  $1 < \alpha < \infty$ . Since this constant is not equal to  $T/\pi$  when  $\alpha = 2$ , it is not optimal.

**Proposition 6.3.** Let  $\Phi$  be any symplectic G-function. Then (44) holds for and  $C = 2T^{-1}$  for every  $u \in W^1L^{\Phi}([0,T],\mathbb{R}^{2d})$ .

*Proof.* Let  $u \in W^1L^{\Phi}([0,T],\mathbb{R}^{2d})$ . As is usual we write  $u = \tilde{u} + \overline{u}$  where

$$\overline{u} = \frac{1}{T} \int_0^T u(t)dt.$$

From [8, Lem. 2.4] we have that

$$\int_0^T \Phi(\tilde{u})dt \leqslant \int_0^T \Phi(T\dot{u})dt.$$

Then by Young's inequality and using (??)

$$\begin{split} \int_0^T \Omega\left(\dot{u},u\right) dt &= T \int_0^T \left\langle J\dot{u}, T^{-1}\tilde{u} \right\rangle dt \\ &\geqslant -T \left\{ \int_0^T \Phi^\star(J\dot{u}) dt + \int_0^T \Phi(T^{-1}\tilde{u}) dt \right\} \\ &\geqslant -2T \left\{ \int_0^T \Phi(\dot{u}) dt \right\} \end{split}$$

Clearly the cosntant 2/T is far to be optimal. A possible way of improve C is consider other average  $\overline{u}$ . The mean value that it was used is the standard condered in the literature. But this value is appropriate for el Hilbert setting  $\Phi(q) = |q|^2/2$ . In this case, the value of  $\overline{u}$  is the nearest (in the  $L^2$ -norm) constant vector to u. For a arbitrary G function, it seem more reasonable consider the nearest constant vector to u respect to the  $\Phi$ -integral, i.e.

$$\int_0^T \Phi(u - \overline{u}) dt \leqslant \int_0^T \Phi(u - u_0) dt, \quad \text{for every } u_0 \in \mathbb{R}^{2n}$$

Equivalently  $\overline{u}$  is characterizate by

$$\int_0^T \nabla \Phi(u - \overline{u}) dt = 0.$$

There is not a explicit formula as in the Hilbert setting. PROBLEM 1. We can get a better constant taking this  $\overline{u}$ ???

We call to the best constant in (44)  $C_{\Phi}$ , i.e.

$$C_{\Phi} = -\inf \left\{ \frac{\int_{0}^{T} \langle J\dot{u}, u \rangle dt}{\int_{0}^{T} \Phi(\dot{u}) dt} \middle| u \in W^{1} L^{\Phi} \left( [0, T], \mathbb{R}^{2d} \right) \right\}$$
(45)

**Proposition 6.4.** The relation  $C_{\Phi} = C_{\Phi^*}$  holds for every symplectic  $\Phi$ .

*Proof.* Since  $\Phi$  is symplectic if u = Jv

$$\frac{\int_0^T \langle J\dot{u}, u \rangle dt}{\int_0^T \Phi(\dot{u}) dt} = \frac{\int_0^T \langle -\dot{v}, Jv \rangle dt}{\int_0^T \Phi(J\dot{v}) dt} = \frac{\int_0^T \langle J\dot{v}, v \rangle dt}{\int_0^T \Phi^\star(\dot{v}) dt}.$$

Using that  $u \mapsto Ju$  is invertible from  $W^1L^{\Phi^*}([0,T],\mathbb{R}^{2d})$  into  $W^1L^{\Phi}([0,T],\mathbb{R}^{2d})$  the statement follows taking infimum in previous equality.

For the following result we need the theory of indices of G-functions, see [4, 5] for a complete treatment in the case of N-functions defined on  $\mathbb{R}$ . The results are easily extended to the anisotropic setting. We denote by  $\alpha_{\Phi}$  and  $\beta_{\Phi}$  the so called Matuszewska-Orlicz indices of the function  $\Phi$ , which are defined next

$$\alpha_{\Phi} := \lim_{t \to 0^{+}} \frac{\log \left( \sup_{u > 0} \frac{\Phi(tu)}{\Phi(u)} \right)}{\log(t)}, \quad \beta_{\Phi} := \lim_{t \to +\infty} \frac{\log \left( \sup_{u > 0} \frac{\Phi(tu)}{\Phi(u)} \right)}{\log(t)}. \tag{46}$$

We have that  $1 \leq \alpha_{\Phi} \leq \beta_{\Phi} \leq +\infty$ . The relation  $\beta_{\Phi} < \infty$  holds true if and only if  $\Phi$  is a  $\Delta_2$ -function. The indices satisfy the following relation

$$\frac{1}{\alpha_{\Phi}} + \frac{1}{\beta_{\Phi^{\star}}} = 1. \tag{47}$$

Therefore if  $\Phi^*$  is a  $\Delta_2$ -function (I mean  $\Delta_2$  as globally  $\Delta_2$ ) then  $\alpha_{\Phi} > 1$ .

We observe that if  $\Phi$  is symplectic then  $\Phi \in \Delta_2$  implies  $\Phi^* \in \Delta_2$ . It is well known that if  $\Phi$  and  $\Phi^*$  are  $\Delta_2$ -function, then  $\Phi$  is controlled by above and below by power functions. More concretely, for every  $\epsilon > 0$  there exists a constant  $K = K(\Phi, \epsilon)$  and  $p_0, p_1$  with  $1 < \alpha_{\Phi} - \epsilon < p_1 \leqslant p_2 < \beta_{\Phi} + \epsilon < \infty$  such that, for every  $t, u \geqslant 0$ ,

$$K^{-1}\min\{t^{p_2}, t^{p_1}\}\Phi(u) \leqslant \Phi(tu) \leqslant K\max\{t^{p_2}, t^{p_1}\}\Phi(u). \tag{48}$$

We recall the following result of [1].

**Lemma 6.5.** Let  $\Phi$  be a G-function. If  $\Phi^* \in \Delta_2$  globally, then for any  $0 < \mu < \alpha_{\Phi}$ ,

$$\lim_{\|\boldsymbol{u}\|_{L^{\Phi}} \to \infty} \frac{\int_{0}^{T} \Phi\left(\frac{\boldsymbol{u}}{\Lambda}\right) dt}{\|\boldsymbol{u}\|_{L^{\Phi}}^{\mu}} = +\infty. \tag{49}$$

**Theorem 6.6.** Suppose that  $u \in W^1L_T^{\Phi}([0,T],\mathbb{R}^{2d})$  attains the minimum in (45), then  $\lambda = 2/C_{\Phi}$  is the first eigenvalue and u the corresponding eigenfunction of the following problem.

$$\begin{cases} \frac{d}{dt} \nabla \Phi^{\star}(\dot{u}) + \lambda \nabla \Phi^{\star}(\lambda u) = 0 \\ u(0) = u(T), \int_{0}^{T} \nabla \Phi^{\star}(\lambda u) dt = 0 \end{cases}$$
 (Eig)

## Acknowledgments

The authors are partially supported by UNRC and UNLPam grants.

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