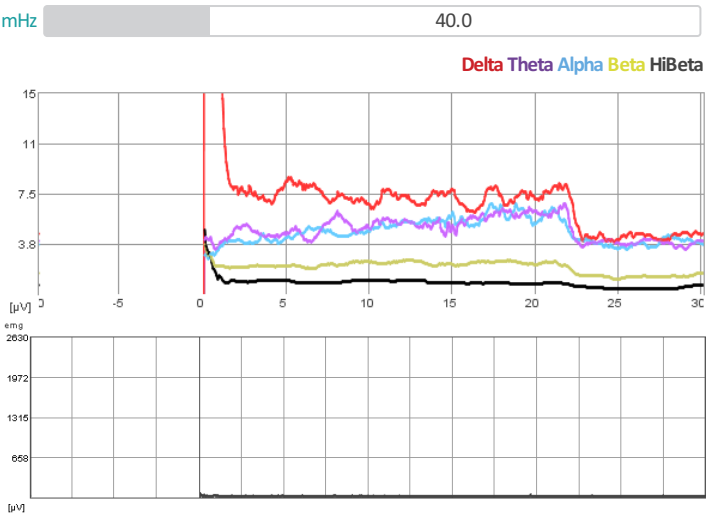
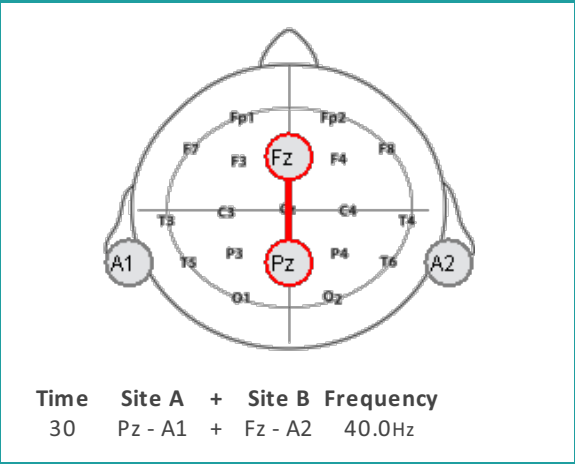


12
Tuesday - February 26, 2019
07:26 PM
Session 32
2 Channel Synchrony
Moira



Eyes closed



Report
Slept very well. Woke up at 5:00. Feels calmer, brighter.

Observation
Stayed awake throughout the session. Alert. focused and relaxed. Mind is less busy.

Plan
Continue based on integration report.