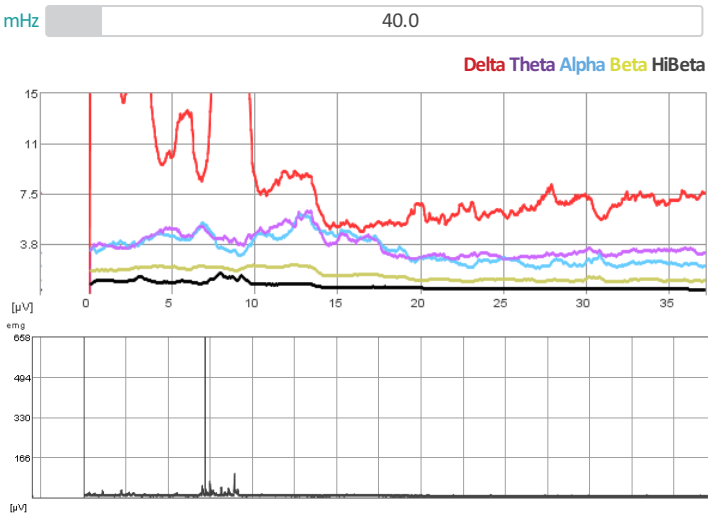
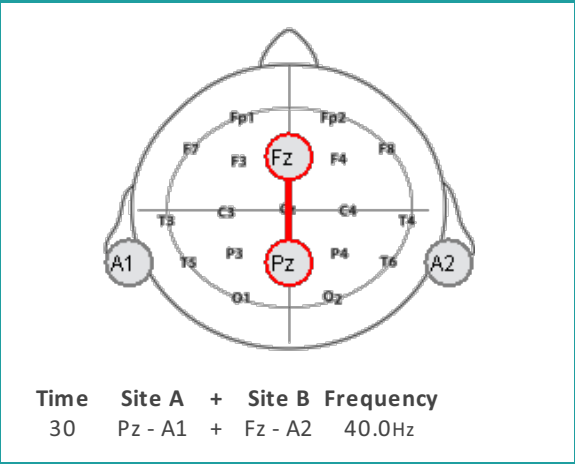


12
Monday - February 25, 2019
07:47 PM
Session 31
2 Channel Synchrony
Moira



Eyes closed



Report
Slept well. Woke at 4:30.

Observation
Have completed 10 sessions of synchrony at 10Hz moving 40 Hz for 10 sessions.

Plan
Continue for 10 sessions at 40 Hz depending on integration report.