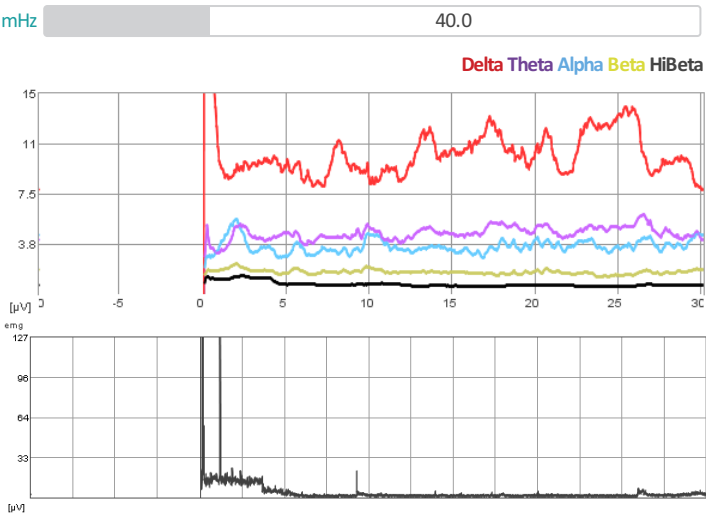
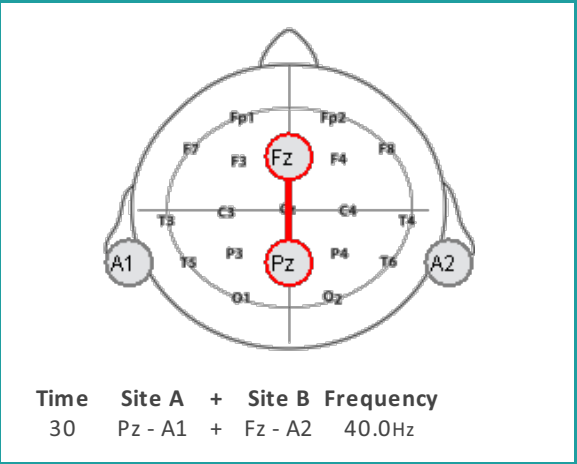


12
Tuesday - March 05, 2019
10:45 AM
Session 36
2 Channel Synchrony
Moira



Eyes closed Volume 25



Report
Slept well. Woke at 4:30.

Observation
Pz-Fz 40Hz 30 mins felt very relaxed.

Plan
Continue with IFL training this afternoon.