

## 12 Wednesday - March 20, 2019 06:07 PM Session 49 2 Channel Alpha Theta Moira

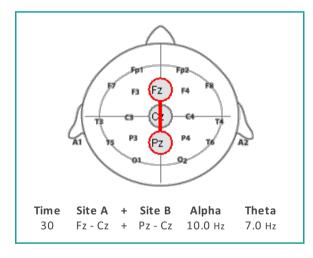


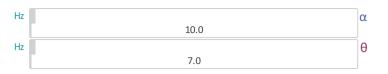


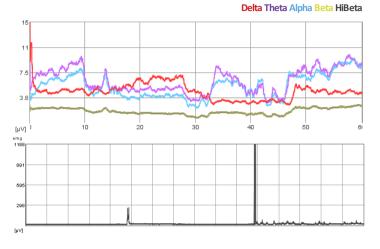




Will try all the feedback options. Volume 15, Bear 60







## Report

Slept well. Woke up at 5:30. Alert bit foggy, focused good and relaxed.

## Observation

Fz - Pz Alpha 10 Theta 7 60 mins. Feels great. Straightened out his spine. Sensors fell off but reestablished the connection quickly.

## Plan

Continue based on integration report.