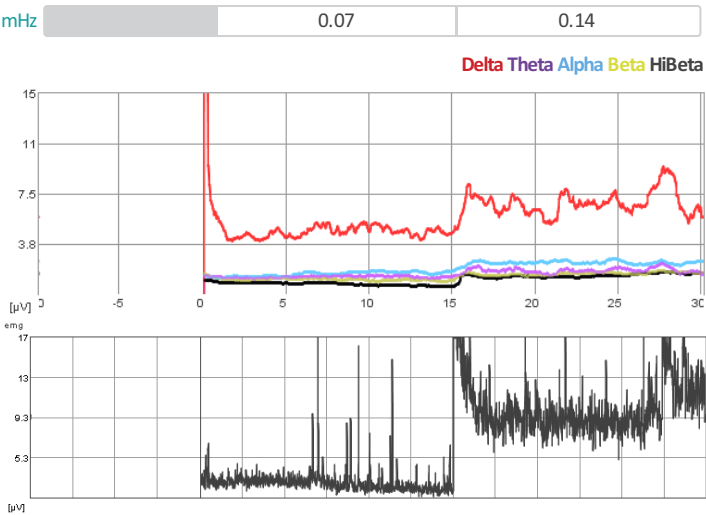
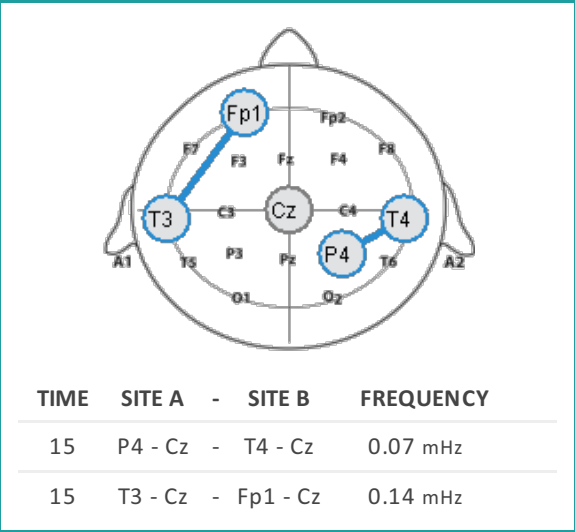


12
Wednesday - January 30, 2019
07:07 PM
Session 8
2 Channel ILF HD
Moir



InnerTube
Original



Report
Alertness ok, focus ok, mood not the best.

Observation
T4-P4 .07 at 15 mins. alert, focused, not that relaxed so change feedback to dreamscape, wilderness, mood good.
T3-Fp1 .14 at 30 mins. alert, focused, relaxed, mood good.

Plan
To continue if integrates well.