

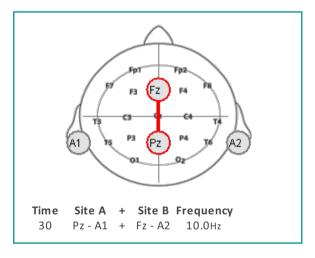
12 Sunday - February 24, 2019 04:16 PM Session 30 2 Channel Synchrony Moira

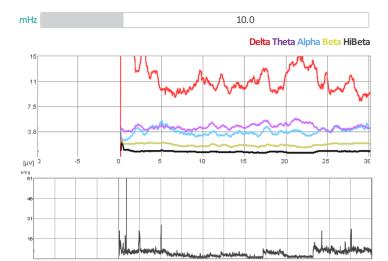






Temple in Lao, Valley, Green Ribbin, Rainbow, Lake N





## Report

Slept well. Woke up at 4:00 am. Feeling good.

## Observation

Slept a bit. Felt great at the end.

## Plan

Continue based on integration report.