

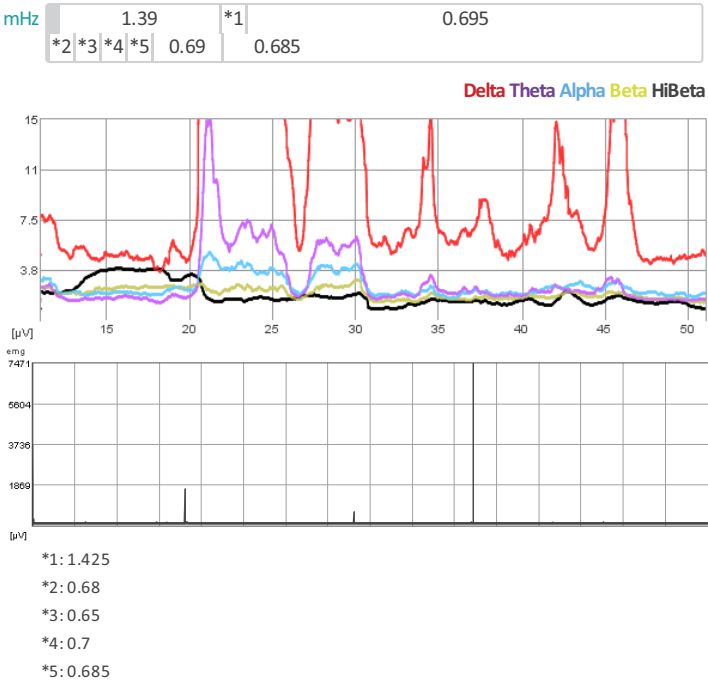
3658
Tuesday - February 19, 2019
07:35 PM
Session 25
2 Channel ILF HD
Myself



Particle World
Castle in the Sky, Valley x5



TIME	SITE A	-	SITE B	FREQUENCY
10	T3 - Cz	-	Fp1 - Cz	1.39 mHz
10	T3 - Cz	-	T4 - Cz	0.695 mHz
10	T4 - Cz	-	Fp2 - Cz	0.695 mHz
20	T4 - Cz	-	P4 - Cz	0.695 mHz



Report
Slept well. No hot flashes.

Observation
T3-Fp1 1.39 10 mins not great thoughts
T3-T4 .695 20 mins thoughts still not great
T4-Fp2 .695 30 mins thoughts ok
T4-P4 .685 50 mins thoughts better

Plan
Continue based on integration.