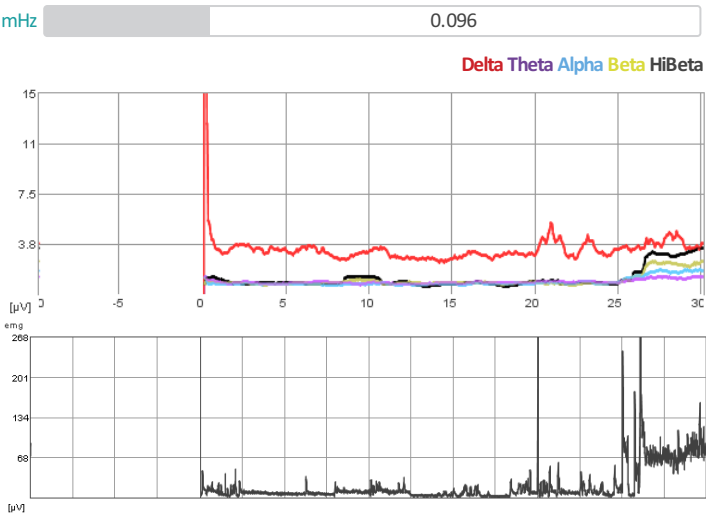
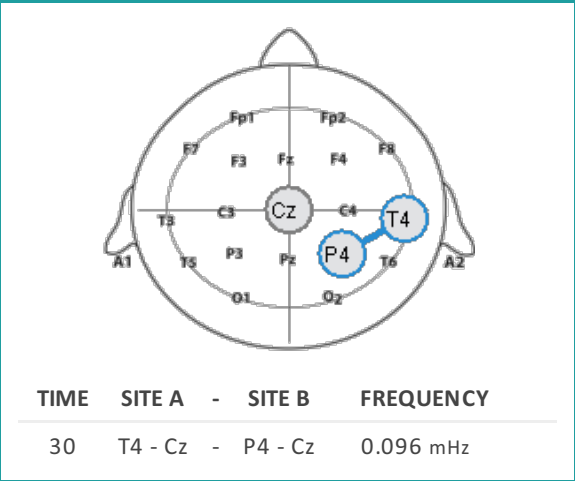


2003
Tuesday - March 05, 2019
12:26 PM
Session 2
2 Channel ILF HD
Moir



InnerTube
No Wilderness, another first one Skyconstruction,



Report
Slept well. Slight pressure over R eye for 20 mins after training.

Observation
T4-P4 .096Hz 10mins easier to concentrate.
T4-P4 .096Hz 20mins napped 8 seconds ago.
T4-P4 .096Hz 25mins getting too relaxed falling asleep
T3-P4 .096Hz 5mins sleepy.

Plan
Continue with plan depending on integration report.