

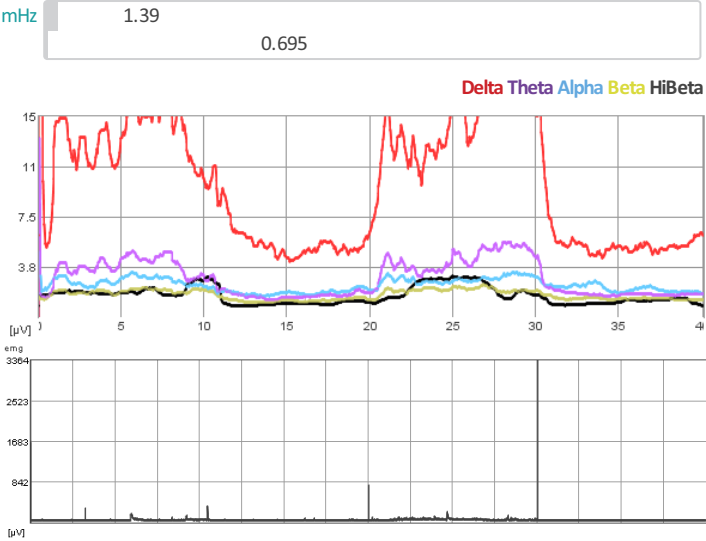
3658
Thursday - February 14, 2019
07:09 PM
Session 24
2 Channel ILF HD
Frank



Particle World
Castle in the Sky, Valley x4



TIME	SITE A	-	SITE B	FREQUENCY
10	T3 - Cz	-	Fp1 - Cz	1.39 mHz
10	T3 - Cz	-	T4 - Cz	0.695 mHz
10	T4 - Cz	-	Fp2 - Cz	0.695 mHz
20	T4 - Cz	-	P4 - Cz	0.695 mHz



Report
Woke twice, slow to fall asleep. Hot flash at 3:00 am. Decided to try lowering the frequency to see if hot flashes are reduced.

Observation
T4-P4 .695 at 10 mins a bit of nervous tension, scary thoughts. Not certain going down was right.
T3-T4 - no hot flashes

Plan
Continue with new protocol depending on integration report.