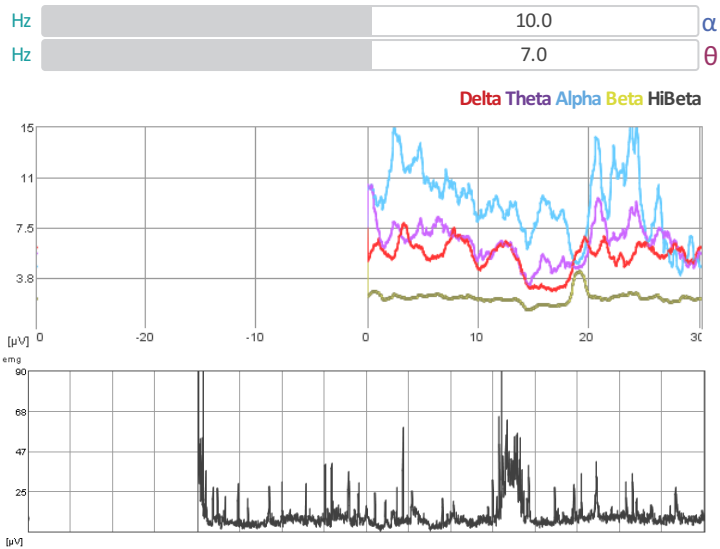
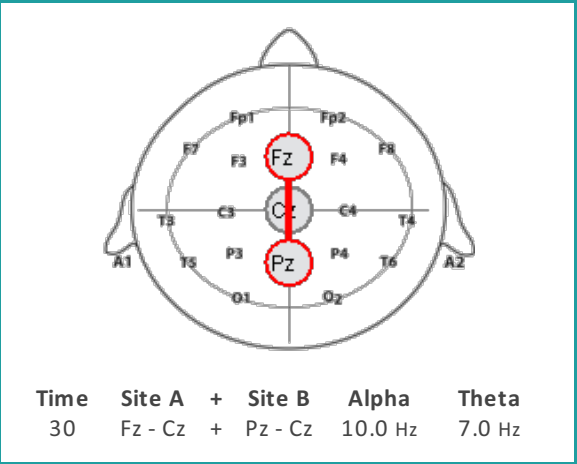


3658
Tuesday - March 26, 2019
03:05 PM
Session 52
2 Channel Alpha Theta
Myself



Volume 9, Bear 30%, Get comfy chair, eye mask



Report
Slept well. Woke up at 8:00. Alert, focused and relaxed are all okay.

Observation
Fz - Pz Alpha 10 Theta 7 30 mins. Oneness.

Plan
Continue based on integration report.