

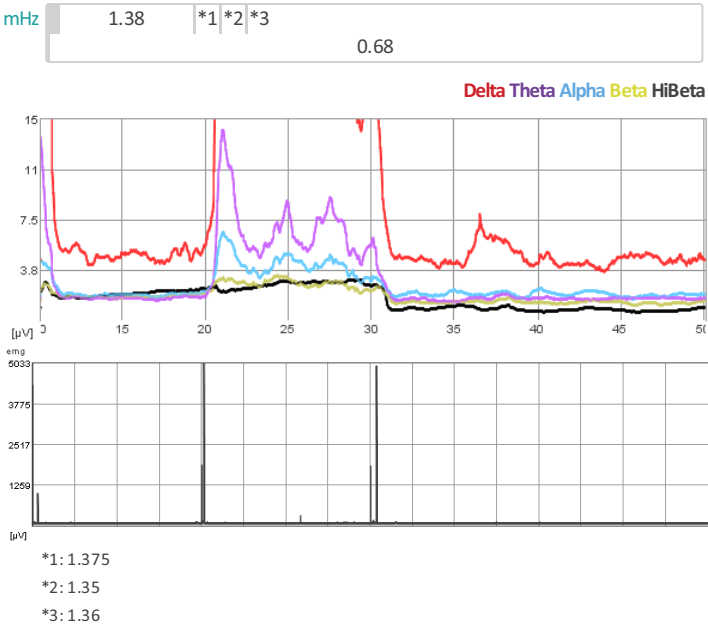
3658
Thursday - February 21, 2019
07:14 PM
Session 27
2 Channel ILF HD
Myself



Particle World
Castle in the Sky, Valley x7



TIME	SITE A	-	SITE B	FREQUENCY
10	T3 - Cz	-	Fp1 - Cz	1.36 mHz
10	T3 - Cz	-	T4 - Cz	0.68 mHz
10	T4 - Cz	-	Fp2 - Cz	0.68 mHz
20	T4 - Cz	-	P4 - Cz	0.68 mHz



Report
Slow to fall asleep. Slept lightly "all night"

Observation
T3-Fp1 1.38 8 mins anxious dropped to 1.36
felt better.
T3-T4 .68 20 mins sad at first
T4-Fp2 .68 30 mins oneness
T4-P4 .68 50 mins body relaxed.

Plan
Continue depending on integration report.