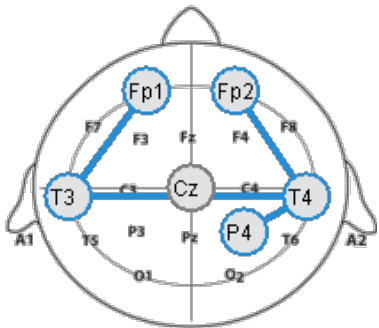


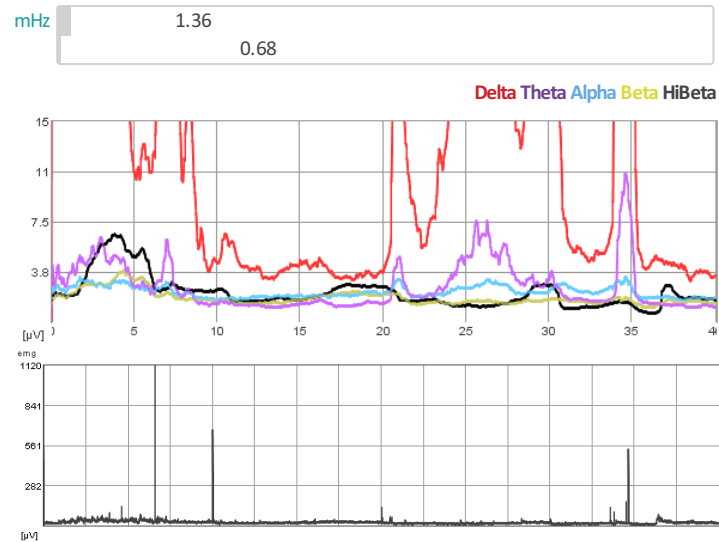
3658
Wednesday - March 06, 2019
07:57 AM
Session 36
2 Channel ILF HD
Myself



Particle World
Castle in the Sky, Valley x12, Wilderness Volume 4



TIME	SITE A	-	SITE B	FREQUENCY
10	T3 - Cz	-	Fp1 - Cz	1.36 mHz
10	T3 - Cz	-	T4 - Cz	0.68 mHz
10	T4 - Cz	-	Fp2 - Cz	0.68 mHz
10	T4 - Cz	-	P4 - Cz	0.68 mHz



Report
Slept well. Woke at 5:30 back up sleep. Up at 7:30.

Observation
T3-Fp1 1.36Hz Happy to train.
T3-T4 .68Hz More focused.
T4-Fp2 .68Hz Happier
T4-P4 .68Hz Steadier

Plan
Continue depending on integration report.