

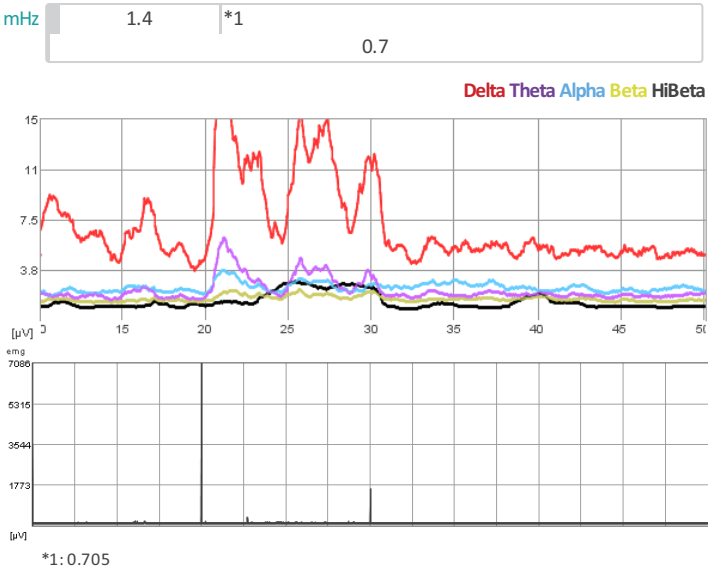
3658  
Wednesday - February 13, 2019  
07:31 PM  
Session 24  
2 Channel ILF HD  
Frank



Particle World  
Castle in the Sky, Valley x3



TIME	SITE A	-	SITE B	FREQUENCY
10	T3 - Cz	-	Fp1 - Cz	1.4 mHz
10	T3 - Cz	-	T4 - Cz	0.7 mHz
10	T4 - Cz	-	Fp2 - Cz	0.7 mHz
20	T4 - Cz	-	P4 - Cz	0.7 mHz



**Report**  
Woke up last night at 3:30. Difficulty going back to sleep but woke up at 6:30.

**Observation**  
Hot flash when training T3-T4 .07.

**Plan**  
Continue training depending on integration.