

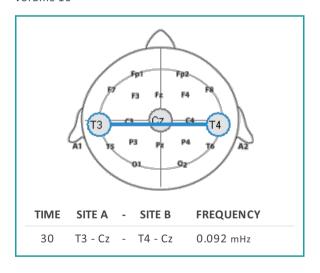
# 2003

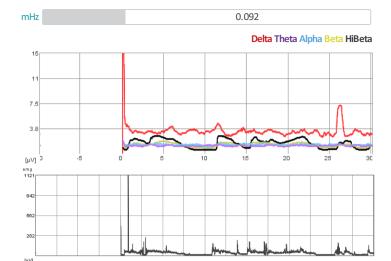
Friday - March 08, 2019 09:32 AM Session 6 2 Channel ILF HD Moira



## HyperPong

No Wilderness, Skyconstruction, diff each time volume 10





### Report

Slept well. Some dreams. More alert, focused and relaxed than yesterday.

### Observation

T3 - T4 .092Hz 30 mins brain integrated more easily to the frequency. The brain understand the rules now.

At 15 mins his brain was ready for more.

#### Plan

Continue based on integration report.