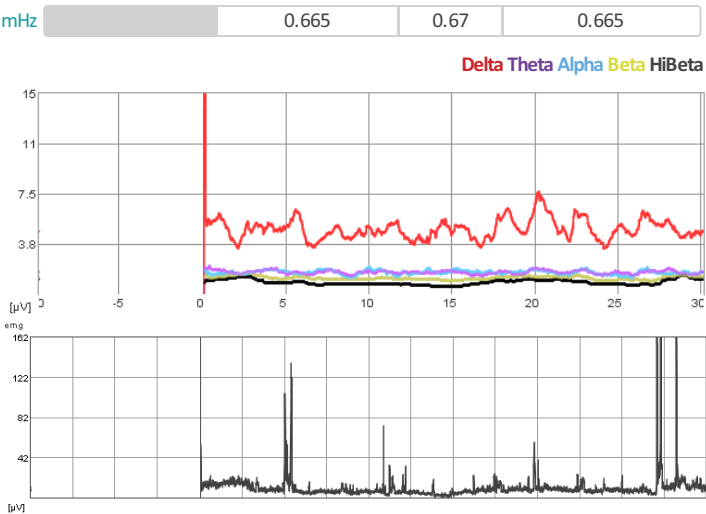
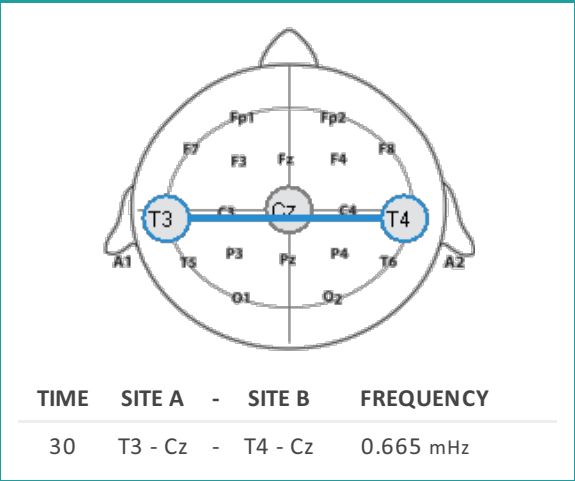


3658
Wednesday - January 30, 2019
03:47 PM
Session 9
2 Channel ILF HD
Judy



Dreamscapes
Wilderness



Report
Feeling good in general, continue to train and assess frequency tolerance

Observation
Stated at T3-T4 .665 feeling good and peaceful, a bit distracted but can easily bring self back, raised to .67 to trial if better, feels good but requested to go back to .665 feels really good.

Plan
Consider T4-P4 at .665.