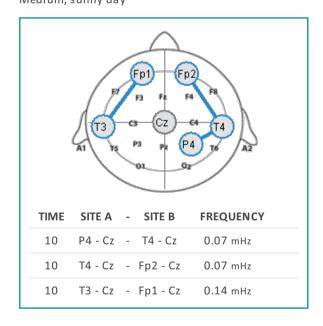


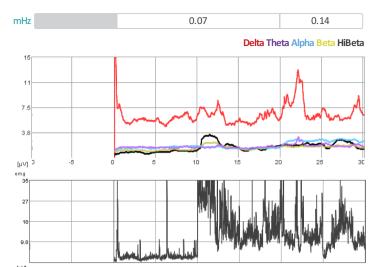
12

Tuesday - February 05, 2019 05:18 PM Session 16 2 Channel ILF HD Moira



Tropical HeatMedium, sunny day





Report

Slept well. Relaxed, focus medium, alertness medium.
Mood happy.

Observation

P4-T4 .07 at 10 mins. Alert, relaxed, focus better. Mood excited.
T4-Fp2.07 at 10 mins. Alert, not as relaxed, focus very good. Mood excited.
T3-Fp1 .14 at 30 mins. alert, focused, normal, relaxed. More present and alert than when he started.

Plan

Continue plan depending on integration report.