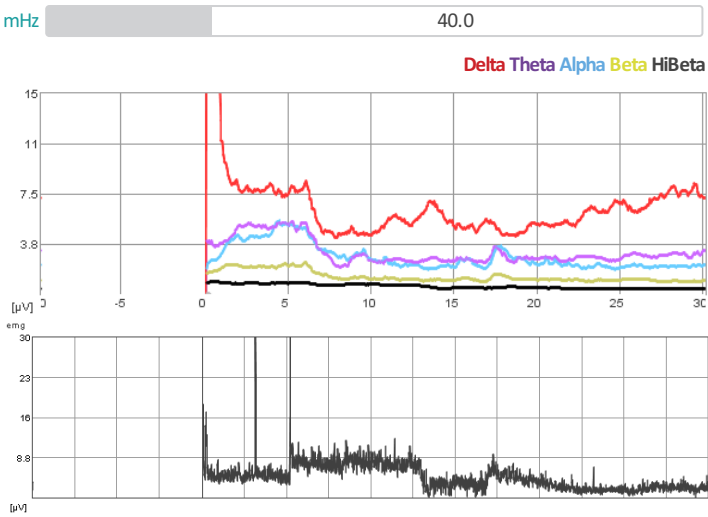
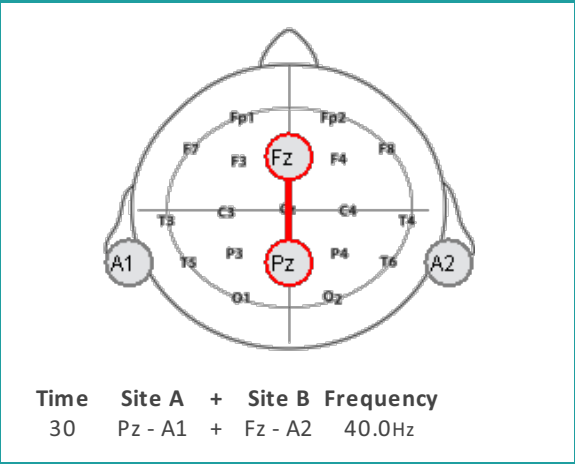


12  
Wednesday - February 27, 2019  
07:06 PM  
Session 33  
2 Channel Synchrony  
Moira



Eyes closed



**Report**  
Slept well. Woke at 4:30.  
Focused and programming all day. More alert today.

**Observation**  
Pretty alert first half. Meditating second half.

**Plan**  
Continue based on integration report.