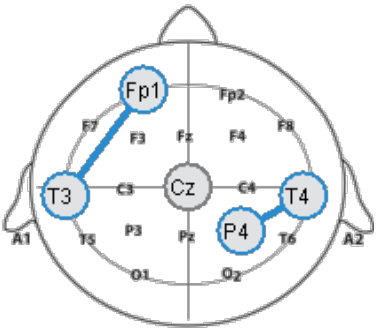


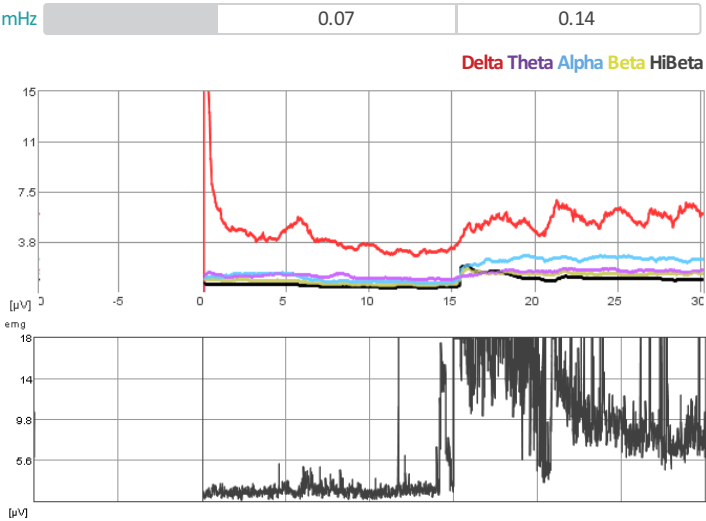
12
Friday - February 01, 2019
08:56 AM
Session 11
2 Channel ILF HD
Moira



InnerTube
Space Station



TIME	SITE A	-	SITE B	FREQUENCY
15	P4 - Cz	-	T4 - Cz	0.07 mHz
15	T3 - Cz	-	Fp1 - Cz	0.14 mHz



Report
Did the top 5 report. All zeros except ATD which is a one.
Slept well. Got back to sleep easily.
Alertness, focus and relaxed. Mood mellow.

Observation
P4-T4 .07 at 15 mins. Alert, focused, relaxed. Mood happy.
T3-Fp1 .14 at 15 mins. Alert, focused, relaxed. Mood satisfied.

Plan
Continue contingent upon integration.