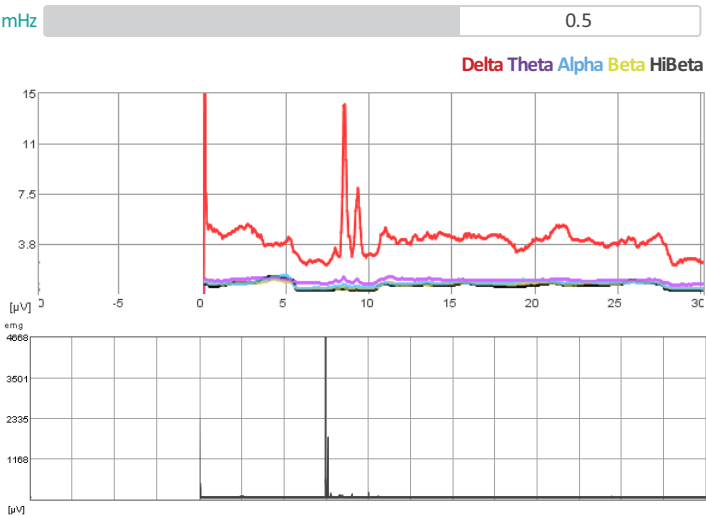
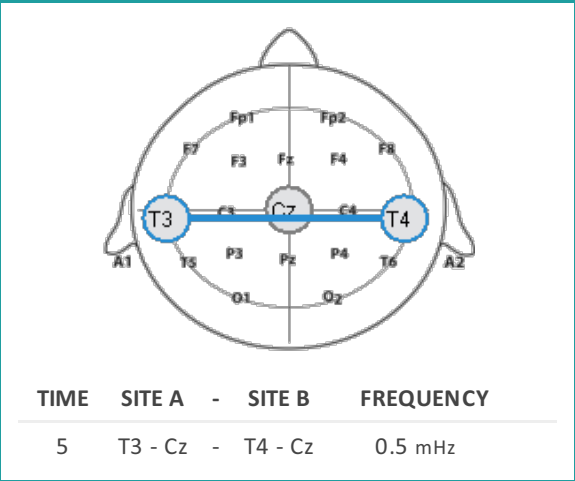


2003
Sunday - February 17, 2019
06:27 PM
Session 0
2 Channel ILF HD
Moir



Select Feedback
Tropical Heat Jack



Report
Sleep mediocre. Light was in eyes.

Observation
Alert. Focused and relaxed.
T4-P4 .5 at 10 mins sleepy in a good way.
Training 5 mins more.
T4-P4 .5 at 15 mins

Plan
Continue training depending on integration.