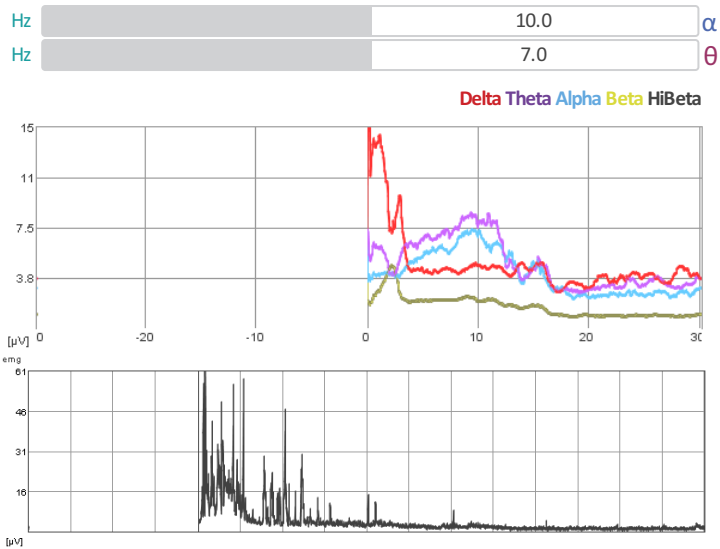
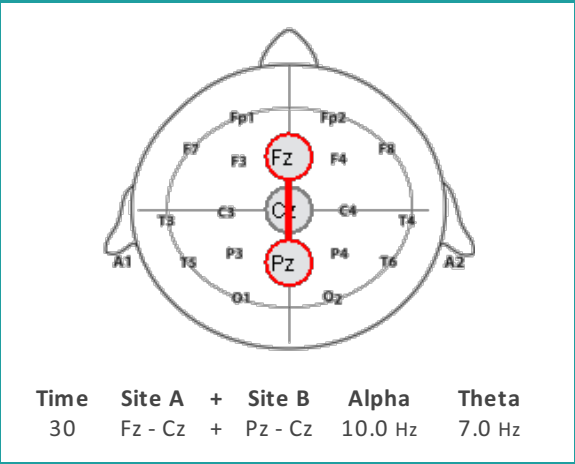


12
Saturday - March 16, 2019
06:47 PM
Session 44
2 Channel Alpha Theta
Moir



Will try all the feedback options. Volume 37, Bear 60



Report
Slept well. Woke up at 4:00. Alert, focused and relaxed are all okay

Observation
Fz - Pz Alpha 10 Theta 7 30 mins feels peaceful, calm and happy.

Plan
Continue based on integration report.