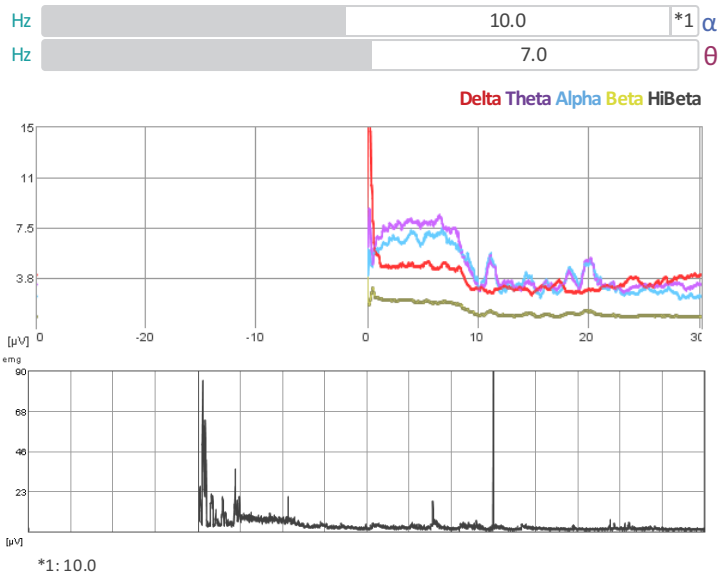
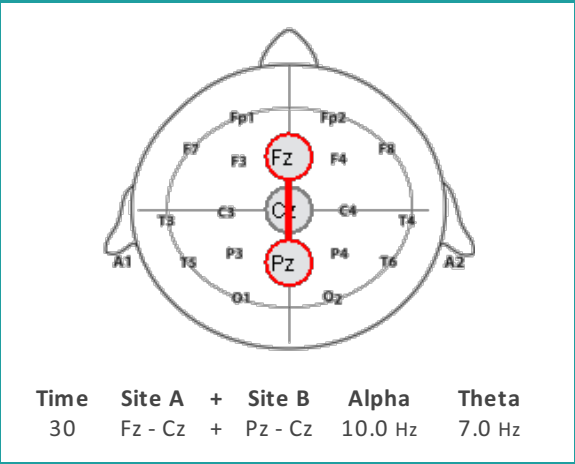


12  
Sunday - March 17, 2019  
09:30 AM  
Session 45  
2 Channel Alpha Theta  
Moir



Will try all the feedback options. Volume 37, Bear 60



**Report**  
Slept better the previous night. Could be more alert, focused and relaxed.

**Observation**  
Fz - Pz Alpha 10 Theta 7 30 mins. Peaceful, calm, happy. The second channel stopped working at the 10 mins mark.

**Plan**  
Continue based on integration report.