#### **PSYC1022: The Psychology of Addiction**

Topic 1: Origins & Manufacture of addictive drugs (I)

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#### **Outline:**

- Drug Classifications
- Depressants:
  - Alcohol
  - Opium
  - Morphine
  - Laudanum
  - Codeine
  - Heroin









# **Drug Classification**

- Drugs can be classified in many different ways
- One method involves classification based on the drug's CNS effects
  - 1. Depressants:
    - Slow down CNS activity
  - 2. Stimulants:
    - · Speed up CNS activity
  - 3. Hallucinogens:
    - Alter sensory perceptions (psychotogenic) by interfering with CNS signalling
  - 4. Others
    - Do not fit neatly into other categories
      - Fall into several categories
      - Different experiences between individuals
      - <a href="http://www.health.gov.au/internet/publications/publishing.nsf/Content/drugtreat-pubs-front6-wk-toc~drugtreat-pubs-front6-wk-secb-drugtreat-pubs-front6-wk-secb-3~drugtreat-pubs-front6-wk-secb-3~drugtreat-pubs-front6-wk-secb-3-1</a>

### **Depressants**

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# Alcohol

- Can be made simply by leaving fruit in a container for a period of time
- Paleolithic humans may have consumed alcohol but there is little direct evidence
- 7000-5800BC: first direct evidence of alcohol production
  - Jiahu, China
    - Archeological site (Neolithic era)
    - pots were found to contain the residue of an alcoholic liquid made from fermented rice, honey & hawthorn
    - 'Chateau Jiahu': reverse engineered from molecular archaeology





### Alcohol

- 4100BC: Areni-1 cave, Armenia
  - one of the earliest known sites of wine production
  - The press sits inside the cave & is slanted downwards towards the mouth of a large jar inserted in the platform's edge to catch the crushed grape juice.
  - This same design of wine press was common throughout the Mediterranean till 1900.

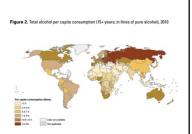




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#### Alcohol

- 6.2 litres of pure alcohol per 15+ person (13.5g per day)
- Higher economic wealth of a country the higher consumption is
  - Highest rates in Europe, Russia, Australia, Canada
  - Unrecorded (i.e. home-brewed liquor) is thought to account for almost 25% of worldwide consumption
  - 3.3 million deaths worldwide are attributable to alcohol consumption
  - WHO World Drug Report



# Opium

- Opium is derived from the sap produced by the opium poppy seed head. The sap is released following tissue damage.
  - Sap acts as an anti-herbivore chemical
- Opium farmer makes incisions to damage tissue, then sap is collected and dried
  - opium brick is typically sold by the farmer to a broker.
- Historically, opium was the end product
  - more recently, opium sold to to refiners who convert it into morphine or heroin.
- Selective breeding has yielded an opium poppy that has substantially higher concentrations of opioids than the wild variant.





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# Opium

- 10,000-2000 BC: used broadly throughout Europe, Asia, Middle East & North Africa
  - 4200 BC: archaeological sites of opium buried in a ritual or sacred context.
    - Brittany, France:
      - ceramic bowls found in a sacred site
    - Southern Spain:
      - bags of opium capsules were found in a burial site

Rudgley (1995)



# Opium

- 1500 BC: the Ebers papyrus
  - found between the legs of a mummy in a tomb near Luxor, Egypt
  - describes a mixture of opium & another material which was found to be effective in quietening crying children.
  - In antiquity, children in Egypt, India & Europe were being soothed with opium.

(Aggrawal, 1995).

- 1332-1323 BC: Cultivation & trade of opium was in full operation during the reign of King Tutankhamun.
- 700 BC: Homer's 'The Odyssey'
  - opium's recreational use is described



The Ebers Papyrus

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# Morphine

- 1803: Morphine was isolated by the German pharmacist, Friedrich Sertürner
  - added the morphine crystals to food to kill unwanted rats & dogs
    - observed that morphine evoked sleep & ultimately death
  - He suffered from gout in his later life & quelled his pain with the very morphine he had isolated.
- The alkaloid morphine is generally 8 to 14% of the dry weight of opium.
- Sertürner's Morphine extraction method still used in illicit labs today.



Friedrich Sertürner 1783-1841

# Laudanum

1493-1541: Paracelsus, a Swiss-German occultist

- discovered that opium could be better dissolved into a solution of alcohol rather than water.
  - named solution Laudanum
  - Although an effective analgesic, the compound was largely ignored.

1624-1689: Thomas Sydenham, English physician

- produced & promoted his own Laudanum recipe
  - cure for a range of medical conditions.



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# Laudanum

- 1837-1901: Laudanum remains available by prescription although therapeutic applications are generally restricted to pain relief & alleviating withdrawal symptoms in babies born to heroin or opiate addicted mothers.
- 1910 onwards: increasingly restrictive laws established which regulated the production & sale of addictive compounds, including Laudanum.



Advert for Laudanum & Paregoric, c. 1897.



Mrs. Winslow's Soothing Syrup, c. 1849.

# Codeine

- alkaloid present in opium at a concentration of about 1-3%.
- 1821: Pierre Robiquet (French chemist)
  - Isolated codeine from morphine using the process of Omethylation
  - used as an analgesic (pain), antitussive (coughing), antidiarrheal, antihypertensive (blood pressure), antianxiety, sedative, to suppress premature labour contractions & myocardial infarction (heart attack).
  - It does have addictive potential but is less potent than morphine or heroin.



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# Heroin

- 1874: diacetylmorphine, first synthesised by English chemist, Charles Wright
  - he accidently boiled morphine & acetic acid, over a stove for several hours.
    - This process of acetylation introduces an acetyl group into the compound.
- The modern technique entails a complicated series of steps in a good laboratory (Booth, 1999)



Charles Wright

# Heroin

1898: Felix Hoffmann, German chemist

- worked at Bayer & discovered aspirin by subjecting salicylic acid to the same acetylation process that Charles Wright had applied to morphine.
- Hoffmann replicated this procedure & named the resulting diacetylmorphine, heroin, in reference to its heroic effects
- Bayer marketed heroin as an effective sedative for coughs, like morphine, but without the addictive potential
- sales rocketed & widespread dependence followed 1913: Bayer ceased production with the introduction of widespread legislation to control the production & sale of such compounds.





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