

Statistical Analysis Presentation

A STUDY OF ALCOHOL CONSUMPTION IN ENGLAND

Introduction

Background

Alcohol is a significant public health issue, cited as “the leading cause of ill-health, disability, and death” for people in England aged 15-49 (Department of Health and Social Care, 2021).

Alcohol related hospital admissions in England have been rising year on year. 62% of admissions in 2018/19 were men, and admissions rise with age until 55-64 before reducing (NHS Digital, 2020).

Drinking amongst young women in the UK has been increasing, whilst conditions such as liver disease have also been increasing for the same group (Plant, 2008).

Secondary problems such as public order offences, accidents and injuries caused by binge drinking are more likely to be felt by men (Miller et al., 2005), whilst “higher percentages of heavier-typical quantity drinking are found in the younger age groups” (Chaiyasong et al., 2018).

Purpose of the presentation

This presentation uses data from Health Survey for England, 2011* to explore relationships and correlations between attributes such as alcohol consumption, gender, region, height and weight.

T-test, Chi-Square and Kruskal-Wallis tests for inferential statistics

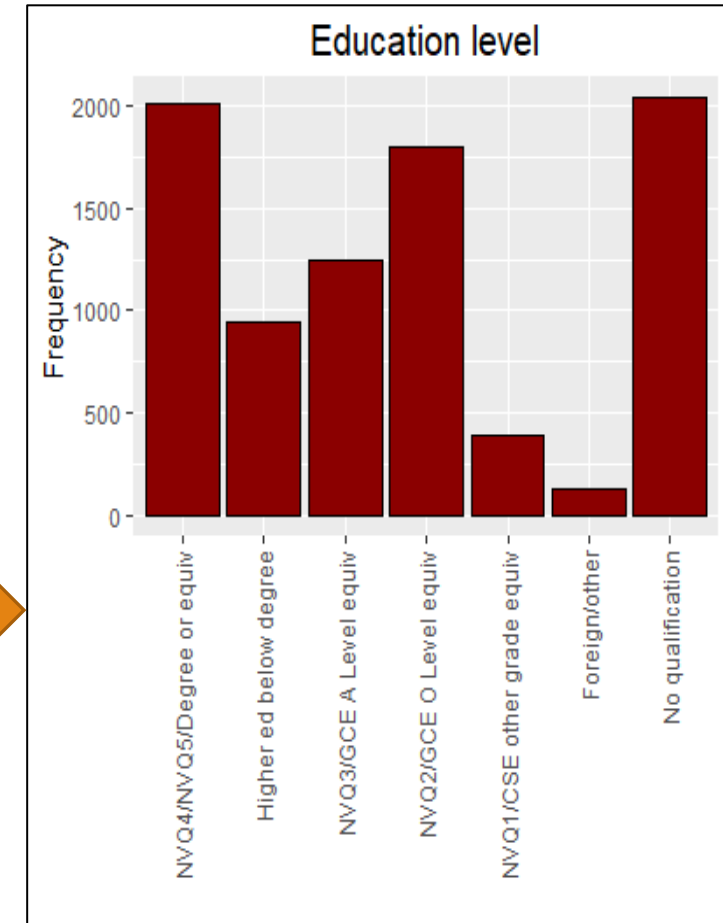
Shapiro-Wilk and Kolmogorov-Smirnov tests for distribution normality

R was used to perform the analysis because it is able to quickly perform statistical analysis and produce data visualisations.

*https://www.my-course.co.uk/pluginfile.php/891744/mod_assign/intro/HSE%202011.sav

Descriptive statistics

Question	Answer	Observation
How many people are included in the sample?	10,617	Very large sample
What is the percentage of people who drink alcohol?	63.2%	Figure includes N/A at 19.6% which is predominantly children under 18. If N/A is excluded it increases to 78.7%
What is the percentage of women in the sample?	54.3%	Similar to actual 50.9% females in the UK in 2011 (Clark, 2023)
What is the highest educational level?	No qualification (2,037)	'No qualification' had most responses. Highest 'actual' education level was NVQ4/NVQ5/Degree or equivalent:
What is the percentage of divorced people?	5.6%	Figure includes N/A at 18.9% If N/A is excluded it increases to 6.9%
What is the percentage of separated people?	2.1%	Figure includes N/A at 18.9% If N/A is excluded it increases to 2.6%



Descriptive statistics

	Household size	BMI	Age at last birthday
Mean	2.9	25.9	41.6
Median	3	25.6	42
Mode	2	Multi modal * See table	42 & 64
Minimum	1	8.34011	0
Maximum	10	65.27721	100
Range	1 - 10	8.34011 - 65.27721	0 - 100
Standard deviation	1.37	6.14	23.83

180 Modes for BMI								
13.76706	20.52755	22.44604	23.768	24.63076	25.3505	26.75475	27.91995	30.10691
15.07419	20.64521	22.47292	23.82012	24.66207	25.41852	26.79123	27.93738	30.15232
15.10565	20.96107	22.53362	23.82994	24.6755	25.44888	26.89171	28.03387	30.34498
15.11716	21.10538	22.76147	23.94858	24.72154	25.69331	26.97778	28.06514	30.55718
15.39402	21.16579	22.7878	23.97406	24.73146	25.77486	27.00408	28.11204	30.69307
15.58987	21.36725	22.82347	24.04789	24.7586	25.99036	27.02979	28.11526	30.81796
16.54064	21.54066	22.89376	24.0497	24.79339	26.03177	27.10957	28.12389	30.98742
16.56805	21.61622	22.90585	24.05754	24.80159	26.09568	27.11678	28.21979	31.04269
17.2607	21.62143	23.03436	24.11305	24.8826	26.10882	27.13884	28.27788	31.6068
17.62971	21.68367	23.08026	24.12092	24.96797	26.18647	27.19212	28.42288	31.93521
18.15462	21.72132	23.08843	24.27915	24.97874	26.23748	27.32885	28.46231	32.00386
18.38062	21.7333	23.18113	24.28338	25.02917	26.26407	27.37818	28.62897	32.2211
18.40747	21.74837	23.2767	24.29688	25.06672	26.2674	27.41375	28.65216	32.23528
19.2635	21.80385	23.28977	24.31359	25.10867	26.2701	27.42296	28.91054	32.28888
19.56781	22.04789	23.36088	24.35262	25.18414	26.34628	27.44727	28.9566	32.68683
19.7607	22.12727	23.39094	24.3598	25.22811	26.43323	27.49056	29.22573	32.88863
19.85798	22.13931	23.51504	24.46706	25.30832	26.50954	27.76621	29.88813	33.08129
20.01842	22.18928	23.56401	24.49239	25.32541	26.55283	27.82247	29.89543	33.3317
20.21217	22.21588	23.5782	24.5957	25.34064	26.65846	27.85467	29.93344	34.44429
20.43035	22.36915	23.73614	24.63003	25.34732	26.7128	27.91761	30.0971	36.84641

*BMI has 180 modes with just two instances each so could be considered no mode rather than multi-modal

Inferential statistics – which gender drinks more alcohol

Chi-square test, because both variables are categorical, to see if there is a difference between whether males and females drink alcohol, $\alpha=0.05$.

H_0 : There is no difference between the percentage of men saying that they drink alcohol and women saying that they drink alcohol.

H_a : There is a difference between the percentage of men saying that they drink alcohol and women saying that they drink alcohol.

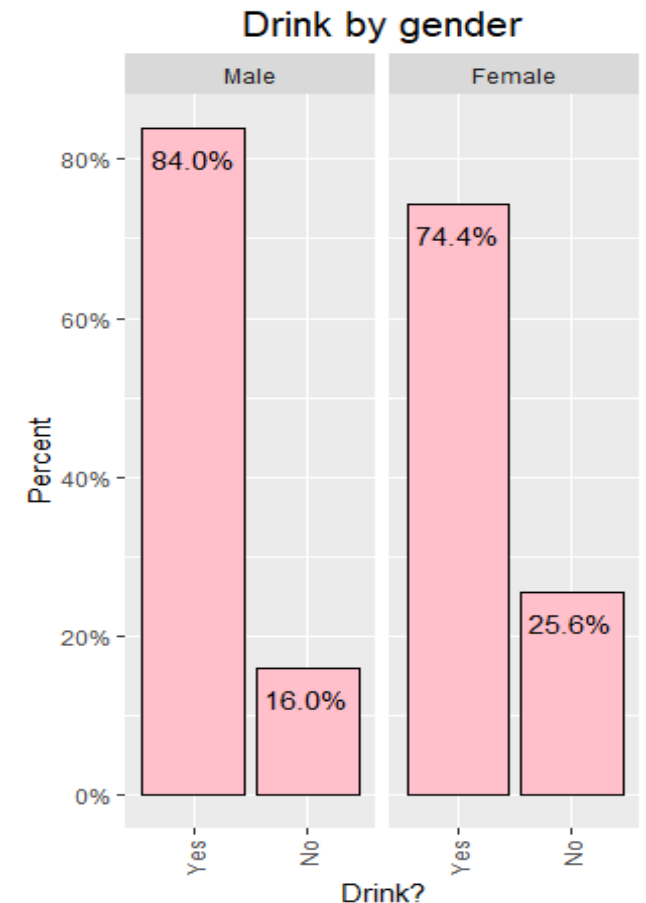
Gender	Does drink	Does not drink	Test value and p value
Male	3,172 (84.0%)	605 (16.0%)	Chi-square = 114.15 p-value < 2.2e-16
Female	3,540 (74.4%)	1,217 (25.6%)	

p-value < 0.05

We reject the null hypothesis

There is a difference between the percentage of men saying that they drink alcohol and women saying that they drink alcohol

A higher percentage of men drink than women



Inferential statistics – which gender drinks more alcohol

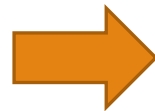
Test to see if there is a difference between the weekly quantity of alcohol consumed between males and females at 0.05 significance level ($\alpha=0.05$).

H_0 : There is no difference in the average weekly quantity of alcohol consumed between men and women.

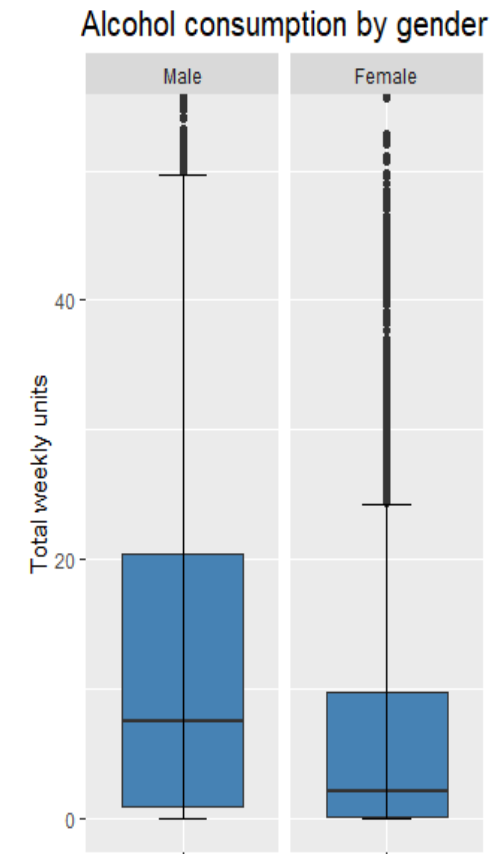
H_a : There is a difference in the average weekly quantity of alcohol consumed between men and women.

A Kolmogorov-Smirnov test was run plus a histogram and Q-Q plot examined of the total weekly units data and the distribution was not normal. However, due to the large sample size a t-test was still appropriate.

```
welch Two sample t-test  
  
data: totalwu by as_factor(Sex)  
t = 16.602, df = 5885.1, p-value < 2.2e-16  
alternative hypothesis: true difference in means  
between group Male and group Female is not equal  
to 0  
95 percent confidence interval:  
 6.631599 8.407449  
sample estimates:  
 mean in group Male mean in group Female  
    15.090413         7.570889
```



p-value < 0.05
We reject the null hypothesis
There is a difference in the average weekly
quantity of alcohol consumed between men
and women
The mean for men is 15.1 units
The mean for women is 7.6 units
The difference between the means at 95%
confidence interval is 6.6 – 8.4 units



Inferential statistics – which region drinks the most alcohol

Chi-square test to see if there is a difference in the percentage of people who consume alcohol by region, $\alpha=0.05$.

H_0 : There is no difference in the percentage of people who consume alcohol by region.

H_a : There is a difference in the percentage of people who consume alcohol by region.

Region	Does drink	Does not drink	Test value and p value
North East	576 (81.0%)	135 (19.0%)	<div>Chi-square = 98.53 p-value < 2.2e-16</div> <div>p-value < 0.05 We reject the null hypothesis</div> <div>There is a difference in the percentage of people who consume alcohol by region</div> <div>South West consumes most alcohol</div>
North West	833 (75.5%)	270 (24.5%)	
Yorkshire and The Humber	686 (77.3%)	201 (22.7%)	
East Midlands	624 (82.1%)	136 (17.9%)	
West Midlands	686 (76.8%)	207 (23.2%)	
East of England	763 (81.6%)	172 (18.4%)	
London	674 (68.9%)	304 (31.1%)	
South East	1,130 (81.6%)	255 (18.4%)	
South West	740 (83.9%)	142 (16.1%)	

Inferential statistics – which region drinks the most alcohol

Test to see if there is a difference between the average weekly units of alcohol consumed between regions at 0.05 significance level ($\alpha=0.05$).

H_0 : There is no difference in the average weekly quantity of alcohol consumed between regions.

H_a : There is a difference in the average weekly quantity of alcohol consumed between region.

Kruskal-Wallis test to compare multiple regions (groups)
at the same time

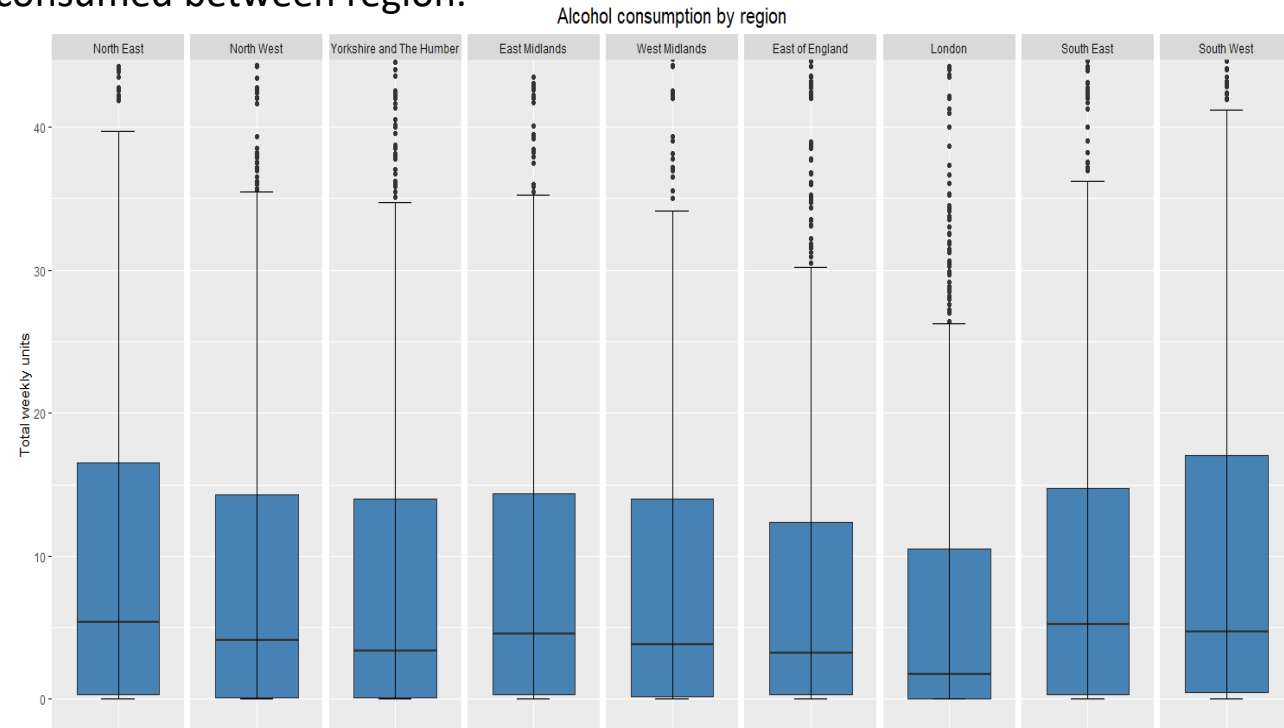
```
kruskal-wallis rank sum test  
data: totalwu by gor1  
kruskal-wallis chi-squared = 81.722, df = 8, p-value = 2.199e-14
```



p-value < 0.05

We reject the null hypothesis

There is a difference in the average weekly quantity of
alcohol consumed between regions



Is there is a statistical difference in height between men and women?

Subset of Adults created where Age > 17.

Shapiro-Wilk test to check for normal distributions in height of men and women.

shapiro-wilk normality test

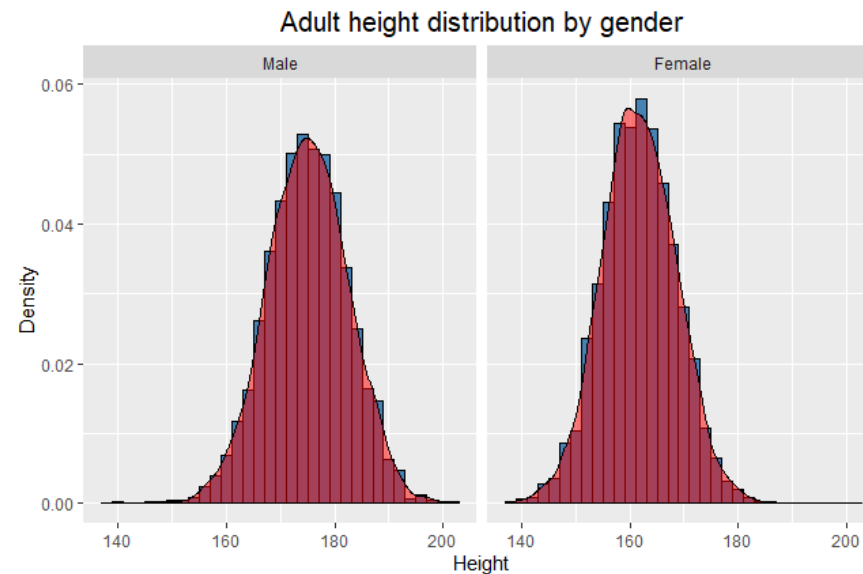
```
data: Adults$htval[as_factor(Adults$sex) == "Male"]  
W = 0.99919, p-value = 0.1674
```

shapiro-wilk normality test

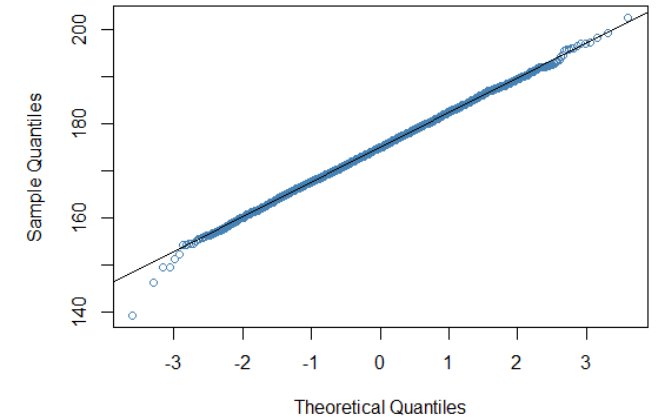
```
data: Adults$htval[as_factor(Adults$sex) == "Female"]  
W = 0.99961, p-value = 0.6573
```

With p-values > 0.05 both distributions are normal. The density plots and Q-Q plots also confirm normality.

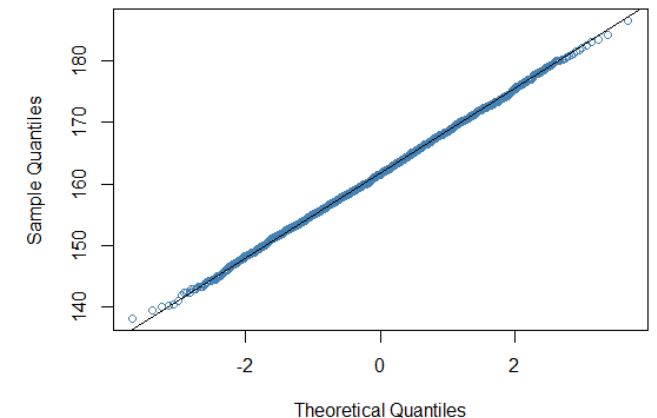
A t-test was therefore be used.



Q-Q plot to test for normal distribution of height - Male



Q-Q plot to test for normal distribution of height - Female



Is there is a statistical difference in height between men and women?

H_0 : There is no difference in height between men and women.

H_a : There is a difference in height between men and women.

```
welch Two Sample t-test  
data: htval by as_factor(Sex)  
t = 77.707, df = 6444.4, p-value < 2.2e-16  
alternative hypothesis: true difference in means between group Male and group Female is not equal to 0  
95 percent confidence interval:  
 12.98930 13.66162  
sample estimates:  
 mean in group Male mean in group Female  
    175.0300         161.7045
```

p-value < 0.05

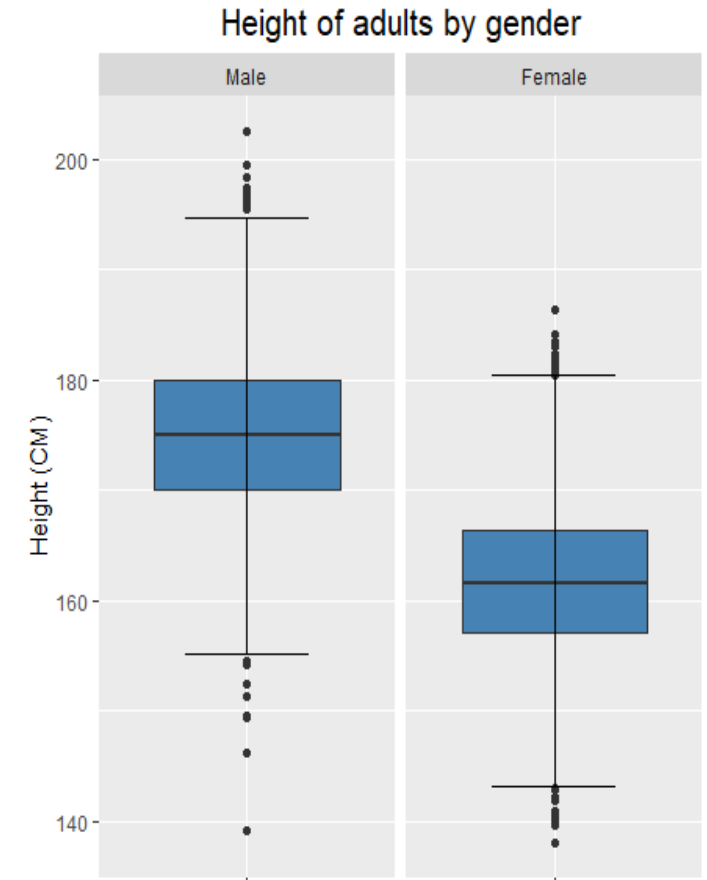
We reject the null hypothesis

There is a difference in height between men and women – men are taller

The mean for men in the sample is 175.0cm

The mean for women in the sample is 161.7cm

The difference between the means at 95% confidence interval is 13.0 – 13.7cm



Is there is a statistical difference in weight between men and women?

Shapiro-Wilk test to check for normal distributions in weight of men and women.

shapiro-wilk normality test

```
data: Adults$wtval[as_factor(Adults$Sex) == "Male"]  
W = 0.95707, p-value < 2.2e-16
```

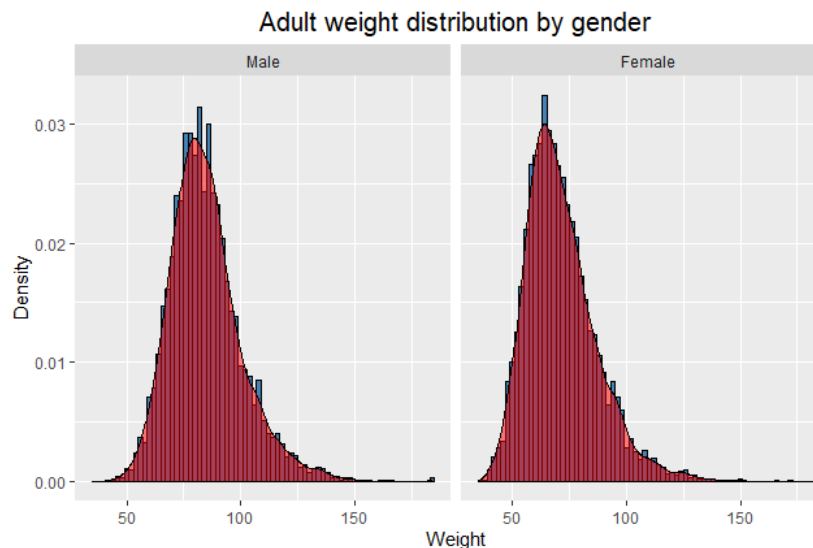
shapiro-wilk normality test

```
data: Adults$wtval[as_factor(Adults$Sex) == "Female"]  
W = 0.94493, p-value < 2.2e-16
```

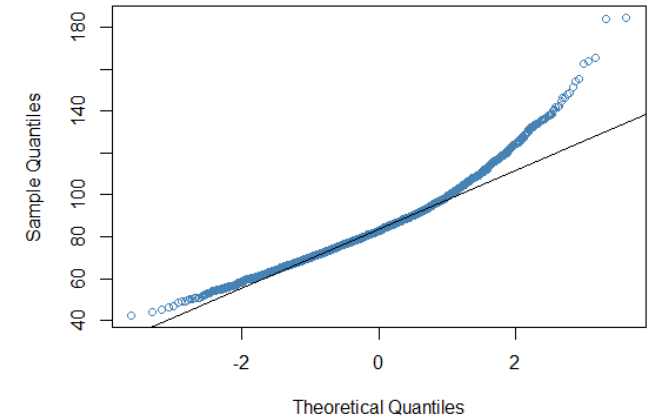
With p-values < 0.05, neither distribution was normal. The density plots were slightly skewed and the Q-Q plots deviated from normality.

With a large sample size the central limit theorem allows the use of a t-test even when the distribution is not normal.

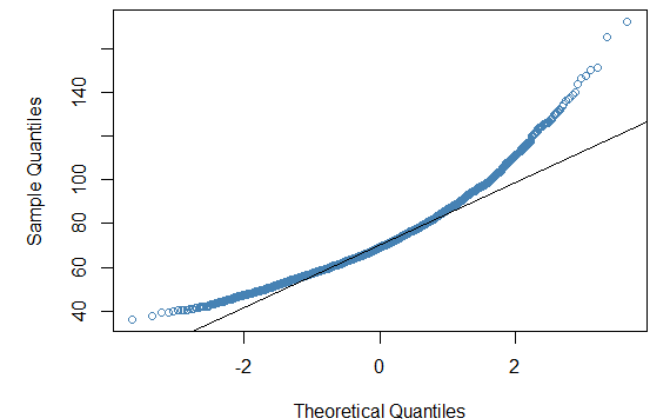
A t-test was therefore used in favour of the non-parametric Mann-Whitney U test.



Q-Q plot to test for normal distribution of weight - Male



Q-Q plot to test for normal distribution of weight - Female



Is there is a statistical difference in weight between men and women?

H_0 : There is no difference in weight between men and women.

H_a : There is a difference in weight between men and women.

```
welch Two sample t-test  
data: wtval by as_factor(Sex)  
t = 34.808, df = 6738.3, p-value < 2.2e-16  
alternative hypothesis: true difference in means between group Male and group Female is not equal to 0  
95 percent confidence interval:  
 12.57371 14.07447  
sample estimates:  
 mean in group Male mean in group Female  
    84.89677         71.57267
```

p-value < 0.05

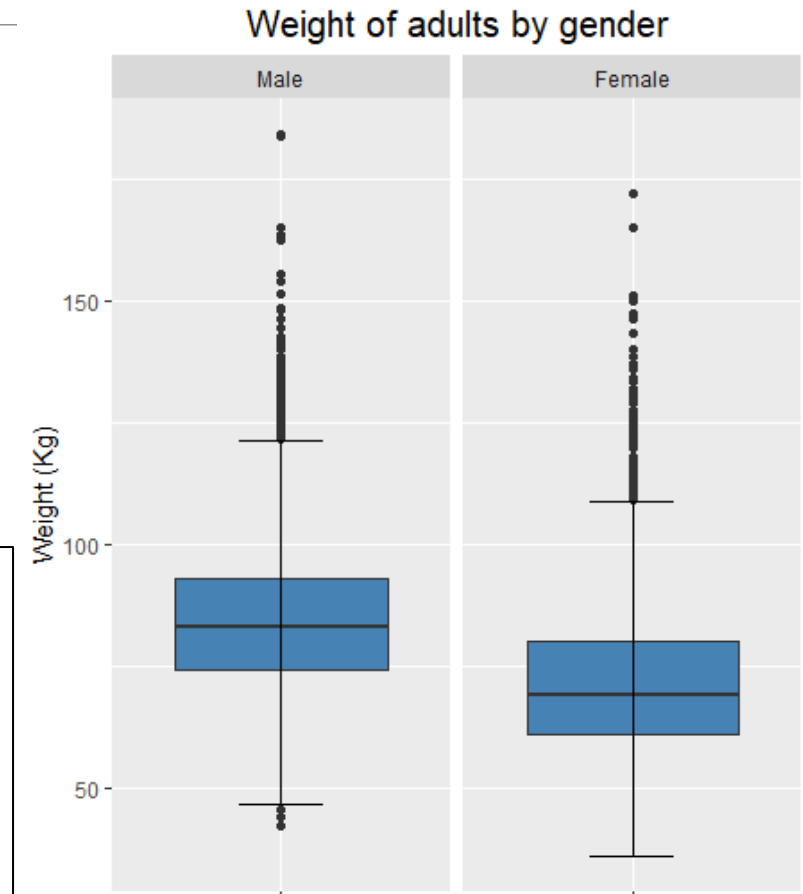
We reject the null hypothesis

There is a difference in height between men and women – men are heavier

The mean for men in the sample is 84.9kg

The mean for women in the sample is 71.6kg

The difference between the means at 95% confidence interval is 12.6 – 14.1kg



What is the correlation between whether a person drinks nowadays, total household income, age at last birthday and gender?

Kolmogorov-Smirnov tests to check for normal distributions for the four variables

```
Asymptotic one-sample kolmogorov-Smirnov test
data:  HSE_2011$dnow
D = 0.84134, p-value < 2.2e-16
alternative hypothesis: two-sided
```

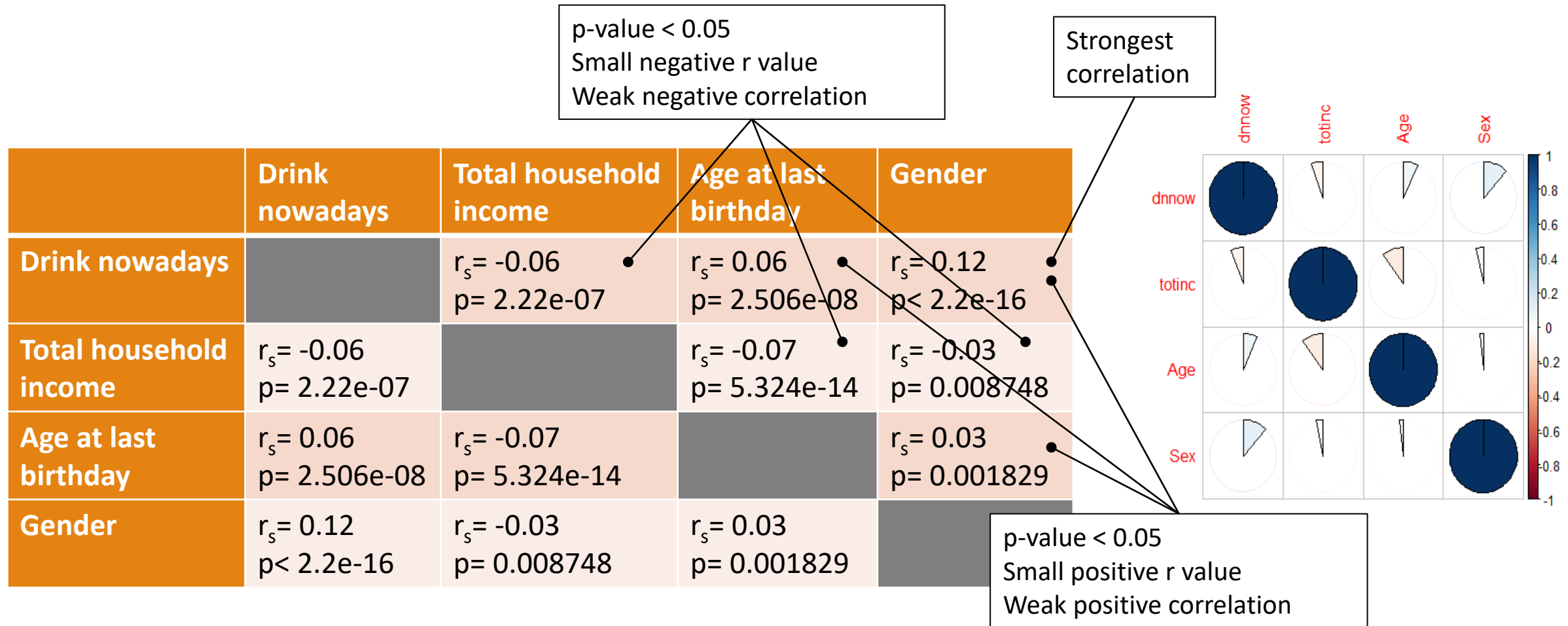
```
Asymptotic one-sample kolmogorov-Smirnov test
data:  HSE_2011$totinc
D = 0.99448, p-value < 2.2e-16
alternative hypothesis: two-sided
```

```
Asymptotic one-sample kolmogorov-Smirnov test
data:  HSE_2011$Age
D = 0.95683, p-value < 2.2e-16
alternative hypothesis: two-sided
```

```
Asymptotic one-sample kolmogorov-Smirnov test
data:  HSE_2011$Sex
D = 0.84134, p-value < 2.2e-16
alternative hypothesis: two-sided
```

Histograms and Q-Q plots confirmed non-normal distributions so Spearman's rank was used

What is the correlation between whether a person drinks nowadays, total household income, age at last birthday and gender?



Discussion and recommendations

The analysis found that men drink more than women, both when measured as number of people who drink, and average weekly units, consistent with the findings in NHS Digital (2020). Also consistent with the same study is that there is regional variation in levels of drinking. Men were also found on average to be taller and heavier than women.

Chaiyasong et al. (2018) found that high frequency drinking is higher in older age groups, and heavier drinking in middle and older age groups. This study found a weak positive correlation between drinking and age, but didn't differentiate heavier drinking.

Alcohol consumption amongst students is increasing (Davoren et al., 2016) and the study found that a high number of people are higher education educated which makes that demographic a useful target for raising awareness.

Recommendations

- Deliver a targeted campaign to increase awareness of the risks of alcohol throughout universities in England
- Deliver a wider public health campaign aimed at both genders but with specific elements targeted at men, focusing on the secondary effects of excessive alcohol consumption such as public disorder as well as primary health risks.

References

- Chaiyasong, S. et al. (2018) Drinking patterns vary by gender, age and country-level income: Cross-country analysis of the International Alcohol Control Study. *Drug and Alcohol Review*, 37(S2): S53-S62. <https://doi.org/10.1111/dar.12820>
- Clark, D. (2023) Population of the United Kingdom from 1953 to 2020, by gender. Available from: <https://www.statista.com/statistics/281240/population-of-the-united-kingdom-uk-by-gender/> [Accessed 23 March 2023].
- Davoren, M.P., Demant, J., Shiely, F. & Perry, I.J. (2016) Alcohol consumption among university students in Ireland and the United Kingdom from 2002 to 2014: a systematic review. *BMC public health*, 16(1): 1-13. <https://doi.org/10.1186/s12889-016-2843-1>
- Department of Health and Social Care (2021) Delivering better oral health: an evidence-based toolkit for prevention. Chapter 12: Alcohol. Available from: <https://www.gov.uk/government/publications/delivering-better-oral-health-an-evidence-based-toolkit-for-prevention/chapter-12-alcohol> [Accessed 23 March 2023].
- Miller, P., Plant, M. & Plant, M. (2005) Spreading out or concentrating weekly consumption: alcohol problems and other consequences within a UK population sample. *Alcohol and Alcoholism*, 40(5): 461-468. <https://doi.org/10.1093/alcalc/agh169>
- NHS Digital (2020) Statistics on Alcohol, England 2020. Available from: <https://digital.nhs.uk/data-and-information/publications/statistical/statistics-on-alcohol/2020/part-1> [Accessed 23 March 2023].
- Plant, M.L. (2008) The role of alcohol in women's lives: A review of issues and responses. *Journal of Substance Use*, 13(3): 155-191. <https://doi.org/10.1080/14659890802040880>

Appendix A: R code used to produce statistics and visualisations

```
1 library(haven)
2 library(dplyr)
3 library(ggplot2)
4 library(corrplot)
5
6 HSE_2011 <- read_sav("HSE 2011.sav")
7 View(HSE_2011)
8
9 # How many people are included in the sample?
10 # pserial is the serial number of the individual, so count unique individuals
11 n_distinct(HSE_2011$pserial)
12
13 # what is the percentage of people who drink alcohol?
14 # Create a frequency table of whether people drink alcohol
15 table(
16   as_factor(HSE_2011$dnnnow)
17 )
18
19 # Make a proportional table that can be turned into percentages
20 prop.table(
21   table(
22     as_factor(HSE_2011$dnnnow)
23   )
24 )
25
26 # Repeat including the NA values
27 table(
28   as_factor(HSE_2011$dnnnow)
29   ,useNA="ifany"
30 )
31
32 prop.table(
33   table(
34     as_factor(HSE_2011$dnnnow)
35     ,useNA="ifany"
36   )
37 )
38
```

```
39 # Plot percentage of people who drink alcohol
40 ggplot(HSE_2011, aes(as_factor(dnnnow))) +
41   geom_bar(aes(y=after_stat(count/sum(count))), colour='black', fill='pink') +
42   labs(title='Percentage of people who drink alcohol', x='Drink alcohol?', y='Percent') +
43   geom_text(aes(label = scales::percent(after_stat(count/sum(count))),
44               y=after_stat(count/sum(count))), stat= 'count', vjust = 2) +
45   scale_y_continuous(labels=scales::percent) +
46   theme_grey() +
47   theme(plot.title = element_text(hjust = 0.5, size = 15)) +
48   theme(axis.text.x=element_text(angle=90,hjust=1,vjust=0.5))
49
50
51 # Plot Male/female split
52 filter(HSE_2011, (dnnnow > 0)) %>%
53 ggplot(aes(as_factor(dnnnow))) +
54   geom_bar(aes(y=after_stat(prop), group=1), colour='black', fill='pink') +
55   labs(title='Percentage people who drink alcohol, by gender', x='Drink alcohol?', y='Percent') +
56   geom_text(aes(label = scales::percent(after_stat(prop)),
57               y=after_stat(prop),group=1), stat= 'count', vjust = 2) +
58   scale_y_continuous(labels=scales::percent) +
59   facet_grid(~as_factor(Sex)) +
60   theme_grey() +
61   theme(plot.title = element_text(hjust = 0.5, size = 15)) +
62   theme(axis.text.x=element_text(angle=90,hjust=1,vjust=0.5))
63
64
65 # what is the percentage of women in the sample?
66 # Create a frequency table of whether people drink alcohol
67 table(
68   as_factor(HSE_2011$Sex)
69 )
70
71
72 # Make a proportional table that can be turned into percentages
73 prop.table(
74   table(
75     as_factor(HSE_2011$Sex)
76   )
77 )*100
78
```

```

79 # Plot all people
80 ggplot(HSE_2011, aes(as_factor(Sex))) +
81   geom_bar(aes(y=after_stat(prop), group=1), colour='black', fill='pink') +
82   labs(title='Gender breakdown', x='Gender', y='Percent') +
83   geom_text(aes(label = scales::percent(after_stat(prop)),
84               y=after_stat(prop),group=1), stat= 'count', vjust = 2) +
85   scale_y_continuous(labels=scales::percent) +
86   theme_grey() +
87   theme(plot.title = element_text(hjust = 0.5, size = 15)) +
88   theme(axis.text.x=element_text(angle=90,hjust=1,vjust=0.5))
89
90 # Differentiate adults
91 age_labels <- c(
92   'FALSE' = 'Under 18',
93   'TRUE' = 'Adult'
94 )
95
96 # What is the highest educational level?
97 # Discover the attributes of topqual3
98 attributes(HSE_2011$topqual3)
99
100 # Now find the range
101 range(HSE_2011$topqual3, na.rm=TRUE)
102
103 table(as_factor(HSE_2011$topqual3))
104
105 filter(HSE_2011, topqual3 > 0) %>% # to remove NA values
106   ggplot(aes(as_factor(topqual3))) +
107   geom_bar(colour='black', fill='dark red') +
108   labs(title='Qualifications', x='', y='Frequency') +
109   theme_grey() +
110   theme(plot.title = element_text(hjust = 0.5, size = 15)) +
111   theme(axis.text.x=element_text(angle=90,hjust=1,vjust=0.5))
112
113 # What is percentage of divorced and separated people?
114 # Plot all people
115 filter(HSE_2011, (marstatc > 0)) %>% # to remove NA values
116   ggplot(aes(as_factor(marstatc))) +
117   geom_bar(aes(y=after_stat(prop), group=1), colour='black', fill='pink') +
118   labs(title='Marital status', x='', y='Percent') +
119   geom_text(aes(label = scales::percent(after_stat(prop)),
120               y=after_stat(prop),group=1), stat= 'count', vjust = -0.5) +
121   scale_y_continuous(labels=scales::percent) +
122   theme_grey() +
123   theme(plot.title = element_text(hjust = 0.5, size = 15)) +
124   theme(axis.text.x=element_text(angle=90,hjust=1,vjust=0.5))
125

```

```

126 attributes(HSE_2011$marstatc)
127
128 table(
129   as_factor(HSE_2011$marstatc)
130   ,useNA="ifany"
131 )
132
133 prop.table(
134   table(
135     as_factor(HSE_2011$marstatc)
136     ,useNA="ifany"
137   )
138 )*100
139
140
141 # Find the mean, median, mode, minimum, maximum, range and standard deviation of household size,
142 # BMI and age at last birthday.
143 # First using the total sample
144 mean(HSE_2011$HHSsize)
145 median(HSE_2011$HHSsize)
146
147 # Modes function from https://stackoverflow.com/questions/2547402/how-to-find-the-statistical-mode
148 # Uses a function that calculated Mode, enhanced to remove NA values plus another that calculates
149 # multimodes. Combined here
150 Modes <- function(x, na.rm = FALSE) {
151   if(na.rm){
152     x = x[!is.na(x)]
153   }
154   ux <- unique(x)
155   tab <- tabulate(match(x, ux))
156   ux[tab == max(tab)]
157 }
158
159 Modes(HSE_2011$HHSsize)
160 sort(table(HSE_2011$HHSsize),decreasing=T)
161 min(HSE_2011$HHSsize)
162 max(HSE_2011$HHSsize)
163 range(HSE_2011$HHSsize)
164 sd(HSE_2011$HHSsize)
165 par(mar=c(5,5,4,4))
166 hist(HSE_2011$HHSsize,main="Household size",xlab="Number of people",col="lightblue")
167

```

```

168 ggplot(HSE_2011,
169       aes(x=HHSize)) +
170   geom_histogram(colour='black', fill='light blue', binwidth=1) +
171   labs(title='Household size', x='Number of people', y='Frequency') +
172   scale_x_continuous(breaks=1:10) +
173   theme(plot.title = element_text(hjust = 0.5, size = 15))
174
175 SummaryDataHHS <- data.frame(Attribute = c('Mean', 'Median', 'Mode'),
176                               value = c(mean(HSE_2011$HHSize),
177                                           median(HSE_2011$HHSize),
178                                           Mode(HSE_2011$HHSize)
179                               ))
180
181
182 ggplot(HSE_2011,
183       aes(HHSize)) +
184   geom_histogram(colour='black', fill='light blue', binwidth=1) +
185   geom_vline(data=SummaryDataHHS,
186             aes(xintercept=Value,
187                 col=Attribute), size=1) +
188   labs(title='Household size', x='Number of people', y='Frequency') +
189   scale_x_continuous(breaks=1:10) +
190   theme(plot.title = element_text(hjust = 0.5, size = 15))
191
192 SummaryDataHHS <- data.frame(Attribute = c('Mean', 'Mean -1 SD', 'Mean +1 SD'),
193                               value = c(mean(HSE_2011$HHSize),
194                                           mean(HSE_2011$HHSize)-sd(HSE_2011$HHSize),
195                                           mean(HSE_2011$HHSize)+sd(HSE_2011$HHSize)
196                               ))
197
198
199 ggplot(HSE_2011,
200       aes(HHSize)) +
201   geom_histogram(colour='black', fill='light blue', binwidth=1) +
202   geom_vline(data=SummaryDataHHS,
203             aes(xintercept=Value,
204                 col=Attribute), size=1) +
205   labs(title='Household size', x='Number of people', y='Frequency') +
206   scale_x_continuous(breaks=1:10) +
207   theme(plot.title = element_text(hjust = 0.5, size = 15))
208

```

```

209 # Boxplot of household size
210 ggplot(HSE_2011,
211       aes(HHSize)) +
212   geom_boxplot(colour='black', fill='light blue') +
213   stat_boxplot(geom = 'errorbar', width=0.3) +
214   coord_flip() +
215   labs(title='Household size', x='Number of people') +
216   scale_x_continuous(breaks=1:10) +
217   scale_y_discrete() +
218   theme(plot.title = element_text(hjust = 0.5, size = 15))
219
220
221 # Need to remove NA values
222 mean(HSE_2011$bmival, na.rm=TRUE)
223 median(HSE_2011$bmival, na.rm=TRUE)
224 Modes(HSE_2011$bmival, na.rm=TRUE)
225 head(sort(table(HSE_2011$bmival), decreasing=T), n=200)
226 # We can see multiple BMI values with two counts
227
228 HSE_2011 %>% count(bmival) %>% arrange(desc(n))
229
230 min(HSE_2011$bmival, na.rm=TRUE)
231 max(HSE_2011$bmival, na.rm=TRUE)
232 range(HSE_2011$bmival, na.rm=TRUE)
233 sd(HSE_2011$bmival, na.rm=TRUE)
234 par(mar=c(5,5,4,4))
235 hist(HSE_2011$bmival, breaks=50, main="BMI value - 50 breaks", xlab="BMI", col="lightblue")
236
237 SummaryDataBMI <- data.frame(Attribute = c('Mean', 'Median'),
238                               value = c(mean(HSE_2011$bmival, na.rm=TRUE),
239                                           median(HSE_2011$bmival, na.rm=TRUE)
240                               ))
241
242
243 # Histogram of BMI
244 ggplot(HSE_2011,
245       aes(bmival)) +
246   geom_histogram(colour='black', fill='light blue', bins=50, na.rm = TRUE) +
247   geom_vline(data=SummaryDataBMI,
248             aes(xintercept=Value,
249                 col=Attribute), size=1) +
249   labs(title='BMI', x='BMI', y='Count') +
250   scale_x_continuous(breaks = seq(from = 10, to = 100, by = 10)) +
251   theme(plot.title = element_text(hjust = 0.5, size = 15))
252
253

```

```

254 SummaryDataBMI <- data.frame(Attribute = c('Mean', 'Mean -1 SD', 'Mean +1 SD'),
255                               value = c(mean(rounded_bmi_1dp, na.rm=TRUE),
256                                           mean(rounded_bmi_1dp, na.rm=TRUE)-sd(HSE_2011$bmival,
257                                           na.rm=TRUE),
258                                           mean(rounded_bmi_1dp, na.rm=TRUE)+sd(HSE_2011$bmival,
259                                           na.rm=TRUE))
260                               ))
261 # Histogram of BMI
262 ggplot(HSE_2011,
263       aes(bmival)) +
264   geom_histogram(colour='black', fill='light blue', bins=50, na.rm = TRUE) +
265   geom_vline(data=SummaryDataBMI,
266             aes(xintercept=value,
267                 col=Attribute), size=1) +
268   labs(title='BMI - total sample', x='BMI', y='Frequency') +
269   scale_x_continuous(breaks = seq(from = 10, to = 100, by = 10)) +
270   theme(plot.title = element_text(hjust = 0.5, size = 15))
271
272 # Boxplot of BMI by gender
273 ggplot(HSE_2011,
274       aes(bmival)) +
275   geom_boxplot(colour='black', fill='light blue', na.rm = TRUE) +
276   stat_boxplot(geom = 'errorbar', width=0.3) +
277   coord_flip() +
278   labs(title='BMI value', x='') +
279   scale_x_continuous(breaks=seq(0, 70, by=10)) +
280   scale_y_discrete() +
281   facet_grid(~as_factor(Sex)) +
282   theme(plot.title = element_text(hjust = 0.5, size = 15))
283
284 mean(HSE_2011$Age)
285 median(HSE_2011$Age)
286 Modes(HSE_2011$Age)
287 # check with sorted table
288 sort(table(HSE_2011$Age), decreasing=T)
289 min(HSE_2011$Age)
290 max(HSE_2011$Age)
291 range(HSE_2011$Age)
292 sd(HSE_2011$Age)
293
294 par(mar=c(5,5,4,4))
295 hist(HSE_2011$Age, breaks=25, main="Age - 25 breaks", xlab="Age", col="lightblue")
296

```

```

297 SummaryDataAge <- data.frame(Attribute = c('Mean', 'Median', 'Mode 1', 'Mode 2'),
298                               value = c(mean(HSE_2011$Age, na.rm=TRUE),
299                                           median(HSE_2011$Age, na.rm=TRUE),
300                                           Modes(HSE_2011$Age, na.rm=TRUE))
301                               ))
302
303 ggplot(HSE_2011,
304       aes(Age)) +
305   geom_histogram(colour='black', fill='light blue', bins=101, na.rm = TRUE) +
306   geom_vline(data=SummaryDataAge,
307             aes(xintercept=value,
308                 col=Attribute), size=1.25) +
309   labs(title='Age', x='Age', y='Frequency') +
310   scale_x_continuous(breaks = seq(from = 0, to = 100, by = 10)) +
311   theme(plot.title = element_text(hjust = 0.5, size = 15))
312
313 SummaryDataAge <- data.frame(Attribute = c('Mean', 'Mean -1 SD', 'Mean +1 SD'),
314                               value = c(mean(HSE_2011$Age, na.rm=TRUE),
315                                           mean(HSE_2011$Age, na.rm=TRUE)-sd(HSE_2011$Age, na.rm=TRUE),
316                                           mean(HSE_2011$Age, na.rm=TRUE)+sd(HSE_2011$Age, na.rm=TRUE))
317                               ))
318
319 ggplot(HSE_2011,
320       aes(Age)) +
321   geom_histogram(colour='black', fill='light blue', bins=101, na.rm = TRUE) +
322   geom_vline(data=SummaryDataAge,
323             aes(xintercept=value,
324                 col=Attribute), size=1.25) +
325   labs(title='Age', x='Age', y='Frequency') +
326   scale_x_continuous(breaks = seq(from = 0, to = 100, by = 10)) +
327   theme(plot.title = element_text(hjust = 0.5, size = 15))
328
329
330
331 # Inferential Statistics.
332 # Run a significance test to find out which gender drinks more alcohol.
333 # First using total weekly units as the measure of 'more alcohol'
334 # Check for normality using Kolmogorov-Smirnov test because the sample size is large
335 ks.test(HSE_2011$totalwu, 'pnorm')
336
337 hist(HSE_2011$totalwu,
338     breaks=20,
339     col='steelblue',
340     main='Histogram to test for normal distribution of alcohol consumption',
341     xlab='units of alcohol per week')
342

```



```

343 qqnorm(HSE_2011$totalwu,
344         col='steelblue',
345         main='Q-Q plot to test for normal distribution of alcohol consumption')
346 qqline(HSE_2011$totalwu)
347
348 # Mann-Whitney U test to test for significance since the data is not normally distributed
349 wilcox.test(totalwu ~ Sex, data=HSE_2011)
350 t.test(totalwu ~ as_factor(Sex), data=HSE_2011)
351
352 # Next using ddnow as the measure of 'more alcohol'
353 # drink nowadays and gender are both binary values so use a contingency table and perform a
354 # chi-squared test.
355 table(as_factor(HSE_2011$ddnow), as_factor(HSE_2011$Sex))
356 chisq.test(table(HSE_2011$ddnow, HSE_2011$Sex))
357
358 filter(HSE_2011, (ddnow > 0)) %>% # to remove NA values
359   ggplot(aes(as_factor(ddnow))) +
360   geom_bar(aes(y=after_stat(prop), group=1), colour='black', fill='pink') +
361   labs(title='Drink by gender', x='Drink?', y='Percent') +
362   geom_text(aes(label = scales::percent(after_stat(prop)),
363               y=after_stat(prop), group=1, stat= 'count', vjust = 2) +
364   scale_y_continuous(labels=scales::percent) +
365   facet_grid(~as_factor(Sex)) +
366   theme_grey() +
367   theme(plot.title = element_text(hjust = 0.5, size = 15)) +
368   theme(axis.text.x=element_text(angle=90,hjust=1,vjust=0.5))
369
370
371 # Boxplot focusing on Q2, median and Q3
372 ggplot(HSE_2011, aes(x = '', y=totalwu)) +
373   geom_boxplot(fill='steel blue') +
374   stat_boxplot(geom='errorbar', width=0.3) +
375   labs(title = "Alcohol consumption by gender", y = 'Total weekly units', x='') +
376   facet_grid(~as_factor(Sex)) +
377   coord_cartesian(ylim = quantile(HSE_2011$totalwu, na.rm=TRUE, c(0.1, 0.97))) +
378   theme_grey() +
379   theme(plot.title = element_text(hjust = 0.5, size = 15))
380
381 mean(HSE_2011$totalwu[as_factor(HSE_2011$Sex)=='Male'], na.rm=TRUE)
382 mean(HSE_2011$totalwu[as_factor(HSE_2011$Sex)=='Female'], na.rm=TRUE)
383 median(HSE_2011$totalwu[as_factor(HSE_2011$Sex)=='Male'], na.rm=TRUE)
384 median(HSE_2011$totalwu[as_factor(HSE_2011$Sex)=='Female'], na.rm=TRUE)
385
386 # Run a significance test to find out which region drinks the most alcohol.
387 # Use the Kruskal-Wallis test to compare the alcohol consumption across the nine government regions:
388 kruskal.test(totalwu ~ gor1, data=HSE_2011)

```

```

389 |
390 table(as_factor(HSE_2011$gor1), as_factor(HSE_2011$ddnow))
391
392 chisq.test(table(HSE_2011$gor1, HSE_2011$ddnow))
393
394 filter(HSE_2011, (ddnow > 0)) %>% # to remove NA values
395   ggplot(aes(as_factor(ddnow))) +
396   geom_bar(aes(y=after_stat(prop), group=1), colour='black', fill='pink') +
397   labs(title='Drink by region', x='Drink?', y='Percent') +
398   geom_text(aes(label = scales::percent(after_stat(prop)),
399               y=after_stat(prop), group=1, stat= 'count', vjust = 2) +
400   scale_y_continuous(labels=scales::percent) +
401   facet_grid(~as_factor(gor1)) +
402   theme_grey() +
403   theme(plot.title = element_text(hjust = 0.5, size = 15)) +
404   theme(axis.text.x=element_text(angle=90,hjust=1,vjust=0.5))
405
406
407 # Boxplot of alcohol by region focusing on Q1, median and Q3
408 ggplot(HSE_2011, aes(x = '', y=totalwu)) +
409   geom_boxplot(fill='steel blue') +
410   stat_boxplot(geom='errorbar', width=0.3) +
411   labs(title = "Alcohol consumption by region", y = 'Total weekly units', x='') +
412   facet_grid(~as_factor(gor1)) +
413   coord_cartesian(ylim = quantile(Adults$totalwu, na.rm=TRUE, c(0, 0.95))) +
414   theme_grey() +
415   theme(plot.title = element_text(hjust = 0.5, size = 15))
416
417
418 # Investigate whether there is a statistical difference between men and women on
419 # the following variables:
420 #   valid height.
421 # Create a subset of adults
422 Adults <- subset(HSE_2011, Age > 17)
423 # Check to ensure only Adults are included:
424 range(Adults$Age)
425 # Now count the number of adults in the sample
426 n_distinct(Adults$pserial)
427
428 # Test for normal distribution
429 shapiro.test(Adults$htval[as_factor(Adults$Sex)=='Male'])
430 shapiro.test(Adults$htval[as_factor(Adults$Sex)=='Female'])
431

```

```

432 ggplot(Adults,
433       aes(x=htval)) +
434   geom_histogram(aes(y=..density..), binwidth=2,
435                 colour='black', fill='steel blue') +
436   geom_density(alpha=.5, fill='red') +
437   facet_grid(~as_factor(Sex)) +
438   labs(title = "Adult height distribution by gender", y = 'Density', x='Height') +
439   theme_grey() +
440   theme(plot.title = element_text(hjust = 0.5, size = 15))
441
442 qqnorm(Adults$htval[as_factor(Adults$Sex)=='Male'],
443       col='steelblue',
444       main='Q-Q plot to test for normal distribution of height - Male')
445 qqline(Adults$htval[as_factor(Adults$Sex)=='Male'])
446
447 qqnorm(Adults$htval[as_factor(Adults$Sex)=='Female'],
448       col='steelblue',
449       main='Q-Q plot to test for normal distribution of height - Female')
450 qqline(Adults$htval[as_factor(Adults$Sex)=='Female'])
451
452 # t-test to test for significance
453 t.test(htval ~ as_factor(Sex), data=Adults)
454
455 ggplot(Adults, aes(x='', y=htval)) +
456   geom_boxplot(fill='steel blue') +
457   stat_boxplot(geom='errorbar', width=0.5) +
458   labs(title = "Height of adults by gender", y = 'Height (CM)', x='') +
459   facet_grid(~as_factor(Sex)) +
460   theme_grey() +
461   theme(plot.title = element_text(hjust = 0.5, size = 15))
462
463 # valid height.
464 # Test for normal distribution
465 shapiro.test(Adults$wtval[as_factor(Adults$Sex)=='Male'])
466 shapiro.test(Adults$wtval[as_factor(Adults$Sex)=='Female'])
467
468 ggplot(Adults,
469       aes(x=wtval)) +
470   geom_histogram(aes(y=..density..), binwidth=2,
471                 colour='black', fill='steel blue') +
472   geom_density(alpha=.5, fill='red') +
473   facet_grid(~as_factor(Sex)) +
474   labs(title = "Adult weight distribution by gender", y = 'Density', x='weight') +
475   theme_grey() +
476   theme(plot.title = element_text(hjust = 0.5, size = 15))
477

```

```

478 qqnorm(Adults$wtval[as_factor(Adults$Sex)=='Male'],
479       col='steelblue',
480       main='Q-Q plot to test for normal distribution of weight - Male')
481 qqline(Adults$wtval[as_factor(Adults$Sex)=='Male'])
482
483 qqnorm(Adults$wtval[as_factor(Adults$Sex)=='Female'],
484       col='steelblue',
485       main='Q-Q plot to test for normal distribution of weight - Female')
486 qqline(Adults$wtval[as_factor(Adults$Sex)=='Female'])
487
488 # Even though the distribution is not normal, we will still use the t-test
489 # because the sample size is large
490 t.test(wtval ~ as_factor(Sex), data=Adults)
491 #wilcox.test(wtval ~ Sex, data=Adults)
492
493 ggplot(Adults, aes(x='', y=wtval)) +
494   geom_boxplot(fill='steel blue') +
495   stat_boxplot(geom='errorbar', width=0.3) +
496   labs(title = "weight of adults by gender", y = 'weight (kg)', x='') +
497   facet_grid(~as_factor(Sex)) +
498   theme_grey() +
499   theme(plot.title = element_text(hjust = 0.5, size = 15))
500
501 # what is the correlation between whether a person drinks nowadays, total
502 # household income, age at last birthday and gender?
503 # ks.test(HSE_2011$Sex, 'pnorm')
504
505 # drink nowadays is binary and total household income is ratio
506 # Kolmogorov-Smirnov because sample size is too large for Shapiro Wilk test
507 ks.test(HSE_2011$dnow, 'pnorm')
508 ks.test(HSE_2011$totinc, 'pnorm')
509 ks.test(HSE_2011$Age, 'pnorm')
510 ks.test(HSE_2011$Sex, 'pnorm')
511
512 hist(HSE_2011$dnow,
513      breaks=100,
514      col='steelblue',
515      main='Histogram to test for normal distribution of drink nowadays',
516      xlab='units of alcohol per week')
517
518 hist(HSE_2011$totinc,
519      breaks=100,
520      col='steelblue',
521      main='Histogram to test for normal distribution of total household income',
522      xlab='units of alcohol per week')
523

```

```

524 hist(HSE_2011$Age,
525       breaks=100,
526       col='steelblue',
527       main='Histogram to test for normal distribution of age',
528       xlab='Units of alcohol per week')
529
530 hist(HSE_2011$sex,
531       breaks=100,
532       col='steelblue',
533       main='Histogram to test for normal distribution of gender',
534       xlab='Units of alcohol per week')
535
536 qqnorm(HSE_2011$dnnnow,
537        col='steelblue',
538        main='Q-Q plot to test for normal distribution of drink nowadays')
539 qqline(HSE_2011$dnnnow)
540
541 qqnorm(HSE_2011$totinc,
542        col='steelblue',
543        main='Q-Q plot to test for normal distribution of total household income')
544 qqline(HSE_2011$totinc)
545
546 qqnorm(HSE_2011$Age,
547        col='steelblue',
548        main='Q-Q plot to test for normal distribution of age')
549 qqline(HSE_2011$Age)
550
551 qqnorm(HSE_2011$sex,
552        col='steelblue',
553        main='Q-Q plot to test for normal distribution of gender')
554 qqline(HSE_2011$sex)
555
556 # Not normal distribution so use spearman's rank
557 cor.test(HSE_2011$dnnnow, HSE_2011$totinc, method='spearman', use = 'complete.obs')
558 cor.test(HSE_2011$dnnnow, HSE_2011$Age, method='spearman', use = 'complete.obs')
559 cor.test(HSE_2011$dnnnow, HSE_2011$Sex, method='spearman', use = 'complete.obs')
560
561 cor.test(HSE_2011$totinc, HSE_2011$Age, method='spearman', use = 'complete.obs')
562 cor.test(HSE_2011$totinc, HSE_2011$Sex, method='spearman', use = 'complete.obs')
563
564 cor.test(HSE_2011$Age, HSE_2011$Sex, method='spearman', use = 'complete.obs')
565
566 cordata <- HSE_2011[,c('dnnnow', 'totinc', 'Age', 'Sex')]
567 corplot(cor(cordata, method='spearman', use = 'complete.obs'), method='pie')
568
569

```