Fiona Barnett

My style

Fiona works best when she has her own space and a hands-on problem to solve. But that doesn't mean she always wants to be alone. She still enjoys peeking in on other people's work to see if anything interesting is going on. She is also laid-back and easygoing, which makes it difficult for her to make irreversible commitments to her employers all the time. Fiona dislikes strict rules and guidelines because they make her feel confined and bored. Fiona is rational and uses her own experience to learn and work, despite being relaxed and loose with rules. She also has a mix of spontaneity that makes her a little more light-hearted and humorous. A random list of things that need to be fixed or dealt with is a great way to brighten her day.

What I value

Fiona values her independence and her time alone to think. She is reserved and treasures her personal space and freedom to follow her own lead. Fiona makes her decisions based on practical and objective information rather than personal opinions and emotional factors. She excels in problem solving and prioritizes logical reasoning since she her actions are based on careful observation and thought.

What I don't have patience for

Fiona is not very patient with those who are motivated more by their emotions than by reason. She discovers that being around people like that for an extended period wears her out and aggravates her. She dislikes being trapped or held in place; she prefers a change of scenery and the freedom from constant enforcement of the rules. Whether the other person is lazy or a slower learner, she has a difficult time accepting others who are not as productive as she is. She struggles when she doesn't have enough alone time and may appear anxious or exhausted as a result. Fiona also finds small talk difficult and would prefer to be physically active or moving around than to engage in conversation with others.

How best to communicate with me

Being an introvert, Fiona likes to be approached alone as opposed to in a group. She would prefer not to bring attention to herself or be singled out in front of others. Rather than being the center of attention, she would rather listen to others and watch what is happening around her. If meeting in person is not possible at the time, Microsoft Teams and email are the best ways to reach her. Microsoft teams would be preferable for a quicker response because she checks her email less frequently.

How to help me

Giving Fiona space is the most effective way to assist her. You should even encourage her to go out and do something to help change the setting so she can get back into her focus mode. Fiona takes criticism and advice well, and because she is a good listener, she will take what you say and act on it. Since she despises feeling trapped, try not to press her on issues she may be dealing with.

What people misunderstand about me

Fiona can come across as distant and cold at times. Fiona is not naturally emotional or empathetic, and her blunt communication style can lead to misunderstandings or hurt feelings. She doesn't dislike you; she's just not very good at starting conversations. She is often sarcastic, and it can be difficult to tell whether she is serious or not. She also needs a lot of alone time to complete tasks, and when she doesn't have it, she can be difficult to talk to. She normally doesn't contribute much to conversations, which gives the impression that she is aloof. However, she listens more than she speaks and is equally as present in the conversation.