Fiona Barnett

Brother Clements

CSE 170

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Total Points: 100

Week 9 Reflection

This week for class I prepared by briefly reviewing the prep material before class. This week we studied competition in the workplace and how it can bring productivity and unproductivity depending on how it is used. This week, we completed 50% of 2 out of 4 ACORN projects. From our projects this week, I was able to learn more about my teammate’s lifestyle, upbringing, and beliefs through the discussions we had about church and devotional when sharing spiritual experiences. This week’s topic of competition is important because it is something we must be aware of in our workplaces. It can ruin a company’s work ethic and efficiency when coworkers are at each other’s necks, but when they compete in a friendly manner encouraging each other to improve, that is when competition is beneficial. In our team meeting this week Thursday evening, we prepped for our DND game by creating characters and learning the rules of the game. It took approximately 3 hours to create the characters and I was assigned as a bard. A significant take-a-way that I got from this week was that competition is not all bad necessarily and it can be a great way to have a team work efficiently so long as the competition does not go out of hand. To someone who was not in class this week, I would tell them about competition the pros and cons that come with it in the workplace. I would also mention impostor syndrome and the typical mentalities that lead the that feeling of you don’t deserve where you’re at. Mentalities such as perfectionism, being a workaholic, naturally smart can create a feeling of impostor syndrome. From teaching this topic to another person I learned just how important it is to notice any of the following mentalities discussed in class that are prone to impostor syndrome. When one suffers from impostor syndrome their confidence is lower thus making their productivity lacking full potential. Aside from completing my tasks, I contributed to the team this week by opening during devotional discussion to answer one of teammate’s questions seeking advice and shared my own experience about how moving across the country challenged my testimony and motivation to go to church and how family helped me in the end. If this were a religion class, this week’s topic on competition and impostor syndrome would relate to the gospel by understanding our worth and worthiness. Our worth is priceless; we are children of God, and He loves of so much and wishes for us to keep His commandments so that we might return to Him. When we understand our divine worth, we can avoid feeling like an impostor in our mortal life. Our worthiness comes when we try to be like Christ and live by His gospel. We are not competing against anyone in this mortal life to gain eternal life, we are only competing against ourselves so we can achieve self-improvement which is a healthy kind of competition.