# Data Visualization

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### Getting started

### Background

Data visualization allows to explore data graphically for patterns and detailed behaviors. Typically complex data contents can be summarized in tables and visualized with plots. Visual perception is an important part of the data visualization as graphical displays have to be decoded by the viewer unambiguously. The course will not go into questions of design, color theories, or the choice and reasons regarding what to display and how. This course is intended for a one day tutorial and demo about the functions and techniques to write R-code for visual analysis in research. It is not comprehensive, but still the quantity of functions, packages and options to be used is extensive enough to create many useful plots.

#### Regarding good visualization guidelines:

- Cleveland, W.S. (1994). The Elements of Graphing Data. New Jersey, Hobart Press.
- Cleveland, W.S. (1993). Visualizing Data. New Jersey, Hobart Press.
- Few, S. (2009). Now you see it: Simple Visualization Techniques for Quantitative Analysis. Oakland, CA: Analytics Press.
- Few, S. (2012). Show Me the Numbers: Designing Tables and Graphs to Enlighten, 2nd. Ed.. Burlingame, CA: Analytics Press.
- Tufte, E.R. (2001). The Visual Display of Quantitative Information, 2nd Ed.. Cheshire, Connecticut: Graphics Press.

#### Regarding data visualization with R:

- Murrel, P. (2006). R Graphics. Boca Raton, FL: Chapman & Hall, Taylor and Francis Group.
- Wickham, H. (2016). ggplot2: Elegant Graphics for Data Analysis. New York, NY: Springer-Verlag.
- Rahlf, T. (2017). Datenvisualisierung mit R: 111 Beispiele (2. erweiterte Auflage). Bonn, Deutschland: SpingerSpektrum

### Setting paths

First, set paths to where the course data and outputs will be saved. The necessary R-libraries are loaded in the sections where they are used.

```
# Setting data path & a directory for the output.
path_general = "C:/path_to_your_course_folder/"
path_data=paste(path_general, "Data/", sep="") # Path to data
dir.create(paste(path_general, "Output/", sep=""), showWarnings=FALSE) # Put output folder
path_output=paste(path_general, "Output/", sep="") # Path to output folder
# Read in the WHO-MDS data sample
Smpl_who=read.csv(file=paste(path_data, "WHO_MDS_large.csv", sep=""),
                 header=TRUE, sep=",")
dim(Smpl who)
[1] 500 15
str(Smpl_who)
'data.frame':
             500 obs. of 15 variables:
$ X
              : num 63 4474 6241 8484 3717 ...
$ ID
             : int 1 2 3 4 5 6 7 8 9 10 ...
$ sex
            : Factor w/ 2 levels "female", "male": 2 1 1 2 1 2 1 2 1 1 ...
$ age
             : int 58 70 40 60 57 54 51 37 30 26 ...
$ stand_up : int 1 1 1 1 2 1 3 1 1 1 ...
$ getting_out : int  1 1 1 1 3 1 2 2 1 1 ...
$ go somewhere: int 1 1 1 1 4 1 2 1 1 1 ...
$ dexterity : int 1 1 1 1 1 1 1 1 1 1 ...
$ energy
              : int 1 1 1 1 1 1 3 2 3 1 ...
$ relating : int 1 1 1 1 1 1 2 1 1 2 ...
$ stress
             : int NA 1 1 1 4 1 4 1 2 3 ...
$ memory
             : int 1211412111...
$ relax
             : int 1 1 1 1 1 1 3 1 1 1 ...
$ anxiety : int 2 2 2 2 1 1 2 2 2 1 ...
$ health
             : num 9.82 44.03 0 9.82 45.35 ...
```

### The data

A random sample of N=500 adults from the Model Disability Survey (from WHO) in Chile is used to show some useful functions and commands for visual analysis in R. The variables have been selected having in mind practical and realistic data-situations and not with the idea to illustrate a research question.

The following variables have been retained:

- ID an ID for each person = row number
- sex 1 for male, 2 for female
- stand up standing up from sitting
- getting out getting out of the house
- go somewhere getting where you want to go
- dexterity manipulating small objects, e.g. open jars
- energy feeling tired and not having enough energy
- relating relating with persons that you do not know
- memory remembering important things
- relax relaxing and enjoying life
- stress managing stress
- anxiety having anxiety: 1=yes, 2=no
- health Rasch based health (problems) score 0-100, 0=no problem

The variables **stand up** to **stress** are coded:

- 1 = no problem
- 2 = mild problem
- 3 = moderate problem
- 4 = severe problem
- 5 = extreme problem

## Coloring

Coloring in R is a broad topic. Available colors can be called by simply entering *colors()* in the console. R has 657 ready build in colors. Beyond this, thematic palettes can be called in specific R-packages, so that the less-inspired user can find choices of color schemes that match well together. Otherwise, if the right color is still not found, it is possible to program one's own color.

The following link displays the standard colors in R with their labels:

http://www.stat.columbia.edu/tzheng/files/Rcolor.pdf

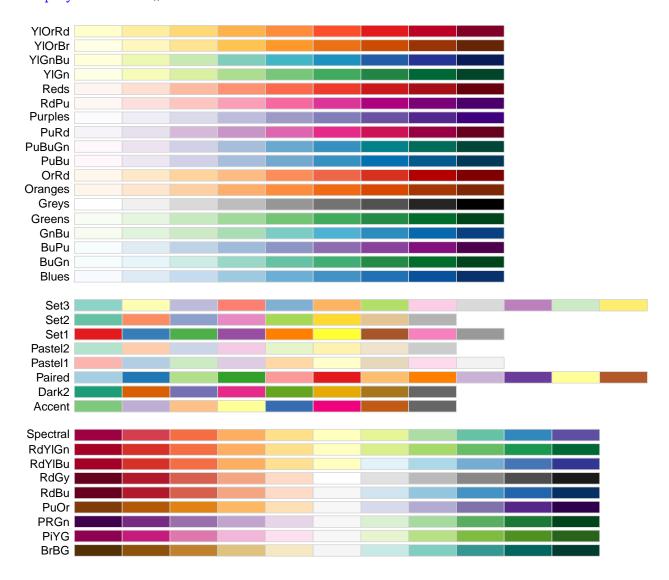
```
# List of first 100 colors in R.
colors()[1:100]
FALSE
        [1] "white"
                               "aliceblue"
                                                  "antiquewhite"
                               "antiquewhite2"
                                                  "antiquewhite3"
FALSE
        [4] "antiquewhite1"
FALSE
            "antiquewhite4"
                               "aquamarine"
                                                  "aquamarine1"
FALSE
       [10]
            "aquamarine2"
                               "aquamarine3"
                                                  "aquamarine4"
FALSE
       [13]
            "azure"
                               "azure1"
                                                  "azure2"
FALSE [16] "azure3"
                               "azure4"
                                                 "beige"
FALSE [19] "bisque"
                               "bisque1"
                                                  "bisque2"
                                                  "black"
FALSE [22] "bisque3"
                               "bisque4"
FALSE [25] "blanchedalmond"
                               "blue"
                                                  "blue1"
FALSE [28] "blue2"
                               "blue3"
                                                 "blue4"
FALSE [31] "blueviolet"
                               "brown"
                                                  "brown1"
FALSE [34] "brown2"
                                                  "brown4"
                               "brown3"
FALSE [37] "burlywood"
                               "burlywood1"
                                                  "burlywood2"
FALSE [40] "burlywood3"
                               "burlywood4"
                                                  "cadetblue"
FALSE [43] "cadetblue1"
                               "cadetblue2"
                                                  "cadetblue3"
FALSE [46] "cadetblue4"
                               "chartreuse"
                                                  "chartreuse1"
FALSE [49] "chartreuse2"
                               "chartreuse3"
                                                  "chartreuse4"
FALSE [52] "chocolate"
                               "chocolate1"
                                                  "chocolate2"
FALSE [55] "chocolate3"
                               "chocolate4"
                                                  "coral"
FALSE
       [58]
            "coral1"
                               "coral2"
                                                  "coral3"
                               "cornflowerblue"
FALSE [61] "coral4"
                                                 "cornsilk"
FALSE [64] "cornsilk1"
                               "cornsilk2"
                                                  "cornsilk3"
FALSE [67] "cornsilk4"
                               "cyan"
                                                  "cyan1"
FALSE [70] "cyan2"
                               "cyan3"
                                                  "cyan4"
FALSE [73] "darkblue"
                               "darkcyan"
                                                  "darkgoldenrod"
FALSE [76] "darkgoldenrod1"
                               "darkgoldenrod2"
                                                  "darkgoldenrod3"
FALSE [79]
            "darkgoldenrod4"
                               "darkgray"
                                                  "darkgreen"
FALSE [82] "darkgrey"
                               "darkkhaki"
                                                  "darkmagenta"
FALSE [85]
            "darkolivegreen"
                               "darkolivegreen1"
                                                 "darkolivegreen2"
FALSE [88] "darkolivegreen3"
                               "darkolivegreen4"
                                                  "darkorange"
FALSE
       [91] "darkorange1"
                               "darkorange2"
                                                  "darkorange3"
FALSE [94] "darkorange4"
                               "darkorchid"
                                                  "darkorchid1"
FALSE [97] "darkorchid2"
                               "darkorchid3"
                                                  "darkorchid4"
FALSE [100] "darkred"
```

### **Palettes**

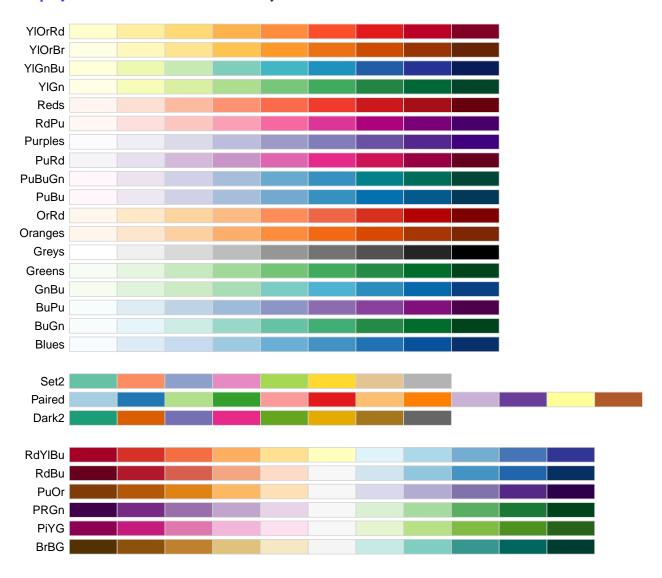
Several R packages propose color palettes. One particularly user-friendly R-package in this regard is RColorBrewer. The colors on the palettes are selected to fit well together for usage in different research contexts: heatmaps, topologies, color gradients, ...

### library(RColorBrewer)

### display.brewer.all()



display.brewer.all(colorblindFriendly = TRUE)



# # Example par(mfrow=c(3,3)) for(i in 1:9){ # Loop (9 plots total) # No figure margins (bottom, left, top, right), see ?par for details par(mar=c(0,0,0,0))plot(0.5, 0.5, # x and y coordinates pch=20, # Plotting character nbr. 20 (filled circle) cex=25, # Magnify point by a factor of 25 xlim=c(0,1), ylim=c(0,1), # Range of x and y axes xlab="", ylab="", # No labels for axes xaxt="n", yaxt="n", # Axes type - "n" for no axes bty="n", # Type of box around plot - "n" for no box col=brewer.pal(n = 9, name = "YlOrRd")[i]) # Loop over RColorBrewer palette } # Close Loop

### Transparence

Controlling for the transparency can be useful when visual information superposes. The library yarrr, a companion to the e-Book YaRrr!: The Pirate's Guide to R, contains the easy to use function transparent(). This function allows to create more transparent versions of a chosen color by entering its name or code and to indicate the degree of transparency from 0 (no transparence at all) to 1 (completely transparent).

```
library(yarrr)
# A sequence of 9 degrees of transparency
T=seq(0,1,1/8) # 9 step sequence from 0 to 1
par(mfrow=c(3,3))
for(i in 1:length(T)){
par(mar=c(0,0,0,0))
plot(0.5, 0.5,
     pch=20, cex=25,
     xlim=c(0,1), ylim=c(0,1),
     xlab="", ylab="",
     xaxt="n", yaxt="n",
     bty="n",
     # Transparency gradient for black
     col=transparent(orig.col="black", trans.val=T[i]))
  # Add text (the % of transparency) to the graphic
  text(0.5,0.5, labels=round(T[i],2), cex=2.5)
}
                                                            0.62
                                         0.88
```

### Mixing own colors

In principle, the color palette in R is large enough to meet a typical user's expectation. But in some cases, reports for institutions or companies, which have their own branding, making the layout recognizable by addressing their specific coloring scheme may be a plus.

There are various ways to code colors. The hex(adecimal) and RGB systems are the most important ones in R. Colors in figures can be entered either with the color name or with the hex code. However, the hex code is not very intuitive. RGB is somewhat easier to grasp. RGB is an additive color model where the letters stand for Red, Green, and Blue and the code reflects their intensity, from 0 to full intensity. A broad array of colors can be reproduced with these three primary colors.

R-users who want to programm colors and have a good intuition of mixing the three colors can try the function rgb() found in the R-package grDevices to translate the RGB code of a color into HEX to be used in plot functions.

Color codes for brands can be found either in RGB or HEX by searching the web.

The following example aims to reproduce the color of the year 2019 which was *Living Coral* by using the color RGB code found online.

```
# Programming one's own color or after having found its RGB composition
# Red green and blue composition of a color
Coral=rgb(255, 111, 97, maxColorValue = 255)
T=seq(0,1,1/8)
par(mfrow=c(3,3))
for(i in 1:length(T)){
par(mar=c(0,0,0,0))
plot(0.5, 0.5,
     pch=20, cex=25,
     xlim=c(0,1), ylim=c(0,1),
     xlab="", ylab="",
     xaxt="n", yaxt="n",
     bty="n",
     # Replace black by Coral
     col=transparent(orig.col=Coral, trans.val=T[i]))
  text(0.5,0.5, labels=round(T[i],2), cex=2.5)
```



<sup>#</sup> Exercise

 $<sup>\</sup>mbox{\tt\#}$  How does the color of the year 2020 look like in R?

<sup>#</sup> See RGB / HEX here: https://www.pantone.com/color-finder/19-4052-TCX

### **Plots**

When doing plots of data in R a few functions are probably the most central: plot(), barplot(), hist(), barplot(). Another important command, which is not a function, is par. When it comes to fine-tuning plots, starting the search by typing par in the console is very likely to lead to a response.

### Saving plots

Plots are saved with functions pdf(), jpeg(), tiff(), postscript(),  $save\_html()$  from the htmltools package.

Type ?png, ?pdf, ?postscript on how to use the functions. In general, it requires only to put the function before the plotting function and to close the function, i.e. stop saving, at the end off the plot with dev.off() or graphics.off(). Saving a plot requires mainly the specification of 1) the path to output 2) a file name and 3) the file type (.pdf, .jpeg, etc...). Further options for customization are available (e.g. the size of the figure, formatting options such as resolution, page dimensions e.g. A4 or US letter).

```
# 1) path_output has been set earlier,
# 2) name of the figure: Plot_to_save
# 3) and file type .pdf

pdf(paste(path_output, "Plot_to_save.pdf", sep=""), paper="a4")
# Copy paste an entire plot code here

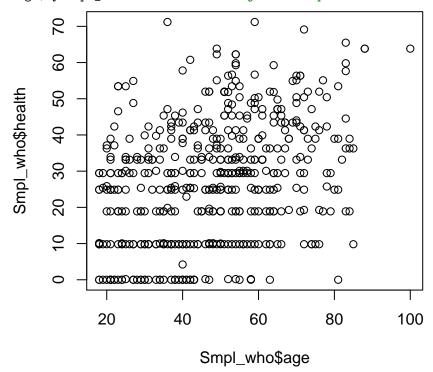
dev.off() # Closes the pdf window
```

### Basic plotting options

Let's explore different plotting options with a scatterplot of the variables age and health to illustrate, step by step, essential plotting options.

```
# Starting with the R-output of an x against y plot
# where no further specifications are provided.
```

plot(x=Smpl\_who\$age, y=Smpl\_who\$health) # Zero adjustments plot



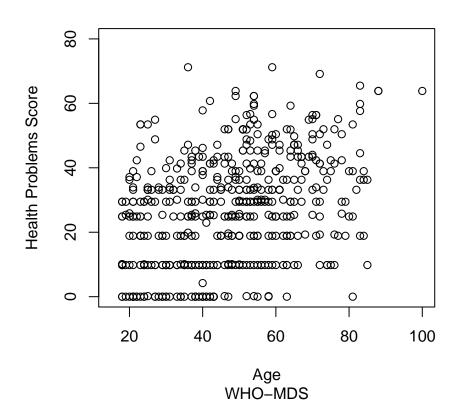
#### Axis range

```
# Setting the ranges of the axes with xlim and ylim
range(Smpl_who$age)
  [1] 18 100
range(Smpl_who$health)
  [1] 0.00000 71.20512
 plot(x=Smpl_who$age, y=Smpl_who$health, # x and y coordinates
                                                xlim=c(15, 100), # Age ranges from 18 to 100
                                                ylim=c(0, 80)) # True range of the measure is 0 to 100
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                                                                                                                                                                                                  9
                                                                                                                                             Smpl_who$health
                                                                                                                                                                                                                                                                                                  \infty^{\!\scriptscriptstyle O}
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                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    80
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 100
```

Smpl\_who\$age

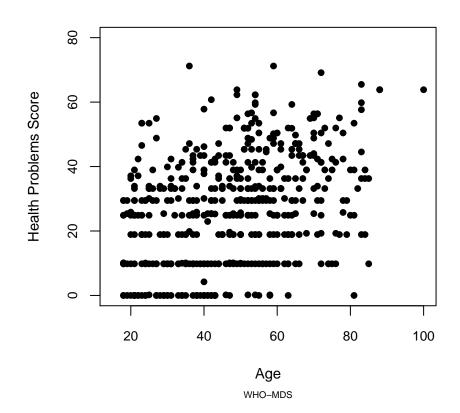
### Title, subtitles, labels

```
plot(x=Smpl_who$age, y=Smpl_who$health,
    xlim=c(15,100), ylim=c(0,80), # Axes range
    xlab="Age", # Axis label
    ylab="Health Problems Score", # Axis label
    main="Chile", # Main title
    sub="WHO-MDS") # Subtitle
```



### Character size (expansion)

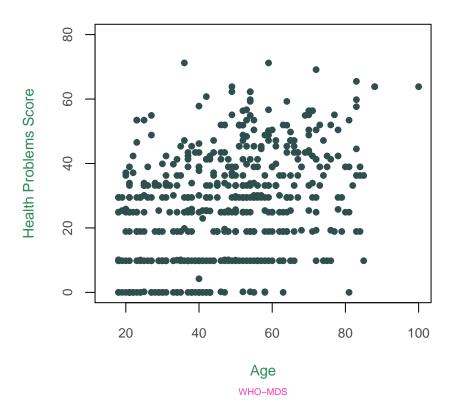
```
# cex=1 does not change size, < 1 downsizes, > 1 enlarges
plot(x=Smpl_who$age, y=Smpl_who$health,
    xlim=c(15,100), ylim=c(0,80),
    xlab="Age",
    ylab="Health Problems Score",
    main="Chile",
    sub="WHO-MDS",
    cex.lab=0.9, # Downsizing axis labels
    cex.main=1.5, # Enlarging main title
    cex.sub=0.6, # Downsizing the subtitle
    cex.axis=0.8, # Downsizing axis numbering
    cex=0.8, # Downsizing the points in the plot
    pch=19) # Change point type makes it look already a little bit better ?points
```



### Coloring

```
# For the coloring, same command strategy col. + axis, lab, main, sub

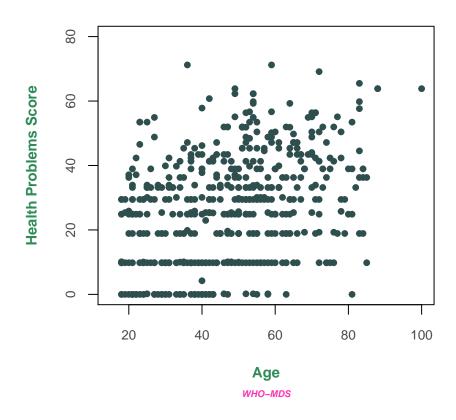
plot(x=Smpl_who$age, y=Smpl_who$health,
    xlim=c(15,100), ylim=c(0,80),
    xlab="Age",
    ylab="Health Problems Score",
    main="Chile",
    sub="WHO-MDS",
    cex.lab=0.9, col.lab="seagreen4", # Downsizing & coloring axis labels
    cex.main=1.5, col.main="palevioletred3", # Enlarging & coloring main title
    cex.sub=0.6, col.sub="maroon1", # Downsizing & coloring the subtitle
    cex.axis=0.8, col.axis="gray29", # Downsizing & coloring axis numbering
    cex=0.8, col="darkslategrey", # Downsizing & coloring the points
    pch=19) # Putting bullets
```



#### Font

```
# For the font, same command strategy font. + axis, lab, main, sub
plot(x=Smpl_who$age, y=Smpl_who$health,
    xlim=c(15,100), ylim=c(0,80),
    xlab="Age",
    ylab="Health Problems Score",
    main="Chile",
    sub="WHO-MDS",
    cex.lab=0.9, col.lab="seagreen4", font.lab=2, # Bold
    cex.main=1.5, col.main="palevioletred3", font.main=3, # Italic
    cex.sub=0.6, col.sub="maroon1", font.sub=4, # Bold and italic
    cex.axis=0.8, col.axis="gray29", font.axis=1, # Standard font
    cex=0.8, col="darkslategrey",
    pch=19)
```

# Chile

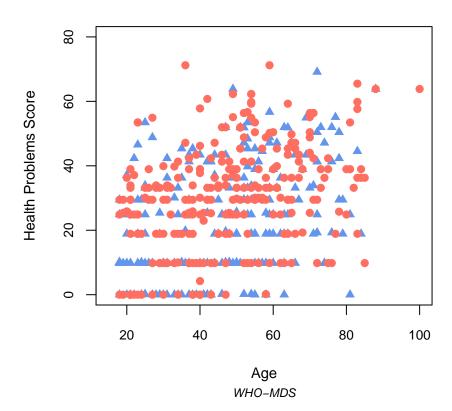


Visually speaking, the last plot here was not a hit, but helped to introduce some basic plotting options. Let's try to make the scatterplot more informative.

#### Points & symbols with pch

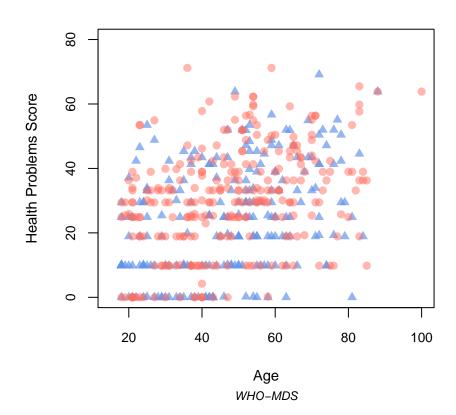
Next, use different symbols for male and females with the option *pch*. Now, the plot has to be constructed in a two-step approach, first by plotting the male subgroup, second by adding points for the female subgroup.

```
Smpl_who_male=subset(Smpl_who, sex=="male")
Smpl_who_female=subset(Smpl_who, sex=="female") # Could also be written sex!="male"
# First: make a plot for the male subsample
plot(x=Smpl_who_male$age, y=Smpl_who_male$health,
     xlim=c(15,100), ylim=c(0,80),
     cex.axis=0.85,
     xlab="Age", cex.lab=0.9,
     ylab="Health Problems Score",
     main="Chile", cex.main=1.25, font.main=2,
     sub="WHO-MDS", cex.sub=0.75, font.sub=3,
     pch=17, col="cornflowerblue", # Blue triangles
     cex=1)
# Second: add to the plot the points of the female subsample
points(x=Smpl_who_female$age, y=Smpl_who_female$health,
       pch=19, col=Coral, # Living coral circles
       cex=1)
```



As the points overlap, the function transparent() presented earlier maybe helpful to improve the visualization.

### Chile



#### # Exercise

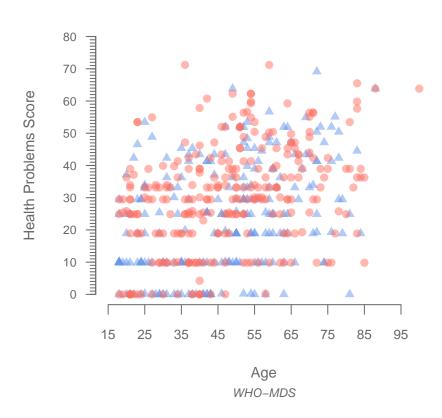
- # Try out the different point types by using pch
- # Check ?points to see the pch options displayed
- # Vary the size, color and transparency of the plotting symbols

#### Axes

Axes are useful when magnitudes such as frequencies, proportions or effects need to be shown in relation to a metric. The plot() function automatically puts axes by default. However, the formatting of axes is sometimes better done outside of the plot. This can be achieved by first drawing a plot, which supresses the axes. The axes can then be re-entered separately in additional steps with the R-function axis(). A relatively wide serie of options are available for customization: axis position, tick position, tick size, tick width, direction of labels, line types, colors, font-related options and more (see ?axis for all the options).

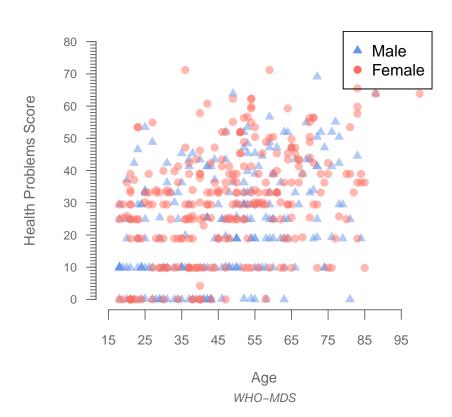
```
# Continuing with previous plot but supressing the axes and frame
plot(x=Smpl who male$age, y=Smpl who male$health,
     xlim=c(15,100), ylim=c(0,80),
     cex.axis=0.85,
     xlab="Age", cex.lab=0.9, col.lab="dimgrey",
     ylab="Health Problems Score",
     main="Chile", cex.main=1.5, font.main=2, col.main="dimgrey",
     sub="WHO-MDS", cex.sub=0.75, font.sub=3, col.sub="dimgrey",
     pch=17,
     col=transparent(orig.col="cornflowerblue", trans.val=0.5),
     bty="n", # Suppresses the box around the plot
     xaxt="n", yaxt="n") # Suppresses the axes
# Add to the plot the points of the female subsample
points(x=Smpl_who_female$age, y=Smpl_who_female$health,
       pch=19,
       col=transparent(orig.col=Coral, trans.val=0.5))
# Now let's put some axes
# The number coming after the command indicates the side, it always starts
# below and goes clockwise 1=bottom, 2=left, 3=top, 4=right
# The x axis is below the plot and we want a tick for every 10 years
# Start by checking the range of ages
axis(1, at=seg(15,100,10), labels=TRUE,
     cex.axis=0.85,
     col="dimgrey",
     col.ticks="dimgrey", # Color of tick marks
     col.axis="dimgrey") # Color of the axis
# The y axis will be on the left and we want a tick for every 10 years
# Start by checking the range of health
axis(2, at=seq(0, 80, 10),
     labels=TRUE, # Add labels to each tick (default: TRUE)
     cex.axis=0.75,
     las="1", # Orientation of the labels 1=horizontal
     col="dimgrey",
     col.ticks="dimgrey",
     col.axis="dimgrey")
# By varying the size of the ticks a metric type of ruler could be done, why not.
# Putting a more granular y-axis with smaller ticks - option tck
```

```
axis(2, at=seq(0, 80, 1), labels=FALSE, # Plot 80 ticks each 1 unit apart
    tck=-0.02, # shorter tick mark length
    cex.axis=0.85,
    col="dimgrey",
    col.ticks="dimgrey")
```



### Legend

Similar to axis() and points(), the legend() can be added ad hoc to the plot as a separate function.



- # Exercise
- # The legend looks still terrible let's remove the box
- # Reformat the legend in an appropriate size
- # Reposition the legend using the coordinate system if required
- # Add transparency to the legend points

# **Boxplots**

# Exercise

A boxplot allows displaying the essential descriptive statistics for continuous data with a five number summary (minimum, first quartile (Q1), median, third quartile (Q3), and maximum). The boxplot also shows outliers. However, it does not allow to check if data is normally distributed or not.

```
# Boxplot of age
boxplot(Smpl_who[,"age"])
                              100
# Boxplot of age and sex
boxplot(Smpl_who[,"age"]~Smpl_who[,"sex"])
                                 100
                           Smpl_who[, "age"]
                                 9
                                           female
                                                          male
                                            Smpl_who[, "sex"]
# Remark: the same function could also be written as:
boxplot(Smpl_who$age~Smpl_who$sex)
boxplot(age~sex, data=Smpl_who)
```

# Add a title for the second plot "Age Quantiles by Gender"

# Do a similar plot to display the health problem scores

cornflowerblue for the males,

# Add colors to the plot, for example in lightpink1 for the females and

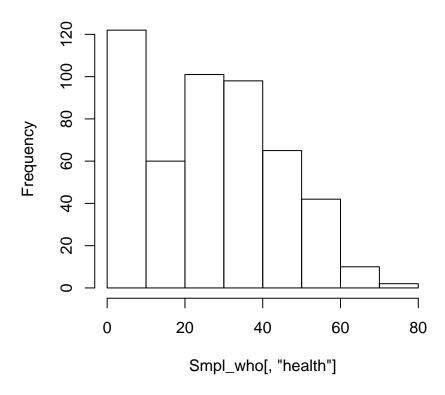
# Histograms and barplots

The function hist() plots a histogram for a vector of values. The function lines() allows to add a line to the plot. The function density() calculates the coordinates for the corresponding density line. Also, normal distribution curves can be added to make the histogram even more informative with dnorm().

For factor and character variables the function barplot() is the better plotting function to represent the frequencies of variable levels with bars.

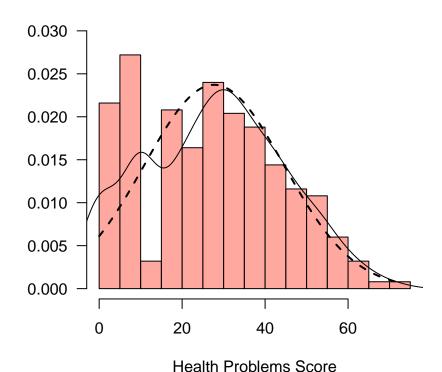
# Frequency distribution for numeric/continuous variables
hist(Smpl\_who[,"health"], main="Health Problems Score Distribution")

### **Health Problems Score Distribution**



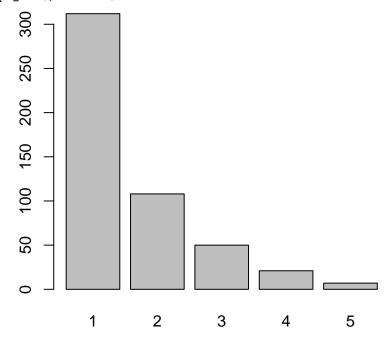
```
# Probability distribution for numeric/continuous variables
hist(Smpl_who[,"health"], main="Probability Distribution",
       probability=TRUE, # Probability distribution
       vlim=c(0,0.03), # Adjusting the height of the y-axis
      xlab="Health Problems Score", # Putting an x-axis label
       ylab="",
       las=1, # Setting the y-axis labels to be horizontal
       breaks=15, # Specifiying the number of columns in the histogram
       col=transparent(orig.col=Coral, trans.val=0.4), # Color the columns
       border=NULL) # Remove the borders
# Density line (solid)
lines(density(Smpl_who[,"health"]), col = "black") # Adding a density line
# Adding a normal distribution curve (dashed)
  to visualize the departure from the normal distribution
xfit=seq(min(Smpl_who[,"health"]),max(Smpl_who[,"health"]),length=nrow(Smpl_who))
yfit=dnorm(xfit,mean=mean(Smpl_who[,"health"]),sd=sd(Smpl_who[,"health"]))
lines(xfit, yfit, col="black", lwd=2, lty="dashed")
```

# **Probability Distribution**



# Draw a barplot

# Plot of heights, i.e. frequencies for factor variables with barplot
barplot(table(Smpl\_who[,"stress"]))

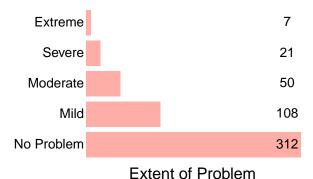


#### Text

The text() function allows to put text on plots whereas mtext() can be used to add text in the margins of a plot.

```
# Starting with previous plot without characteristics to illustrate text functions
barplot(table(Smpl_who[,"stress"]),
        col=transparent(orig.col=Coral, trans.val=0.44),# Coral color
       border=FALSE, # No border around the columnns
       axes=FALSE, # No axes
       horiz=TRUE, # Displaying the bars horizontally
       names.arg="", # Removing the labels
       main="Stress") # Putting a title
# Adding text in and next to the columns
Labels=c("No Problem", "Mild", "Moderate", "Severe", "Extreme")
# Adding text in the margins
mtext(text="Extent of Problem", side=1) # Adding a subtitle, side=1)
mtext(text=Labels, side=2, at=c(0.75, 1.95, 3.15, 4.35, 5.55), # Finding at= positions
                                                               # is trial & error
      cex=0.8, # Label size
      las=1) # Text shown horizontally
# Frequency of observations
N=table(Smpl_who[,"stress"])
# Add frequency x-coordinate set a little bit below the highest frequency
text(x=rep(max(N)-20, 5), y=c(0.75, 1.95, 3.15, 4.35, 5.55), labels=N, cex=0.8,
     col="black")
```

### **Stress**



### Plots from scratch

### Layout

Another important graphical feature is the layout() function which allows to divide the graphical space into fields. It is very useful to create figures composed of several plots.

layout() requires the user to define a matrix where the number stands for the position of each figure in the graphical display, and its relative size. More specifically, the numbers determine the order in which the plots enter the graphical display. A size ratio can also be entered separately with the options widths and heights.

To divide the graphical space in 4 equally sized fields where the plots will be entered starting from top left (1) until bottom right (4) the user will have to define a matrix of the form:

$$\begin{bmatrix} 1 & 2 \\ 3 & 4 \end{bmatrix}$$

To start entering the plots from bottom left (1) to top left (4), the user will have to define a matrix of the form:

$$\begin{bmatrix} 4 & 3 \\ 1 & 2 \end{bmatrix}$$

An asymetric arrangement is also possible. For example, if one wants to draw a window with three plots on the left hand side (1,2,3) and two plots on the right hand side (4,6) with a small space between the two plots to add text (5), the user could proceed as follows:

$$\begin{bmatrix} 1 & 4 \\ 1 & 4 \\ 1 & 4 \\ 2 & 4 \\ 2 & 5 \\ 2 & 6 \\ 3 & 6 \\ 3 & 6 \\ 3 & 6 \end{bmatrix}$$

The function matrix() allows to draw the design matrices to divide the graphical space. The function layout.show() allows to visualize the intended display.

```
par(oma=c(.25,.25,.25,.25)) # Add margins to print entire plot
# 4 plotting fields from top left to bottom right
mat1=matrix(c(1,2,3,4), byrow=TRUE, ncol=2)
layout(mat1)
layout.show(n=4)
```

1	2
3	4

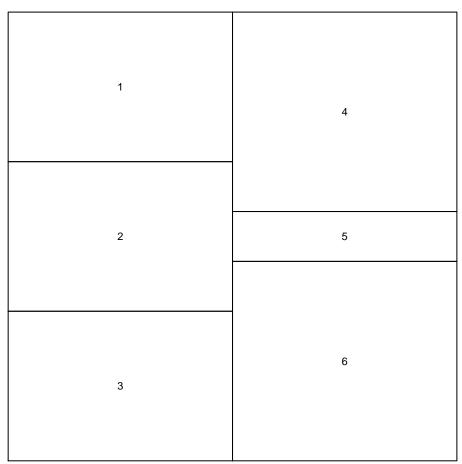
```
par(oma=c(.25,.25,.25,.25)) # Add margins to print entire plot
# 4 plotting fields from bottom left to top left
mat2=matrix(c(4,3,1,2), byrow=TRUE, ncol=2)
layout(mat2)
layout.show(n=4)
```

4	3
1	2

```
# 4 plotting fields from bottom left to top left, top plots being twice as large
par(oma=c(.25,.25,.25,.25)) # Add margins to print entire plot
mat3=matrix(c(4,3,4,3, 1,2), byrow=TRUE, ncol=2)
layout(mat3)
layout.show(n=4)
```

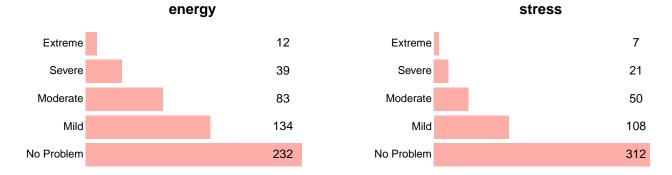
4	3
1	2

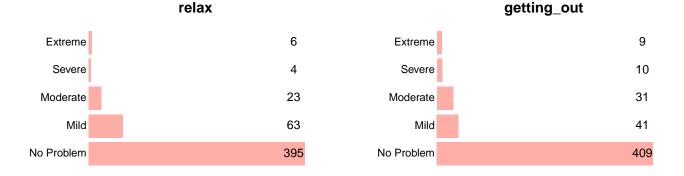
layout(mat4)
layout.show(n=6)



The filling of the plotting fields is easy, it simply requires to draw the plots and they are entered automatically in the order set with layout(). Let's use a simple 2x2 display for a quick illustration.

```
# Plot 4 barplots into the layout:
mat=matrix(c(1,2,3,4), byrow=TRUE, ncol=2)
layout(mat)
# In fields 1, 2, 3 and 4: barplots for energy, stress, relax and getting_out
Labels=c("No Problem", "Mild", "Moderate", "Severe", "Extreme")
Variable=c("energy", "stress", "relax", "getting_out")
for(i in 1:length(Variable)){
par(mar=c(1,7,2.5,2))
barplot(table(Smpl_who[,Variable[i]]),
        col=transparent(orig.col=Coral, trans.val=0.44), # Coral color
        border=FALSE, # No border around the columnns
        axes=FALSE, # No axes
        horiz=TRUE, # Displaying the bars horizontally
        names.arg="", # Removing the labels
        main=Variable[i], # Putting a title
        cex.main=1.25) # Resizing title
# Adding text in the margins
mtext(text=Labels, side=2, at=c(0.75, 1.95, 3.15, 4.35, 5.55),
      cex=.75, # Label size
      las=1) # Text shown horizontally
# Adding frequency of obeservation in and next to columns
N=table(Smpl_who[,Variable[i]])
# y-coordinate set to the highest frequency
text(x=rep(max(N)-20, 5), y=c(0.75, 1.95, 3.15, 4.35, 5.55),
         labels=N, cex=1, col="black") }
```





# **Empty plots**

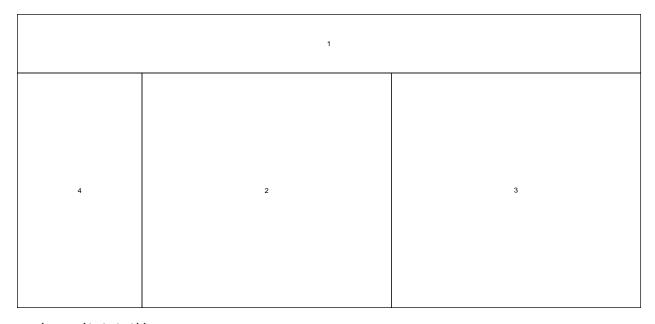
To draw a plot, the plotting window has to be opened somehow. There are several ways to do it, one being to call plot.new() the other to draw an empty plot.

The advantage of drawing an empty plot is, that some settings can already be specified, even if they are not visible.

### Drawing a plot

It can happen that one has a concrete idea what to show and the entire plot needs to be drawn from scratch. A few useful functions in this regard are segments(), abline, points(), rect(), polygon().

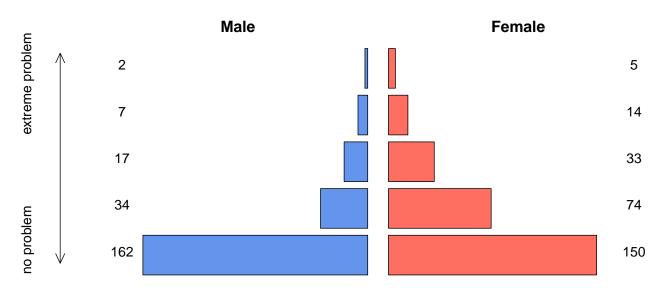
Example of a mirrored histogram for stress by gender using rect() and text().



```
par(mar=c(0,0,0,0))
# The 'drawing an empty plot' approach
plot(1,1, col="white",
           xlim=c(0,10), ylim=c(0,1), # Random size (only ratio imports)
           bty="n", # No frame
           yaxt="n",xaxt="n", # No axes
           xlab="", ylab="") # No default labels
text(6,.5, "Problems with stress", # Some title for the example
        font=2,
        col="black",
        cex=2.5)
# Computing the frequencies per gender
Freq=table(Smpl_who[,c("stress", "sex")])
Freq_male=Freq[,2]
Freq_female=Freq[,1]
# Histogram for male subgroup
```

```
par(mar=c(0,0,1.25,0)) # Margin size adjustment
# Starting with an empty but sized plotting field
plot(1,1, col="white",
           xlim=c(max(Freq)+25,0), ylim=c(0,nrow(Freq)), # Give it the size needed
           main="Male", # Title instead of legend,
           cex.main = 2,
           bty="n", # No frame
           yaxt="n", xaxt="n", # No axes
           xlab="", ylab="") # No default labels
# Drawing rectangles of the size of the frequencies for the male subgroup
for(i in 1:length(Freq_male)){
rect(xleft=0, ybottom=i-1, xright=Freq_male[i], ytop=i-0.15,
     col="cornflowerblue", border=NULL)
text(x=max(Freq)+15, y=i-0.5, labels=Freq_male[i], cex=1.8)
# Histogram for female subgroup
par(mar=c(0,0,1.25,0)) #margin size adjustment
# A second empty but sized plotting field
  plot(1,1, col="white",
           xlim=c(0, max(Freq)+25), ylim=c(0,nrow(Freq)), # Give it the size needed
           main="Female", # Title instead of legend,
           cex.main = 2,
           bty="n", # No frame
           yaxt="n",xaxt="n", # No axes
           xlab="", ylab="") # No default labels
# Drawing rectangles of the size of the frequencies for the female subgroup
for(j in 1:length(Freq_female)){
rect(xleft=0, ybottom=j-1, xright=Freq_female[j], ytop=j-0.15,
     col=Coral, border=NULL)
text(x=max(Freq)+15, y=j-0.5, labels=Freq_female[j], cex=1.8)
}
  # Empty plot
  plot(1,1, col="white",
           xlim=c(0, 4), ylim=c(0,10), # Give it the size needed
           bty="n", # No frame
           yaxt="n",xaxt="n", # No axes
           xlab="", ylab="") # No default labels
   # Putting an arrow
   arrows(x0=3, y0=0.5, x1=3, y1=9.5,
                    length=0.15, # Size of arrow head
                    angle=25, # Angle 'from shaft to edge' of the arrow
                    code=3) # Type of arrow
   # Add some text left to the arrow
   text(2,1.5, "no problem", cex=1.8, srt=90) # srt=string rotation in degree
   text(2,8.2, "extreme problem", cex=1.8, srt=90)
```

## **Problems with stress**



## ggplot

The R-package ggplot2 offers functionalities to create figures with a professional layout. ggplot elements are "woven" into a set of layers and many options are set to reasonable defaults.

Every ggplot2 plot has three key components:

- a data set
- an aesthetic mapping between variables in the data set and visual properties
- a layer to describe how to render each observation (typically with a geom function)

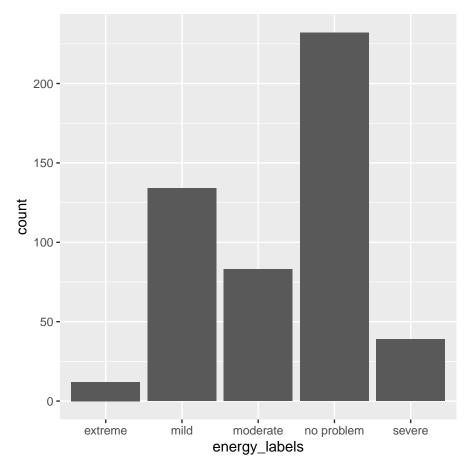
### Barcharts with ggplot2

First, load the ggplot2 package and calculate an aggregated data set of the frequency per energy level as the data set to use. Note, that at this point the actual plot geometry (e.g. bar chart or histogram) is still missing.

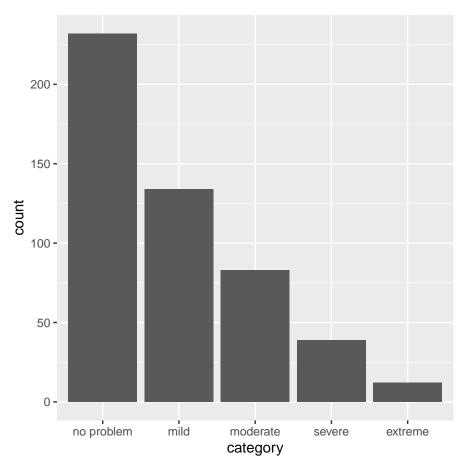
```
library(ggplot2)
library(dplyr)
# Calculate average health problems score per level of getting_out
data <- Smpl_who %>%
                    group by(energy) %>%
                    summarize(count = n())
# Recode numbers to text labels
data$energy_labels <- recode(data$energy, "1" = "no problem",</pre>
                                           "2" = "mild", "
                                            3" = "moderate".
                                            "4" = "severe",
                                            "5" = "extreme")
# Define an ordered factor for energy labels
data$category <- factor(data$energy_labels, ordered = TRUE,</pre>
                  levels = c("no problem", "mild", "moderate",
                              "severe", "extreme"))
# Define a color scale from green to red and a mapping to
   the levels of the energy variable
green red <- rev(brewer.pal(5, "RdYlGn"))</pre>
names(green_red) <- c("no problem", "mild", "moderate", "severe", "extreme")</pre>
# Store basic plot in variable p
p <- ggplot(data) + # Data set
                    aes(x=energy labels, y = count) # Base aesthetics
```

Add a bar chart geometry. This will plot a basic bar chart for the energy variable. Note, however, that the bars are ordered alphabetically.

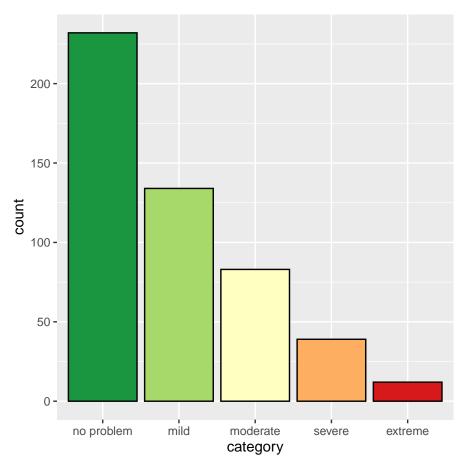
```
p2 = p +
    # stat = "identity" tells ggplot to plot the formerly calculated
    # frequency values "as is", i.e. no further aggregation needs
    # to be performed
    geom_bar(stat = "identity") # Standard bar chart
p2
```



Reorder the bars from "no problem" to "extreme problem".

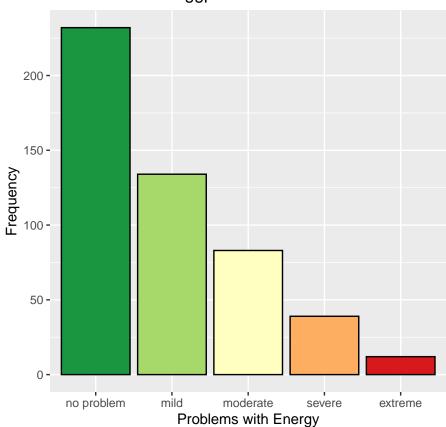


Modify the bar colors to represent the problem severity.



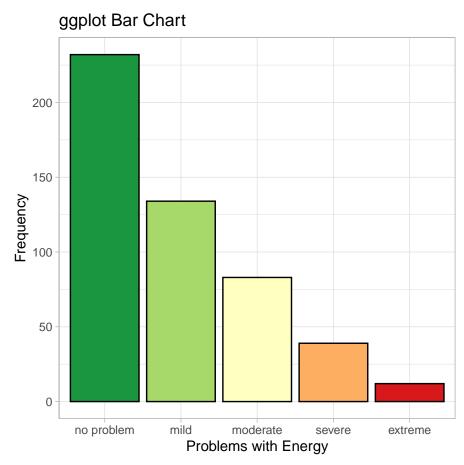
Modify axes labels, add a main title and center the main title.

## ggplot Bar Chart

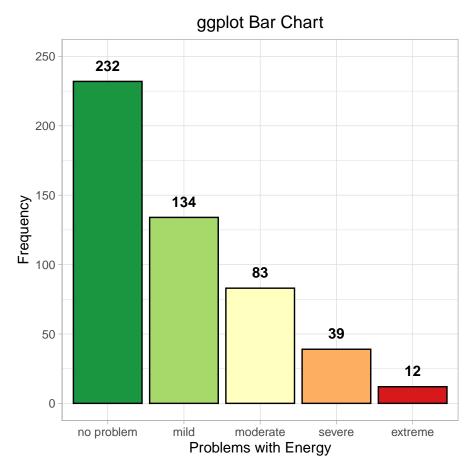


Many details of ggplot formatting (such as centering of the title above) are controlled through themes. A wide variety of different themes is available: https://ggplot2.tidyverse.org/reference/ggtheme.html

Note, that the main title is no longer centered, as this theme overwrites the earlier theme-based modification.



Next, add data values to the plot and recenter the main title. Also, extend the y-axis range, to ensure that the data values fit above each bar.



### Pie charts with ggplot2

There is no off-the-shelf template for a donut chart / pie chart in ggplot2. However, they can be calculated by a transformation of the coordinate system (basically by bending a single stacked barchart into a pie / donut shape).

```
# Compute percentages
data$fraction <- data$count / sum(data$count)

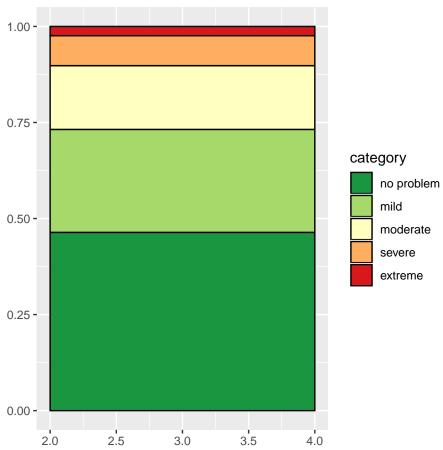
# Compute the cumulative percentages (top of each rectangle)
data$ymax <- cumsum(data$fraction)

# Compute the bottom of each rectangle
data$ymin <- c(0, head(data$ymax, n=-1))

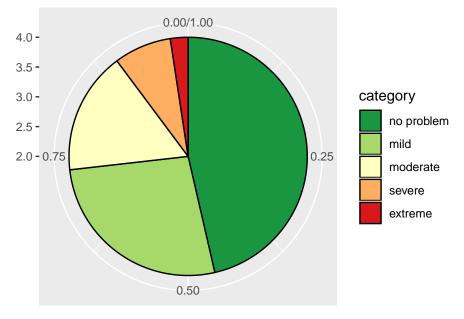
# Compute label position
data$labelPosition <- (data$ymax + data$ymin) / 2

# The above transformations allow to draw a stacked bar chart with
# hight from 0 to 1 and with width from 2 to 4

stacked_bar <- ggplot(data, aes(ymax=ymax, ymin=ymin, xmax=4, xmin=2, fill=category)) +
    geom_rect(color="black") +
    scale_colour_manual(values = green_red, aesthetics = "fill") # Color schema
stacked_bar</pre>
```

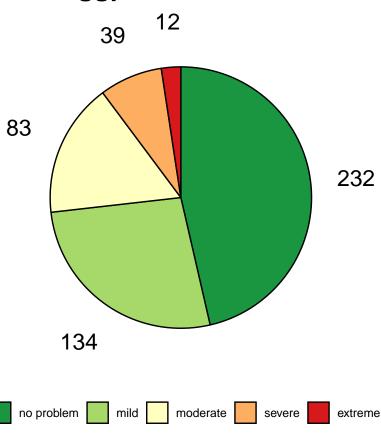


```
# The axis around the circle rangs from 0 to 1 (clockwise)
# The axis from the center to the edge of the pie chart goes from 2 to 4
# Note, that this corresponds to the stacked barchart dimensions defined above
pie <- stacked_bar + # Start from stacked barchart
    # Define position and size of the text
    coord_polar(theta="y") # # Transformation into
pie</pre>
```



```
# Add data values around the chart and format the legend
pie2 <- pie +
    xlim(c(2, 4.4)) + # Slightly extend x-axis to have space for data values
# 4.7 is outside of the pie's position.
geom_text( x=4.7, aes(y=labelPosition, label=count), size=6) +
    theme_void() + # No background
    theme(legend.position = "bottom") + # Legend at bottom
    labs(fill="") + # Legend without title
    ggtitle("ggplot Pie Chart") + # Add title
    # Format title
    theme(plot.title = element_text(hjust = 0.5, size = 20, face="bold"))
pie2</pre>
```

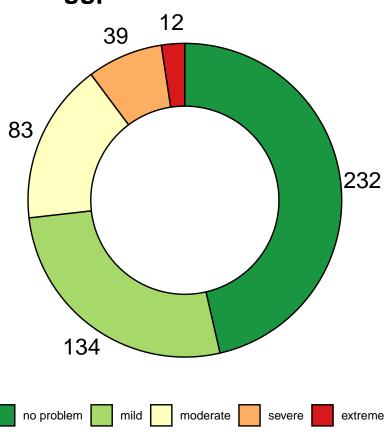
## ggplot Pie Chart

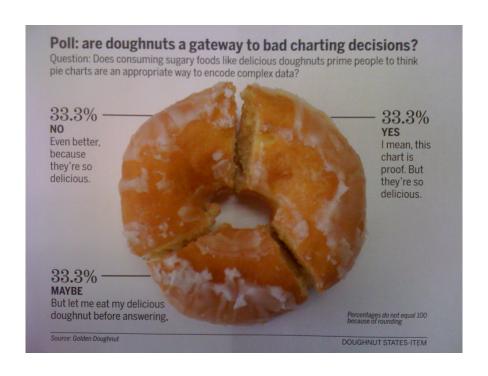


## Donut charts with ggplot2

The donut chart can be derived from the pie chart by cutting a hole into the middle.

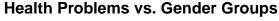
## ggplot Donut Chart

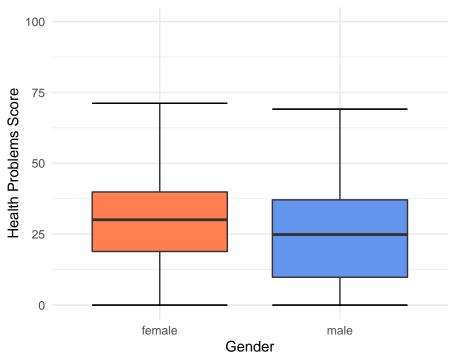




```
# Exercise
# In this exercise you will plot a boxplot of the health problems score
   across the two gender groups
# Refer to the reference https://ggplot2.tidyverse.org/reference and
         https://ggplot2.tidyverse.org/reference/geom_boxplot.html for details
# Build the graph step by step using Smpl who
# First, tell R which data set to use (ggplot), establish the basic aesthetics (aes) of
         what to draw on the x and y axis and which variable to use to color the
         two box plots, and define the geometry (geom_boxplot)
# Next, color (use fill-argument) females in "Coral" and males in "cornflower" blue
     tip: define a help vector analogue to green_red called coral_blue and
           assign names() for the vector to establish the mapping to the gender groups
#
      tip: use scale_color_manual with the "fill" aesthetics property
# Next, assign nicer x and y axis labels
# Next, change the plot template to theme_minimal
# Next, add a main title and center it
# Remove the plot's legend
# Tip: this is a theme option
# Final Task (...tricky): Add a horizontal line to the end of your whiskers
   as is often the case in standard boxplots
   Tip: Modify stat_boplot() and add to plot
```

The resulting plot should look similar to the one below





## A few more plots

There is an ever increasing number of useful and performant plot functions that can be found in the R. Many nice examples are found on: <a href="https://www.r-graph-gallery.com/">https://www.r-graph-gallery.com/</a>. What follows provides pieces of syntax or some information on how to do multidimensional plots, association plots as well as some 'fancy' functions: <a href="mailto:mosaicplot()">mosaicplot()</a>, <a href="mailto:wordcloud()</a>, <a href="mailto:vennDiagram()">vennDiagram()</a>, etc... Some of these plots may be more difficult to include in scientific reports and publications, but can leave an 'impression' in presentations or meetings.

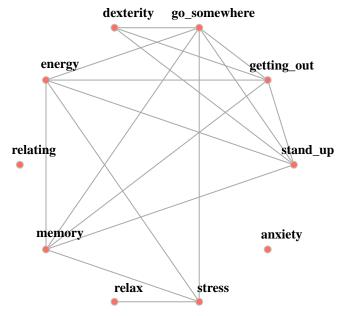
### **Association plots**

Association plots are a graphical way to display associations or distances between variables. Using some of the variables from Smpl\_who an association plot illustrating the strength of their correlation is drawn in what follows.

```
library(igraph) # A package for network plots
# Putting the numbers as numeric and calculating the rank correlation
Smpl_who[,c("stand_up", "getting_out", "go_somewhere",
            "dexterity", "energy", "relating",
            "memory", "relax", "stress", "anxiety")]=
  apply(Smpl_who[,c("stand_up", "getting_out",
                    "go somewhere", "dexterity",
                    "energy", "relating",
                    "memory", "relax", "stress",
                    "anxiety")],2,as.numeric)
Correl=cor(Smpl_who[,c("stand_up", "getting_out", "go_somewhere",
                       "dexterity", "energy", "relating",
                       "memory", "relax", "stress", "anxiety")],
                method="spearman",
                use="pairwise.complete.obs")
# Keep positive correlations
Correl[Correl<0.3] = 0 # This can be varied to keep only higher positive correlations
# Make an Igraph object from this matrix:
network = graph_from_adjacency_matrix(Correl,
                                      weighted=TRUE,
                                      mode="undirected",
                                      diag=FALSE)
# Layout the spacial arrangement of vertices based on
# the circle-algorithm
coords <- layout in circle(network)</pre>
# Basic chart, see ?igraph.plotting for all available options
plot.igraph(network, # data to plot
            layout=coords, # coordinates for vertex arrangement
            vertex.color=Coral, # vertex coloring
            vertex.size=5, # reduce point size
            vertex.frame.color="gray", # edge color
            vertex.label.color="black", # vertex label color
            vertex.label.cex=0.8, # vertex label size
```

vertex.label.dist=2, # distance of label from vertex





```
# Exercise
```

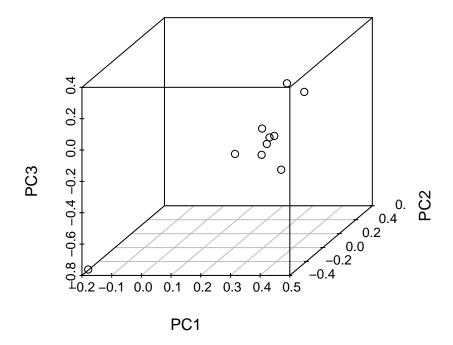
- # Calculate coords using layout nicely and redraw the plot
- # Change the color of go\_somewhere to "cornflowerblue"
- # Change the graph to slightly curved edges (e.g. edge.curved=0.2)

#### Three dimensional plots

Typically, 3d-plots are not very suitable to be displayed in a 2-dimensional space such as reports, articles or presentations. The perception and derived meaning of a 3-dimensional content may vary a lot depending on the perspective in which it is shown and thus may cause suspicion in a print-format.

However, R provides functions to show 3-dimensional plots on plotting windows where the user can rotate the view, zoom in and zoom out easily. This can be helpful when analysing distances or association matrices in a xyz coordinate system.

```
library(scatterplot3d)
```



## GUI for 3D-plots

Histoire à considérer sous plusieurs angles



Image from Gotlib - Rubrique-à-Brac – Tome 1 à Tome 5 : L'intégrale.

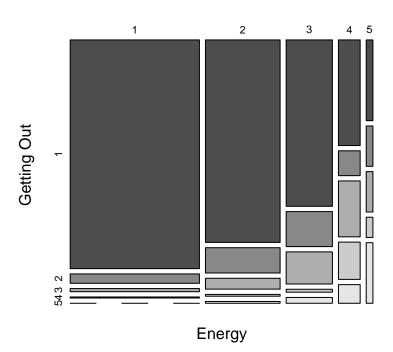
## Mosaic plots

The mosaic plot, also known as Marimekko plot, is a graphical method to visualize data from qualitative or ordered variables. The mosaic plot allows to constrast two variables or more. However, with more than 2 variables the plot may become difficult to read. The mosaic plot shows the frequency of observations within combination of variable levels by mean of areas of mosaic tiles.

The below code produces a mosaic plot of energy vs. getting\_out.

```
d_mosaic <- table(Smpl_who$energy, Smpl_who$getting_out)
mosaicplot(d_mosaic, xlab = "Energy", ylab = "Getting Out", color = TRUE)

d_mosaic</pre>
```

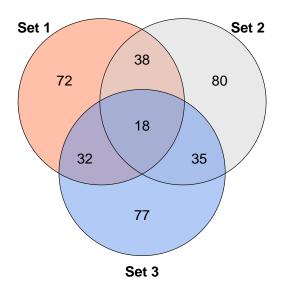


## Venn diagrams

A Venn Diagram can be used to visualize overlap between different sets. The elements within each set are compared against the other sets. If an element is present in more than one set, this is visualized as the intersection (overlap) of these sets.

```
set.seed(1234)
# Generate 3 sets of 200 numbers that randomly overlap some elements
set1 <- sample(1:500, size = 200, replace = TRUE)</pre>
set2 <- sample(1:500, size = 200, replace = TRUE)</pre>
set3 <- sample(1:500, size = 200, replace = TRUE)
# install.packages("VennDiagram")
library(VennDiagram)
# Chart
venn.plot=venn.diagram(
       x = list(set1, set2, set3),
        category.names = c("Set 1", "Set 2", "Set 3"),
        filename = NULL,
        # Circles
       lwd = 1, # Reduce line width
       fill = c("Coral", "lightgray", "cornflowerblue"),
        # Numbers
        cex = 1.5, # Reduce size of numbers
        fontfamily = "sans", # Font without serifs
        # Set names
        cat.cex = 1.5, # Reduce size of labels
        cat.fontface = "bold", # Put labels in bold
        cat.dist = c(0.05, 0.05, 0.05), # Distance of set labels
        cat.fontfamily = "sans") # Font without serifs
```

#### grid.draw(venn.plot)



#### Word clouds

Using the wordcloud package, the following code produces a word cloud using some randomly selected color names and attributing them random sizes - and putting them in the respective color. Random selection of a number of vector elements can be done with the function sample().

```
library(wordcloud)
```

```
set.seed(123) # Make the results reproducible
# Selecting 200 colors from the color name list with the function sample()
# Use rbeta to create frequencies s.t. large weights become increasingly unlikely
# This will allow to plot a word cloud with some larger words and many smaller words
# This resambles proportions in a typical text analysis word cloud
colors cloud = data.frame(word = sample(colors(), n), freq = rbeta(n, .2, 5))
# Order from largest to smallest frequency
colors cloud = colors cloud[order(colors cloud$freq, decreasing=T),]
# Keep only frequencies larger than .09 to avoid too extreme size differences
colors_cloud = subset(colors_cloud, freq >= .09)
# Multiply by 1000 to turn frequencies (.05 - 1) into whole numbers (5-1000)
colors_cloud$freq <- round(colors_cloud$freq,3)*1000</pre>
# Assign row names
rownames(colors_cloud) = colors_cloud$word
# Draw the word Cloud
wordcloud(words = colors_cloud$word, # Words to draw
          freq = colors_cloud$freq, # Sizing
          colors=(rownames(colors_cloud)), ordered.colors = TRUE) # Coloring
                           gray11
                                rovalblue2
                     lavenderblush4
                               deepskyblue4
```

### ggBubble

#### Common bubble chart

The following code calculates two subscales for physical and mental problems. For these two scales, the number of study participants for every combination is counted. Larger bubbles indicate more persons for a given combination of the two scales.

In addition, the bubbles are colored from low to high total problem scores, where the total problem score is the sum of the two sub scales.

```
library(ggplot2)
library(dplyr)
# Calculate the two sub scales
Who_Scales <- data.frame(mental = Smpl_who$stress + Smpl_who$memory + Smpl_who$anxiety,
                          physical = Smpl_who$stand_up + Smpl_who$getting_out +
                                     Smpl_who$go_somewhere
# Calculate total problems score
Who_Scales$total_problems = Who_Scales$mental + Who_Scales$physical
# Count the number of observations per combination of the two scales
Who Scales <- Who Scales %>%
      group_by(mental, physical, total_problems) %>%
      summarize(count obs = n())
green_red <- rev(brewer.pal(5, "RdYlGn"))</pre>
# Logic for bubble coloring
Who_Scales$total_problems_col = ifelse(Who_Scales$total_problems<5, green_red[1],
                                 ifelse(Who_Scales$total_problems<10, green_red[2],</pre>
                                 ifelse(Who_Scales$total_problems<15, green_red[3],</pre>
                                 ifelse(Who_Scales$total_problems<20, green_red[4],</pre>
                                                                        green_red[5]))))
# Assign the colors also to a vector, so that every element can be named
green_red2 <- green_red</pre>
names(green_red2) <- c("< 5", "< 10", "< 15", "< 20", "20+")
# Calculate the re-coded total problems variable for labelling the plot
Who_Scales$total_problems_lab = ifelse(Who_Scales$total_problems<5, "< 5",</pre>
                                 ifelse(Who_Scales$total_problems<10, "< 10",</pre>
                                 ifelse(Who_Scales$total_problems<15, "< 15",</pre>
                                 ifelse(Who_Scales$total_problems<20, "< 20",</pre>
                                                                        "20+"))))
# Remove 4 rows with missing Values
Who_Scales <- Who_Scales[rowSums(is.na(Who_Scales))==0,]</pre>
# Call ggplot and define the basic elements to plot
  ggplot(Who_Scales, aes(x=physical, y=mental, size = count_obs)) +
    # Draw the bubbles
    geom_point(alpha=0.7, # Transparency
               pch=21, # Plotting character: circle with border
```

```
color="black", # Black color for the border
           # Color the bubbles based on the values of the total score
           aes(fill=total_problems_lab)) +
labs(fill="Total Score") + # Label for coloring legend
scale_size(range = c(2, 20), # Scaling of bubble sizes
           name="Nbr. Obs.") + # Title for bubble size legend
xlim(0,16) + ylim(0,16) + # Axes ranges
xlab("Physical Problem Score") + # Axis label
ylab("Mental Problem Score") + # Axis label
# Match the value label (e.g. <10) to its respective color
scale_colour_manual(values = green_red2, # Color scale
                       aesthetics = "fill") + # Fill color
theme_minimal()
                  # Minimal background layout
                                                                                 50
    15
                                                                                  100
 Mental Problem Score 2
                                                                                  150
                             0
                                                                                  200
                                                        0
                                                        0
                                                                     Total Score
                                              0
                                                                          < 10
                                                                          < 15
     0
                                                                          < 20
         0
                                          10
                                                           15
```

Physical Problem Score

20+

#### Jittered bubble chart

The following code plots energy scores vs. getting\_out scores in a jittered bubble chart. Instead of using the frequency to size the bubble, a number of surrounding bubbles are plotted. The higher the frequency of the respective combination, the more bubbles are drawn.

Bubbles are colored based on sex. If one gender group has more observations for a given combination, then more bubbles for that type will be drawn, than for the other gender group.

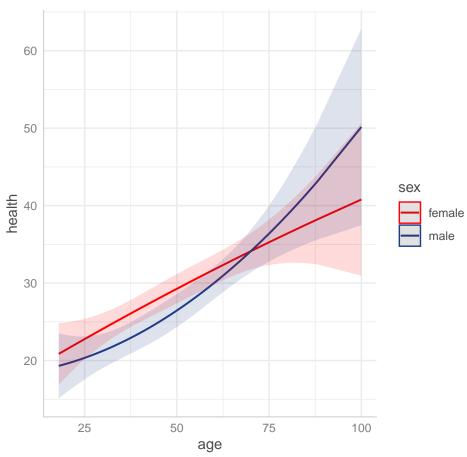
```
library(ggBubbles)
ggplot(# Data to plot
       data = Smpl_who,
       aes(x = as.factor(energy),
           y = as.factor(getting_out),
           col = sex)) +
       # Draw multiple points - calculations by position_surround function
       geom_point(position = position_surround())+
       # Colors to use
       scale colour manual(values = c(Coral, "cornflowerblue"))+
       # Add grid formatting
       theme bw(base size = 18) + # Similar to cex-parameter in base R
       # Nicer axes Labels
       xlab("energy") + ylab("getting_out")
          5
          4
     getting_out
                                                                       sex
                                                                             female
                                                                             male
          2
          1
                                       3
                             2
                                                            5
                                                 4
                                  energy
```

## ggpredict

If significant changes in format are required, it can become quite cumbersome to figure out how to achieve this with ggplot alone. From personal experience, building a custom template from scratch using base R functions (and potentially on top of ggplot functions) allows more fine-granular control.

The following example shows how marginal means, calculated with ggpredict(), can be used to draw a marginal mean plot in ggplot2. Thereafter, an extended version is presented.

## Predicted values of health



```
# Look at the Age_sex output
Age_sex
# Predicted values of health
# x = age
# sex = female
 x | Predicted | SE | 95% CI
       20.87 | 2.02 | [16.91, 24.83]
18 |
         23.84 | 1.08 | [21.72, 25.97]
29 |
41 |
       26.99 | 0.90 | [25.21, 28.76]
         30.01 | 0.98 | [28.10, 31.93]
64 l
         32.69 | 1.03 | [30.68, 34.70]
100 |
         40.79 | 5.01 | [30.97, 50.61]
\# sex = male
 x | Predicted | SE | 95% CI
_____
         19.32 | 2.14 | [15.12, 23.52]
18 |
       21.07 | 1.17 | [18.78, 23.36]
29 |
41 | 23.82 | 1.06 | [21.75, 25.89]
53 | 27.45 | 1.08 | [25.33, 29.57]
64 | 31.56 | 1.12 | [29.37, 33.74]
100 | 50.15 | 6.47 | [37.47, 62.83]
Adjusted for:
* getting_out = 1.33
      energy = 1.93
    relating = 1.20
      stress = 1.60
     anxiety = 1.86
# To save the output, get the names of the object to see how it is stored and how it
# can be saved
names(Age_sex)
[1] "x"
               "predicted" "std.error" "conf.low" "conf.high" "group"
# The values of the ggplot
Graph_values=as.data.frame(cbind(age=Age_sex$x,
                               sex=Age_sex$group,
                               health=Age_sex$predicted,
                               health_se=Age_sex$std.error,
                               health_ci_low=Age_sex$conf.low,
                               health_ci_up=Age_sex$conf.high))
# Recode sex here a factor with label as in the Smpl_who data
Graph_values[,"sex"]=factor(Graph_values[,"sex"],
                          levels=c(1,2),
                          labels=c("male", "female"))
```

# Let's add a column with the information on the number of persons for each value row

#### ggplot-Faking with base R

The gg-plot issued through ggpredict() looks fabulous. However, we would like to add a serie of features which are more readily set up using base R. ggplot2 is to some extent a universe on its own with a wide variety of plotting elements. Modifications, however, such as freely adding, removing or modifying individual elements, can be challenging, if not impossible at times.

Here, we would like to add, below the ggplot, two lines with segments indicating roughly the number of persons of the sample with a certain age in each gender group. To do so, we will use the function layout() presented previously, which will create fields in the plotting window to fill them with the desired visualization.

```
# Two panes 1 for the line plot of predicted health and 2 for the age distributions
layout(matrix(c(1, 1, 1, 2), ncol=1, byrow=FALSE))
# Quick look at the fields in the plotting window
layout.show(n=2)
                                            1
                                            2
# Also, instead of the colors, for example because it is a black and white publication,
 the line type is varied.
Lines=c("solid", "dashed") # Check ?par and lty for all different line types
```

# And we will create a palette of grey colors for the confidence intervals,

GraysCI=rep(gray.colors(4, start = 0.3, end = 0.9, gamma = 2, alpha = 0.3)[2],2)

# gray.colors() is found in the package grDevices

ColLine=rep("black", 2)

```
# Start with an empty plot of some kind
# The x-axis width is the range of ages
# The y-axis height chosen here (10,50) is not the actual possible data range, but
# rather serves as an example for illustration
# We do not draw the axes yet: xaxt="n", yaxt="n"
# Putting graphics:: before the plot function tells the engine that we want
  the plot function from the package graphics (the generic function)
    and not from package ggplot
# The nested notation 'packagename::function()' is good to remember when things
   are not working as expected and many package libraries have been called
# Empty plot
par(mar=c(0.5,5,1,5)) # Control the amount of space around the figure
graphics::plot(1,1, col="white",
         xlim=c(min(Smpl who$age)-1, max(Smpl who$age)+1), xlab="", xaxt="n",
         ylim=c(10,50), ylab="Health Problems Score", yaxt="n",
         bty="n",
         col.lab="black")
# Drawing the y-axis only
axis(2, at=seq(10,50,5), labels=seq(10,50,5),
     cex=0.5,
     col="slategrey",
     col.axis="slategrey",
     col.ticks="slategrey")
# Add grid lines to the plot just as in ggplot
# There is a function grid()... but it is finally handier to put segment lines on its own
# Draw the segments before the plot so that they are in the background
# The function segments() draws straight lines
HL=c(10,20,30,40,50) # The location of the horizontal lines
for(i in 1:length(HL)){
segments(min(Smpl_who$age)-1, HL[i], max(Smpl_who$age)+1, HL[i],
         col="lightgrey", lty="solid")
}
VL=c(25, 35, 45, 55, 65, 75, 85, 95) # The location of the vertical lines
for(i in 1:length(VL)){
segments(VL[i], 10, VL[i], 50,
        col="lightgrey", lty="solid")
}
S=c("male", "female")
# Adding a legend
legend("bottomleft",legend=c("female", "male"),
       col=rep("slategrey",2),
```

```
bty="n",
       lty=Lines)
# Run a loop over the values that sex takes
X=list() # Naming the list objects in the loop where the information will be stored
Y=list()
XYouter=list()
for(i in c(1:2)){
# [[i]] means that the values are stored in a list type object, this is working
  the best in loops to avoid overwriting for example
X[[i]]=Graph_values[which(Graph_values[,"sex"]==S[i]), "age"] # x-axis age in subroup
Y[[i]]=Graph_values[which(Graph_values[,"sex"]==S[i]), "health"] # y-axis health in subgroup
 XYouter[[i]]=Graph_values[which(Graph_values[,"sex"]==S[i]),
                           c("health_ci_low", "health_ci_up") ]
lines(X[[i]], Y[[i]], lty=Lines[i], col=ColLine[i])
polygon(c(X[[i]], rev(X[[i]])), c(XYouter[[i]][,2], rev(XYouter[[i]][,1])),
         col = GraysCI[[i]], border = NA)
}
# The next empty plot to fill the lower field
par(mar=c(3.5,5,0,5)) # Determine the space around
                        # Remark: par(oma=c(,,,) does the same job on another metric)
 graphics::plot(1,1, col="white", xlim=c(min(Smpl_who$age)-1, max(Smpl_who$age)+1),
               ylim=c(0,60), bty="n", yaxt="n", xaxt="n", xlab="", ylab="")
# Make an x-axis which fits the two plots
axis(1, at=seq(15,100,10), labels=seq(15,100,10), cex=0.5, line=-0.7, col="slategrey",
     col.axis="slategrey", col.ticks="slategrey")
# mtext allows to add whatever text or labels in the margins
mtext("Age", side=1, line=2, col="black", cex=0.85)
mtext(S, 2, at=c(20,40), las=1, col="slategrey", cex=0.7)
for(i in c(1:2)){ # Open i loop for sex
  segments(15, i*20, 100, i*20, lty=Lines[i], col="slategrey")
  for(j in 1:length(which(Graph_values[,"sex"]==S[i]))){#j-loop for ages in i-subgroup
    segments(Graph values[which(Graph values[,"sex"]==S[i])[i],"age"], i*20,
             Graph_values[which(Graph_values[,"sex"]==S[i])[j],"age"],
             (i*20)+Graph_values[which(Graph_values[,"sex"]==S[i])[j],"N"],
```

### # Exercise

# The legend is not very visible and badly positioned

15

# The sizes of labels, legends etc... are not optimal, coloring could be rethought

45

55

Age

65

75

male — Liudhamandamiddiliudha

35

- # Add a title to the plot, eventually make more space on the very top
- # Make it look more dramatic by increasing the space on the left

25

- # and the right of the plot (par(mar=c(,,,,)))
- # Can male and female be written with a capital letter at the beginning?

## Table one

library(tableone)

# Same table stratified by gender

Table construction is not too complex and basic knowledge of R allows to show most contents. To terminate, this workbook glimpses into a package function which easily summarizes data in a format ready to be published. The R-Package tableone provides functions to quickly and nicely set up a first table of descriptive statistics for reporting a study. It only requires to specify the scale level of the variables to present. The continuous variables (as.numeric()) are than presented as mean and standard deviation if not specified otherwise. Non-continuous variables (as.factor(), as.character()) are shown as frequencies and percentages. Results can be stratified by specifying stratification variables, such as gender or age categories for example.

```
# Checking the scale level of the variables
Fac=c("sex", "getting_out", "energy", "relating", "stress", "anxiety")
Num=c("age", "health")
for(i in 1:length(Fac)){Smpl_who[,Fac[i]]=as.factor(Smpl_who[,Fac[i]])}
for(i in 1:length(Num)){Smpl_who[,Num[i]]=as.numeric(Smpl_who[,Num[i]])}
# Variables to describe
vars=c("age", "health", "anxiety", "getting_out", "energy", "relating")
# Set the stratification variable here, for example a description per gender group
strata=c("sex")
CreateTableOne(vars=c("sex", vars), data=Smpl_who)
                     Overall
                       500
  sex = male (%)
                       223 (44.6)
  age (mean (SD))
                     47.53 (17.51)
  health (mean (SD)) 27.71 (16.82)
  anxiety = 2 (\%)
                       427 (85.4)
  getting_out (%)
     1
                       409 (81.8)
     2
                        41 (8.2)
     3
                        31 (6.2)
     4
                        10 (2.0)
     5
                         9 (1.8)
  energy (%)
     1
                       232 (46.4)
     2
                       134 (26.8)
     3
                        83 (16.6)
     4
                        39 (7.8)
     5
                        12 ( 2.4)
  relating (%)
                       437 (87.6)
     1
     2
                        34 (6.8)
     3
                        22 (4.4)
     4
                         3(0.6)
     5
                         3 (0.6)
```

### CreateTableOne(vars=vars, strata=strata, data=Smpl\_who)

Stratified by sex						
	female	-	male		р	test
n	277		223		•	
age (mean (SD))	47.83	(17.66)	47.15	(17.36)	0.668	
health (mean (SD))	30.45	(16.36)	24.30	(16.80)	<0.001	
anxiety = 2 (%)	226	(81.6)	201	(90.1)	0.010	
<pre>getting_out (%)</pre>					0.013	
1	213	(76.9)	196	(87.9)		
2	26	(9.4)	15	(6.7)		
3		(8.3)				
4	9	(3.2)				
5	6	(2.2)	3	(1.3)		
energy (%)					0.001	
1		(40.4)		(53.8)		
2		(26.4)				
3		(18.8)				
4		(10.8)				
5	10	(3.6)	2	(0.9)		
relating (%)					0.336	
1		(88.4)		(86.5)		
2		(6.5)				
3		(3.3)		(5.8)		
4		(1.1)		(0.0)		
5	2	(0.7)	1	(0.4)		

 $<sup>\</sup>begin{tabular}{ll} \# The table can be saved through print(CreateTableOne(....)) \\ \end{tabular}$ 

- #1. the overall descriptive
- #2. the female participants
- #3. the male participants
- # Take out p-values and test columns.

<sup>#</sup> Exercise

<sup>#</sup> Make a descriptive table with 3 columns:

# Thank you and happy plot designing!

