Basic formula of elastic equation in displacement form:

$$\lambda \nabla (\nabla \cdot \boldsymbol{u}) + G \nabla \cdot [(\nabla \boldsymbol{u})^T + \nabla \boldsymbol{u}] + \boldsymbol{F} = 0$$
 (1)

for test function \boldsymbol{u} , which is zero on $\operatorname{part}\Gamma_D\subset\partial\Omega$ weak form:

$$\lambda(\nabla(\nabla \cdot \boldsymbol{u}), \boldsymbol{v})_{\Omega} + G(\nabla \cdot [(\nabla \boldsymbol{u})^{T} + \nabla \boldsymbol{u}], \boldsymbol{v})_{\Omega} + (\boldsymbol{F}, \boldsymbol{v})_{\Omega} = 0.$$
 (2)

The inner product is defined by (d=2 or 3):

$$(\boldsymbol{u}, \boldsymbol{v}) = \sum_{i=1}^{d} \int_{\Omega} \boldsymbol{u}_i(\boldsymbol{x}) \boldsymbol{v}_i(\boldsymbol{x}) d\boldsymbol{x}$$
 (3)

we denote $\epsilon(\boldsymbol{u}) = \frac{1}{2}[(\nabla \boldsymbol{u})^T + \nabla \boldsymbol{u}]$, which is strain tensor. Therefore, the weak form is:

$$\lambda(\nabla(\nabla \cdot \boldsymbol{u}), \boldsymbol{v})_{\Omega} + 2G(\nabla \cdot \boldsymbol{\epsilon}(\boldsymbol{u}), \boldsymbol{v})_{\Omega} + (\boldsymbol{F}, \boldsymbol{v})_{\Omega} = 0.$$
 (4)

We integrate by parts and use divergence theorem:

$$-\lambda(\nabla \cdot \boldsymbol{u}, \nabla \cdot \boldsymbol{v})_{\Omega} + \lambda(\boldsymbol{n} \cdot \boldsymbol{v}, \nabla \cdot \boldsymbol{u})_{\partial \Omega} - 2G(\boldsymbol{\epsilon}(\boldsymbol{u}), \nabla \boldsymbol{v})_{\Omega} + 2G(\boldsymbol{\epsilon}(\boldsymbol{u}), \boldsymbol{n} \otimes \boldsymbol{v})_{\partial \Omega} + (\boldsymbol{F}, \boldsymbol{v})_{\Omega} = 0.$$
(5)

where n is the normal vector at boundary $\partial\Omega$ For boundary condition, notice the symmetric property of $\epsilon(u)$ we have:

$$\lambda(\boldsymbol{n}\cdot\boldsymbol{v},\nabla\cdot\boldsymbol{u})_{\partial\Omega} + 2G(\boldsymbol{\epsilon}(\boldsymbol{u}),\boldsymbol{n}\otimes\boldsymbol{v})_{\partial\Omega} = (\boldsymbol{v},((\lambda\nabla\cdot\boldsymbol{u})\boldsymbol{I}_d + 2G\boldsymbol{\epsilon}(\boldsymbol{u}))\cdot\boldsymbol{n})_{\Gamma_N}$$
(6)

It follows:

$$(\boldsymbol{v}, ((\lambda \nabla \cdot \boldsymbol{u})\boldsymbol{I}_d + 2G\boldsymbol{\epsilon}(\boldsymbol{u})) \cdot \boldsymbol{n})_{\Gamma_N} = (\boldsymbol{v}, \boldsymbol{\sigma} \cdot \boldsymbol{n})_{\Gamma_N}$$
 (7)

Therefore, if we prescribe stress boundary condition:

$$\sigma \cdot n = T$$

, then the neumann condition contributes to the right hand side of the weak form integration $(v, T)_{\Gamma_N}$ In conclusion, the weak formulation follows:

$$\lambda(\nabla \cdot \boldsymbol{u}, \nabla \cdot \boldsymbol{v})_{\Omega} + 2G(\boldsymbol{\epsilon}(\boldsymbol{u}), \nabla \boldsymbol{v})_{\Omega} = (\boldsymbol{F}, \boldsymbol{v})_{\Omega} + (\boldsymbol{v}, \boldsymbol{T})_{\Gamma_{N}}.$$
 (8)